

End Time Current Events--11-15-15

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Ephesians 5:11, 13-16: "And have no fellowship with the unfruitful works of darkness, but rather **reprove** them. But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, **Awake thou that sleepest**, and arise from the dead, and Christ shall give thee light. See then that ye walk **circumspectly**, not as fools, but as wise, Redeeming the time, because the days are evil."

The **1828 Noah Webster Dictionary** defines:

Reprove: To blame, to convince of a fault, or to make it manifest, to excite a

sense of guilt.

Circumspectly: Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

Matthew 24:24: "...if it were possible, they shall deceive **the very elect.**"

II Corinthians 2:11: "Lest Satan should get an advantage of us: for we **are not ignorant** of his devices."

II Chronicles 7:14: "If **my people**, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

++ MUSLIM RAMPAGE: 129 DEAD; 352 HURT...

Paris attack puts dagger through heart of liberal Europe...

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Obama to Allow 10,000 Islamic Syrian Invaders Into U.S. Despite Paris Attacks--

Obama doing everything he can to duplicate Paris attacks in the U.S.

President Obama still plans to accept 10,000 migrants into the U.S. despite the recent Paris attacks linked to migrants associated with ISIS.

Deputy National Security Advisor Ben Rhodes told Fox News Sunday that the administration was "still planning to take in Syrian refugees" over the next year.

Obama 'Fast Tracks' Potential Terrorists Into America As Police Warn: 'It's Only A Matter Of Time'--Will ISIS Black Friday Terrorist Attacks Upon US Shopping Malls Lead To The 'Grand Finale'?

By Stefan Stanford - All News Pipeline - Live Free Or Die

Less than 24 hours after Barack Obama declared that ISIS was contained and were not getting any stronger as heard directly from the horses mouth, Muslim terrorists carried out the deadliest attack upon France since 1944, leading us to ask, if there are already at least 1000 active FBI probes into ISIS terrorists taking place across America right now, how long will it be until an attack of this magnitude sends the US into martial law like France is now, leaving an apocalyptic scene with potentially hundreds of Americans dead and more wounded for life?



With Barack Obama now 'speed vetting' potential ISIS terrorists into the US while ISIS claims responsibility for the horrific slaughter in Paris and warns that it's merely the 1st of the storm, we take a look at words spoken by Senator Ted Cruz who warned yesterday that Obama has no intentions of defending this country ahead of warnings from ISIS on social media that Washington DC will be one of their next targets. Meanwhile ISIS also vows there will be blood.

We find it extremely alarming that Mr. Obama will be fast tracking potential terrorists into the US; speed vetting will lead to nightmares as we learn they'll

mainly be vetting men of fighting age, 18 to 45.

We also take a look below at a new ISIS warning that has come out threatening to poison the food and water of their 'enemies' and that Washington DC, Rome and London are now in danger.

This is very concerning. It would appear most of the "refugees" are Muslim jihadist



males between the age of 18-45 years old. They have recently arrived courtesy of President Obama, Secretary Kerry and the State Department.

New Orleans – [...] The first transport of refugees arrived in New Orleans recently and will be resettled in Louisiana and 180 other American communities. (Pictured below:

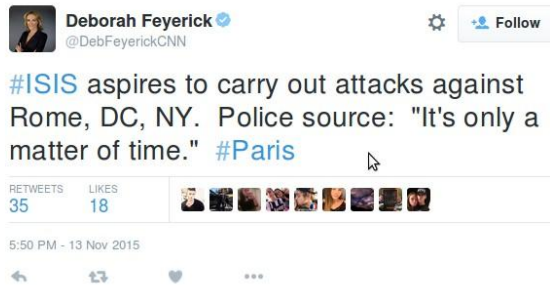
Hillary Clinton's 'rebels' arrive in New Orleans.)

All America needs is ONE of these devils to slip by and launch a successful terrorist attack upon America for all hell to break loose here on the civil liberties front and we know that ISIS terrorists are already in America preparing to unleash their deadly evil here.

On Friday the 13th, hours prior to the deadly attack upon Paris, ANP warned that a major chain of events was likely to unfold very quickly. After the Paris attacks, we already see the globalists attempting to make 'order out of chaos' and we now have proof that the Paris attack was 'western backed' and likely a huge part of the chain of events that we're watching unfold.

The globalists are using ISIS to 'create an exploitable hysteria' & the Paris massacre was likely only the beginning, as at least one national security analyst has claimed that ISIS has begun a 'dangerous new phase' of their terrorism

following France.



We also are putting out a major heads up alert to everybody who goes shopping on Black Friday, be cautious, be prepared, be ready, because as even presidential candidate Donald Trump recently commented, there is no target for terrorists as easy as a 'soft target', gun free zones such as many of our shopping malls here in America are. As CNN's Deborah Feyerick recently

tweeted, "it's only a matter of time" according to her police source.

Such an attack upon America, especially during the Christmas season, would surely lead to martial law as the attacks did in France with possible attempted disarmament of the American people following, putting Americans in even more danger with terrorists being allowed to flood into the country and the government disarming the American people.

We find it imperative that the government immediately halt all Syrian refugees from coming into the country and immediately begin shipping those out who are already here as has been suggested by several presidential candidates. As France recently learned, closing the borders AFTER terrorist attacks is a little too late. America cannot afford to make the same poor mistakes and decisions.

The fact that ISIS also recently vowed to 'repeat 9/11' in America by sending a fleet of suicide bombers and truck loads of explosives into the country as shared in this NY Daily News story and an ISIS warning back in July of a future 'bloody Friday' leads online forums and others to believe the terrorists may already be planning such 'bloody Friday' attacks here on 'black Friday'.

We know that terrorists have previously targeted shopping malls such as the Somalian terror group 'al-Shabaab' that released a video calling for attacks upon the Mall of America in the Minneapolis, Minnesota area earlier this year.

We also take a look at another new warning coming out from ISIS who are imploing their followers to carry out attacks upon others using poisons. Eerily enough, in the video below we see the official 2013 trailer of Tom Clancy's The Division game. In it, we learn of 'Dark Winter' and a deadly pandemic that spread across the world killing countless millions. Coincidentally, or not, that pandemic began on Black Friday and the means of transferring the pandemic: money.

Play: <https://youtu.be/w3l5TmPH6uc?t=9s>

One of the recent Q Alerts read:

Steve we have just been put on high alert and to start 12 hour shifts until told otherwise, we have been told to start patrolling the cities, be visible, stay in large groups, and have your long guns out on your person for all to see. Patrol the military bases and DOD installations. Go to all large federal facility's and conduct operations at them. I was told by my commander that it was in regards to the attack I'm Paris. I asked what threat has he been given for us to look out for, he said nothing in particular yet, but we all know what to look out for. I've been in contact with a dozen of my guys spread throughout texas and the east coast...all

of them, all Leo's, saying the same thing. We new this would happen, we all said this would happen, and it's going to happen here sooner than we thought. We all said that Obama has let this happen. Now Obama won't even claim that it was his ISIS that did this, even though ISIS is claiming it, and one of the captured attackers says he is from ISIS. Expect an attack is what we'll say. I think Texas is one of their big targets because we killed two of their men, and we all know how much ISIS loves to avenge their lost soldiers....I've been in contact with at least 30 people for the last couple of hours and all are saying the same thing, gather up all the nation's armies and swarm Syria, and kill ISIS once and for all..Wake up America this is coming to a town near you.

But there is more going on here. This may very well be a distraction to the true danger, seek God and pray for his protection.

TO ALL CHRISTIANS READING THIS, PUT ON THE FULL ARMOR OF GOD AND GET READY, OUR JUDGMENT DRAWS NIGH. IT'S TIME TO TAKE YOUR HEAD OUT OF THE SAND AND PUT IT BEHIND THE SIGHTS OF A RIFLE. FOR IF YOU DARE THINK THIS WILL BLOW OVER, YOU MAY VERY WELL END UP DEAD WRONG. JUST ASK FRANCE.

<http://www.stevequayle.com/index.php?s=33&d=1612>

U.S Gives Up Against ISIS, Makes You The New Enemy

Play to 7:27: <https://www.youtube.com/watch?v=i-vY06rAiUg>

++ [Nuclear Experts: Million cancers could result from Fukushima — Already hundreds of times more thyroid cancers... “Just the tip of the iceberg... worst is yet to come” — “Enormous spikes in cancer... devastating health effects” \(VIDEO\)](#)

[Fairewinds Energy Education](#), Nov 4, 2015 — In Fairewinds' latest update of the ongoing nuclear catastrophe at Fukushima Daiichi, Chief Engineer Arnie Gundersen **presents two reports that confirm the direct link of numerous cancers in Japan to the triple meltdown. Based upon data from Japanese medical professionals and [TEPCO], Arnie concludes that heavy radioactive discharges will be the cause of enormous spikes in cancer in Japan...** In this video, Arnie recounts his presentation from 2013 at the New York Academy of Medicine **where he forecast continuous radiation releases from the Fukushima Daiichi nuclear plant, and also the devastating health effects for the Japanese people, despite the chronically underestimated radiation exposure levels propagated by the International Atomic Energy Agency, and the Japanese government.**

[Arnie Gundersen, chief engineer at Fairewinds](#), Nov 4, 2015: “It’s been almost 5 years from the Fukushima Daiichi meltdowns, and the news from Japan is still not good. Two reports recently released in Japan, one by Japanese medical professionals and the second from Tokyo Power Corporation – TEPCO – **acknowledged that there will be numerous cancers in Japan, much greater than normal, due to the radioactive discharges from the triple meltdown at Fukushima Daiichi... I believe, as do many of my colleagues, that there will be at least 100,000 and as many as one million more cancers in Japan’s future as a result of this meltdown... [T]he second report received from Japan proves that the incidence of thyroid cancer is approximately**

230 times higher than normal in Fukushima Prefecture... So what's the bottom line? The cancers already occurring in Japan are just the tip of the iceberg. I'm sorry to say that the worst is yet to come."

[Fairewinds' Arnie Gundersen, Nuclear Engineer](#): I'm coming up with something on the order a million cancers. We're seeing that already [...] **Kids were tested just in the last couple months and almost half of them had thyroid nodules [and cysts].** Normally about 1 to 2% of kids would have thyroid nodules. So we're seeing an enormous increase in cancer precursor for thyroid cancers.

["Unprecedented": Largest animal on earth found dead on West Coast Of the USA, "very sick... very emaciated" — TV: Food supply is being "killed off... many sea creatures affected" — Expert: Most whales we've been tracking for past two years are not doing well... "I think we're going to see more of this" \(VIDEO\) \(70\)](#)

[Fukushima nuclear waste now being found off all U.S. states on West Coast — Detected near shorelines of California, Oregon, Washington, and Alaska this summer — Highest radiation just miles from San Francisco \(MAP\) \(6\)](#)

[Africa is the Western world's testing ground for microchip implants, weaponized viruses and experimental vaccines](#)

(NaturalNews) **The African continent continues to be used by Western powers as a testing ground for some pretty heinous things, the latest of which appears to be microchip implants.** This is a concept [privacy advocates in the U.S. have long warned about](#).

According to Patriot Truther and BusinessWire, **credit card company Visa recently introduced a new specification for the use of biometrics with chip card transactions that can enable palm, iris, facial or voice biometrics. The first-of-its-kind technology is designed to be incorporated for use with the EMV® (Europay, MasterCard, Visa) chip industry standard to ensure the cards can be used around the globe.**

With current surveillance technology, **the biometric cards will also be traceable and trackable, as will the biometric data.** This information will be valuable to merchandising corporations, technology companies and, of course, governments.

The biometrics are being sold to customers as merely being helpful, modern ways to prevent fraud and help people pay "securely." The architecture of the design by Visa will enable fingerprints, for example, to be "securely" accepted by a biometric reader, encrypted and then validated.

Absa Bank, which is a wholly-owned subsidiary of [Barclays Africa Group](#), will become the first to use the new cards.

This comes on the heels of [earlier reports](#) stating **that Wells Fargo Bank also wants to begin using "secure" biometric card technology.**

Not only are such biometrics likely to be tracked, but as more of our personal information is cataloged online and stored in "clouds," it will become more vulnerable to hacking and cyber theft.

The biometrics "test" in Africa is just the latest evil committed against the people of that continent. As [noted in this open letter](#) published by the *Liberian Observer*, **"testing" of the Ebola virus had been occurring in Africa for years before the most recent outbreak.**

As noted by our editor Mike Adams, the Health Ranger, [in this Oct. 22, 2014 story](#):

The idea that Ebola might be a genetically engineered bioweapon was openly discussed by a top Liberian scientist named Dr. Cyril Broderick, who published a front-page story in the Liberian Observer containing the astonishing statement, "Ebola is a genetically modified organism (GMO)."

...Broderick goes on to assert that the U.S. Dept. of Defense has been using African women and children for bioweapons experiments.

In his own words, he talks about "...the...American Military-Medical-Industry...conducts biological weapons tests under the guise of administering vaccinations to control diseases and improve the health of black Africans overseas."

Speaking of vaccines and Africa, Adams [reported the following month](#) that "tetanus vaccines given to millions of young women in Kenya have been confirmed by laboratories to contain a sterilization chemical that causes miscarriages" – a cruel and subversive act orchestrated by UNICEF and the World Health Organization (WHO).

"We sent six samples from around Kenya to laboratories in South Africa. They tested positive for the HCG antigen," Dr. Muhame Ngare of the Mercy Medical Centre in Nairobi told LifeSiteNews. "They were all laced with HCG."

[Distrust Flu Vaccines? Wait 'Till You See What's Coming Next](#)

If you think things are bad now with the current vaccine policy, get ready for a potentially even worse nightmare. With FDA standards possibly being LOWERED to give the green light to industry, researchers are busy genetically engineering vaccines and more.

Play to 15:42: <https://youtu.be/76Q6diRX8Ko>

[++ Obama's War On US Veterans Expands As Govt Prepares To Take Ultimate Creep Towards Tyranny And US Vet Issues Dire Warning: 'Don't Bow To Tyranny America!'](#)

[By Stefan Stanford - All News Pipeline - Live Free Or Die](#)

Senate Bill 1203 was authored by US Senator Dean Heller, Republican from Nevada. It passed the US Senate on November 10, 2015 and now goes to the House of Representatives for consideration.

Sec. 101 of Senate Bill 1203, named the 21st Century Veterans Benefits Delivery Act, states that the Department of Veterans Affairs will be tasked with the mandate to "ensure that veterans receiving medical services under chapter 17 of title 38, United States Code, receive each immunization on the recommended adult immunization schedule at the time such immunization is indicated on that schedule." **[READ MORE...](#)**

The schedule referred to above is frankly staggering. Over ninety vaccines are listed.

<http://vaccineliberationarmy.com/2015/11/15/passed-senate-21st-century-veterans-benefits-delivery-act-no-veteran-can-go-unvaccinated/>



A very concerned All News Pipeline reader and United States Veteran has contacted us

requesting we cover a [recent story from Activist Post](#) which proves that Barack Obama's war upon Vets has taken a huge turn towards tyranny, they want our Veterans bodies. **It's time to stand up America.** We also take a look below at a dire warning from a US Veteran who tells us we are approaching tyranny in our once-free country.

With news that **the US Senate has approved a bill mandating vaccinations for Veterans or else they lose their health benefits**, we see the ultimate government creep and a move that could literally start civil war in America if allowed to go through to completion. Only the House of Representatives and Obama's signature stand in the way of **S.1203** from becoming law and US Veterans forced to get a grueling series of regular vaccinations.

ANP readers can help US Veterans across the country by **doing an all-out full-court press upon our public servants and reminding them that they are only servants** and asking them to oppose mandatory vaccinations for Veterans who are no longer serving our nation. This should clearly be seen as another step in Obamas long war against US Veterans and another step towards total govt tyranny as shared in more detail below.



We have long reported upon the ongoing war that this administration has waged upon United States veterans.

From disastrous health care that has left over 300,000 dead to their attempts to disarm law-abiding Vets to the full-scale and systematic dismantling of our military, we've seen absolutely nothing coming out of government that would make us think they have our veterans best interests in mind.

Knowing the history of this govt we see why they have launched this latest attack upon US Veterans - their ultimate goal is depopulation and genocide.

Vaccinations have long been poisoning Americans and people around the world; the ultimate way for the government to get inside your body - death by vaccination is far too common. This is genocide!! What do US Veterans think about this latest move? An inspiring story from a Vet below videos but first, from the Activist Post story.:

Fundamentally, biological warfare is sneaky. It involves a microbial sucker punch to its intended target, often accomplished in a manner in which the aggressor can claim clean hands, while his victim may suffer or die.

Biological warfare can take a number of forms. The question—how can you get a bacteriological or toxic agent on board without the target being alerted— has been asked and answered. In addition to using humans and animals as vectors, biological warfare agents can be airborne, waterborne, foodborne or put into pharmaceuticals.

Substantial concerns have been voiced concerning the potential for inserting bioweapons into vaccines. Indeed, given the history of known contaminated vaccines, this is hardly a matter of speculation. Polio vaccines have been found to contain cancer. A Merck rotavirus vaccine was found to be contaminated with a pig virus. Another Merck product, the Hepatitis B vaccine, was reported to have been laced with the AIDS virus. In addition, a tetanus vaccine distributed in the Third World was found to contain human chorionic gonadotrophin, an anti-fertility

agent known to produce spontaneous abortions.

What do US Veterans think about this ultimate creep towards tyranny this government is now making? This comes to us via Medium from the [Challenging the Rhetoric blog](#) and the US Air Force's Anita Stewart.:

US Senate bill: S1203 Here is where all military veterans will be subjected to ALL vaccines for the FULL schedule for the rest of their lives including an annual flu shot OR lose their medical. What a wonderful way to award the people who put their lives on the line to defend our freedom! Looks like they lose their “freedom” to choose what vaccines they want—if any. But it sure is a wonderful gift to the pharmaceutical companies—a reward for their “service” in campaign donations. Lock in students, nurses, teachers and military—who’s next for forced vaccinations?

(I wrote this last part to my friend under the post) *****Remember, active duty military are already LOCKED IN, they get an unknown schedule of vaccinations while in basic training and throughout their military service. They cannot opt out. This could include experimental vaccines or vaccines that have not been tested. Veterans however are currently not required to take vaccines, we can still refuse/opt-out at VA facilities. Medically licensed people here in Florida for example can opt out of everything except the TB test. But if this bill becomes law, for Veterans it will change. This is MEDICAL TYRANNY!**

Veterans of course want the right to choose and the right to informed consent, not forced mandates. Forced mandates are nothing more than medical tyranny. We veterans were on the front lines to assure that tyranny of all kinds does not happen in this country. **We took an oath to defend against all enemies, foreign and domestic. I hope veterans remember that vow. It does apply to corporate rule as our government is now owned, has been usurped by the corporations.**

In many cases the military has already poisoned veterans with exposures that we did not know about or consent to and as I mentioned above, vaccines that were experimental, or not tested or not tested adequately. We were also in close proximity to weapons and chemicals that were toxic and poison and sometimes without any protective or HAZMAT gear. Many of the conditions the veterans now have were due to those exposures during our military service (the VA website confirms a lot of this, including Diabetes 2, Agent Orange exposure, Leukemia exposures to chemicals, Gulf War Syndrome and so many more).

What is important to note is the current CDC adult schedule that would be required by this legislation would mean over 90 vaccinations for each veteran. Many people wonder if the mandating of vaccines COULD BE a eugenics program. And the most important question, at what cost, who will inevitably pay and who benefits?

The powers that be already don’t want to pay for sick veterans and they have made that abundantly clear in what they say, how they legislate and their continued stripping of our rights to adequate health care and benefits. There seems to be few problems and plenty of money to CREATE sick veterans in corporate wars and conflicts in 140+ countries around the world.

There are many more vaccination mandate bills being floated around, here is a comprehensive list and more information:

<http://healthimpactnews.com/2015/110-bills-currently-being-proposed-in-36-states-to-enact-medical-tyranny-regarding-vaccines/>

This has everything to do with creating a corporate/revenue stream, to absolve the government from paying out and to reward Big Pharma. Veterans entered into the military thinking that they were upholding our FREEDOMS, not bowing to Tyranny! I am a concerned citizen, a veteran, a widow of a military member and I come from a military family. I am for informed consent... I earned that right. I gave up 4 years of my life to have that right. I am attempting to assure that others have that right.

Anita Stewart
Member of Veterans for Peace
USAF, Strategic Air Command
1981-85.

On Mon, Nov 16, 2015 at 3:05 PM, [Scott Johnson <drjohnson@ix.netcom.com>](mailto:drjohnson@ix.netcom.com) wrote: Could you tell me the fluoride removal rate for this unit?
<http://www.purewaterproducts.com/undersink-fluoride-filter>
Thank you.

From: Joe Franks [@purewaterproducts.com]
Sent: Monday, November 16, 2015 6:27 PM
To: Scott Johnson
Subject: Re: Question

Hi Scott, The short answer is: we're not actually sure.
Activated alumina is one of the few medias available that will remove fluoride from drinking water and its effectiveness is conditional on a couple of variables, the incoming PH and the flow rate. Ideal conditions for the media are a PH less than 6.0 and a flow rate of 0.25 gallons per minute or less. In most drinking water applications the flow rate is typically faster than that (0.5 to 1gpm) and the PH is hard to accurately read and control. So the actual effectiveness of that unit is pretty unclear. Under ideal conditions activated alumina has been reported to remove 98% of the fluoride from water sources. My best guess is that in average drinking water applications you are more realistically going to achieve something in the range of 30-50% reduction without taking extra steps to control the flow-rate and PH.

We market that unit as the best alternative to a Reverse Osmosis system for fluoride removal, as it honestly is our best option for situation were an RO is not an option. If high levels of fluoride reduction is the priority I always recommend an RO system.

Thanks,
- Joe

Scott Johnson's Response: Thank you but in all humility I am not sure if you are aware of the information below:

Reverse Osmosis & Fluoride: An Invisible Killer
by [Floyd Maxwell](#), BAsC

Author of the [International Anti-Fluoridation Database](#)

* * * * *

"We would not purposely add arsenic to the water supply. And we would not purposely add lead. But we add fluoride. **The fact is that fluoride is more toxic than lead and just slightly less toxic than arsenic.**" (source)

"The federal maximum contaminant level (MCL) for lead is 15 parts per billion (ppb), 5 ppb for arsenic **and 4000 ppb for fluoride.**" (source)

1952: The Delaney Committee 82nd Congress Hearings on Fluoride revealed that there was no actual scientific basis for the fluoridation of water supplies in the prevention of tooth decay. The recommendation of the Committee was that more research be done, before proceeding with this national mass medication. Their recommendation was totally ignored.

...A common obstacle one runs into when trying to inform others of the dangers of a product is being told you are not an "expert". This can, however, be used to one's advantage if one happens to find an "expert" who verifies your own views on the benefits of natural versus chemical approaches to health.

My background is that of a Chemical Engineer, having earned my B.A.Sc. from the University of British Columbia in 1984. When it comes to chemistry I can say that I am an "expert" in this area due to studying it full time for over 10 years...

Ineffectiveness of Reverse Osmosis units

Reverse Osmosis [RO] manufacturers' claim they can remove fluoride. Don't believe their claim\$.

RO units work on the same principle as our kidneys. Think of a mesh, like the mosquito netting on your screen door. The mesh lets in air, but not mosquitos, because air molecules are smaller than mosquitos.

An RO unit is thus great for removing "heavy metals" like Pb (Lead), Hg (Mercury) and Cd (Cadmium), as well as Cl- family compounds like PCBs and PCP's (Poly Chlorinated Phenyls and BiPhenyls) because these are all large molecules relative to the size of H₂O. In fact, even Cl (the smallest of these) is relative large (molecular weight of 35 g/M) and so **if** the RO unit is new and it is well made (ie. with precision tolerances on the RO membrane) it **might** even filter out some of the Cl. Note the "ifs" and conditions in the last sentence.

But, an RO unit will **not** filter out Fluoride atoms, as Fluoride atoms are too similar in size to H₂O molecules. Another aspect of Fluorine can be revealed by comparing the weight of a "mole" (602,000,000,000,000,000,000 atoms) of F to that of a mole of H₂O (water). [To confirm the calculation, refer to the Periodic Table of the Elements] F weighs 19 grams per mole (g/M), H₂O weighs 18 g/M.

Summoning another well known rule of chemistry, that the size of a molecule/atom is directly related to its molecular weight **and we can infer that these two molecules are almost identical in size.**

Before you even listen to someone's opinion about Fluoride, figure out what they have to gain by their opinion.

RO manufacturers would see sales "dry up" if they admitted that their units can not remove it. They will thus never admit it, and will try to "poison" our efforts to give people unbiased information.

Equally Ineffective Distillation units

Distillation units will also not work because similar sized polar molecules have similar boiling and freezing points.

Water boils at 212 degrees Fahrenheit and HF boils at 203 to 239 degrees Fahrenheit. So, when your distillation unit has warmed up the water to 212 degrees Fahrenheit, and the water starts to boil off (evaporate), *so* does the Fluoride! It stays right with the water vapor, and gets condensed back into liquid at the end of the process.

So, don't let anyone tell you otherwise and don't trust those that do.

Don't trust your water

Unlike Chlorine, Fluoride is colorless, odorless and tasteless so you have almost no way of knowing if it is present in the water you are drinking or using.

Even bathing or showering in fluoridated water will cause you to absorb an unhealthy amount of it through your skin.

Fruit juices often have very high concentrations of fluorine, due to the use of fluoridated pesticides.

Pop and other packaged beverages are also common and substantial sources of Fluorine, not only because of the fluoridated water but because of fluoride-laced ingredients, and the concentration of same during the manufacturing process.

Bottled water can be an option, but choose carefully. I contact companies to get their detailed analysis. If they don't provide it, I don't buy their water.

Don't trust the experts

Fluoride producers (the multi-billion dollar aluminum, fertilizer and steel industries) have everything to lose and nothing to gain by admitting that Fluoride is even remotely bad for anyone.

Ditto toothpaste manufacturers and thus dentists. Yes, dentists have a lot to gain by continued fluoridation -- dental fluorosis, caused by fluoridation, produces mottled teeth (in advanced stages, fluorosis can turn teeth into black stumps. and this leads people to get **very** expensive cosmetic dental work performed...by dentists.

[Send us what you have learned](#). Tell us what happened when you tried to find out what your municipality is doing to your water. And what they told you about their chemical additions: concentrations, controls, reasons, etc. We are building an [International Anti-Fluoridation Database](#) movement and we need your help.

Still unconvinced? Check out these [150+ fluoride facts!](#)

Our children thank you. **For your action**.

Sincerely,

Floyd Maxwell

Contact:

floyd@just-think-it.com

For the full report go to: <http://www.just-think-it.com/no-f.htm>

++ FLUORIDE & POPULATION CONTROL

Controversial fluoride **is one of the basic ingredients in both PROZAC (FLUoxetine Hydrochloride) and Sarin nerve gas (Isopropyl-Methyl-Phosphoryl FLUoride).** Sodium fluoride, a hazardous-waste by-product from the manufacture of aluminum, is a common ingredient in rat and cockroach poisons, anesthetics, hypnotics, psychiatric drugs, and military nerve gas. It's historically been quite expensive to properly dispose of, until some aluminum industries with an

overabundance of the stuff sold the public on the terrifically insane but highly profitable idea of buying it at a 20,000% markup, injecting it into our water supplies, and then DRINKING it.

Yes, a 20,000% markup: Fluoride is injected into our drinking water supply at approx. 1 part-per-million (ppm), but since we only drink 1/2 of one percent of the total water supply, the rest literally goes down the drain as a free hazardous-waste disposal for the chemical industry, where we PAY them so that we can flush their expensive hazardous waste down our toilets. How many salesmen dream of such a deal?

Independent scientific evidence repeatedly showing up over the past 50 years reveals that fluoride allegedly shortens our life span, promotes cancer and various mental disturbances, accelerates osteoporosis and broken hips in old folks, and makes us stupid, docile, and subservient, all in one package. There are reports of aluminum in the brain possibly being a causative factor in Alzheimer's Disease, and evidence points towards fluoride's strong affinity for aluminum and also its ability to "trick" the blood-brain barrier by looking like the hydrogen ion, and thus allowing chemical access to brain tissue.

Scientists who have attempted to blow the whistle on this mega-bucks PR ploy have consistently been given a very unscientific Black-PR treatment, and thus their valid points disputing the current vested interests never arrive in the press. Follow the money to find the control.

In 1952 the slick PR campaign **which ram-rodged the concept of fluoridation through via our Public Health departments and various dental organizations was likened to a highly-emotional "beer-salesman's convention" instead of the objective scientific experiment which it should properly have been. It's continued in that vein right up to present time.**

But let's go back to the beginning: **The first occurrence of fluoridated drinking water on Earth was found in Germany's Nazi prison camps. The Gestapo had little concern about fluoride's supposed effect on children's teeth; their alleged reason for mass-medicating water with sodium fluoride was to sterilize humans and force the people in their concentration camps into calm submission.** (Ref. book: "The Crime and Punishment of I.G. Farben" by Joseph Borkin.)

The following letter was received by the Lee Foundation for Nutritional Research, Milwaukee Wisconsin, on 2 October 1954, from Mr. Charles Perkins, a chemist:

"I have your letter of September 29 asking for further documentation regarding a statement made in my book, The Truth About Water Fluoridation, to the effect that **the idea of water fluoridation was brought to England from Russia by the Russian Communist Kreminoff. "In the 1930's, Hitler and the German Nazi's envisioned a world to be dominated and controlled by a Nazi philosophy of pan-Germanism.**

The German chemists worked out a very ingenious and far-reaching plan of mass-control which was submitted to and adopted by the German General Staff. This plan was to control the population in any given area through mass medication of drinking water supplies. By this method they could control the population in whole areas, reduce population by water medication that would produce sterility in women, and so on. In this scheme of mass-control, sodium fluoride occupied a prominent place. ...

"Repeated doses of infinitesimal amounts of fluoride will in time reduce an

individual's power to resist domination, by slowly poisoning and narcotizing a certain area of the brain, thus making him submissive to the will of those who wish to govern him." [A convenient light lobotomy]

"The real reason behind water fluoridation is not to benefit children's teeth. If this were the real reason there are many ways in which it could be done that are much easier, cheaper, and far more effective. **The real purpose behind water fluoridation is to reduce the resistance of the masses to domination and control and loss of liberty.**

"When the Nazis under Hitler decided to go into Poland, **both the German General Staff and the Russian General Staff exchanged scientific and military ideas, plans, and personnel, and the scheme of mass control through water medication was seized upon by the Russian Communists because it fitted ideally into their plan to communize the world...**

"I was told of this entire scheme by a German chemist who was an official of the great IG Farben chemical industries and was also prominent in the Nazi movement at the time. I say this with all the earnestness and sincerity of a scientist who has spent nearly 20 years' research into the chemistry, biochemistry, physiology and pathology of fluorine--any person who drinks artificially fluorinated water for a period of one year or more will never again be the same person mentally or physically." - CHARLES E. PERKINS, Chemist, 2 October 1954.

Do you have diabetes or kidney disease? There are reportedly more than 11 million Americans with diabetes. Since many diabetics drink more liquids than other people, then according to the Physicians Desk Reference these 11 million Americans probably shouldn't drink fluoridated water, because in doing so, they'll receive an excessive dose of fluoride.

Kidney disease, by definition, lowers the efficiency of the kidneys, which is your main route of fluoride elimination.--So those people with kidney disease also shouldn't drink fluoridated water. Cases are on record (Annapolis, Maryland, 1979) where kidney patients on dialysis machines died, due to a fluoride overdose in the city water supply.

"Are our Civil Defense organizations and agencies awake to the perils of water poisoning by fluoridation? Its use has been recorded in other countries. **Sodium fluoride water solutions are the cheapest and most effective rat killers known to chemists: colorless, odorless, tasteless; no antidote, no remedy, no hope: Instant and complete extermination of rats. ...**

"Fluoridation of water systems can be slow national suicide, or quick national liquidation. It is criminal insanity--treason!" Dr. E.H. Bronner, Mfg. Research Chemist, Los Angeles.

Earliest available Russian fluoride evidence: **"I, Oliver Kenneth Goff, was a member of the Communist Party and the Young Communist League, from May 2, 1936, to October 9, 1939. During this period of time, I operated under the alias of John Keats with number 18-B-2. My testimony before the Government is in Volume 9 of the Un-American Activities Report for 1939.**

"While a member of the Communist Party, I attended Communist training schools in New York and Wisconsin ... and we were trained in the revolutionary overthrow of the

U.S. Government. "... We discussed quite thoroughly the fluoridation of water supplies and how we were using it in Russia as a tranquilizer in the prison camps. The leaders of our school felt that if it could be induced into the American water supply, it would bring about a spirit of lethargy in the nation, where it could keep the general public docile during a steady encroachment of Communism. We also discussed the fact that keeping a store of deadly fluoride near the water reservoir would be advantageous during the time of the revolution, as it would give us opportunity to dump this poison into the water supply and either kill off the populace or threaten them with liquidation, so that they would surrender to obtain fresh water."

Source: http://www.whale.to/a/fluoride_stupidity.html

Dr. J. Recommendations:

++ <http://www.ecolobblue.com/> & <http://store.ecolobblue-world.com/en/6-atmospheric-water-generators> & <http://store.ecolobblue-world.com/en/21-solar-water-deluxe-kits>

++ Spring Water from the source that has been tested yearly

++ **Fluoride Detoxification**, see: [Natural News: 5 Ways to detox Fluoride: Iodine, Tamarind, Liver Cleansing, Boron & Dry Saunas](#)-- Also see: [Worried About Fluoride Exposure? Protect Yourself with Selenium](#)

++ **Big Berkey beats ProPur gravity water filter for removal of heavy metals and toxic elements**

by Mike Adams, the Health Ranger, NaturalNews Editor

(NaturalNews) When it comes to the removal of heavy metals and toxic elements from water, Big Berkey water filters easily beat ProPur, according to independent lab tests conducted at the Natural News Forensic Food Labs and published online today.

Full details of the tests conducted with parts-per-billion accuracy via ICP-MS instrumentation are shown at the new website www.WaterFilterLabs.com

As the data show, the Big Berkey water filter with attached arsenic / fluoride filter elements easily beat the ProPur water filter outfitted with the new "All-in-One" fluoride filter elements. In fact, according to the performance of the units we tested, Zen Water Systems also beat the ProPur water filter. (See lab test results chart below.)

Note: These tests were conducted solely for the removal of heavy metals and toxic elements, not pesticides, glyphosate, PCBs or other complex organic molecules. Additionally, this was not a microbiology test, so the removal of bacteria or viruses was not part of the scope of this testing.

Big Berkey also best at removing elements with radioactive isotopes

In this scientific assessment, we tested for the ability of popular off-the-shelf water filters to remove heavy metals such as lead, cadmium, arsenic and mercury as well as elements that have radioactive isotopes such as strontium, cesium and uranium. Finally, we also tested for aluminum reduction due to the chemtrails concern among many consumers today.

See full laboratory results of all gravity water filters at www.WaterFilterLabs.com

Natural News received no compensation from any of these manufacturers to [test](#) their products. All products were purchased "off the shelf" (at Amazon.com) at regular street prices, and none of the manufacturers were aware that we were acquiring their products for testing.

In these tests, the [Big Berkey water filter](#) vastly out-performed ProPur across all elements. For example, while the ProPur water filter only removed 20.2% of cesium, the Big Berkey removed 98.6%.

In our tests, arsenic removal by the ProPur "All-in-One" filter was 61.6%, while the Big Berkey filter removed 100%.

Full results of the removal results across all tested elements are available now at www.WaterFilterLabs.com

Here's a snapshot chart showing the results across five brands of gravity [water](#) filters:

Al = Aluminum

Cu = Copper

As = Arsenic

Sr = Strontium

Cd = Cadmium

Cs = Cesium

Hg = Mercury

Pb = Lead

U = Uranium

ProPur's new "All-in-One" filter elements far better than previous filters, but still not close to effectiveness of Big Berkey water filter elements

One of the interesting results from our tests is that ProPur's standard filters which have been sold for years performed relatively poorly in these tests.

In fairness to [ProPur](#), we actually delayed the release of these results until we could acquire their new "All-in-One" filter elements and test those. The new "All-in-One" filter elements were significantly more effective than ProPur's standard filters, but were still not nearly as effective as the Big Berkey filters that we tested.

The following chart shows the improvement in toxic element reduction achieved by ProPur's new "All-in-One" filter elements vs. their previous standard filters:

As you can see from the chart, both filters performed almost identically for removal of Cesium and Mercury, but the new "All-in-One" filters were substantially improved across all other elements, especially lead and cadmium.

Conclusions

The conclusion from these tests is that Natural News can only currently recommend two gravity water filters for the removal of heavy metals and toxic elements:

- Big Berkey (with the arsenic / fluoride filters attached)
- Zen Water Systems

Big Berkey filters are available through a number of affiliates and representatives. Zen Water Systems filters are available on Amazon.com and other online retailers. Both filters offered outstanding performance in our tests. The Berkey filter, being made of stainless steel, is more of a "survival" style of filter, while the Zen Water Systems filter is more of a contemporary design, suitable for kitchens or office environments.

Black Berkeys Receive New Testing Results

This entry was posted on October 24, 2014 by Dan DeBaun.

We are proud to announce brand new black berkey testing results that show the Berkey removes Chloramines, Pharmaceuticals, BPA, and much more from your water. This highly anticipated round of testing was just completed, and can be [found here](#).



Black Berkey Testing Highlights:

1) Bisphenol-A - Removed to greater than 99.9%. Many customers had the desire to pour their bottled water into their berkey, and had wondered if the system would remove this endocrine disruptor.

2) Chloramines - Removed to greater than 99.9%. With many water municipalities switching to chloramine disinfection instead of chlorine, there was a growing chorus of existing and potential Berkey customers wanting the answer to this question.

3) Pharmaceuticals - Removed to greater than 99.5%. This has been a hot button also. Many studies and articles have come out over the past 5 years showing how these pharmaceuticals are washing down our toilets and not being removed from our water supply by the local municipal filtration plant. The filters were tested for 17 different types of pharmaceuticals and they were all removed. No additional types of pharmaceuticals were available for testing at this lab, however the results should be similar for others.

4) Petroleum Contaminants - Removed to greater than 99.9%. With the unfortunately too common event of oil spills and petroleum contamination of waterways and water sources, this has been on the mind of customers for some time, especially since the gulf oil spill. The black berkeys would protect them from these contaminants.

5) Methylcycohexane-methane - Removed to greater than 99.9%. This was the contaminant that was involved in the March 2014 West Virginia oil spill.

6) Pesticides - Removed to greater than 99.9%. These had already been tested for before, however more pesticides were included in this round of testing.

7) Heavy Metals - Removed to greater than 99.1%. These had already been tested for before, however a couple more heavy metals were included in this round of testing.

8) Coliform and e-Coli - Removed to greater than 99.9%. These had already been tested for before and shown to be removed to over 99.9999%. This could be considered as confirmation testing.

See the full results of all filters at www.WaterFilterLabs.com

(PF-2) FLUORIDE AND ARSENIC WATER FILTER

FLUORIDE:

Testing for fluoride was based on 20-30ppm of the ion in the influent aqueous solution at a flow rate of no more than 3 gpm (11 lpm) per cubic foot of media.

- PF-2 arsenic and fluoride water filtration results of < 1ppm of the fluoride ion in the effluent were typical for the media. >95% reduction
- Under optimum conditions, effluent concentrations of less than 50 ppb were readily achieved; >99.75% reduction
- Sodium fluoride, sodium fluorosilicate, and fluorosilicic acid (aka hydrofluorosilicic acid) all dissociate (breakdown) to fluoride, sodium, and silicate ions once added to water.
- This PF-2 media filters any type of inorganic fluoride salt ions that are added to the water.
- [More Details on Fluoride/Arsenic Filter Testing and Media Specifications](#)

ARSENIC:

This product uniquely targets the entire family of arsenic oxide anions as well as the arsenic cations.

REPLACEMENT:

Under normal conditions it is recommended that each set of two PF-2 elements be replaced after 1,000 gallons (3,785 liters). The Royal Berkey system is about 3.25 gallons (12.3 liters) therefore the PF-2 arsenic and fluoride water filters should be replaced after 1,000/3.25 (3,785/12.3) or 307 refills. If the system is refilled about one time per day, the PF-2's should be replaced after 10 months, if the system is refilled about twice per day, the PF-2's (arsenic and fluoride water filters should be replaced about every five months). Actual capacity is dependent on the presence of other competing contaminants in the source water. High levels of fluoride, arsenic and heavy metals may reduce the capacity and efficiency of the elements.

PF-2 Filter NOTES:

1. Do not boil this element.
2. PF-2 arsenic and fluoride water filters reduce filtration flow rate by 15-20%.
3. The media used in the PF-2 filter elements contains high-grade [activated aluminum oxide](#), which currently is the most efficient media available for extracting fluoride from water. Below are the results we obtained when testing the PF-2 arsenic and fluoride water filters (the water was not pre-filtered through the Black Berkey elements). The reduction over time is due to additional residual

process dust being washed free from the PF-2 arsenic and fluoride water filters as the system is used. To give a scale for comparison purposes we include test results from a national brand toothpaste and water boiled in an aluminum pan.

- National brand toothpaste 52.878 ppm aluminum
- Water boiled in an aluminum pan for five minutes: 2.791 ppm aluminum
- PF2 after conditioning (5 cycles): .178 ppm aluminum
- PF2 after 10 Cycles: .037 ppm aluminum
- PF2 after 20 Cycles: .029 ppm aluminum

While the above results indicate that the residual process dust adds a minute amount of aluminum to the water, the Black Berkey purification elements reduce aluminum from the water. We tested water that naturally contained .320ppm aluminum and filtered it through the combination of the Black Berkey and the post conditioned PF-2 arsenic and fluoride water filters (5 cycles). The results showed a net reduction in aluminum contamination (Raw influent: .320ppm - Effluent after passing through the Black Berkey and PF-2 arsenic and fluoride water filters: .232ppm). In other words, the Black Berkey elements removed more aluminum from the water than was added by the PF-2 arsenic and fluoride water filters. [What is Aluminum Oxide?](#)

For more information on the topic of fluoride, read below:

- [The Dangers of Fluoride, The Great Debate](#)
- [The Fluoride in Your Water Is Industrial Waste](#)
- ADA [recommends no fluoride](#) in infant formula during their first 12 months.
- [CDC Sheet on Fluoridation and the Various Forms of Fluoride Additives](#)

HOW ACTIVATED ALUMINA WORKS:

Activated Alumina is a granulated form of aluminum oxide. It is very porous and has a tremendous surface area for the removal of contaminants. In the removal process, the water containing arsenic and/or fluoride passes over the granules in the filter with the activated alumina adsorbing the arsenic and fluoride. The longer the water contact, the more the contaminants are removed.

Berkey Warranty

The manufacturer warrants this product to be free from defects in materials and workmanship for a period of 6 months from date of purchase. The manufacturer will replace or repair any product that it deems is not properly functioning during the stated warranty period.

BigBerkeyWaterFilters is always at your service to [assist you](#) with any warranty claims, send you replacement hardware free of charge if needed, or provide system maintenance support during the life of ownership.

Cavities-Toothaches-Root Canals-Loose Teeth- Gum Issues & General Tooth Health

From: Larry

To: Scott Johnson

Subject: Tooth/Gum Problems

Good Morning Scott, My mother's gums are sinking and I immediately thought about Bio Dent. I would like to order some for her please, but I didn't know what protocol you recommend - that would determine bottle size and quantity.

Dr. J. Response:

Larry: Yes Biodent (6-9 a day until better) is a base product for any gum/tooth issues (it is so good I can barely keep that stuff in stock--It is my number one best seller now out of over 200 products I sell) but with gums you would also need either Cyruta Plus (6-9 a day until better) (if there is no infection in the gums) or Cataplex ACP (6-9 a day until better) (if there is infection in the gums). A maintenance dosage on all of these products would be 1-3 per day.
God bless! Dr. J

From: Jay

Subject: Re: **Colloidal Silver questions--Anything that MSP can do for a toothache?**

Response: See--

http://www.naturalnews.com/035284_toothaches_tooth_infections_natural_remedies.html

Colloidal silver is mentioned here but I would take 1/4 tsp. 5000ppm and hold it in your mouth over the affected tooth for 4-5 minutes and then swallow. I would do this 3 times a day or more until the tooth pain is gone.

If you are prone to teeth problems you should be taking Biodent by Standard Process (6 day)

Dr. Johnson's Comment: See a recent reply I made below regarding this subject.

From: drjohnson@ix.netcom.com

To:

Subject: RE: wisdom teeth...ouch!

Date: Thu, 2 Jul 2015 18:48:08 -0400

Will do. Yes I would take 6 a day of the calcium lactate to get this into your system for your teeth for about a month and then just 3 a day. A little flax oil can help get the calcium to the teeth but you have to make sure you only buy refrigerated flax in the black bottle (Barleens brand). Linum B6 by Standard Process is an easy way to get this into your system. **Food Grade Diatomaceous Earth (see <http://www.diatomaceousearth.com/>) is high in silica which can really help the teeth and bones and is very cheap to take. Also see my responses below:**

From: Janet

Sent: Thursday, July 02, 2015 6:04 PM

To: Scott A Johnson

Subject: RE: wisdom teeth...ouch!

Hi Scott, I thought I was a lost cause...I haven't been to a dentist in 14+ years (no insurance) I recently had one of my teeth break off. It has a huge filling in it from many moons ago, and it just gave out. I went in to make sure there wasn't any infection. I'm sure they will max out our insurance for the year. (now that we have dental insurance

once again)

I want to place an order for the following:

Standard Process

Bio-Dent 800 tab.

I also have Calcium Lactate (90) on my shelf. Would this be of any benefit to either me or my daughter? Both my daughter and myself have healthy gums (some good news). I have her taking 3 tab of Bio-dent with every meal. I hope she will see results soon.

Would it be beneficial for me to take Innate Flora 200-14 after my last wisdom tooth removal? Well the 5000ppm Silver would be the best thing to prevent any infection after the wisdom teeth are removed. 1/4 tsp. held in the mouth for 4-5 minutes twice a day. You would do the flora after you are off the silver preferably.

Just wondering when to add Flora if need be. Should I remain on 5,000 ppm of Mild Silver Protein until the last tooth is removed? Yes it would depend on how long you are going between extractions. I would say 4 days on the silver (after a given wisdom tooth is taking out) should work fine. or break until the next tooth removal? (they want to take the 2nd tooth out between 7 - 14 days from the first tooth removal, July 7th)

Would you recommend other supplements to help us through this ordeal? Actually CalmaPlus by Standard Process is the only other thing listed for cavity prevention. See: **Cal-Ma Plus®** It is Calcium lactate with a parathyroid glandular added in. You would only need a 2-3 per day. **The parathyroid is the only gland in the body that is totally dedicated to internal calcium regulation**, so for this issue it is very important. The parathyroid sits on top of the thyroid so for people that have had their thyroid removed they have no parathyroid gland as a result. Beyond that I think you are covered with what I have listed above. The flax would be good to add in and the food grade DE. **I will wait to hear back from you before I send anything.**

Thank you so much for your time.

God Bless, **God bless you too!**

Janet

Root Canals Can Have Devastating Effects on Health - NaturalNews...

root canals **Root Canals** Can Have Devastating Effects on Health Monday, January 26, 2009 by: Jo Hartley Tags: **root canals**, health news, Natural News eTrust Pro Certified Most Viewed ...

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How root canals lead to a diseased body and what you can do to...

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From: Jayne

Sent: Friday, July 24, 2015 5:18 PM

To: Scott Johnson

Subject: Re: [Contending for Truth:] Health info

This is really good information!!! I wish I had known about years ago.

The problem is it looks like the root/nerves are affected, so I'm not sure which

supplements would prevent a root canal?

Thank you for all your help!! God Bless, Jayne

On Fri, Jul 24, 2015 at 6:57 PM, Scott Johnson <drjohnson@ix.netcom.com> wrote:

Jayne:

My clinical nutritional protocol for root canals is:

Biodent 9 a day

Cataplex ACP 9 a day

Inositol 9 a day

Neuroplex 6 a day

All of these are made by Standard Process.

I have had a very high success rate for all tooth and gum related problems. OK now the thing I would need to know is the quantities you want as you would go through a lot of product on this protocol, at least in the first month. I would say you would want to at least give this a month to give this any kind of fair chance. It takes time to rebuild systems it has taken a lifetime to breakdown. Just so you know a month supply would be three small 90ct bottles of the Cataplex ACP, three 90ct bottles of the Inositol & four 40ct bottles of the Neuroplex. Now you don't have to do this but I thought you should know what I am recommending. If you are much better after the first month you could greatly reduce dosage at that point. God bless!

Dr. J.

These products are very complicated to sell via an website online as they are professional products that can only be sold via health care providers.

Now at the same time I make these easy to purchase, though. **Sorry only US orders.**

See the attachment for my price list.

Just let me know what you would like to purchase with a shipping address and I will ship your order with a receipt & a self-addressed stamped payment envelope or I can invoice you via PayPal (whichever one is better for you--just let me know).

You can research (but not order) the Standard Process products here:

<https://www.standardprocess.com/Standard-Process>

You can research (but not order) the Innate Response Formulas products here:

<https://www.innateresponse.com/>

You can research (but not order) the Mediherb products here:

<https://www.standardprocess.com/MediHerb>

You can research (but not order) most of the other products I carry here:

<https://www.anovahealth.com/search/node>

God bless!

Dr. J.

-----Original Message-----

From: Darlene

Sent: Thursday, August 13, 2015 1:20 PM

To: Contending for Truth by Dr. Scott Johnson

Subject: [Contending for Truth:] **Loose teeth & gum issues**

Dear Scott, I have loose teeth and black at the top of my gums. I used peroxide to brush with not the food grade, at that time I did not know their was a difference. That damage my teeth and gums. I was incredibly stupid. Is there anything I can do?

Dr. Johnson's Response: Yes the professional supplement protocol I have Rx'ed for this (loose teeth and gum problems) is:

Calmaplus by Standard Process 6 a day

Biost by Standard Process 6 a day

Cataplex ACP by Standard Process 9 a day

Cataplex F by Standard Process 3 a day

My cousin Heidi came to me several years ago with severely loose teeth (so much so the dentist was getting ready to pull them all and give her false teeth) and I put her on a protocol like this and within one week all her teeth had tightened up and she was fine and canceled the surgery. If you take this at full dosage you will probably be able to start reducing dosage within 2-3 weeks as you get better. These are all food supplements. Also see the attachment. I have these all in stock if you are interested.

From: Caroline

To: drjohnson@ix.netcom.com

Subject: re: heath question about receding gums

You mentioned treatment for receding gums with Cyruta plus (I think that is what you said). You also mentioned something for tooth tartar. Because my teeth are so sensitive would I be able to use these products? Sincere Blessing from Caroline

From: Scott Johnson [mailto:drjohnson@ix.netcom.com]

To: Caroline

Subject: RE: heath question about receding gums and a bent coccyx

Yes Cyruta Plus **for receding gums** if infection is not present, **if infection is present**

Cataplex ACP is a better choice. 9 a day of either one till doing better than 2-3 a day as a maintenance.

Biodent should also be taken in either case (9 a day of either one till doing better than 2-3 a day as maintenance.)

For sensitive teeth you would need inositol and Biodent is my best overall tooth supplement which would be advisable. Once your teeth sensitively is gone if still battling **the tartar** you would need Phosfood by Standard Process 15 drops in a little bit of juice twice a day till the problem is gone and then as needed afterward.

How To Regrow Tooth Enamel. Teeth Health. Strengthen Bone Density - YouTube

Caution: This man is new age: <https://www.youtube.com/watch?v=XgBKGAhkaG4>

Eucommia Extract 100g (Amazing for skeleton, joints, ligaments, tendons, bones & energy!): <http://goo.gl/dPYCmM>

Horsetail For Bone and joint health and strength: <http://goo.gl/zdliZv>

[http://www.higherselfherbs.com/Strength Instant Herbal Formula 100g/p2574270_12673968.aspx](http://www.higherselfherbs.com/Strength%20Instant%20Herbal%20Formula%20100g/p2574270_12673968.aspx)

++ Coconut oil pulling is also excellent for teeth health and rebuilding the enamel

Whiten Teeth Instantly With Activated Charcoal

To whiten your teeth, first wet your [toothbrush](#). Then, pour a little bit of activated charcoal onto your brush, and start scrubbing. You'll want the charcoal paste to remain on your teeth for about 5 minutes; don't be alarmed, but you're going to look REALLY scary when you first start brushing. We're talking black abyss of nothingness in your mouth. But you'll get used to it, so power through and keep brushing. Once your timer goes off, you're free to spit, rinse, and give your teeth one more scrub with [toothpaste](#) to get any excess charcoal out.

And *voila*, you've got a beautiful white smile! If you want to see some serious results, try it for a [week straight](#) and compare your teeth before and after. Once your week of deep whitening has passed, you can use activated charcoal once a week for maintenance.

How to Cure Cavities

Written by Sarah C. Corriher

While traveling to some of the most remote regions and cultures of the world, Dr. Weston A. Price discovered that some groups which had no access to traditional medicine had extremely low incidences of cavities. He discovered that the cultures which consumed foods that were high in fats and minerals had the best dental health. Some of those groups did not even brush their teeth.

When people are malnourished, dental problems are often the first indicator. Most people from the Western world believe that teeth naturally decay with age, so everyone will inevitably get cavities. Popular consensus is that teeth self-destruct. However, a person's diet primarily determines his dental health. The myth that people have no control over the deterioration of the teeth is one of the justifications for the fluoridation of water supplies, because it is tacitly contended that human teeth disintegrate without help from the chemical industry. In truth, cavities and dental malformations occur as a result of malnutrition, which is actually exaggerated by chemicals, such as pharmaceuticals and fluoride. Western foods are not only deficient in vitamins and minerals, but they also contain chemicals which impair the utilization of nutrients in the body. Tooth decay is more common in pregnant and nursing women, because these women have greater nutritional needs.

Fluoride, in particular, pulls calcium and phosphorus into areas of the body that they would not normally travel, such as the pineal gland and the arteries, so these minerals



Dr. Weston Price

are not properly used for strengthening the bones. Teeth too are bones. Fluoride can prevent the healing of cavities, because it disrupts the proper mineral usage of the human body.

"It is most remarkable and should be one of the most challenging facts that can come to our modern civilization that such primitive races as the Aborigines of Australia, have reproduced for generation after generation through many centuries -- no one knows for how many thousands of years -- without the development of a conspicuous number of irregularities of the dental arches. Yet, in the next generation after these people adopt the foods of the white man, a large percentage of the children developed irregularities of the dental arches with conspicuous facial deformities. The deformity patterns are similar to those seen in white civilizations."

-- Dr. Weston Price, *Nutrition and Physical Degeneration*, 1939

Healing Cavities

When provided with the right diet, cavities can heal. This healing process is known as remineralization, because it is a process of giving the teeth the minerals that are needed to repair them. The two minerals that are most important for dental health are calcium and phosphorus. To use calcium properly, the human body also needs adequate amounts of vitamin D from sunlight or fish (not the chemical type found in milk), and the body also needs magnesium from vegetables and nuts. In addition, the fat-soluble vitamins are invaluable. Fat-soluble vitamins include A, D, E and K. These vitamins can be found in butter, eggs, dairy products, and meats. A healthy diet that heals cavities is the opposite of the low-fat diets that are most often promoted by the media, and the ideal diet is reminiscent of the Atkins Diet.

Food High in Phosphorus

- Meats
- Real butter (yellow-orange butter is best)
- Cheese (especially parmesan)
- Oats
- Pumpkin seeds
- Sunflower seeds (contain vitamin E, magnesium, and other fat-soluble vitamins)
- Nuts (especially brazil nuts, cashews and walnuts)
- Flax seed oil *

* Flax oil must be processed, packaged, and handled properly to be safe and effective. Reference the article about [flax seed oil](#) for more information.

Items to be Avoided

- Artificial foods, chemical additives and pharmaceuticals invariably impair the body's ability to absorb nutrients, and they lead to an increased excretion of nutrients, by being toxic to the beneficial bacteria of the intestinal tract,
- Soy should always be avoided, because the high levels of phytic acid that it contains reduces the assimilation of magnesium, calcium, copper, iron and zinc. Soy also imbalances the hormones, which exaggerates issues caused by malnutrition.
- Tea and coffee contain naturally-occurring fluoride, so those who currently have cavities should limit their intake until the cavity is healed.

Do not brush or attempt to clean the teeth with lemon juice, or acids. Similarly, abrasives such as baking soda should not be used whilst attempting to heal a cavity,

and these things should only be used occasionally by people with good dental health. The ideal toothpaste will include both calcium and a phosphorus containing ingredient, such as monocalcium phosphate. It should never contain fluoride.

Antibiotics cause tooth decay in multiple ways. They reduce the assimilation of nutrients by triggering an artificial immune response with their mold-based bio-toxins, like most pharmaceutical drugs do. Antibiotics additionally kill the beneficial bacteria. The mouth is similar to the gastrointestinal tract in that there is always the presence of two types of microorganisms. *Candida albicans* (or just simply "candida") is the yeast that ferments sugar inside the human body. It is known for eroding the teeth with its acidic wastes. It is also responsible for bad breath and a plethora of health issues cataloged in the [article about allergies](#). In a perpetual war with candida is a beneficial bacteria that is known as flora. Flora is much easier to kill, and when it dies, candida flourishes. Flora is killed by a variety of chemicals and toxins, and it is vital to helping a body digest its food.

Sugars should be avoided as much as possible, and carbohydrates should be reduced while attempting to heal cavities. Fructose specifically causes a decrease in phosphorus, which is one of the reasons why sugar contributes to cavities. Cavities are certain to occur whenever there is phosphorus depletion, because contrary to popular belief, the teeth (like everything else in the human body) are always in a process of being slowly destroyed and rebuilt. Sugars stimulate yeast growth.

It is not possible to heal cavities on a vegan diet, and it would be challenging on a vegetarian diet. The nutrients that are needed for good dental and bone health do not exist in adequate quantities in vegetable sources. Persistent dental problems are the most common reasons why vegetarians and vegans return to healthy diets.

When a cavity is healed, the area where it previously existed often turns black. This is purely cosmetic, and there are no health implications. The discoloration is likely to be permanent. Any dentist who notices it will drill it, if you are foolish enough to let him.

Toothache Remedies

The remedies being provided are meant to help people obtain temporary relief from toothache pain. If these steps are used perpetually, but no effort is made to heal the cavity, then it may eventually become impossible to heal. This could result in serious complications; for example, a brain infection.

- Clove oil applied directly to the the troublesome tooth is known to be very effective. If clove oil is not available, a paste can be made using ground clove powder and olive oil. The paste can then be applied directly to the tooth.
- Vanilla extract, applied directly to the tooth using a cotton ball. Ensure that it is real vanilla, not an artificial flavoring.
- If the toothache is the result of wisdom teeth entrance, simply using menthol-based cough drops may be enough to reduce the swelling and provide pain relief. Read the ingredients in such products to avoid artificial sweeteners or other unacceptable ingredients.
- http://www.curetoothdecay.com/Dentistry/weston_price_dentist.htm

Coconut Oil Is Now Called a "Miracle" Dental Bacteria Killer

Looking for an alternative to toothpastes loaded with sulfates and other toxic ingredients such as fluoride? Mainstream science has now fully recognized the 'miracle' powers of coconut oil to not only combat tooth decay and drastically improve overall mouth health,

but also to specifically crush a yeast known as candida albicans that can lead to deadly infections. This 'news' likely comes as nothing more than further confirmation for many, as natural health practitioners have been recommending coconut oil for years.

The research comes from the Athlone Institute of Technology, where Ireland-based scientists examined the effects of natural and digested coconut oil on common strains of bacteria within the mouth. What they found was that not only did the coconut oil effectively inhibit a majority of the bacteria strains single-handedly, but it was also particularly harmful to candida albicans. This is important when considering the fact that an excessive amount of the yeast known as candida albicans can be brought upon by a poor diet consisting of processed foods and sugar

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Candida infection, also known as candida overgrowth or the 'candy disease', can be associated with symptoms like chronic tiredness, recurring yeast infections, and digestive issues. It can also lead to a mouth infection known as thrush — a condition typically 'treated' using anti-fungal medications preceded by an x-ray of your esophagus. Now, researchers are highlighting how coconut oil intake can be an alternative solution with far less side effects and concerns.

In their report, the scientists state that coconut oil could be 'an effective alternative to chemical additives' in most dental hygiene products. This refers to the many sulfate chemicals linked to numerous conditions, added fluoride, and many others.

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