



Emergency Freedom Alerts--11-7-22

Dr. Johnson's Main Website at: <http://contendingfortruth.com/>

Email: drjohnson@ix.netcom.com

Or: contendingfortruth@fastmail.fm

Free Gift: [Salvation & the TRUE Gospel/Good News!](#)

Mild Silver Protein Website: www.dr-johnson.com



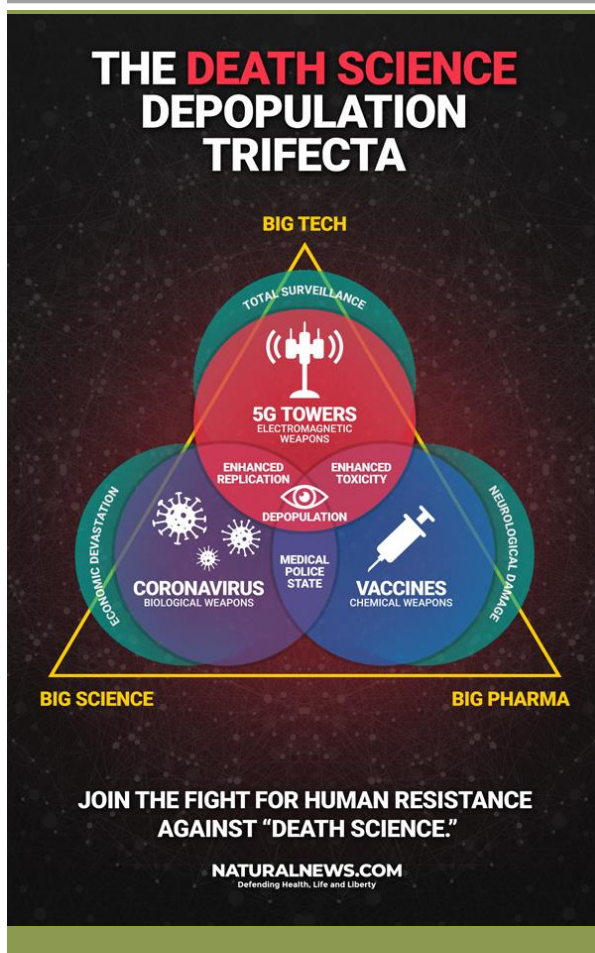
Table of Contents:

- **+1+** PRAYER TO NEUTRALIZE OCCULT RITUALS
- Psalm 123--Prayer for the LORD'S Help
- Come out of her my people Plus Bible Verses
- Elon Musk Wears Costume With Baphomet And

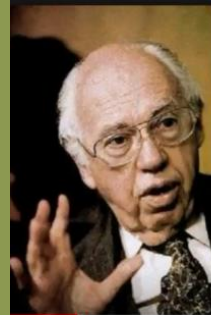
Inverted Cross for Halloween!!

- Right Left Paradigm in Full View: CONTROLLED OPPOSITION - TUCKER CARLSON EXPOSED--BE CAREFUL WHOM YOU ARE FOLLOWING AS THERE ARE SO MANY GATEKEEPERS & CONTROLLED OPPOSITION WHO ARE ALL WORKING FOR THE SAME PUPPET MASTERS -> THE NWO, CIA & BANKING ELITES
- Tucker Carlson Wears a Kabbalah Bracelet
- Tucker Carlson is/was a regular at comet ping pong. He is also ... - redditOn
- November 13th, Get Ready For The 'Climate Repentance Ceremony' On Mount Sinai In Egypt--As The United Nations Holds COP27--A movement of Satanic repentance coupled with a quest to bring together leaders from the world's major religions, to put forth a prophetic interreligious call to action on 'Climate Justice: Ten Universal Commandments.'
- Who's causing this #DieselShortage? This is in North Carolina and shouldn't be happening
- Economic Current Events Headlines For America & the UK
- Boots on the Ground...Nov. 6th...People are cutting back on spending because they do not have it
- **+2+** The SYN BIO "Borgification" infiltration of the human race: It's WAY beyond infertility and depopulation... humans are HOSTING a nano-scale computational PLATFORM--Radioactive Cesium-137 is the Shot—Some Satanic Reasons For the Purple Streets Lights Showing Up on the Roadways—The Movie "The Matrix" is the Template For What the Forces of Evil is Trying to Implement!!
- BREAKING: CESIUM-137 IN THE COVID VAX & OTHER INJECTABLE VACCINES & MEDS LIKE INSULIN!! – Reason Being is 5G Can't Work Without Cesium-137!! Attorney Todd Callender & Medical Dr. Lee Vliet

- Scott Johnson Comment: 3 previous teachings where I have covered radiation remedies—plus PDF documentation
- Radiation Detox and Remedies
- Activated Charcoal Binds and Neutralizes Cesium 137 and Other Radioactive Substances
- Apple Pectin is one of the most effective means of protecting against radiation
- DMSO: The Antidote for Radiation Poisoning
- Baking Soda and Sea Salt All Natural Remedy for Combating Radiation Exposure and Cancer (Video)
- Bentonite Clay - A Safe and Effective Detox From Radiation ...
- Using Iodine Following a Nuclear Incident
- Proven Effective Radiation Detox Protocols
- Beyond Evil!!! WORLD FIRST: ROBOTIC ARMS Assembling Via Nanotech Inside COVID-19 “Vaccines”
- PROOF: The TRUTH About Quantum Dot Technology: NanoTech EXPOSED In mRNA Jabs—The Covid Kill Shots are for the Destruction of Humanity and Creating An Evil Humanity 2.0!!



++ In 1981 William Casey (CIA Director) Told the Newly Elected President Ronald Reagan:



"We'll know our disinformation program is complete when everything the American public believes is false"

William Casey
CIA Director (1981)



Ephesians 5:11, 13-16: "And have no fellowship with the unfruitful works of darkness, but rather reprove them. But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil."

The 1828 Noah Webster Dictionary

defines: **“Reprove”**: To blame, to convince of a fault, or to make it manifest, to excite a sense of guilt. **“Circumspectly”**: Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

Matthew 24:24: "...if it were possible, they shall deceive **the very elect.**"

II Corinthians 2:11: "Lest Satan should get an advantage of us: for we **are not** ignorant of his devices."

II Chronicles 7:14: "If **my people**, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

Luke 21:36 Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

Matthew 24:13 But he that shall endure unto the end, the same shall be saved.

Psalms 101:3: I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.

Psalms 11:5: The LORD trieth the righteous: but the wicked and him that loveth violence his soul hateth.

1 Cor 15:33: Be not deceived: evil **communications** corrupt good manners.

Lexicon Strong's G3657--Outline of Biblical Usage of the Word:

“Communications”: companionship, communion

“It does not take a majority to prevail... but rather an irate, tireless minority, keen on setting brushfires of freedom in the minds of men.” Samuel Adams

“The average age of the world's great civilizations has been two hundred years.

These nations have progressed through the following sequence: from bondage to spiritual faith, from spiritual faith to great courage, from courage to liberty, from liberty to abundance, from abundance to selfishness, from selfishness to complacency from complacency to apathy, from apathy to dependency, from dependency back to bondage.” Alexander Fraser Tytler

+1+ PRAYER TO NEUTRALIZE OCCULT RITUALS

Father God in the name of the Lord Jesus Christ, the Lamb that was slain before the foundation of the earth, seated at the right hand of the Father; we come in the authority given to us in Christ Jesus. **We place a hedge of warring angels with flaming swords of fire around us and our families continuously. We put on the whole armor of God. We resist and renounce Satan, the god of this earth. We rise to war by the power of the Holy Spirit against witchcraft, occult maneuvers and devices sent against Your Will and the Body of Christ. We ask you to dispatch legions of warring angels in full battle array to enforce our petitions and intercessory prayers. Rout your enemies on all fronts. Turn their hatred, anger, accusations, conflict, arrogance and wicked schemes upon themselves so that they become caught in their own snares and fall into the pits that they intended for others.** We nullify, cancel and oppose every satanic operation, scheme, maneuver and strategy. Cause secret plans, agendas and motivation of the enemy to be revealed for everyone to see. We decree and declare that what these evil people & entities meant for evil, you will turn it around and use it for the good of your people. **We close every evil portal that has been opened by them. In the name of the Lord Jesus Christ**

and His shed blood, we break and cancel every curse, spell, hex, vex, charm, enchantment, decree spoken or unspoken, sent against the Body of Christ, the innocent and your intercessors by every witch, warlock, satanist, sorcerer, voodoo priest, shaman, soothsayer, medium, coven and every minion of the devil working iniquity. May they fall into the very pits they have dug for others. Lord Jesus, reveal your love to them. Save those that can be saved. Show them the truth about who they are serving, and their eternal destination if they continue in their present path. Open their minds, eyes and ears to receive supernatural insight and knowledge to understand the truth of the Gospel. Bring them to salvation. We seal this prayer by the Blood of the Lamb and in the name of the LORD Jesus Christ. Amen.

Psalm 123--Prayer for the LORD'S Help

Psa 123:1 [[A Song of degrees.]] Unto thee lift I up mine eyes, O thou that dwellest in the heavens.

Psa 123:2 Behold, as the eyes of servants *look* unto the hand of their masters, *and* as the eyes of a maiden unto the hand of her mistress; **so our eyes wait upon the LORD our God, until that he have mercy upon us.**

Psa 123:3 Have mercy upon us, O LORD, have mercy upon us: **for we are exceedingly filled with contempt.**

Noah Webster 1828 Dictionary: contempt

1. The act of despising; the act of viewing or considering and treating as mean, vile and worthless; disdain; hatred of what is mean or deemed vile. This word is one of the strongest expressions of a mean opinion which the language affords.

Psa 123:4

Our soul is exceedingly filled with the scorning of those that are at ease, and with the contempt of the proud.

Strong's: Ease meaning--careless, wanton, arrogant, pride

Noah Webster 1828 Dictionary: proud

1. Having inordinate self-esteem; possessing a high or unreasonable conceit of one's own excellence, either of body or mind.

2. Arrogant; haughty

Come out of her my people Plus Bible Verses

Play: <https://youtu.be/88N4ZxD01bM>

Full version of the video played: <https://youtu.be/k9qOqwizPTU>

Isa 29:9 Stay yourselves, and wonder; cry ye out, and cry: **they are drunken, but not with wine; they stagger, but not with strong drink.**

Isa 29:10 For the LORD hath poured out upon you the spirit of deep sleep, and hath closed your eyes: the prophets and your rulers, the seers hath he covered.

Isa 29:11 And the vision of all is become unto you as the words of a book that is sealed, which men deliver to one that is learned, saying, Read this, I pray thee: **and he saith, I cannot; for it is sealed:**

Isa 29:12 And the book is delivered to him that is not learned, saying, Read this, I pray thee: **and he saith, I am not learned.**

Isa 29:13 Wherefore the Lord said, **Forasmuch as this people draw near me with their mouth, and with their lips do honour me, but have removed their heart far from me, and their fear toward me is taught by the precept of men:**



Isa 29:14 Therefore, behold, I will proceed to do a marvellous work among this people, even a marvellous work and a wonder: for the wisdom of their wise men shall perish, and the understanding of their prudent men shall be hid.

Isa 29:15 Woe unto them that seek deep to hide their counsel from the LORD, and their works are in the dark, and they say, Who seeth us? and who knoweth us?

Elon Musk Wears Costume With Baphomet And Inverted Cross for Halloween!!

Before attending Heidi Klum's Halloween party, Musk took to Twitter to show off his Halloween costume. His costume quickly garnered many users' attention due to the fact he wore red & black leather body armor that was decorated with a giant Baphomet goat head that had an inverted cross on its forehead. Per the [Daily Mail](#), "Musk's outfit is the Devil's Champion-Leather Armor set that retails for \$7,500".

As of right now it's quite fair to question why the world's richest man, who is also a major U.S. Defense contractor (SpaceX) and is the owner of Neural Link a company attempting to hook the human brain up to computers is wearing the Baphomet coupled with inverted crosses as if its a badge of honor. <https://www.thegatewaypundit.com/2022/11/elon-musk-wears-costume-baphomet-inverted-cross-halloween/> <<I really love his freak moms' eyes as well. She is the one that spawned that devil. She is the one wearing the



obnoxious boots. Mommy dearest!!!

some better photos of satanic Elon Musk. One Comment Read: I wonder if his handlers made him do this, in public, to prove to other satanists they don't have anything to worry about with twitter in Elon Musk's WEF hands.

Right Left Paradigm in Full View: CONTROLLED OPPOSITION - TUCKER CARLSON EXPOSED--BE CAREFUL WHOM YOU ARE FOLLOWING AS THERE ARE SO MANY GATEKEEPERS & CONTROLLED OPPOSITION WHO ARE ALL WORKING FOR THE SAME PUPPET MASTERS -> THE NWO, CIA & BANKING ELITES

Play: <https://rumble.com/v1qtnfq-controlled-opposition-tucker-carlson-exposed.html>

Tucker Carlson Wears a Kabbalah Bracelet

Tucker Carlson is/was a regular at comet ping pong. He is also ... - reddit

From: Justin

Sent: Wednesday, July 1, 2020 11:09 PM

To: Scott Johnson

Subject: Tucker Carlson

Hi Scott,

What are your thoughts on Tucker Carlson? I've noticed a few references to him on some of your PDF's, but I've always had some reservations about him.

P.S. I believe Fox is nothing more than controlled opposition to the liberal agenda that's in it's final stages of completion in America.

From: Scott Johnson

Sent: Saturday, July 4, 2020 6:59 PM

To: 'Justin'

Subject: RE: Tucker Carlson

While I have played some of his clips I do think he is a plant, controlled opposition:

Play to 3:02 (Caution Some Profanity):

<https://www.youtube.com/watch?v=RNineSEoxjQ>

On Sunday November 13th, Get Ready For The 'Climate Repentance Ceremony' On Mount Sinai In Egypt--As The United Nations Holds COP27

A movement of Satanic repentance coupled with a quest to bring together leaders from the world's major religions, to put forth a prophetic interreligious call to action on 'Climate Justice: Ten Universal Commandments.'

The coming one world religion under the Antichrist is the basis on which the Abraham Accords were created, brought to life by the same person who sold Pope Francis' Declaration of Human Fraternity to the world back in 2019. Now at the UN COP27 climate conference in Sinai, Egypt later this month, this coming one world religion will again take center stage as interfaith leaders unveil their

'Climate Justice: Ten Universal Commandments' and repent of their climate sins to Mother Earth.

What we are seeing *right now* is what, back in the 1990's when I first got saved, we imagined Bible prophecy would look like when it began to be fulfilled. You are not *waiting* for it in 2022, you are *watching* it come together before your very eyes.

FROM INTERFAITH CENTER FOR SUSTAINABLE DEVELOPMENT: *Between November 6th and 18th, 2022, the UN climate conference COP 27 will take place on the Sinai Peninsula, in Egypt. Religious communities and religious leaders have a key role to play in addressing climate change and climate justice, which requires deep transformation within society. The knowledge of what changes are critically needed to diminish long-term harm to the planet is readily available. However, bringing about change in action demands deeper changes in attitude, a change of heart. This has been the domain of religions for millennia. Religions are sources of inspiration for the transformation of heart and the ensuing changes of attitude.*

To support, challenge and inspire discussions during COP 27 interfaith climate events will take place in Sinai that will be heart-stirring, transformative and a moment of inspiration for religious communities and for humanity. Religious leaders will call for a reexamination of deep-seated attitudes and for identifying ways to transform these attitudes for the wellbeing of Earth, our common home. To the end of the conference, participants signed the Jerusalem Interfaith Climate Declaration affirming the power of religion to preserve the environment.

pic.twitter.com/pyt4jOFSAJ

— Interfaith Center for Sustainable Development ICSD (@InterfaithEco) [November 3, 2022](#)

Mount Sinai (where the 10 commandments were given to Moses by God) is a mountain whose memory and meaning loom large as a place of revelation in the collective consciousness of Christianity, Judaism, Islam and others. As an ancient sacred space, it was the site of prophetic experience, and receiving God's message, for the prophets Moses and Elijah in all three Abrahamic traditions, and the prophet Muhammed in the Muslim tradition. COP 27 taking place in Sinai can remind humanity of our sacred responsibility to care for God's creation.

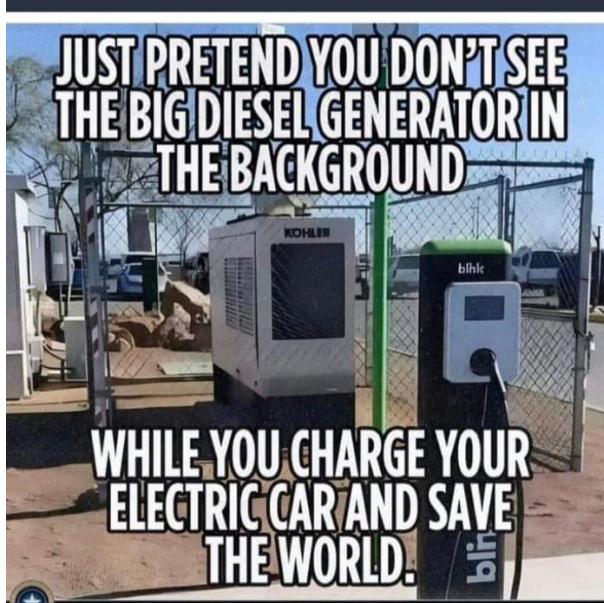
As we launch the Sinai Climate Partnership at the summit of Mt. Sinai, the initiative **will unveil Climate Justice: Ten Universal Climate Principles**, which will shape how religious congregations address climate change and foster a new vision for humanity and its endangered existence.

In this spirit, the project partners **will bring together premier religious leaders from the world's major religions to put forth a prophetic interreligious call to action: "Climate Justice: Ten Universal Commandments."**

This is an event delivered by world religious leaders. **At its core is the work of the Elijah Board of World Religious Leaders, an active community of high-level, reprobate, hell bound religious leaders. The Elijah Board of World Religious Leaders brings together some of the world's most Satanically prominent religious figures from Judaism, Islam, Christianity, Buddhism and the Religions of India. All vessels of Satan doing their level best to please their beloved master Lucifer.**

The project partners also seek to involve celebrities who have a track record of climate advocacy. [READ MORE](#)

<https://www.nowtheendbegins.com/mount-sinai-egypt-chrislam-climate-repentance-revival-meeting-united-nations-cop27/>



Who's causing this [#DieselShortage?](#)

This is in North Carolina and shouldn't be happening

Play:

https://twitter.com/patriot_north/status/1588702637410910208

Economic Current Events Headlines For America & the UK

[A Crippling Shortage Of Diesel Fuel](#)

[Threatens To Devastate Western](#)

[Economies In 2023](#)

[Fuel company issues diesel shortage](#)

[alert in North Carolina, Virginia, South](#)

[Carolina](#)

[Slow Motion Economic Train Wreck;](#)

[Nearly 40% of small businesses in the](#)

[US failed to pay rent in October](#)

[Buy Lots Of Food And Stock Up Now Because This Is Going To Be A Really Dark Winter](#)

[Barges "dead in the water" in drought-stricken Mississippi River; supply chains collapsing](#)

[Economic collapse now imminent: Mortgage demand has bottomed out as rents also begin to slow](#)

[Why the world's PENSION FUNDS are WRECKED](#)

[Americans Are Skipping Meals and Medications Because They Can't Afford Them](#)

[The Middle Class Is Dying! 50 Percent Of All American Workers Made Less Than](#)

[\\$3,133 A Month Last Year](#)

[On The Verge Of The Worst Homelessness Crisis In The Entire History Of The](#)

[United States](#)

[Owner Reports Final Price Tag to Replace Electric Vehicle Battery: \\$23,000](#)

[Electric vehicles are exploding from water damage after Hurricane Ian, top Florida](#)

[official warns](#)

[Energy price cap: annual bills forecast to hit £3,615 this winter as cost-of-living crisis deepens](#)

Boots on the Ground...Nov. 6th...People are cutting back on spending because they do not have it

Some Comment About this subject read:

[Terry Johnson](#) Having to choose between paying the electric bill or buy fuel oil has become a reality for so many in my area. Our food cupboard has seen double

the amount of people, food stamps application have tripled. I know that even with food stamps working full time I still can't buy fuel oil. It's really crazy right now for everyone.

Filipe Fortes Pray and rally up for the people in Europe this winter and beyond. Pray for a free and prosperous Europe and for courage and bravery against tyranny

Timmay 2k I'm a trucker fuel prices aren't the problem. It's these d*** brokers raping us on these rates. I'm done hauling cheap freight.

Play to 3:55: <https://www.youtube.com/watch?v=8dlVWJJc0sE>

+2+ [The SYN BIO “Borgification” infiltration of the human race: It’s WAY beyond infertility and depopulation... humans are HOSTING a nano-scale computational PLATFORM--Radioactive Cesium-137 is the Shot—Some Satanic Reasons For the Purple Streets Lights Showing Up on the Roadways—The Movie “The Matrix” is the Template For What the Forces of Evil is Trying to Implement!!](#)

(Natural News) “SynBio” means synthetic biology. If a corporation develops a gene-altering technology that gets injected into your body and permanently alters your chromosomes to be something other than fully human, they have turned you into a part-synthetic organism. Under existing US law and court precedent, that corporation *may* have an intellectual property claim to your physical body, which would make you a slave to that corporation.

A legal war is being fought right now to determine whether mRNA injections that alter human chromosomes confer intellectual property ownership rights of the organism to the corporation that invented the injection. Attorney Todd Callender is currently engaged in this legal battle in an effort to secure the status of *self-ownership* of your own body, a principal from which the entire philosophy of *freedom* springs.

In today’s Situation Update podcast, I interview Todd Callender, covering a sweeping range of truly shocking realizations surrounding the covid jab, genetic alterations and the “borgification” of humanity.

Play to 9:47 & from 15:11 to 35:20: <https://www.brighteon.com/c7df9be9-a92d-4dea-896c-5d2bef4a59fe>

BREAKING: CESIUM-137 IN THE COVID VAX & OTHER INJECTABLE VACCINES & MEDS LIKE INSULIN!! – Reason Being is 5G Can’t Work Without Cesium-137!!
Attorney Todd Callender & Medical Dr. Lee Vliet

Play from 17:48 to 34:38: <https://www.bitchute.com/video/ptVCPDMSjxoC/>

Scott Johnson Comment: 3 previous teachings where I have covered radiation remedies—plus PDF documentation

End Time Current Events: 5-6-12–Part 1

End Time Current Events–9-4-11–Part 2

End Time Current Events: 6-26-11–Part 3

Radiation Detox and Remedies

Activated Charcoal Binds and Neutralizes Cesium 137 and Other Radioactive Substances

Piggybacking on its powers of detoxification, activated charcoal can also reduce the effects of radiation. Through the process of adsorption, activated charcoal attaches to radionuclides in the same way that it attaches to other toxins. See our article, [13 Natural Remedies for Radiation Exposure](#), for more about activated charcoal's ability to neutralize radiation, as well as the science behind it.

Apple Pectin is one of the most effective means of protecting against radiation when consumption of contaminated food becomes unavoidable. Pectin preparations, along with vitamins and minerals, have demonstrated a high efficiency in eliminating incorporated radionuclides. The recommended dose is 5 grams once or twice a day for one month, 4 times a year.

"In 1999 BELRAD together with "Hermes" Hmbh (Munich, Germany) developed a composition of **apple pectin** additives known as Vitapect® powder, made up of pectin (concentration 18 – 20%) supplemented with vitamins B1, B2, B6, B12, C, E, beta-carotene, folic acid; the trace elements K, Zn, Fe, and Ca; and flavoring. BELRAD has been producing this food additive, which has been approved by the Belarussian Ministry of Health, since 2000.

"The pectin additive Vitapect with clean nutrition appears to be 50% more effective in decreasing the levels of Cs-137 than clean nutrition alone (Nesterenko et al., 2004).

"A clinical study of 94 children, 7 to 17 years of age, divided into two groups according to their initial level of Cs-137 contamination determined by whole body counting (WBC) and given Vitapect orally for 16 days (5 g twice a day) revealed both a significant decrease in incorporated Cs-137 and marked improvement in their electrocardiograms.

"From 1996 to 2007 a total of more than 160,000 Belarussian children received pectin food additives during 18 to 25 days of treatment (5g twice a day). As a result, levels of Cs-137 in children's organs decreased after each course of pectin additives by an average of 30 to 40%.

"Based on long-term experience, the BELRAD Institute recommends that all children living in radioactive contaminated territories receive a quadruple course of oral pectin food additives annually along with their conventional food ration. Eleven years of BELRAD's activities in controlling levels of incorporated Cs-137 in more than 327,000 children has not caused alarm in the population or radiophobia and has led to the spread of knowledge concerning radiation protection and an increased sense of personal responsibility for one's health."

[Nesterenko, A. V., Nesterenko, V. B. and Yablokov, Chernobyl: Consequences of the Catastrophe for People and the Environment.]

Here is a good apple pectin:

[Apple Pectin Non-GMO Now Foods 120 Caps](#)

\$12.36

[NOW Supplements, Non-GMO Pure Apple Fiber Powder with Apple Pectin, Non-GMO Project V...](#)

[Opens in a new window or tab](#)

\$14.99

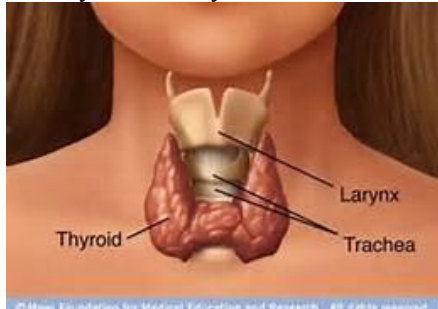
[DMSO: The Antidote for Radiation Poisoning](#)

[Baking Soda and Sea Salt All Natural Remedy for Combating Radiation Exposure and Cancer \(Video\)](#)

[Bentonite Clay - A Safe and Effective Detox From Radiation ...](#)

[Using Potassium Iodide Following a Nuclear Incident](#)

Friday, January 10, 2014



Today I submit the results of my research regarding the safe use of potassium iodide along with a list of resources you can use in your own investigation of tactics to follow if and when there is a nuclear incident in your area.

It is All About the Thyroid Gland

The thyroid gland uses iodine to produce hormones that regulate the body's metabolism. The problem, as I understand it, is that the thyroid gland will use any

iodine that is in a person's bloodstream and cannot tell the difference between radioactive and non-radioactive forms of iodine. If radioactive iodine is absorbed, energy in the form of radiation is released back into the thyroid in high concentrations. This energy can damage the cells of the thyroid and may lead to thyroid cancer or other diseases of the thyroid.

In the event of a nuclear incident, such as a meltdown at Fukushima or an accident at a nearby nuclear plant, a large amount of radioactive iodine will be released into the air. If this were to happen, potassium iodide would be used to protect, or block, the thyroid from irradiation. Commonly known as "thyroid blocking", taking potassium iodide before or at the beginning of exposure to radioactive iodine will block the uptake of radioactive iodine.

What Is Potassium Iodide?

Potassium iodide (KI) is a salt of stable iodine that can help block radioactive iodine from being absorbed by the thyroid gland, thus protecting it gland from radiation injury.

According to the [FDA](#):

When administered in the recommended dose, KI is effective in reducing the risk of thyroid cancer in individuals or populations at risk for inhalation or ingestion of radioiodines. KI floods the thyroid with non-radioactive iodine and prevents the uptake of the radioactive molecules, which are subsequently excreted in the urine.

So what does this mean? Stable, non-radioactive iodine in the Potassium Iodide pill will load up the thyroid gland so that there is no space left for the radioactive iodine to be absorbed. The harmful radioactive iodine will then harmlessly be excreted from the body through the kidneys as waste.

What About Risks and Side Effects?

There may be side effects to taking potassium iodide. Some of these side effects are skin rashes, swelling of the salivary glands, a burning sensation in the mouth

and throat, sore teeth and gums, symptoms of a head cold, an upset stomach and diarrhea.

People who are allergic to iodine should not take potassium iodide. In addition, people who have certain thyroid conditions (such as Graves' disease, other autoimmune thyroid diseases, and/or a goiter) should be very careful when taking it. Persons allergic to shellfish could potentially be allergic to potassium iodide as well.

I cannot stress this enough: if you are allergic to iodine or shellfish, or have a thyroid disorder, speak with a trusted medical professional to discuss alternatives to potassium iodide.

What is the Proper Dosage?

The US Food and Drug Administration (FDA) has set recommended dosages for individuals based on age.

Less than 1 month old – 16 mg

1 month to 3 years – 32 mg

3 to 18 years – 65 mg

Over 18 years or 150 lbs – 130 mg

According to [The Survival Medicine Handbook](#) (my survival medicine bible):

Take the KI tablet once a day for 7-10 days, or longer if prolonged or multiple exposures are expected. Children should take 1/2 doses. It is also recommended to consider 1/2 tablets for large dogs and 1/4 table for small dogs and cats.

When should Potassium Iodide be taken?

Potassium iodide should only be taken when directed by public health officials. If there is a public health emergency, you will want to listen to television or radio broadcasts for information and instructions on how best to protect yourself and your loved ones.

Two points. First, you want to have a working [emergency radio](#) that will operate work on battery in the event the grid is down and traditional power sources are unavailable. Second, you want your own supply of [potassium iodide](#) so you are not dependent on the government to come around and give you some – or worse – having to stand in line at the pharmacy or other hand-out station.

It is important to note that if a nuclear incident occurs, officials will first determine which radioactive substances are involved before recommending that people take potassium iodide. Potassium iodide will only be recommended when there are significant amounts of radioactive iodine in the air. If radioactive iodine is not present, then taking potassium iodide will not protect you.

If radioactive iodine is present, potassium iodide works best when taken before (about one-half hour) or at the same time of exposure to radioactive iodine. Potassium iodide can still offer some protection even if taken up to 3 hours or longer after exposure.

What is the Shelf Life of KI tablets?

According to the [US Nuclear Regulatory Commission](#):

The manufacturer's of Potassium Iodide must specify an expiration date of the drug on either the package or the individually wrapped tablet. The NRC distributes two tablet strengths of potassium iodide, 130 and 65 mg tablets. The shelf life of IOSAT 130 mg tablets is 7 years and the shelf life of ThyroSafe 65 mg tablets is 6 years.

Potassium iodide tablets are inherently stable and do not lose their effectiveness over time. Manufacturers must label their products with a shelf-life to ensure that consumers purchase safe and useful products.

My opinion, for what it is worth, is that I would rather have fresh [potassium iodide](#) tablets in my personal preparedness kit. They are inexpensive enough (\$10 for 14 130MG tabs) so why take a chance?

Where to Buy Potassium Iodide

++Iodine Products Dr. Johnson carries:

[Iodoral High potency iodine/potassium iodide supplement containing 12.5mg iodine/iodide 180 tab \\$57.00](#)

[Iodoral High potency iodine/potassium iodide supplement containing 12.5mg iodine/iodide 90 tablets \\$32.00](#)

[Iodizyme-HP™ \(120 T\) \\$35.00](#)

++ Optional, but Dr. Johnson does not carry this: [povidone iodine nasal spray](#)

++ The links above and throughout this report are purely for informational purposes. If you have any questions or would like to order please feel free to email Dr. Johnson at: drjohnson@ix.netcom.com

Potassium iodide is commonly available over-the-counter although some pharmacies may have to order it for you. [Amazon](#), [Emergency Essentials](#) and other online vendors carry potassium iodide. Be aware that to the best of my knowledge, the FDA has only approved [losat](#), ThyroSafe, and ThyroShield for over the counter sale in the United States.



Note: the size of each tablet will be noted on the package. My package of ThyroSafe, as an example, indicates there are 20 tablets, 65 milligrams each. I also have a package from LifeExtension that contains 14 tables, 130 milligrams each.

What Other Dangers Are Out There?

In addition to radioactive iodine, in a catastrophic nuclear incident there are major health risks with Cesium-137. The scary part is the Cesium-137 is

lightweight and can be carried long distances by the wind and ocean currents.

There are some studies that indicate that calcium, potassium and iron supplements (and foods rich in these minerals) will help replace Cesium-137 in the body. Whether that is true or not, it might not be a bad idea to keep some on hand and supplement-up if necessary.

Nine Things You Can Do Now to Reduce the Risk of Radiation Exposure

1. Build up your immune system by consuming a diet rich in antioxidants.
2. Avoid, or better yet, eliminate the consumption of seafood caught in the Pacific north of the equator. The same applies to seafood from parts unknown.
3. If you know something is coming (such as a plume crossing the Pacific), be proactive and load up on the supplements calcium, potassium and magnesium.
4. Likewise, if something is heading your way, take off your shoes before going inside (and leave them outdoors). This will prevent tracking miniscule particles into your home.
5. Wash your hands and kitchen surfaces often.

6. Always wash food before cooking or eating raw. Rinse all cans, bottles and jars before opening them; and rinse the can opener as well.
7. Wipe pets' feet with a damp cloth before or right after they come inside.
8. Vacuum soft surfaces frequently with a HEPA vacuums to remove excess dust and also damp mop hard surfaces daily. Don't dust surfaces. Instead, wipe them using a damp cloth.
9. If exposure is suspected, close all windows and keep them closed. Stay inside and keep up the vacuuming and mopping.

Summing It All Up

The use of potassium iodide will not not protect you from inhaling or ingesting radioactive materials released to the environment. It will, however, "fill" the thyroid with non-radioactive iodine thus preventing the bad stuff from taking over and causing thyroid cancer. It is not an "anti-radiation" pill and it will not protect you from external radiation exposure or from other radioactive substances such as radioactive cesium. That said, having a supply of potassium iodide available for your family as insurance makes good sense much the same way as having bandages, antibiotics, trauma items, suture kits makes sense.

The Final Word

This article began as a project to research how potassium iodide worked and also to answer some of my own questions regarding dosages, side effects, shelf life and other considerations. I hope that in some small way the information I have gathered iodide has answered some of your own questions and, further, that it motivates you to be ready, if and when your are put in the path of a radiological or nuclear incident.

Disclaimer:

The information I have gathered in this article is for general informational purposes only. Living in the Pacific Northwest and on the water, I am keenly aware of the potential for radiation exposure from Fukushima or, for that matter, a mishap in the ongoing cleanup effort at the Hanford site in Eastern Washington. Regardless of my own concerns, you should consult with your doctor or other qualified health care provider before making any decisions about whether to take potassium iodide or the supplements mentioned in the article.

Sources:

[US FDA Frequently Asked Questions on Potassium Iodide \(KI\)](#)

[NY City Department of Health](#)

[US NRC Frequently Asked Questions About Potassium Iodide](#)

[Medline Plus: Potassium Iodide](#)

[WHO: Use of potassium iodide for thyroid protection during nuclear or radiological emergencies](#)

[Home Health Physics \(Joy and and Randall Thompson and David Bear\)](#)

[How to Reduce Your Risk of Radiation from Fukushima](#)

[The Survival Medicine Handbook](#)

Proven Effective Radiation Detox Protocols

The therapies described here are widely available as over-the-counter supplements in most countries.

In Chernobyl, 5 grams of **spirulina** for 45 days was used successfully against radiation poisoning. **Chlorella** algae also has shown radio-protective effects. A **study** showed that spirulina reduced urine radioactivity levels by 50% after only 20 days and so the Institute of Radiation Safety in Belarus developed a special program to treat 100 children every 20 days with spirulina. Furthermore, the healing occurred during the continuous presence of radiation as well as the presence of radiation contaminated food and water sources. In particular, spirulina given to children with accumulated high doses of radionuclides reduced radioactive cesium. No side effects were registered. **Only buy spirulina or chlorella from a certified heavy-metal free source.**

Studies on sea vegetables with **sodium alginate** have shown that they selectively bound with radioactive strontium and eliminated it from the body. Sodium alginate is found in many **seaweeds**, especially **kelp**. Sodium alginate binds tightly to such substances as strontium, calcium, barium, cadmium and radium. Some seaweeds are contaminated with lead or arsenic so you only want to consume seaweed that is deep ocean harvested or has been tested to be free of metal toxicity (such as kelp from the west coast of South Africa).

Dr. Johnson Carries: [Davinci Labs SPECTRA GREENS 30 Servings](#)

Black and green tea have shown radioprotective effects when taken either before or after exposure to radiation. This anti-radiation effect was observed in several Japanese studies, and studies from China also suggest that the ingredients in tea are radioactive antagonists. Tea catechins are associated with antioxidant properties and can have radio-protective effects when taken both before and after irradiation.

Kelp also has organic iodine which will saturate the thyroid so radioactive iodine will not be absorbed. You can take 1 or 2 tsp or 5 to 10 tablets.

Beyond Evil!!! WORLD FIRST: ROBOTIC ARMS Assembling Via Nanotech Inside COVID-19 “Vaccines”

Dr. David Nixon joins us to reveal footage NEVER before seen anywhere in the world – **time lapse footage of the nanotechnology inside the COVID-19 injections assembling robotic arms that guide the nanotechnology development.**

Play to 4:04: <https://www.bitchute.com/video/fMklUNBFhF75/>

Listener Comment Regarding this Subject:

From: Patricia

Sent: Thursday, October 27, 2022 9:30 AM

To: drjohnson@ix.netcom.com

Subject: Re: FYI

OK, I believe this is the crystal I am seeing in everyone's urine. So Urine has crystals and part of my job when I perform a urinalysis is to identify crystals by sight only (I have never worked anywhere that takes the time or has the materials to fully identify crystals)

So almost EVERYONE has crystals in their urine like this. I never saw these before the vaccine, now just about everyone has them.

PROOF: The TRUTH About Quantum Dot Technology: NanoTech EXPOSED In mRNA Jabs—The Covid Kill Shots are for the Destruction of Humanity and Creating An Evil Humanity 2.0!!

Karen Kingston has found another patent that she says is critical for understanding the real truth about the Covid “vaccines.” This time, the patent is for “Quantum Dot” technology. Quantum dot technology can be used for trace and trace tech; it can also be used in gene editing.

Play to 8:45: <https://rumble.com/v1pv96n-proof-the-truth-about-quantum-dot-technology-chinese-nanotech-exposed-in-mr.html>
