Biblical Proactive actions that really make a difference when dealing with evil entities and overcoming sin

First Do This:
How To Pass From Curse to Blessing
Play: https://www.youtube.com/watch?v=Nj5xbgqluE8
Deliverance prayer and PDF with another prayer and extra teaching at bottom of description!!! Derek teaches how YOU can be free from curses that can affect your life. It turns out God has a lot to say about blessings and curses. And there is a way for us to enter into Gods blessing. This message shows 3 things . 1 what the symptoms are of being under a curse, 2 where curses can come from ,and 3 how to be free. It is very practical and down to earth. ( I could not find this message anywhere else so I have uploaded it here . The audio is out of sync for a few moments in a few places but it catches up , no audio is missing ) contains all 10 parts in one file extra summary and PRAYER AT END OF VIDEO (thanks Mark ) The following was transcribed by me ( Mark Bellanco ) for the convenience of those who want to recite the following prayer to themselves or others offline which is presented at the end of this video to release persons from curses in the name of the Lord Jesus Christ: From “How to Pass from Curse to Blessing” -- 4 Principles: Recognize Repent Renounce Resist 7 Steps: 1) Establish a clear scriptural basis. 2) Confess faith in Christ. 3) Commit to obedience. 4) Confess any known sins of self or ancestors. 5) Forgive all other persons. 6) Renounce all contact with the occult and get rid of occult objects. 7) Release yourself in the name of Jesus. PRAYER: “Lord Jesus Christ, I believe that you are the Son of God and the only way to God, that you died on the cross for my sins and rose again from the dead. I renounce all my sins, and I turn to you, Lord Jesus, for mercy and for forgiveness, and I believe you do forgive me. And from now on I want to live for you. I want to hear your voice and do what you tell me. In order to receive your blessing, Lord, and to be released from any curse over my life, first of all I confess any known sins committed by me or by any of my ancestors or others related to me. Lord, I thank you that I believe you have forgiven everything that I confess. And, Lord, now I want to say that I also forgive all other persons who ever harmed me or wronged me. I forgive them all now as I would have God forgive me. In particular I forgive…. (name the persons)…. Furthermore, Lord, I renounce any contact by myself or any related to me with Satan or occult power in any form or any kind of secret society. Also, Lord, I commit myself to remove from my house any kind of occult object that honors Satan and dishonors Jesus Christ. With your help, Lord, I will remove them all. And now, Lord Jesus, I thank you further that on the cross you were made a curse, that I might be redeemed from the curse and might receive the blessing. Galatians 3:13 (KJV) Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: And because of what you did for me on the cross, I now release myself from every curse and every evil influence and every dark shadow over me or my family from any source whatever. I release myself now in the name of Jesus. Amen.” PDF of a different Deliverance prayer and some teaching here is a link I found. I find it helpful to think of the “conditions to meet” that they list as possible keys to freedom. If you find one of them particularly applies to you then ask Jesus for help in that area. and then continue with the prayer.. Jesus sets us free.... we dont have to free ourselves first and then He helps us after that. PDF with another prayer and extra teaching http://www.straitwaytruth.com/straitwaytruth-resources/Deliverance-From-Evil-Spirits-Derek-Prince.pdf
Second: Regarding deliverance what you would need is to go through this session (it is two parts) as many times as necessary till you are not manifesting any signs of expelling demons.
He gets into all you need to know this in the video: https://www.youtube.com/watch?v=HsVLs89YkVA&feature=youtu.be

After that if you feel like you still need more help you will be in a much better position to proceed with further deliverance one on one. I have done this myself and I feel like a totally different person (in a good way). If you need further help here is a map of one on one deliverance ministers from the most trusted network I know of. Just click on your state to see there deliverance ministers: http://www.spiritualwarfareteam.com/home.html

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1) Get at least one King James Bible CD and play it 24/7 where ever you are. If you don't think there is a difference in versions please go to: The True Preserved Word of God at: http://www.av1611.org/kjv/fight.html#fight2

I know this might not always be feasible, but in your house is the most crucial area. These evil entities cannot stand the Word of God. From what I have heard, they particularly don't like the Book of Revelation. Most likely because it reminds them of where they are going to end up: "The Lake of Fire". The Lord said "I have exalted my Word above my name." So the Word of God is our most powerful weapon. Jesus himself would only quote Scripture to Satan when dealing with him, and it worked. I have done this for years and can attest to its effectiveness. You can even leave it playing at a low level, but the "bad guys" will know it is there. I have done this for years and can attest to its effectiveness. You can even leave it playing at a low level, but the "bad guys" will know it is there.

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2) That brings me to the next point. Ephesians 6: 11: "Put on the full armor of God, that ye may be able to stand against the wiles of the devil." So I would advise everyone to memorize and repeat this portion of Scripture daily:

Eph 6:10 Finally, my brethren, be strong in the Lord, and in the power of his might.
Eph 6:11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.
Eph 6:12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.
Eph 6:13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.
Eph 6:14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;
Eph 6:15 And your feet shod with the preparation of the gospel of peace;
Eph 6:16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.
Eph 6:17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:
Eph 6:18 praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

A Believers Authority In Christ and Warring in the Spirit

Psa 91:13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.
2Cor 10:3  For though we walk in the flesh, we do not war after the flesh:
2Cor 10:4  For the weapons of our warfare are not carnal, but mighty through God to the
pulling down of strong holds;
2Cor 10:5  Casting down imaginations, and every high thing that exalteth itself against the
knowledge of God, and bringing into captivity every thought to the obedience of Christ;
2Cor 10:6  And having in a readiness to revenge all disobedience, when your obedience is
fulfilled.
1John 3:8  ...For this purpose the Son of God was manifested, that he might destroy the works
of the devil.
Luk 10:17¶ And the seventy returned again with joy, saying, Lord, even the devils are subject
unto us through thy name.
Luk 10:18  And he said unto them, I beheld Satan as lightning fall from heaven.
Luk 10:19  Behold, I give unto you power to tread on serpents and scorpions, and over all the
power of the enemy: and nothing shall by any means hurt you.
Luk 10:20  Notwithstanding in this rejoice not, that the spirits are subject unto you; but rather
rejoice, because your names are written in heaven.
++ Also This Is Essential: How to Bind and Loose Spirits 1/6 - Win Worley (listen to all 6 parts)
https://www.youtube.com/watch?v=GwIhfQcjE5w&feature=youtu.be

3) Apply the "Blood of Jesus" over your house, your property, your cars, your family, yourself,
etc... Rev 12:11 And they overcame him by the blood of the Lamb, and by the word of their
testimony; and they loved not their lives unto the death.

4) Pray for the Lord's angels to encamp around you, your family, your house and property,
etc... But remember: Psalm 34:7 The angel of the LORD encampeth round about them that fear
him, and delivereth them. So the "Fear of the Lord" is connected with angelic protection. So I
pray for "The fear of the Lord" for my family and myself.

5) As a saved believer in Jesus Christ the Holy Spirit lives inside us. When petitioning the
Lord, use the example of the Lord's Prayer by petitioning the Father, in the name of the Lord
Jesus Christ for whatever our prayer requests are. But remember: Psa. 66:18 “If I regard
iniquity in my heart, the Lord will not hear me...” In this case iniquity would be
unconfessed/unrepentant sin. So make sure you are right with the Lord especially before
going to bed. Ask the Father in the name of the Lord Jesus Christ to guard us through the
Holy Spirit (this would be in addition to all the other things I have already mentioned in regard
to prayer.) Go to: The Biblical Keys To Answered Prayer
& Overcoming, Protection, Meekness, Answered Prayer, Faith, Fear of the Lord

6) Pray. Particularly the Lord has led me to pray the Psalms. Psalm 64 in particular, and
Psalms 91 and 94. These Psalms are regarding the Lord dealing with our enemies and for
personal protection. Also listen to: Imprecatory Prayers & Gods Judgment on Wickedness-A
Christians 'Door of Hope'.
Also in regard to prayer there is a spiritual principle that the Lord has made mention to in the
following verses:
Deut. 32:30: “How should one chase a thousand, and two put ten thousand to flight, except
their Rock had sold them, and the LORD had shut them up?” Now we don't want to build a
dogmatic doctrine around this one verse, but the spiritual application seems to be that two Christians in unity can accomplish much more than one alone. We should really be praying for each other and if you have a spouse or prayer partner that seems to amplify the effect greatly. Remember Jesus said: Matthew 18:20: For where two or three are gathered together in my name, there am I in the midst of them. So this verse appears to validate the verse I quoted above, in regard to amplification of our efforts where at least two Christians are joined together in unity.

7) Comment: This is from my listener/deliverance minister in Tasmania.

From: fishermanpete

This is a very powerful prayer against Witchcraft.. with fasting even more powerful.. This prayer can shut down Witches and Satanists forever. Being that this prayer basically shuts down the senders of the hexes and vexes by returning their evil to them sevenfold. I turned this prayer into a blessing that they would need to turn to Jesus for there own curse to be removed. This would be saving them from HELL and being saved from HELL is a blessing.

This is a very powerful prayer against Witchcraft... with fasting even more powerful

Father, In the name of the Lord Jesus Christ, I plead the precious uncorruptable blood of Jesus over the Body of Christ, the innocent, myself, my family and everything that belongs to us. We ask for giant warrior Angels (or whatever kinds of angels are necessary) to be loosed from Heaven to surround and protect us. As your war club and weapons of war I break down, undamn, and blow up all walls of protection around all witches, warlocks, wizards, satanists, and the like that are attacking us; and by the Blood of the Lord Jesus Christ I break their power & all their curses, hexes, vexes, spells, charms, fetishes, psychic prayers, psychic thought, all witchcraft, sorcery, magic, voodoo, all mind control, jinxes, potions, bewitchments, death, destruction, sickness, pain, torment, physic power, psychic warfare, prayer chains, and everything else being sent our way, our family members way, to the Body of Christ & the innocent; and by the Blood of the Lord Jesus Christ I bind their senders right now!, SEVENFOLD, and we BIND it to them by the blood of Jesus Christ! Father, I pray that these lost souls will find the light of your Son Jesus.. Their own snares and traps have now been set against themselves.. In the name of Jesus Christ of Nazareth I now loose them from all mind control of Satan!.. Father I also ask that you Bind the Holy Spirit to their hearts as a guide to your Son Jesus.. So that they may be set free from the bondages of Satan.

In Jesus name we pray...Amen

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2020 STRATEGIC WARFARE PRAYER!!!!

Father God in the name of Jesus Christ we nullify, dismantle, cancel and forcefully oppose all satanic operations, maneuvers, manipulations, subversions, strategies, tactics, plots, plans and ploys, which are designed to hinder, prevent, frustrate, foil, deny or delay God’s original plans and purposes, from their quick, swift and speedy manifestation taking place in their correct time and season. (Daniel 7:25) We rebuke and dismantle satanic alliances and confederations. Arrest them and stop them by the Spirit. Let every covert and clandestine effort and endeavor fail. Cause the news media to be caught in their lying and manipulation so that only the truth is manifested. (Nehemiah 4:7-8; Esther 3:1-9:32; Job 5:12-14; Psalm 83:5; 2 Chronicles 20:35) 2. We decree that every satanic strategy of inhibition, prohibition and limitation placed upon the Body of Christ (by the dark side) shall
not prevail. We declare all invisible and visible walls of opposition, restriction and delay will be exposed and destroyed. (Colossians 1:16; Joshua 6:1) Confound the devices and evil plans of the enemy that they have crafted, so that their hands are not able to perform their enterprise. Save those that can be saved O’ Lord, but those that cannot be saved; overtake them in their own crafty and devious ways; let them fall into their own pits they have dug for the righteous, let the Fire of God devour them, let them turn on and consume one another and have them in total confusion & derision (Psalm 35:4; 50:3, 55:9; 70:2; 83:17; John 8:32). We loose the hosts of heaven to war against the hosts of darkness and bring an end to all deceptive, secret and destructive measures designed destroy all of God’s creation and defile the world. For this reason, was the Son of God made manifest that He would destroy the works of the enemy. (John 2:15-17; Acts 16:16-19; 1 John 3:8) We overrule all strategies, tactics and curses of the enemy by the power of the Name of Jesus Christ and His shed Blood. (1 Timothy 1:18-20) We overthrow spoken words, enchantments, divinations, spells, hexes, vexes, curses, witchcraft prayers and every idle word spoken contrary to God’s original plans and purposes according to Isaiah 54:17. We reverse the curses associated with all these ceremonies, rituals, utterances and plans to bring about a chaotic bloody revolution in America to usher in Martial Law and the New World Order. We decree and declare that: Their plans shall be uncovered and shall not prevail; & their plans shall be frustrated and unable to achieve any impact; & their threatening’s and violent verbal dealings are returned to them one hundredfold! FATHER, WE HUMBLY ASK YOU TO: Reveal every hidden agenda, plan and cover-up in the secret shadow government regarding their attempts to manipulate end time events leading to the destruction of Your righteous seed. (Isaiah 44:25; 2 Timothy 3:8) Send divine, powerful angelic forces against their diabolical plans to frustrate and expose them, so that they will be dismantled. Dispatch legions of warring angels to enforce Your perfect will on the United States of America and on all the earth. (Joshua 5:13-14; Psalm 103:20-22; Colossians 2:14, 15; Ezekiel 9:9-11) Release your divine strategies and revelation upon any righteous person in government worldwide. Fill them with Your Holy Spirit and cause Your divine wisdom to come upon them. (James 1:5) Cause him to be a trumpet shedding light upon the dark hidden secrets of the wicked. Send a spirit of confusion amongst the camp of the enemy. Let their tongues be divided; when they communicate let it be incoherent and misunderstood. (1 Samuel 10:27) Arrest those that operate in the spirit of Jezebel or Belial and cause them to be caught in their own lies and conspiracies. Let them not be able to resist the Spirit of Truth or gain any ground in the natural or spiritual realm. Cause every spirit that is released from their diabolical assignment to be cast into the abyss, until which time they be cast into the lake of fire. (Psalm 110:1; 1 Kings 19:1-5; 21:1-16) Please cause these prayers and all future prayers to take on the characteristics of divine projectiles in the realm of the spirit, so that they hit the bull’s eye. (Psalm 57:4) Let the laws that govern this prayer and all spiritual warfare strategies and tactics, be binding by the Word, the Blood and by the Spirit. (1 John 5:7) WE SEAL THIS PRAYER IN THE NAME OF JESUS CHRIST AND THE BLOOD OF THE LAMB, AMEN!

**PRAYER TO NEUTRALIZE OCCULT RITUALS**

Beloved Holy Savior and Master, Lord Jesus, you are the sacrifice, the Lamb that was slain before the foundation of the earth, seated at the right hand of the Father. We honor your sacrifice on the cross, and celebrate your resurrection and transfiguration volunteered for our salvation. We worship you, exalt you and magnify your name above every name. You are sovereign, supreme over all. You are worthy. You alone are worthy. We pledge our faith and love to serve you alone, forever. We claim your Word: James 4:7 “Resist the devil and he will flee from you” 1 Timothy 1:7 “God has not
given a spirit of fear, but of power, love and a strong mind." We come in the authority given to us in Christ Jesus. We cover ourselves with the Blood of the Lamb. We place a hedge of warring angels with flaming swords of fire around us continuously. We put on the whole armor of God. We lift our shields of faith to interlock, standing foot to foot and shoulder to shoulder—a solid wall that cannot be breached or penetrated. We resist and renounce Satan, the god of this earth. We rise to war in the Spirit against witchcraft, occult maneuvers and devices sent against Your Will and the Body of Christ. We ask you to dispatch legions of your warring angels in full battle array, fiery swords drawn to enforce our petitions and intercessory prayers. Rout your enemy on all fronts. Turn their hatred, anger, accusations, conflict, arrogance and wicked schemes upon themselves so that they become caught in their own snares and fall into the pits that they intended for others. We nullify, dismantle, cancel and oppose every satanic operation, scheme, maneuver and strategy. Cause secret plans, agenda and motivation of the enemy to be revealed for everyone to see. We decree and declare that what these evil people meant for evil, you will turn it around and use it for the good of your people. We close every evil portal that has been opened. We break every curse, hex, spell, vex, enchantment, decree spoken or unspoken sent against the Body of Christ and your intercessors by every witch, warlock, satanist, sorcerer, voodoo priest, shaman, brujo, bruja, soothsayer, medium, coven and every minion of the devil working iniquity and send it back upon their own heads that they may repent and turn from their evil ways. Lord Jesus, reveal your love to them. Show them the truth about who they are serving, and their eternal destination if they continue in their present path. Open their minds, eyes and ears to receive supernatural insight and knowledge to understand the truth of the Gospel. Bring them to salvation. We seal this prayer by the Blood of the Lamb and in the name of the LORD Jesus Christ. Amen.

8) Stop any and all sexual sins Go to: Biblical Sexual Prohibitions

In this teaching we will be looking at a subject that is rarely (if ever) preached on in modern day churches: The sexual prohibitions outlined in Leviticus 18 &20. This is a very important study and especially needed by Christians in the day and time we live in. Truly much of the Body of Christ is being destroyed for lack of knowledge due to NOT knowing the material covered in this teaching. Unfortunately there are many things that modern day Christians are doing (many times unknowingly) that are affecting them adversely in both a spiritual and physical way. Much of what we will get into was common knowledge 100 years ago but has been slowly repressed since then. We will look at the shocking WHOLE definitions of sodomy, fornication and intercourse and also the New Testament text some use to justify any sexual action regarding the marriage bed. We will also see how Biblically these types of sins defile a person in a way that other sins do not.

Contraception & the Bible

link to http://www.abortiontv.com/

In this teaching many will be shocked at the way many birth control methods actually work. From "The Pill", to "The Patch" to IUD's all are potentially "Abortifactive" according to the companies that make them. Gen 1:28: “And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it…” Gen. 9:7: And you, be ye fruitful, and multiply; bring forth abundantly in the earth, and multiply therein.” From the apostles to 1930 no true Christian group ever sanctioned this practice, and it was Christian state legislatures across the country that made the trafficking of contraceptives illegal until the Supreme Court intruded in Griswold v. Connecticut, paving the way for Roe v. Wade. So in other words 75 years ago this message would of not been necessary because the topic was not a topic worthy of debate. Contraception was considered by
Christians a grievous sin, and that fact was a forgone conclusion that was not even debated by Christians. Did you know the word “contraception” is not even listed in the Websters 1828 dictionary.

9) CLEANING YOUR HOUSE CURSED OBJECTS (OF DEMONS)
While I don’t agree with everything on this website it does have some good overall guidelines http://www.demonbuster.com/cyh.html
BOYCE and BOICE are two demons that interfere with any electronic equipment, i.e., phone, computer, printer, automobile, etc. If something malfunctions, command these two demons to leave your equipment, in the name of Jesus. We get many emails saying this worked.
http://www.demonbuster.com/

10) A Bible verse to help you to break free from hindrances-- add into your daily affirmations:
Mic 2:13 The breaker is come up before them: they have broken up, and have passed through the gate, and are gone out by it: and their king shall pass before them, and the LORD on the head of them.
Breaker--Lexicon :: Strong's H6555 - parats
KJV Translation Count — Total: 49x
The KJV translates Strong's H6555 in the following manner: break down (11x), break forth (5x), increase (5x), break (4x), abroad (3x), breach (2x), break in (2x), made (2x), break out (2x), pressed (2x), break up (2x), break away (1x), breaker (1x), compelled (1x), miscellaneous (6x). Outline of Biblical Usage [?]
1. to break through or down or over, burst, breach
   1. to break or burst out (from womb or enclosure)
   2. to break through or down, make a breach in
   3. to break into
   4. to break open
   5. to break up, break in pieces
   6. to break out (violently) upon
2. (Niphal) to be broken through
3. (Pual) to be broken down
4. (Hithpael) to break away

Strong’s Definitions [?](Strong’s Definitions Legend)
ץַרָּפ pârats, paw-rats'; a primitive root; to break out (in many applications, direct and indirect, literal and figurative):—abroad, make a breach, break (away, down, -er, forth, in, up), burst out, come (spread) abroad, compel, disperse, grow, increase, open, press, scatter, urge.

11) Also here are the three short deliverance prayers against poverty or lack:
https://www.youtube.com/watch?v=3cT5VBuvpB8
https://www.youtube.com/watch?v=3MMDKyRWeAI
https://www.youtube.com/watch?v=QT-aybD3wX0
Scott Johnson’s Comment: We had been going through a pretty rough spot for a few years now in ministry and it think it is because the witches that were trying to kill me were failing to do so, so they changed their tactics somewhat and started going after my finances and I had done no deliverance to pray against it, so it was working. We’ll all I can say is since I have done the deliverances above (twice now) we have had more funds come to us (in a few week period) than I can remember in a long time. I mean it is miraculous. This is not ‘name it a claim it’/get rich quick stuff, but I do
believe the devil will always try to target a true Christian finances so we are limited in our ability to pay our bills (among many other things). I do about the first 10 minutes of the Win Worley mass deliverance here: https://www.youtube.com/watch?v=mVG3ow2-MR0 (which puts the devil on notice and sets the stage for any deliverance session) and then I do the poverty ones or any other deliverance you may feel you need.

12) Super Charged ‘Do it Yourself’ Anointing Oil
<<The picture to the left is of my anointing oil, I have it sitting on my audio player that plays the KJV Bible through it all night on most nights, except when I forget to turn it on. When I was first saved I was starving for the Word. I could read for hours the Bible and that still wasn’t enough. I would play the New Testament Bible CDs at night on repeat next to my bed and would wake up singing to God and feeling joy and peace. If I felt a sickness or cold and flu at night I would put the Bible on and in the morning I would feel fine. I had told myself and believed that God doesn’t want me sick and so my shield of faith was active all the time. And rarely did I get sick. There was a period of several years where I never got sick once. I trusted my God for protection and I do know that He did that for me and still is. And also I believed that in the spoken Word going out through our house via the audio players was also putting up some sort of invisible shield that the demons hated and could not stand in it for too long, and would flee. And I have watched for evidence of this assumption as I have told others to do this also.

First when playing the Bible audio, there comes an inner resistance to the Word and then, usually after a couple of weeks on average things settle down and the resistance slows up. There is no doubt in my mind that the demonic entities within the person who embarks on this adventure of faith are tormented and those without legal rights will flee.

So an invisible wall is placed around that home and occupants and the whole house is soaked with the Word of God.

Heb 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

I believed this as a young believer and 20 years later I still believe it.

So my oil had sat on my player for years soaking up the vibrations from the KJV Bible playing all night and I do believe that this had imparted more fire into it, and we were using it for healing according to this Word.

Mat 3:11 I indeed baptize you with water unto repentance: but he that cometh after me is mightier than I, whose shoes I am not worthy to bear: he shall baptize you with the Holy Ghost, and with fire:

Jas 5:14  Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord:

Jas 5:15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.
As sickness can be caused by Demonic spirits then the two can fit together easily. So here in the next scripture is what I'm talking about here.

First the Blood, then the Oil.
First Repentance, then the Holy Spirit (by the spoken word and by the Oil) can be applied.

Mar 6:12 And they went out, and preached that men should repent.
Mar 6:13 And they cast out many devils, and anointed with oil many that were sick, and healed them.

I had read a book by Bill Schneobelen called Blood on the Doorposts when I was a very young Christian that explained the use of anointing oil in the home and on doors and windows and things. He said it appeared in the spirit realm as a fire, and the demons hated it.

So I tested that out and coming out of a background of witchcraft, although not as severe as Bills ever was, there was a few entities coming and going that I could test this theory out on. And if it was something that the wicked entities hated it then I was interested. And I definitely did feel a difference after anointing our house with the oil that I prayed and blessed myself.

I didn’t have to buy the most holy and pure stuff that was squeezed from the more righteous trees on the hills of the Mount of Olives and that was blessed by the most Holy Reverend of the church of all saints in Jerusalem, or whatever they are selling on the internet. And although I looked into this, I am glad that I couldn’t afford this at the time and had to rely on my own faith in my own God to answer my own prayers for my own oil, and for everything else also. So I did and that was a big step ahead in faith for me instead of handing it to someone else whom I thought more qualified.

Heb 11:6 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

So I was using it now and again in a bit of a smear here and a bit there and a few drops around the house for protection. It seemed to last a few months then I would redo the places again. Also we used it on other peoples places and they could feel results too. Although almost impossible to measure, we had to receive by faith. And I did have faith to believe that my God could do this.

Mat 9:29 Then touched he their eyes, saying, According to your faith be it unto you.

And as for praying for people I usually used it at the end. As a weapon against sickness and disease, but back then it didn’t matter if the oil was forgotten and left home, I hadn’t the revelation of its importance in the battle, but that was coming.

I know when I first seen it used at the start of deliverance it would make the devils manifest so much quicker than usual and that excited me. And they would be trying to wipe it off and cursing it and the workers and God.

So I started to use it in deliverance. And it definitely would bring torment to the tormentors quickly. Sometimes you would apply the oil and the demons would dive for cover and other times their cursing was music to our ears, because of the reactions of the spirits, it was no secret that they were in agony.

And this was no clearer than when we were involved with a woman who was the High Priestess of a large Satanic coven here in Tasmania. Now this coven was trying to take over the state and would have a satanic festival every year on the winter solstice called Dark MoFo.

And to show you an example of how much influence they have, here is a picture of one of three, 20 meter high inverted crosses they set up in the capital of the State with little local council or political backlash at all. They were actually paying for some of this. And some Christian identities in the city even said it didn’t matter and didn’t mean a thing.
So these people weren’t little teeny boppers lighting candles and reading tarot cards. Some of the people involved were associated with the highest witchcraft powers in the USA. For example Marina Abramovic was here doing witchcraft rituals disguised as art, who was exposed by Wikileaks for the spirit cooking and connections with the Podesta Bros. And John Podesta was Hillary Clinton’s right hand man. No small fish here. So during the deliverance of the now Ex High Priestess, which was like the exorcist movie, with demons coming up that had mentions in the Holy Bible as well as demonic scratches and bite marks and blowflies coming out of the blue it was like Nebuchadnezzars furnace for a few months.

We would use the oil as soon as we started to pray and there was no waiting. It was on within seconds.

We prayed that the oil would not only represent the Blood of Jesus and the Fire of the Holy Ghost but that the devils would actually feel it as if it was fire and the Blood like acid. And we also added lots of other prayer into it. The all Consuming Fire of God, the fire of Elijah that burned up the 50s and their Captains, the fire of Jotham which was the division and civil war that was sent between Abimelech and the men of Shechem, which turned them against themselves. And also the Resurrection and Abundant Life, Peace, Joy, Hope, the Love of God and other things that would destroy yokes of bondage and slavery, break chains and heal and restore the broken and wounded. So like a sharp double edged sword, cutting both ways.

The results in this deliverance were astounding. We prayed for her numerous times and she said the oil burnt like acid, which was obvious to us as the demons screams were letting us know. And we put it on her feet once and after the spirit left she said it felt like nails going through her feet and nailing them to the floor; which was handy, because a lot of time the spirits had her up and trying to grab anything to use as weapons or scratching and kicking and biting and spitting and whatever else they could try to do to wound and destroy. But things were moving out quick and the scene would change lots.

Also as an added bonus we would put the oil on the hands and when the demons try to grab us the hands would slip off easily.

Now it wasn’t just the oil obviously, the Name of Jesus is the Name above all names, and it was by that name that the devils were ordered to go. The oil was an advantage we found that got them moving quicker. And that we used as an accessory. Not as the be all and end all.

When she was going ok, when all the spirits that had surfaced in deliverance had been dealt with and we could return the three and a half hour drive back to our home, I gave her some oil to anoint some of her unsaved husbands stuff when she could and put around the house, and a Satanist knocked on the door and she looked through the peephole and knew the power in the oil so grabbed it and threw some on him, around a dessertspoon
full. She said he reacted like a bucket of scorpions was thrown on him and straight away he ran away screaming; which greatly encouraged us to ramp up the oil defences around her house. And our own, because these people didn’t have to visit in the flesh to be about.

So as the battle continued over some months and the witches that were trying to kill her, curse her, kidnap her and destroy her family continued, so did our prayers and deliverance and experimentation with the oil.

They were constantly putting things in her letterbox and she was constantly going out and opening them and getting hit by them. Whether wicked curses or cursed items of gold and expensive jewellery.

So we anointed the letterbox and the surrounding area and they slowed down.

We put the anointing oil on her front porch and we found that during bouts of deliverance when the demons were near the surface she couldn’t even put one toe on the oil because she said it felt like red hot nails going in and even when she wanted to have a cigarette she couldn’t even sit near where they oil was spread around and had to go out the back where it wasn’t at. Also when she was in this state she couldn’t hold the Bible or the oil or say the name of Jesus. But could say God and Lord no problem, it showed us that ‘Jesus’ is the name the enemy hates above all others.

And the Satanists who had been dripping blood on her steps and stuffing curses in her door and writing blood curses on her car were slowing down also. Not to mention the sickness attacking her body. We found some cursed jewellery in the garden in a nice little box and gift wrapping when we visited that we surmised was thrown towards the front steps and missed because their access was blocked by the oil. Or the wall of fire that we now believed was coming from the oil.

So when I could see that advantage it was giving us I went and got a few litres of it, prayed and went out on the road believing that even if they drive over the oil it would cause some pain for the enemy that was infesting them. And it may have because the satanic traffic slowed greatly.

She was out the back of her house one evening having a cigarette and she heard her name being called out so she went to the fence and the two Satanists said this to her, among other things.

This was her text to me the next day:

Pete PLEASE stop whatever you are doing!!!!! Went out for smoke, Garry & Karrwen promised the oppression would stop if my mate (being you, backed off) They weren’t joking.

And I rang and she said that they were yelling from the other side of the road. They couldn’t cross the oil line I left around her house on the road as in the picture.

I knew it was causing troubles for them so I went and put a lot more oil up my road and around my house and thought I’d done a good job. But the one spot where I missed making the wall which I never thought important was in a dream that night with the High Priest Warlock walking there, near our lounge room window. So the next day I went around the house and concentrated on that spot I missed and heard a voice speak and say, “Aww aren’t you going a bit far now” as soon as I was plugging up the gap in my oil line. I thought that was a stupid thing to say, but have noticed that when the
enemy is desperate then lots of foolishness comes from them.

They had taken to flying paper planes into her backyard with their attacks.

And during all this one day after around 40 minutes of prayer the anointing oil turned blood red after I was praying with a friend warfare and blessings for Tasmania. I had never seen this in the few years or so it had been sitting in this same spot. You can see it in the first picture. This is why I’m writing this account. God definitely got me interested in claiming back the ground for Him, and the oil will not wash off and will remain for a long long time. The oil was used to make things Holy.

Exo 40:9 And thou shalt take the anointing oil, and anoint the tabernacle, and all that is therein, and shalt hallow it, and all the vessels thereof: and it shall be holy.

And there is a reference where the Spirit of the Lord was in the oil.

1Sa 16:13 Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of the LORD came upon David from that day forward. So Samuel rose up, and went to Ramah.

Then we moved to the capital city in Hobart from a small quiet country town of 80 or 90 population and no crime and no need to lock the doors, to a city of a 220,000 population. And it was a massive change for us.

The Satanists soon knew we were there and welcomed us with cursed mail arriving. And whether they were doing the burnouts out the front or not it was like every second day they were happening.

And there is a reference where the Spirit of the Lord was in the oil.

And there is a brothel in one of the units over the road, continuous parties, yelling and screaming and a car was burnt a hundred and fifty meters away or so and blokes walking around with cricket bats and cops raiding the places. All this could be seen from our window. I thought it was better than TV for a while but my wife was a little fearful.

I had already went around our house after the first night the side gate was bent mysteriously.

And then I decided to experiment and I was in the perfect environment to do this. By now I had not been putting just smudges of oil but was buying it by the litre. Now we shop for the 4 litre can on special.

I went up and down the footpaths and around the court and poured it out both ends of our road and up
and down the road and we noticed things were definitely calming down. Every two or three weeks I would spread more. Now I’m not just giving credit to the anointing oil. There was a lot of prayer going out. **But we could see and hear the results. The wheelies and the screaming and the parties and the loud music seemed to slow down dramatically.**

I heard a diff or gearbox blow one night and a couple of culprits close by are now walking. And we met some Christians nearby and asked them if things had calmed down in the last couple of months and they said quickly, “Yes, the burnouts have slowed and the drug dealer two doors over from us has stopped having all night parties all the time. The traffic in the middle of the night to the brothel slowed down to almost non existant and actually today as I’m writing this the police were over there carting some woman away. Interesting. She wasn’t happy.

So we know that the prayers and the oil have had an effect that could be measured. By us and others who were not stuck in the cycle of the worldliness. All in around two to three months. Also in Hobart the witches have covered a vast majority of power poles and communication boxes and signs and parks and all sorts of places with hexes. Here is 3 examples on power poles. They do it to cause accidents, sickness, disease, torments death and destruction and concentrate in an area and the spirits are assigned to that area.

So we now are armed with a weapon to administer the anointing oil. A weapon we used in the battle with demons who got lively in deliverance and sometimes to shoot them in the mouth with the blood of Jesus and the fire of the Holy Ghost when their mouths were running off a little too much.

It is good also for open places and discreet. Once quick squirt on the hexes would nullify them totally we believed no doubt.

 Prayer first, stand in the gap and repent (Scott Johnson’s Comment: remit and sins over the land—See the end of this PDF for a full document on this), that’s the blood, remittance of sins, breaking the curses and pray fire into the oil and go and administer.

No need to make a big thing of it.

The Ex Witch told me when they were in the astral form they could see the areas and the streets they had cursed as rivers of darkness.

So it’s time to **Light up the Darkness. You can do this to. You can make a difference, especially in your own area.**

2Ch 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

And in the larger areas of the high places we would just tip it out of drink bottles slowly as we wandered around as tourists. The enemy had shed their blood and cursed the grounds. We were taking back the land and believing this.
Jos 14:9  And Moses sware on that day, saying, Surely the land whereon thy feet have trodden shall be thine inheritance, and thy children's for ever, because thou hast wholly followed the LORD my God.

And the oil would not be washed away. I can still see it on the road where we have put it around the city, months later. Do it on a warm dry day and it sticks.

And other places to do are reservoirs, parks, schools, accident spots on roads, entrances to shopping centres, underground car parks, water supplies, new age and porno shops, hotels, wherever the enemy has gained ground and has a stronghold. I believe that every time a demonized person walks or drives on or over the oil the demons within know it. And we pray that they will be hit hard by it. And believe they are.

We heard that the Satanists here are cursing the source of rivers also, and they believe that the blood they shed to pollute them goes down the river and even curses the land through irrigations and not to mention people drinking it.

Also communication towers are cursed to affect what is passing through internet and phones. These people are highly organized and serious.

But if God can do this for us,

Eph 3:20  Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

And now there are some others who have the oil out doing their own areas and are hearing the demons trying to put them off and discourage them too.

At one high place we travelled to that was at the other end of the state I could hear them telling me “You shouldn’t be doing this” even as we were still in the car driving and “Who do you think you are?” But when the oil was being sprinkled over this area I heard them screaming and saying “You’re out of your Jurisdiction.”

That is a word I have never used in my life. So I laughed and soldiered on.

This is a work God has led us into.

Eph 2:10  For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

I believe we can make things extremely hard for the enemy to operate. And if every church in every place, big or small, it doesn’t take too many, would go and take back the High Places, and the strongholds in even just our own towns then it could become a quicker work.

One small squirt of anointing oil at a cursed object may cause a big drama for the Devil in the second heaven. Do you believe this? I do.

Peter McMaster.

UPDATE

Two days after writing this we found this on signs 50 meters down the road, at an intersection near the bus stop. The Satanists must be trying to claim back their territory.
The satanic cursed blood then clear enamel paint over the top so it doesn’t wash off. But with a bit of elbow grease we removed it.
There was no kick in this curse at all. Powerless. But looked bad.
No drama. I asked another neighbour if things had quietened down and he said without having to think too long, “Yes they have”.
Praise the Lord!!!
Great testimony. The demons hate it. Thanks for sharing. I'm sure there'll be more.

From: fishermanpete
Sent: Monday, December 24, 2018 7:43 PM
To: Scott Johnson
We did the steps of Mona ferry service to the museum and a lot of the waterfront that they frequent. Mona is now losing money. They ordered this ferry, see attached, 12 months ago. Naked women as camo colors.
So we just keep plugging away. I pray that God will encourage you and others for praying over the enemies strongholds. Thanks for helping people to join in the fight Scott. I'm excited.
God bless you.
Pete.

----- Original Message -----
From: Scott Johnson
To: fishermanpete
Sent: Wednesday, December 26, 2018 2:30 PM
Subject: ++ Amazing First Hand Testimonials About This Anointing Oil

Pete:
I sent some of my little remaining oil (that I had made with olive oil and some of the essential oils mentioned in the Bible) to one of my listeners. This is the one I have had in front of my Bible CD player for about a year. See the attachment. This is what happened to him. This man (John) is a TI (targeted individual) he gets harassed virtually every day with guys waiting for him when he walks out his front door, to when he is driving, to interfering with like every aspect of his life.
TY & God bless!

Scott

From: Completly Supplied
Sent: Tuesday, December 25, 2018 1:47 PM
To: Scott Johnson
Subject: Thanks for the oil

Oil smells like heaven itself!!! I’m very impressed. . Just wanted u to see i got it.. bro for real this means so much!!! I immediately anointed my car and then i went inside my place and began to anoint all the doors and windows i then anointed myself and began to violently throw up after i felt as if a weight off my shoulders!! Bro within 2 min of applying the oil after commanding any evil spirits lurking in my flesh to come out and be bound, 2 min later i was running to the sink throwing up.. but felt major peace after this and then went forward with anointing all my windows and entrances to place and car
and wheels... all with prayer and healing i am blown away with how i puked it is such a major sign of
deliverance!!
Bro this is so sweet, it is going to protect and heal.. you could not give me a better gift!!! God bless ur
heart scott man god bless...
From: Completly Supplied
Sent: Wednesday, December 26, 2018 6:38 PM
To: Scott Johnson
Subject: Bro just in one day of use
And calling fire into the oil and its got sediment in it. The 2 pics can be compared the first pic is the
first day i got it no sediment... now bro its got what looks like gold flecks in it u put it over the light to
shine it through.... gold flecks.... whatever was done to this oil is brought with it power to drive out
devils... in one day of use i am seeing gold flecks in the oil.. nothing has been added to this oil.. i
have used it to drive out devils carry it with u in your pocket... im getting manifestations that are litterl
devils comming out of people they either run from me or try to attach themselves to me.. at which
point i command them in Jesus Name... also if the user of this oil has faith and is rooted in the word in
prayer, look the heck out, a whole new level with this tool.. i can feel the oil, its been clearly blessed
to drive out devils and break demonic possession clearly!!! Prayer and this is like heaping burning hot
tar on satan!!!

From: Allyson
Sent: Thursday, January 10, 2019 8:48 PM
To: Scott Johnson
Subject: Spiritual Warfare
Hi Scott,
So my husband and I listened to your audio this past Sunday. We set up the audio bible of Revelations and
started our oil with essential oils of Frankincense, Myrrh, Rose of Sharon, Rosemary, and Hyssop. Praying to begin
the anointing of our home in 7 days we feel our home needs a cleansing.
God Bless

From: Contending for Truth Website
Name Tim
Message Hello Brother Scott. Currently listening to your latest teaching on anointing oil and
I'm interested in this tool for spiritual warfare. One issue you discussed was getting the oil to
high places. As a drone enthusiast, I can confirm that a pint could be mounted along with a
valve to a DJI Phantom 4 and delivered to any water tower, cliff, roof etc.. Imagine the
coverage with four rotors blowing the anointing oil all over a target!
Thanks for all you do,
Tim Lenker

From: Contending for Truth Website
Name Stephen
Message Dr. Scott i just listened to your messages on anointing oil & feel convicted to do this to drive
out demons from loved ones & others. I would really want to make sure i am making it correctly. I
bought a bottle of virgin olive oil & two 9oz bottles off of ebay with caps. I am planning on pouring the
olive oil into the 2 empty 9 oz bottles & playing revelations 8 hours a day over the bottles. My question is do i have to buy frankincense oil to mix with the olive oil? Thank you for any help

From: Scott Johnson

No, that is optional but I just found this one which is a blend of a whole bunch of Biblical essential oils which would be great to add in: https://www.rockymountainoils.com/oils-of-the-bible.html I found another company but the prices were a lot more expensive.

13) Fasting: "But this kind does not go out except by prayer and fasting."
Matthew 17:21
Breaking Demonic Strongholds
by Bobby
"Not only did the fast enable the eviction of the demons, but I started to feel the presence of the Holy Spirit within."
I have been a Christian for less then a year and still deal with a lot of bondage due to a traumatic past which included a long list of foster homes. I had endured abuse and was raped at the age of five. The cruelty turned me cold and resentful causing me to become an abuser. This in turn resulted in a broken marriage, drug addiction, alcoholism, and a depraved sex life. In search of the answer I fell into the hands of cults who used brain washing and hypnotism. Their methods opened the doors for demonic activity. A friend prayed with me to break the result of this manifestation and bring me to a knowledge of Christ. There efforts were unsuccessful, after which fasting was suggested. I was told about the power and potency of prayer that can be obtained during a fast. Not only did the fast enable the eviction of the demons, but I started to feel the presence of the Holy Spirit within me. Exciting and wonderful things started to happen after the third day of the fast. God actually used me to help put a marriage back together. I could feel the Holy spirit directing me on what I must do and say. Now I fast regularly to keep my spirit attuned with the Lord.

Water Fasting
Juice Fasting
The Master Cleanse
Spiritual Fasting
Intercession And Fasting
Four Fasting Weapons
Fasting Scriptures
Fear Doubt Guilt
Smashing Meaningless Living
Inner Healing
The Fasting Slowdown
Growing A Healthy Hunger
In-Home Fasting Retreat
Preparing For Your Fast
Motive Is Everything
Length Of Fast
Tips For A Successful Fast
Making Fresh Juice
Fruit Juice Guide
Testimony by Randy Corbin

“I was able to hear from God better than ever before because my mind wasn’t cluttered with all the junk of a normal day.”

On Sunday my Pastor quoted Matthew 6:16 where Jesus said “When you fast,” with the emphasis on the word when, not if. He went on to say that biblical fasting has always been a part of Christianity just like prayer. So privately I decided to attempt a fast. Very few people who I talked to had ever fasted before. To be honest I was curious to see what would happen. I could not have imagined the remarkable journey I was about to initiate.

It all started with a six day fast. The first day wasn’t that bad and there were no ill effects. But I could see no gain from it either. The second day was harder, it sounded like there was a war going on in my stomach. I felt tired and had a panicky emotion about me. Towards the end of the third day my hunger pains were gone and that is when I started focusing on Christ and spent 4 hours reading my bible. Also I noticed my energy level had picked up and I really started feeling closer to Christ. On the fifth and sixth days I could feel the presence of God in things that I had never experienced before. I can remember sitting on a large rock out in a field and it was as if I could feel His presence even in the very rock. I ended my fast on the seventh day. I was at work but found a place where I could be alone with God. I served myself communion as my way of ending the fast. This first fast was only six days but I learned how fasting builds a relationship with God.

This small six day fast brought about questions. If I had gained so much from six days what would happen if I went further? A few months later my pastor gave me the chance to answer that question when he asked us to join him in a forty day fast. I said yes. I knew what the first week was going to be like but in the weeks that followed neither I nor anyone else in my church knew what to expect.

First, here are some of the physical changes that I experienced:

- When you fast parts of your body get a chance to rest. The liver, pancreas, intestines and other parts all but shut down. This allows them to not only rest and detoxify but also healing. During my second long term fast I was healed of diabetes. All the years of garbage that has been building up in my body was gotten rid of from end to end, which resulted in a feeling of better mental and physical health.
- I lost an average of 1/4 to 1 pound a day. I wanted to keep my fast a secret from most people but I didn’t want to lie to them either. If you drop 35-40 pounds in a little more than a month people are going to notice. I simple told them I was watching what I ate.
- Somewhere around the end of the second or third week my liver dumped its toxins and was passed in my stool about once a week. It was a very unpleasant smell.
- As body continued to purify itself there was a color change in my urine. This process continued during the length of the fast.
- All of my senses was multiplied. My sense of smell increased beyond belief. I can remember being able to tell one tree from another by its smell. Also things like perfume and deodorant actually became offensive as they were incredibly overpowering.
- My desire to eat went away.
- Noticed a strange odor coming from my breath.

What I gained spiritually was beyond description. You will feel closer to God than you ever have felt in your life. The desire to be alone with God will increase to an insatiable hunger. I was able to hear from God better than ever before because my mind wasn’t cluttered with all the junk of a normal day. I learned to know the presence of God in a way that becomes constant and personal. You will also learn how out of balance your spiritual life can become when it’s centered on the world.

Ending a long term fast can be physically challenging. Because of the great spiritual gain I actually found myself not wanting to eat again. If I learned anything from the fast it was to get alone with God regularly. If you want to boil biblical fasting down in a nutshell, it’s a time to draw near to God. During your fast you will have periods of great joy and battles of depression. These will teach things about yourself. These battles aren’t brought about because of your fasting but are made known to you through your fasting. When you end your fast you will notice that these battles are still there but you will have learned that your source of strength and hope comes from Christ alone. There may be pleasure in a jelly filled donut but it often masks something that is missing inside. If you get too many of these false thrills out of life you can start to rely on them for your comfort instead of Christ. Your spirit will grow during a fast but it is up to you to maintain its growth after the fast has ended. Fasting teaches how much junk we have in our lives that we don’t need.

Jesus said “when you fast”.

**Spiritual Warfare Basics – Attacking Your Worst Sins**

Posted: 15 Oct 2017 05:30 AM PDT
If you want to stop backsliding into sin, you need to use your spiritual weapons. In our prior installment, **How Do I Stop Sinning? Overcoming Your Worst Sins**, *Beginning And End* detailed a Biblical method for **removing your most pressing sins from your life**. In this article we will provide another Biblical strategy to truly attacking and conquering the sinful lusts that plague your life the most. If you truly want to stop the sins that you have such a tough time dealing with – the same sins that will make you question how you keep backsliding and committing them over and over again – God’s Word provides a model for resisting the temptation.

**The Temptation of Jesus Christ In the Wilderness – A Model for Spiritual Warfare**

When The Lord Jesus Christ commenced his earthly ministry, He was immediately tested in a direct confrontation with Satan:

“Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an hungered. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.” – *Matthew 4:1-4*.

- **The Devil Knows Your Weakness**

Do not doubt for a moment that the war you are in fighting is personal. The Bible calls the Devil a “…a roaring lion, walketh about, seeking whom he may devour..” (*1 Peter 5:8*). Satan wants to destroy you, your family and your testimony. So, it is no coincidence that you keep encountering situations that lead you down the same dark road of sin against God. Satan will tempt you where you are weakest. In the case of The Lord, it was no different.

**Fasting And Prayer – A Mighty Weapon In Spiritual Warfare**
"...appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly." – Matthew 6:18.

Many commentaries on the Matthew 4 account start by noting that Jesus would have been incredibly hungry at that time, making the temptation to supernaturally transform stones to bread that much more difficult to resist. However, while The Lord was indeed hungry, He was spiritually strong after 40 days of fasting. And that is the first weapon seen from this account: fasting and prayer. Too often we as Christians underestimate the dynamic power of fasting and the commands to do it as clearly stated in Scripture. When the prophet Daniel wanted to repent for the Israelites who were captive in Babylon for 70 years, he fasted:

"And I set my face unto the Lord God, to seek by prayer and supplications, with fasting, and sackcloth, and ashes: And I prayed unto the Lord my God, and made my confession, and said, O Lord, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments; We have sinned, and have committed iniquity, and have done wickedly, and have rebelled, even by departing from thy precepts and from thy judgments:" – Daniel 9:3-5.

When Queen Esther had to go before the King of Persia to try and save the Israelites there from a plot to exterminate them all, she told Mordecai that it was time to fast:

"Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish. So Mordecai went his way, and did according to all that Esther had commanded him." – Esther 4:16-17.

Knowing her life was on the line this courageous woman made sure the proper spiritual preparation was carried out before her mission for God's people.

Fasting demonstrates your sorrow over your sin. It is a plea to God’s mercy by showing that bread alone will not satisfy or sustain us. It is only God’s Spirit that can bring change and fasting is a humble, remorseful acknowledgment of this truth to the Creator.

Fornication, adultery, racism, pornography, anger, or jealousy are powerful temptations that can leave us feeling ashamed, dejected and hopeless. Have you ever fasted to stop sexual sin in your life? Have you ever fasted to repent for the pain you have caused others because of sins you keep repeating? If you want to break the cycle of sin in your life fast and pray for God's mercy and strength to no longer be a slave to sinful rebellion.

"Therefore also now, saith the Lord, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: And rend your heart, and not your garments, and turn unto the Lord your
God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil. — Joel 2:12-14.

Memorize Targeted Scripture

Memorizing Scripture helps us refocus on God and destroy sinful thoughts. "Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.” — Matthew 4:5-7.

At each of the 3 temptations from Satan – The Lord Jesus Christ responded by quoting the Bible. Memorizing Scripture is one of the most powerful ways to build up spiritual strength, focus on God’s Word and feed your spirit over your rebellious flesh. But notice that in each challenge The Lord responded to Satan with a verse that specifically addressed the temptation before Him.

If you are serious about removing a sin in your life, memorize the verses of Scripture about that specific temptation. Search the Bible for accounts of those believers before us who faced those challenges. There are many online and mobile resources to help you find verses by category or search term and apps that can help you memorize them.

Do you want to stop acting out in anger? Memorize 10 of the many verses in Scripture about anger and wrath. Do you want to cleanse your mind of sinful, perverse thoughts? Fill it with the many passages on purity and chastity. The Book of Ephesians says that when Christians put on their spiritual “armor of God” that you are to carry: “…the sword of the Spirit, which is the word of God.”
Study and memorize the verses that address your worst temptations and sharpen your sword, Beloved.

**Do Not Let Pleasing Others Keep You In A Sinful Rut**
Sometimes serving God means missing out on the glory and popularity of the world. "Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; And saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve." – Matthew 4:8-10.

Satan literally offered Jesus the opportunity to rule the world. It was the ultimate diversion tactic – the chance to be King on Earth without going to the cross – which was Christ’s mission. The only way to combat this offer was to see the world with the Heavenly perspective – not the world’s. It is God and God alone we worship, not Satan.

Now we may never have the same offer but know that many eliminating sins in many instances comes with a social cost. You may not be able to hang out at the same places or associate with the same people. It may mean you are not as cool or “lit” in the eyes of your friends on social media. It may lead to broken friendships. It may mean ending a sinful intimate relationship. Standing for Christ may lead others to despise you unjustly. And these are the temptations of worldly “glory” the Devil wants to use to keep you in sin.

In these battles, stand on God’s promises. When you are born again with the Spirit of God indwelling you, you are in this world but not of this world. You are here to serve, glorify and magnify the King of Kings, and Lord of Hosts, Jesus Christ. The Precious Redeemer who saved you from Hell. Do not let the peer pressure and worldly benefits hold you back from obeying God. Do not let the opinions of the unsaved scare you into conforming to the world in sinful pride. Use “the shield of faith.”

“Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness? And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? “And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people. Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you. And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty." – 2 Corinthians 6:14-17.

You can have friends who are unsaved. You can participate in activities with those who are not believers. But do not let their actions, words or views bring you into rebellion against The Lord.

**Fight the Good Fight Against Your Sin**
You are never alone in your fight against sinful temptation. “Then the devil leaveth him, and, behold, angels came and ministered unto him.” – Matthew 4:11.
In all these struggles, remember that you are not alone. God will be there to strengthen you and comfort you. But it is our task as believers to give God space in our lives for His Spirit to work and bring the change we need. To be our strength, when we are weak. If you are sorry for your sin – repent. Fast and pray, study your Bible and commit to heart and live with the faith and perspective of a child of God and not the world.
“Submit yourselves therefore to God. Resist the devil, and he will flee from you.” – James 4:7.

Footnote

by

Ron Lagerquist

War on the Saints

by Jessie Penn-Lewis, with Evan Roberts
World Wide Web Edition (Based on Unabridged 1912 Edition)
For the free download go to: http://www.apostasynow.com/downloads/

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How Do I Stop Sinning? Overcoming Your Worst Sins
June 2, 2013 By Beginning and End 3 Comments

We cannot stop sins on our own. But through Jesus Christ all things are possible.
Why Do I Keep Sinning? How Do I Stop Sexual Sin? What Are Ways to Stop Backsliding?

Overcoming Your Worst Sins The Biblical Way

These are all valid questions that Christians face. No matter where you live, your age or your background, all Christians will be tried and tested with sin in their lives. Living in a world full of sinful temptation makes the battle for Christian purity that much tougher. But the Bible of course, holds the solution to battling and in some cases, eliminating certain sins in your life. This article will explore one of the methods to overcoming your worst sins and keeping them away for good.

The story of King Josiah is a remarkable account of spiritual revival and re-dedication to God in a time of deep sin. Josiah, who became King of Judah at age 8 after his father King Amon was assassinated, led a sinful nation back to holy living and a right relationship with the Lord. Through his actions, a pattern emerges that every Christian can apply to help overcome sin.

Know Your Condition

"for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart." – 1 Samuel 16:7.

Josiah’s grandfather, King Manasseh, was one of the worst, most wicked Israelite kings of all time. The king was the spiritual leader of the nation and Manasseh’s reign was one of the lowest points for pure evil, rebellion and satanic behavior:

And [King Manasseh] did that which was evil in the sight of the LORD, after the abominations of the heathen, whom the LORD cast out before the children of Israel. For he built up again the high places which Hezekiah his father had destroyed; and he reared up altars for Baal, and made a grove, as did Ahab king of Israel; and worshipped all the host of heaven, and served them.

And he built altars in the house of the LORD, of which the LORD said, In Jerusalem will I put my name. And he built altars for all the host of heaven in the two courts of the house of the LORD. And he made his son pass through the fire, and observed times, and used enchantments, and dealt with familiar spirits and wizards: he wrought much wickedness in the sight of the LORD, to provoke him to anger. And he set a graven image of the grove that he had made in the house, of which the LORD said to David, and to Solomon his son, In this house, and in Jerusalem, which I have chosen out of all tribes of Israel, will I put my name for ever: – 2 Kings 21:2-7.

This list is staggering for the amount of evil Manasseh had fallen into. He built altars of worship to the false gods of the Canaanites, Israel’s enemies. He worshiped Baal, one of the chief pagan gods of that time. In the temple of God, the holiest place in all of the world, he set up altars to worship
demons and fallen angels. The King consulted with wizards and communicated with “familiar spirits”, which were demons that impersonated the dead. He even took a graven image of a false god and placed it inside the temple, the very place where God Himself would reveal His presence once a year. On top of all this, Scripture tells us that he performed an occult ritual sacrifice of his own son, causing him to “pass through the fire” or burning his child alive as an offering to a pagan god. This man’s evil is stunning and the Bible says he “led the nation” in performing evil.

Amon, the son of Manasseh, continued all of the evil of his father and reigned only 2 years before being assassinated. And this was the state of the Kingdom of Judah when Josiah took the throne. God’s chosen people, the Israelites, had fallen deep into rebellion. And this is a picture of how far a Christian can fall today. Thought a Christian is not committing the same sins as Manasseh, they can fall into rebellion from the “small sins” in life. The first step to stopping sin is to recognize it. Lying, stealing, being covetous and blasphemy are all evil in the sight of the Lord just as worshiping a pagan god. Sexual sins – whether it be pre-marital sex, watching pornography, adultery or lusting for another person who is not your spouse, are all sins that are can pull a person into a feeling of addictive behavior, where it seems like there is no way to stop the urges to disobey the Lord.

The internet can be a gateway to sinful temptation. The Bible says with regards to sexual sin:

**Flee fornication.** Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body. What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? – 1 Corinthians 6:18-19.

If you are a born again Christian, your body is literally the temple for the Holy Ghost, who you received at the moment you believed in the Lord Jesus Christ. Notice that the Apostle Paul explains this concept in the context of sexual sin. Fornication, which is sexual activity outside of marriage, is just as sacrilegious and disrespectful to the temple of God as Manasseh setting up satanic altars. How have you treated the temple of the Holy Ghost? Have you protected your body from sin? Have you kept it pure from demonic and satanic influence? Have you kept your eyes and mind away from sinful sexual imagery and thoughts? Have you used your body to seduce others into evil? We all have committed these sins in one form or another. So understand that The Lord sees this as pure rebellion against Him and will judge any Christian who is committing such sin. Thankfully, Scripture provides an example in King Josiah of how to get out of this sinful state.

Put your focus on The Lord
Getting deeper into God’s Word will help avoid sin.
And [King Josiah] did that which was right in the sight of the LORD, and walked in all the way of David his father, and turned not aside to the right hand or to the left. And it came to pass in the eighteenth year of king Josiah, that the king sent Shaphan the son of Azaliah, the son of Meshullam, the scribe, to the house of the LORD, saying, Go up to Hilkiah the high priest, that he may sum the silver which is brought into the house of the LORD, which the keepers of the door have gathered of the people: And let them deliver it into the hand of the doers of the work, that have the oversight of the house of the LORD: and let them give it to the doers of the work which is in the house of the LORD, to repair the breaches of the house.. – 2 Kings 22:2-5.

Despite the rampant sin around him, Josiah was seeking God. He walked “in all the way of David his father”, meaning he was not going to serve false gods, but only worship the true and Living God of the Bible. And he wanted to repair the temple, that had was neglected and damaged over the years of his father’s and grandfather’s reign. In order to overcome sin, a Christian has to acknowledge it and have a heart to get right with God. If you are reading this article, that is a sign that you want to remove sin from your life. [B&E: And this article is specifically for those who are born-again Christian believers, whose sins, past, present and future are already forgiven. If you are not 100% sure that you are going to Heaven when you die, please see our Gospel page first].

Repent
Confess your sins to God and pray for His Spirit to continue to work in your life.

And Hilkiah the high priest said unto Shaphan the scribe, I have found the book of the law in the house of the LORD. And Hilkiah gave the book to Shaphan, and he read it... And Shaphan the scribe shewed the king, saying, Hilkiah the priest hath delivered me a book. And Shaphan read it before the king. And it came to pass, **when the king had heard the words of the book of the law, that he rent his clothes.** And the king commanded Hilkiah the priest, and Ahikam the son of Shaphan, and Achbor the son of Michaiah, and Shaphan the scribe, and Asahiah a servant of the king’s, saying, Go ye, enquire of the LORD for me, and for the people, and for all Judah, concerning the words of this book that is found: **for great is the wrath of the LORD that is kindled against us,** because our fathers have not hearkened unto the words of this book, to do according unto all that which is written concerning us. — 2 Kings: 22:6-13.

The Kingdom was so far gone into sin that “the book of the law”, the first 5 books of the Bible (which was the entire Bible for Jews at that point in history) was lost! There were no Bibles in use at all in the Kingdom of Judah. The High Priest happened to find a copy of one during the temple reconstruction project. Josiah at this point was 23 years old and had never even read the actual words of the Bible. But when he heard it, **he immediately repented.** He understood just how sinful the nation had been and how much of God’s wrath was kindled against them. Where there is sin, there must be repentance. Do not hesitate to get into prayer and confess your sins to God.

Scripture is clear: **“If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”** (1 John 1:8-9).

Frequent, repeated sin is almost always a sign of lack of time spent in Scripture and prayer. Some Christians have several Bibles in their home, but without reading them regularly, the “book of the law” is just as lost as it was in the days of Josiah. Commit to daily Scripture reading as a way to strengthen your walk, prepare your mind for battling temptation and to increase your faith. As the Book of Romans says: **“So then faith cometh by hearing, and hearing by the word of God.”** (Romans 10:17). **You cannot change your behavior on your own.** Every person, Christian included, has a sin nature that continues to desire sin as long as we are in our earthly flesh. But it is The Lord who has changed you through faith in Jesus Christ and will continue to work on you through the presence of the Holy Spirit within you.

The refining of a Christian is a **supernatural process** and trying to use “willpower” or “determination” alone will lead to failure. It is The Lord who works change in us and seeking Him daily is essential to living for Him. Jesus Christ taught: **“the words that I speak unto you, they are spirit, and they are life.”** (John 6:63). Fill yourself with God’s Spirit! Reading the Bible daily and praying several times a day make it very, very hard to live a wild life of constant sinful rebellion. It is God’s Word that will increase your faith, convict you of sin and bring you to repentance and seeking forgiveness from The Lord.

Now some people at this point may say “**I do these things. I acknowledge my sin. I truly feel bad when I commit them and I confess them to God. But yet, I still fall back into the same old sinful habits.**” Well beloved, understand, that Josiah was just getting started in his battle against sinful rebellion and so are you.

**Commit To Live Holy**
Removing sinful behavior from our lives is our reasonable service. And the king sent, and they gathered unto him all the elders of Judah and of Jerusalem. And the king went up into the house of the LORD, and all the men of Judah and all the inhabitants of Jerusalem with him, and the priests, and the prophets, and all the people, both small and great: and he read in their ears all the words of the book of the covenant which was found in the house of the LORD. And the king stood by a pillar, and made a covenant before the LORD, to walk after the LORD, and to keep his commandments and his testimonies and his statutes with all their heart and all their soul, to perform the words of this covenant that were written in this book. And all the people stood to the covenant.

And the king commanded Hilkiah the high priest, and the priests of the second order, and the keepers of the door, to bring forth out of the temple of the LORD all the vessels that were made for Baal, and for the grove, and for all the host of heaven: and he burned them without Jerusalem in the fields of Kidron, and carried the ashes of them unto Bethel. - 2 Kings 23:1-4.

Josiah made a commitment to live for God and stop the cycle of sinful rebellion that was plaguing the nation. And the foundation of that was The Word of God. The King gathered the entire nation and read them the Bible as the opening of his pledge to lead the people in living for The Lord. Notice he did not make the commitment in private. He made it publicly. Are you ready to stop sinning? Tell people. You do not have to tell them all of your business, but you should let your family and friends know that you have committed to living holier and no longer sinning in the ways you have in the past. This not only holds you accountable to those around you, it is a way to serve as a witness of the Gospel of Jesus Christ. As a Christian, your life is your testimony. How you live can affect the ways those around you see the Christian faith. What do those close to see as your Christian testimony? Josiah followed up his commitment by destroying the vessels made to false gods that were in the temple. This is yet another challenging aspect of overcoming sin. Whatever objects in your life that help contribute to your sinful behavior need to be removed from your life. If it is sinful music or DVDs, throw them away. If they are pornographic or inappropriate websites, have someone place a password-coded filter on your computer that can block the websites you do not want to go too (or just remove the electronics altogether). If your temptation is New Age books or occult-themed entertainment, get rid of them. It may be alcohol or drugs which may require more intense methods such as a hospital or rehabilitation center, but the first step is getting rid of your “supply.” Similarly, if there are places that lead you into more temptation, whether it is a strip club, a certain person’s home, parties, the shopping mall, Facebook, a bar or night club, then cease from them. Galatians 5 explains how critical this spiritual battle is to the Christian life:
For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. But if ye be led of the Spirit, ye are not under the law. Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God... And they that are Christ’s have crucified the flesh with the affections and lusts. – Galatians 5:17-24.

As long as we are still in our sinful flesh bodies, we have a constant war between our born again Spirit, which only seeks to serve God and the sinful lust that remains in us. And if you are of Christ, the command is to “crucify the flesh” – or in other words, destroy the sinful ways in your life. But notice that same verse commands the crucifying of the “affections and lusts” as well. And this is where more of a challenge comes in – are you ready to stop sinning backsliding? Do you really desire it enough to stop going to the places that lead you into sin? This is what the Bible commands Christians to do who want to live after the Spirit and not the flesh.

Living for God is not just about resisting temptation to sin – it is also about avoiding the temptation altogether. 2 Corinthians 10 says: “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds. Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;” The easiest way to get rid of sinful imaginations and bring your thoughts to be more Christ-like is to find the things that are defiling the temple that is your body and remove them from your life.

This I say then, Walk in the Spirit, and ye shall not fulfill the lust of the flesh. – Galatians 5:16.

Get Rid of Your Idolatrous Priests

Certain friends are always ready to lead you back into sinful behavior.

And he brought out the grove from the house of the LORD, without Jerusalem, unto the brook Kidron, and burned it at the brook Kidron, and stamped it small to powder, and cast the powder thereof upon the graves of the children of the people….And he put down the idolatrous priests, whom the kings of Judah had ordained to burn incense in the high places in the cities of Judah, and in the places round about Jerusalem; them also that burned incense unto Baal, to the sun, and to the moon, and to
the planets, and to all the host of heaven...And he slew all the priests of the high places that were there upon the altars, and burned men’s bones upon them, and returned to Jerusalem...

Moreover the workers with familiar spirits, and the wizards, and the images, and the idols, and all the abominations that were spied in the land of Judah and in Jerusalem, did Josiah put away, that he might perform the words of the law which were written in the book that Hilkiah the priest found in the house of the LORD. – 2 Kings 23:3-24.

Many of the toughest sins to overcome involve other people. Whether it is a someone from a relationship that involves fornication, friends who lead you into sinful behavior, someone you enjoy gossiping about others with or maybe fellow gang members, there is no shortage of people in one’s life who can serve to pull you away from following the Lord Jesus Christ and instead serving sin. There are even people you may not speak to who lead you into sinful thoughts whether they be sexual, feelings of envy, racist hatred or mockery. King Josiah was well aware of the many people who were assisting Satan in providing temptation into evil and made it his mission to remove every last person who was leading the nation into sinful rebellion and idolatry. This was not a casual effort. Josiah traveled the nation removing and in some cases killing those wicked priests. And this of course is an example for our own lives, that while we should not harm anyone who leads us into sin, we should certainly no longer have them as major factors in our lives.

Again, the question arises: are you serious about overcoming your worst sins? If so, then the people in your life who participate, contribute or help lead you into rebellion against God should not be so influential in your life. If this sounds extreme, it should beloved. Look at the extreme lengths that Josiah went to in order to reconcile his nation back to God and end the downward spiral of sin. Friends can be a major influence in leading a Christian into rebellion. So if they are a major source of continuing in your worst sins, limit the interaction with those people. Share the Gospel with those friends and let them know you have no desire to participate in those sinful acts with them anymore. If the pressure from those friends is too great to bear, then cease from spending time with them.

In some cases you do not have to, or sometimes cannot, disassociate with people. If there is a family member who you are angered with, cannot stand or leads you into sin, reconcile with them. If this is not possible at present, then try to limit interaction with that person. If it is your own spouse that is driving you to extreme anger, bitterness and resentment, forgive them. God has forgiven you for all of your worst, most evil sins and thoughts, without condition. And you are to forgive in a similar fashion. Ephesians 4 says: “If so be that ye have heard him, and have been taught by him, as the truth is in Jesus: That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness... Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.” The things or people who arouse sinful desires in us are “places” for the Enemy to gain a foothold and introduce more temptation to commit that sin. The reader would do well to remove them to the best extent possible.

If you are in a sinful dating relationship and think: “I love my girlfriend/boyfriend. How am I supposed to just end our relationship?”, there is a simple solution: marry them. The Bible says: “Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband...for it is better to marry than to burn.” (1 Corinthians 7). If you are so attached to a person who you are in a sinful sexual relationship with, the Bible commands you to get married. If you are not ready to marry that person, then you are just using the relationship to serve your own
rebellious lusts and it should be ended if it cannot be kept holy (as in dating without fornication). Jesus Christ said: "He that loveth father or mother more than me is not worthy of me: and he that loveth son or daughter more than me is not worthy of me. And he that taketh not his cross, and followeth after me, is not worthy of me." (Matthew 10:37). Putting relationships with people who lead you into sinful behavior over your relationship with the Lord and Savior Jesus Christ is on par with not taking up your cross to follow Him. So again, the question is, are you serious about overcoming your sin? If the answer is yes, the steps from Scripture are clear.

Call Upon The Lord

“I sought the Lord, and he heard me, and delivered me from all my fears...This poor man cried, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encampeth round about them that fear him, and delivereth them.” – Psalm 34:4-7.

When you find the temptations of challenging sins returning, call upon the name of Jesus Christ. Pray to God for help with that specific sin in your time of testing. 1 Corinthians 10 says: “There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.” In any sinful temptation that seems too hard to resist, pray to The Lord for that escape at the time you are experiencing the temptation. King David, after falling deep into the sin of adultery and murder said: “Create in me a clean heart, O God; and renew a right spirit within me.” Pray for a right spirit when Satan challenges you.

The Blessing

“[God] he is a rewarmer of them that diligently seek him.” – Hebrews 11:6.
Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But his delight is in the law of the LORD; and in his law doth he meditate day and night. – Psalm 1:1-2.
When a man’s ways please the LORD, he maketh even his enemies to be at peace with him. – Proverbs 16:7.
Thus saith the LORD God of Israel, As touching the words which thou hast heard; Because thine heart [Josiah] was tender, and thou hast humbled thyself before the LORD, when thou hearest what
I spake against this place, and against the inhabitants thereof, that they should become a desolation and a curse, and hast rent thy clothes, and wept before me; I also have heard thee, saith the LORD. – 2 Kings 22:8-9.

The Kingdom of Judah was so far gone into sin, that God had declared a judgment against them to punish the people for their evil. However, because of Josiah’s amazing efforts to cleanse the nation of its sin and remove the places of evil in the land, The Lord provided a reprieve of His judgment for the entire life of the young King. The entire nation was spared God’s wrath for years, providing more people time to repent. Christians today can avoid the chastening of God by living for Him and showing how serious you are about removing the worst, most difficult sins in your lives. Jesus Christ said: “If the Son therefore shall make you free, ye shall be free indeed.” You can be freed from the bondage of sin. You can conquer lustful desires. But it is done through the power of Jesus Christ. And in your efforts, you will continue to be blessed by The Lord.

There is no sure-fire way to remove all the sins in your life. The account of Josiah is just one of many examples in Scripture that show that individual sins can be conquered. Before being saved, the Apostle Paul spent years hunting down Christians, delivering them for punishment and execution. And it took one encounter with Jesus Christ to bring that horrible sin to an end. The Apostle Peter denied even knowing who Jesus Christ was three times and then went on to proclaim the name of Christ to the point that he was killed for being so outspoken. Did they ever sin again? Of course. The great men and women of the Bible were just human beings going through the same daily fight against sin like we all do. But through Jesus Christ they did overcome certain sins and were blessed for deciding to live for God over living for the world. God will bless you for committing yourself to battle against sins that are plaguing you. And while every Christian (this author included) will continue to sin as long as we are alive in these earthly bodies, we can trust and know that God will forgive us and give us strength and faith to fight even harder.

http://beginningandend.com/how-do-i-stop-sinning-overcoming-your-worst-sins/