



## **End Time Current Events-12-2-19**

**Dr. Johnson's Main Website at:** <http://contendingfortruth.com/>

**Email:** [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

**Free Gift:** [Salvation & the TRUE Gospel/Good News!](#)

### Table of Contents:

- **+1+ Poland Takes A Stand: "Jesus Christ Is Lord Of Our Country"**
- **This Happens in the Unseen World When We Fast and Pray**
- **Witchcraft in Central Texas: What is it really and why is it getting more popular?**
- **Very powerful prayer against Witchcraft...with fasting even more powerful**
- **CALIFORNIA TO FORCE INTERNMENT & SEIZE ASSETS OF HOMELESS**
- **Flashpoint Ahead! The 'Gun Control Master Plan' & Push For The 'Final Execution Of The US Constitution & Bill Of Rights In One Fell Swoop' Are On Display For All To See In Virginia - Yes, Virginia, There Is An Agenda To Confiscate Your Firearms & The People Are Already Revolting!**
- **+2+ Virginia Democrats Bill To Ban Everything About The 2<sup>nd</sup> Amendment!!**
- **Tyranny Alert: Virginia to Outlaw Krav Maga, Brazilian Jiu Jitsu, Kickboxing, Tai Chi, Firearms Instruction & Self-Defense Training Under Proposed Law SB64**
- **Donald Trump Is The Most Anti-Gun President In History!!!**
- **"Coincidentally" Former Deutsche Bank Exec Connected to Trump Loans Dies by Suicide in Malibu & isn't the first Trump-connected Deutsche exec to commit suicide**
- **Newest Creepy JOE BIDEN Speech: He Loves KIDS (ROACHES) JUMPING ON HIS LAP & RUBBING HIS HAIRY LEGS**
- **The Feds Will Come Knocking at Your Door After You Buy This With Your Credit Card! Patriots Beware!**
- **A Warning From South Africa--So all the calls for increased gun laws? THEY DO NOT WORK--South Africa's laws have become so draconian that law abiding citizens who wish to defend themselves have to apply for a license for a specific firearm**
- **American Life Expectancy Dropping Dramatically Thanks to White Working Class Male Suicides**
- **+3+ What Will Thanksgiving 2021 Look Like?**
- **"RED" ALERT!!! Food Is the Weapon of Choice for All Communists: Treat This Thanksgiving As If It's the Last**
- **The Biblical Remedy for the Coming Food Shortages--What the Bible Says About Preparation Regarding the End-times**
- **"700+ Doctors Were Given Over \$1M Each From Big Pharma to Push Drugs and Devices"**

- The Supplement Industry Is Horribly Tainted With Prescription Drugs & Even Steroids in Some Instances!
- Listener Question: What supplements (if any) do you recommend for male hormonal health?
- Listener Question: Do you have any recommendations for improving male fertility, sperm count and motility?
- Chemical Gender Manipulation: Turning boys into girls. Warning: This article is not politically correct

---

**++ List of Current Event Prayer Points:** For Gods intervention with the CA wildfires & Directed Energy Weapon attacks and all the wicked plans surrounding this to be destroyed, For the Defense, Protection and Victory of all Christians worldwide (especially the persecuted) & also all the Targeted Individuals (TI's) Worldwide, Against Project Pogo & Project Zyphr that would result in the "extermination" of tens of millions of awake Americans, That President Trump Would NOT approve the Equality Act or any evil law, Against All Planned Pandemics Plagues, Against the Exploding GMO Weaponized Tick & Mosquito Populations, Against the Forced Vaccination Mandates, Against The Illegal Alien/Terrorist/Embedded Solider Caravans Coming up through the US southern border & already on America Soil, Against the 5G & 6G Rollout & the 42,000 Satellites Being Launched Sending Intense Microwave Radiation Over Entire Earth—2020 is when this really gets cranked up, For All Christians to wake up and spread the gospel and push back against all their freedoms being taken away, Against the slaughter of Christians worldwide, Against all the witchcraft being done worldwide to perpetuate and bring in more evil, death and destruction, Against the 'Internet Kill Switch' implementation, against the plans & wickedness of high level politicians, For President Trump to do the right thing and enact righteous laws and appoint righteous people, Against mandatory vaccinations being implemented and that the truth would come out about them, for the masses to get saved and have eyes to see, ears to hear and hearts to receive the truth, Against The Full Implementation of Real ID in 2020, Against the South African Genocide of Whites, For God to neutralize & stop the Fukushima Nuclear Radiation Contamination & Nuclear Radiation Reactors Breaking Down Worldwide, Against the Big Brother Draconian Changes Taking Place Worldwide, Against Further Vote Rigging, For Stoppage and Exposure of the Latin American, Chinese, Russian and Muslim 5<sup>th</sup> Column Sleeper Cell Solders imbedded in America, For Stoppage and Exposure of the Muslim Invasion of Europe, America and Canada, For the eradication of CERN and all the other 30,000+ particle colliders worldwide & the eradication of the D-Wave Quantum Computers, The eradication and exposure of all Pedovore, Pedo-predator & all Child Sex trafficking networks worldwide, Against LGBTQ movement and against the normalization of all child molestation and sexualization of teens, children & babies, For the protection of all infants, children, teenager and adults caught in all evil networks, For the eradication of all adult and child pornography, bestiality pornography and snuff film sources and businesses, For the Supreme Court to overturn Roe v. Wade, For the eradication of all abortion clinics & Planned

Parenthood centers worldwide & the stripping of all the powers of witchcraft from their owners and employees, For the eradication worldwide of all Chemtrail programs, Nexrad Doppler Ultrasound weather manipulation, NASA's Blastwave Accelerators & all DEW's (Directed Energy Weapons) causing the fires worldwide, For the eradication worldwide of all planned deep state & Muslim false flag events—Against the wickedness being openly promoted by the Democrat party and ALL Democrats running for president—Against the wickedness being perpetuated by Hollywood, Netflix, Amazon, Google, Facebook, Twitter, Instagram, YouTube and all the tech giants and the dominant streaming content producers—Against the pop culture rock and rap music industry—Against the wicked factions of Modern medicine & the pharmaceutical & vaccine industry—Against the Vatican, Pope and Catholicism—Every level of government that has by hijacked by wickedness—Against the global banking cartels and the 13 families of the Illuminati—Against the wicked factions of the public universities and public schools.

**++ In 1981 William Casey (CIA Director) Told the Newly Elected President Ronald Reagan: "We'll know our disinformation program is complete when everything the American public believes is false"?**

**Ephesians 5:11, 13-16:** "And have no fellowship with the unfruitful works of darkness, but rather reprove them. But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil."

The **1828 Noah Webster Dictionary** defines:

**Reprove:** To blame, to convince of a fault, or to make it manifest, to excite a sense of guilt.

**Circumspectly:** Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

**Matthew 24:24:** "...if it were possible, they shall deceive the very elect."

**II Corinthians 2:11:** "Lest Satan should get an advantage of us: for we are not ignorant of his devices."

**II Chronicles 7:14:** "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

**Psalms 101:3:** I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.

**Psalms 11:5:** The LORD trieth the righteous: but the wicked and him that loveth violence his soul hateth.

**1 Cor 15:33:** Be not deceived: evil communications corrupt good manners.

**Lexicon Strong's G3657--Outline of Biblical Usage of the Word:**

**"Communications":** companionship, communion

**+1+ Poland Takes A Stand: "Jesus Christ Is Lord Of Our Country"**

**Play:** <https://youtu.be/qljtknCTORI?t=13>

Related:

[Here's why Poland takes in millions of migrants... just not Muslim ones](#)

---

**This Happens in the Unseen World When We Fast and Pray**

**Play:** <https://youtu.be/cmpRBETOUrI>

---

**Witchcraft in Central Texas: What is it really and why is it getting more popular?**

**Play Video Here:** <https://www.kcentv.com/article/life/witchcraft-what-is-it-really-and-why-is-it-getting-more-popular/500-fa3c78d5-d054-4dc5-86bb-332f553dd2f3>

**Comment: This is from my listener/deliverance minister in Tasmania.**

----- Original message -----

**From: fishermanpete**

***This is a very powerful prayer against Witchcraft.. with fasting even more powerful..*** *This prayer can shut down Witches and Satanists forever. Being that this prayer basically shuts down the senders of the hexes and vexes by returning their evil to them sevenfold.. I turned this prayer into a blessing that they would need to turn to Jesus for there own curse to be removed.. This would be saving them from HELL and being saved from HELL is a blessing.*

*Father, In the name of Jesus Christ of Nazareth, I plead the precious uncorruptable blood of Jesus over myself and my family and everything that belongs to us. I ask for giant warrior Angels to be loosed from Heaven to surround and protect us. As your war club and weapons of war I break down, undamn, and blow up all walls of protection around all witches, warlocks, wizards, satanists, and the like, and I break the power of all curses, hexes, vexes, spells, charms, fetishes, psychic prayers, psychic thought, all witchcraft, sorcery, magic, voodoo, all mind control, jinxes, potions, bewitchments, death, destruction, sickness, pain, torment, physic power, psychic warfare, prayer chains, and everything else being sent my way or my family members way, and I return it and the demons, devils, evil entities and fallen angels to the senders right now!, SEVENFOLD, and I BIND it to them by the blood of Jesus!*

*Father, I pray that these lost souls will find the light of your Son Jesus.. Their own snares and traps have been set against themselves.. In the name of Jesus Christ of Nazareth I now loose them from all mind control of Satan!.. Father I also ask that you Bind the Holy Spirit to their hearts as a guide to your Son Jesus.. So they may be set free from the bondages of Satan.*

*In Jesus name I pray..Amen*

---

**CALIFORNIA TO FORCE INTERNMENT & SEIZE ASSETS OF HOMELESS**

01 December 2019-- **A new state law would allow the state to forcefully “conserve” people with mental illness.**

**This means if you are homeless and determined to be not “self sufficient” the state can detain you and seize and control your finances, until you prove yourself to be “self sufficient.”**

**In one town, Redding, they have proposed this in a letter sent to Governor Gavin Newsom demanding "state of emergency" powers. This would allow them to essentially detain any person who is “unhoused” and take control of their finances.**

**While California as a whole is a fairly leftist state and Democrats have proposed a state law to “conserve” the homeless,** Redding is in a Republican district.

They say that California is the future of the United States; I hope not.

**Play:** <https://youtu.be/RfRT9zDudq0?t=97>

<https://haltturnerradioshow.com/index.php/en/news-page/news-nation/california-to-force-internment-seize-assets-of-homeless>

---

**Flashpoint Ahead! The 'Gun Control Master Plan' & Push For The 'Final Execution Of The US Constitution & Bill Of Rights In One Fell Swoop' Are On Display For All To See In Virginia - Yes, Virginia, There Is An Agenda To Confiscate Your Firearms & The People Are Already Revolting!**

Following the tidal wave of illegal immigration that turned the normally 'deep red' state of Virginia into 'solid blue' on November 5th, Virginia's governor Ralph Northam wasted no time in showing the Democrats true agenda for 2020 and into the future with Virginia Democrats already proposing Senate Bill 64.

As the AR15 Forum reports, **should SB-64 pass, they'll soon be going after not only gun training classes but 'patriots' and 'the militia', and law abiding American citizens.**

With Democrats in Virginia going so far as to 'prefile' Senate Bill 64 on November 21st before it will be officially offered to the 2020 legislature there on January 8th of 2020, as we see in the excerpt from this AR15 Forum story below, if Democrats have their way in Virginia, being in a militia in Virginia could effectively be banned there.

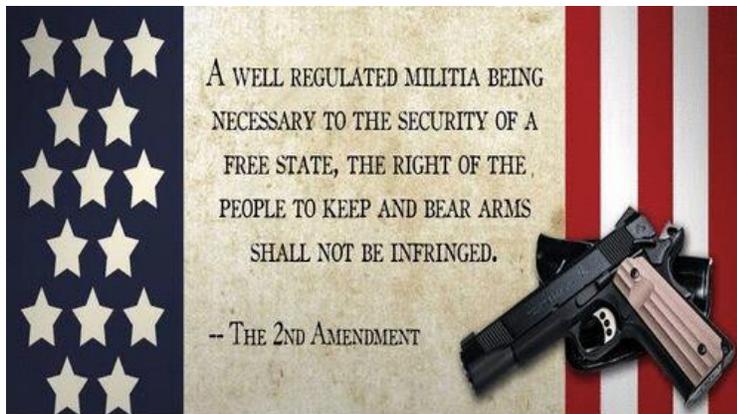
Yet as Breitbart pointed out in this November 23rd story, **Virginia Counties are wasting no time countering the Democrat agenda, declaring their counties to be '2nd Amendment Sanctuary' counties as seen in the map at the top of this story, and setting Virginia and America up for a showdown ahead.**

With this November 8th story at the NC Renegade titled "Hey Virginia - Molon Labe" (written just days after the election and nearly a full 2 weeks before SB-64 was 'prefiled' in Virginia!) **warning that governor Ralph Northam had confirmed the state was 'working on' a gun confiscation program.**

**Northam mentioned universal background checks, banning the sale of assault weapons and high-capacity magazines, restoring the law that limits purchases to one gun a month, and a red flag law that would empower a court to temporarily remove a gun from a person deemed to be a risk to himself or others.**

**"We will at least start with those," he said.**

So with the state of Virginia giving us a look at what the national Democrat agenda will likely be in 2021, should they win the presidency in 2020, their will be 'gun confiscations' and further demonization of law abiding American citizens if they are 2nd Amendment supporters. Patriots or militia members high on their list along with the vilifying of Christians and Conservatives.



The following excerpt which comes to us from [this story over at Gun Rights Watch](#) titled **"Virginia Has Become An Overnight Tidal Wave Of Second Amendment Sanctuaries - The sudden flood of resolutions to protect gun owners will soon envelop most of the state"** shows us just how quickly Virginian's have revolted against future government tyranny there with

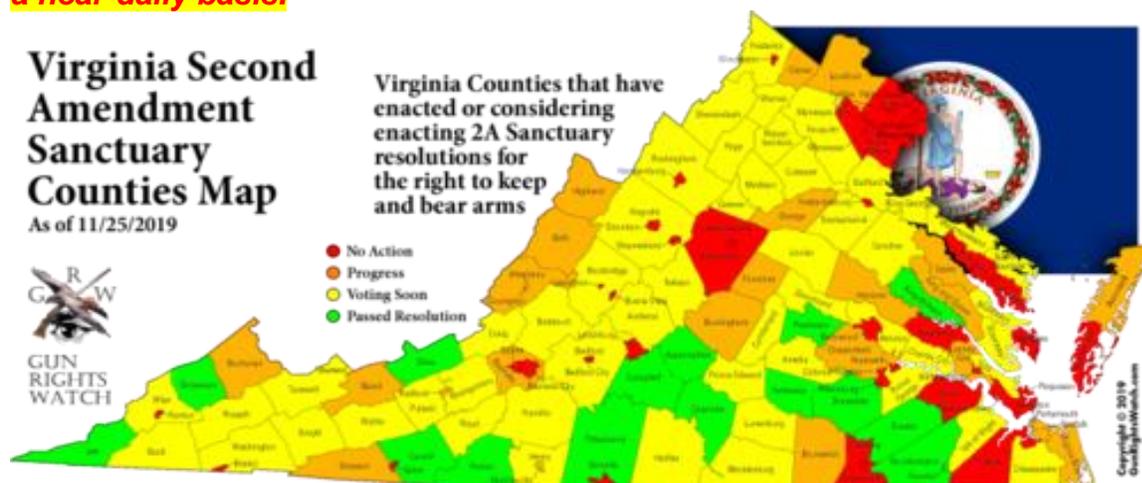
**most of the state becoming 2nd Amendment Sanctuary counties.**

**In a series of rapidly changing developments, Virginia is undergoing wholesale rebellion by rural and even suburban counties, rejecting the oppressive gun control agenda recently revealed by the new incoming Democrat-controlled legislature. Gun owners all across Old Dominion have been up in arms since anti-gun forces took the House and Senate in the recent election and are now preparing to resist having their arms taken from them in any way possible.**

#### **Enter Second Amendment Sanctuary Counties**

**The county-level defensive tactic that began originally in Oregon close to a decade ago, then popularized in Illinois, has spread to over a dozen states. It comes as no surprise that with few other options and little to lose, many communities in the state are vowing not to take part in any gun confiscation schemes or enforcement of unconstitutional laws designed to make private citizens less able to defend themselves.**

**The speed at which they reacted is a testament to how furious they are that their state government now wishes to infringe on their rights. An even dozen counties have passed gun owner sanctuary resolutions already, with new ones coming on a near-daily basis.**



[http://allnewspipeline.com/Virginia\\_2nd\\_Amendment\\_And\\_The\\_Democrat\\_Agenda.php](http://allnewspipeline.com/Virginia_2nd_Amendment_And_The_Democrat_Agenda.php)

## +2+ Virginia Democrats Bill To Ban Everything About The 2<sup>nd</sup> Amendment!!

**Play to 8:46:** <https://youtu.be/A5OjnHfax0?t=148>

---

### Tyranny Alert: Virginia to Outlaw Krav Maga, Brazilian Jiu Jitsu, Kickboxing, Tai Chi, Firearms Instruction & Self-Defense Training Under Proposed Law SB64

November 28, 2019 By: [Mike Adams](#) / [Natural News](#)

The State of Virginia, now entirely run by truly insane Democrats who support infanticide and child murder, is proposing a new 2020 law known as SB64 ([see link here](#)) which will be taken up by the Democrat-run Senate beginning January 8, 2020. **The law would instantly transform all martial arts instructors into criminal felons. This includes instructors who teach kickboxing, BJJ, Krav Maga, boxing, etc. It would also criminalize all firearms training classes, including concealed carry classes.**

**It would even criminalize a father teaching his own son how to use a hunting rifle. Specifically, the law says that a person “is guilty of unlawful paramilitary activity” (a class 5 felony) if that person:**

**“Assembles with one or more persons for the purpose of training with, practicing with, or being instructed in the use of any firearm, explosive, or incendiary device, or technique capable of causing injury or death to persons...”**

**The phrase “technique capable of causing injury or death to persons” covers all forms of martial arts and self-defense training, including Krav Maga, MMA, boxing and other contact martial arts such as Tae Kwon Do.**

**Under the proposed law, all forms of self-defense training — including hand-to-hand martial arts training — would be considered “paramilitary activity,” even if the training consists of private classes involving just one instructor and one student. That’s because every form of martial arts training imparts skills which could be used to cause injury to other persons.**

**In fact, according to the language of the law, just “one” person learning such arts is a felony crime, which means that watching a DVD on Krav Maga would be a felony crime.**

**This insane level of tyranny is happening because Democrats now run the entire legislative and executive branches of the Virginia state government. Governor Ralph Northam — who openly confessed to advocating infanticide and child murder — is leading the charge to turn the great state of Virginia into a modern-day slave camp where no citizen is allowed to defend herself against the tyranny of the local government (which has gone completely insane and is now run by relentless criminals).**

**This demonstration of blunt force tyranny showcases the real plan of Democrats when it comes to disarming the American people: This was never about “commonsense gun reforms,” you see. In truth, it has always been about criminalizing the very idea of self-defense and self-reliance.**

**The government of Virginia, honestly stated, doesn’t want you to be able to defend yourself against violent criminals. Why? Because if you had the capacity to do that, you might also be able to defend yourself against the violence of oppressive, corrupt government, too.**

When you are living in a state where you can be arrested and imprisoned for taking a self-defense class and learning how to kick, punch or shoot rapists and would-be violent criminals, you are living under a criminal enterprise of political tyranny that must be taken down and defeated.

Not coincidentally, this proposed new SB64 law would criminalize the very assembling of law-abiding citizens who might rise up and challenge the criminal tyrants in Richmond who are busy rigging the system to make sure no Virginian can ever challenge the tyranny of Democrat rule. In effect, Democrats are passing laws to criminalize resistance to tyranny.

You are watching a system of tyranny shore up its own defenses against informed citizens, knowing that the corruption of Democrats is so deeply embedded in their authoritarian rule that sooner or later, honest Virginians have both a right and a duty to oppose, defeat and dismantle that system of tyranny by all means afforded the citizens under the Constitution of the United States of America.

The process of transforming Virginia from a patriotic, independent, pro-liberty state (May 15, 1776) into a corrupt, authoritarian slave camp run by filthy left-wing criminals only took 243 years, by the way. And it happened because conservatives and patriots got too apathetic and lazy to take sufficient action to keep tyranny in check. While the citizens slumber in comfort, tyranny is always plotting its next takeover. The GOP of Virginia practically surrendered the state to the Democrats, even refusing to run candidates in many districts during recent elections.

Suddenly, the citizens of Virginia find themselves living under extremist left-wing tyranny. The thing about tyranny is that **you can sleep your way into it**, but history has shown that you have to fight your way out of it.

Today, Virginians are in the fight of their lives.

**No wonder dozens of counties in Virginia are hurriedly declaring themselves to be Second Amendment Sanctuary Counties in order to escape the tyrannical rule of Richmond's authoritarian tyrants.**

**How to declare your county a 2A Sanctuary county**

If you live in Virginia or any other state where left-wing tyrants are trying to criminalize self-defense, [read this important guide](#) on how to get your own county declared a "2A Sanctuary" for human freedom and safety.

You might also want to get off your butt and work to defeat these tyrant lunatics before they destroy everything you value: Life, liberty and happiness.

And if you can't get rid of the left-wing lunatics in Richmond, **at least you can plan to surround them** with pro-2A counties while you wait for things to really hit the fan.

**Real Virginians already know this is a do-or-die moment for the future of your state. Get to work, or you will lose everything. The Democrats aren't just coming for your guns; they're coming for your humanity and your very right to exist.**

All this tyranny being unleashed against the citizens of Virginia, by the way, **will soon be enforced across the entire country** if the Democrats take the White House in 2020. Count on it.

They will come for you and stick a gun in your face and throw you in prison. In fact, they are promising to do so. And they will then take your children and lock them in a public

school transgender indoctrination camps. Left-wing government has truly become a **psychological terrorism racket** that now preys upon children while seeking to crush all resistance from informed adults.

Read more news about the Second Amendment at [SecondAmendment.news](https://www.naturalnews.com/2019-11-27-tyranny-alert-virginia-to-outlaw-krav-maga-brazilian-jiu-jitsu-kickboxing-firearms-instruction-sb64.html).

<https://www.naturalnews.com/2019-11-27-tyranny-alert-virginia-to-outlaw-krav-maga-brazilian-jiu-jitsu-kickboxing-firearms-instruction-sb64.html>

---

## **Donald Trump Is The Most Anti-Gun President In History!!!**

**Play:** [https://youtu.be/v\\_CQeoG5mcl](https://youtu.be/v_CQeoG5mcl)

---

## **“Coincidentally” Former Deutsche Bank Exec Connected to Trump Loans Dies by Suicide in Malibu & isn’t the first Trump-connected Deutsche exec to commit suicide**

November 27, 2019--**A former Deutsche Bank executive who reportedly signed off on some of the institution’s unorthodox loans to Donald Trump killed himself in his Malibu home on November 19. Thomas Bowers, the onetime head of Deutsche Bank’s American wealth-management division, where he oversaw Trump’s private banker, committed suicide by hanging, according to Los Angeles County Medical Examiner-Coroner’s office. Bowers was 55.**

Trump’s relationship with Deutsche Bank—which lent him around \$2 billion (after most other institutions had forsaken him for his history of defaults and bankruptcies) has come under investigation by two Congressional committees and the New York Attorney General, who are hoping the bank can shed light on Trump’s elusive finances, according to the *New York Times*. At one point, Bowers had a close connection to those finances.

Rosemary T. Vrablic, a managing director at Deutsche Bank **who became Trump’s private banker in 2010 after being introduced by her client, Jared Kushner, reported directly to Bowers. Vrablic reportedly helped Trump secure loans from her bank, which Bowers approved—including more than \$100 million to buy his Doral resort in Miami—even after Trump and Deutsche had to settle messy litigation over a Chicago loan that went bad.**

**Bowers isn’t the first Trump-connected Deutsche exec to commit suicide. In 2014, Deutsche derivatives analyst William S. Broeksmit, who reportedly had links to Trump and Russia, hung himself from a dog leash at his home in London.**

<https://www.lamag.com/citythinkblog/deutsche-bank-death/>

---

## **Newest JOE BIDEN Speech: He ♥ KIDS (ROACHES) JUMPING ON HIS LAP & RUBBING HIS HAIRY LEGS**

**Play to 1:15:** [https://youtu.be/Y7n\\_pKkdm3A?t=33](https://youtu.be/Y7n_pKkdm3A?t=33)

---

## **The Feds Will Come Knocking at Your Door After You Buy This With Your Credit Card! Patriots Beware!**

**Play to 7:00:** <https://youtu.be/dIMstzBHMNc?t=122>

---

**A Warning From South Africa--So all the calls for increased gun laws? THEY DO NOT WORK--South Africa's laws have become so draconian that law abiding citizens who wish to defend themselves have to apply for a license for a specific firearm.**

I was born and raised in South Africa, a wonderful country with countless natural resources, friendly and hospitable people, stunning wildlife and breathtaking scenery. Growing up, I saw the twilight years of the Apartheid era and that was indeed a dark time in the country's history. **I was one of countless whites who voted for change and with Mandela's release and the ANC (African National Congress) taking power in 1991, there was a feeling of hope and excitement that this new chapter in the country's history would have the people working together to build on what was a solid infrastructure.**

Well, sadly as the years passed, the ANC proved that a leopard does not change its spots. **Government corruption grew, and certain elements within the ANC leadership clearly stated that the current generation of whites had to be punished for all past evils that had occurred. Crime exploded and although petty crime was and is still plentiful, violent crime became the order of the day. Vehicle hijackings, brutal gang rapes, home invasions during which the occupants were often beaten, shot, stabbed, raped and murdered, military style cash in transit heists and then stories of brazen government corruption are daily news headlines.**

I realized that if these conditions were to prevail, this was not a place where I would choose to raise a family. Fast forward to my arrival in the US. Although the journey over the last few years has had many difficulties, I have been embraced as a legal immigrant. I have met many down to earth, liberty minded people. **That typed, I have wanted to assimilate and I have no desire or need to try and stamp my previous culture on this country that I now consider home.**

**The past several years have been really concerning as I have had first-hand experience with the racial divide that is constantly being fueled over here. Certain elements actually make a living by constantly stirring hatred between black and white people. Calls for monuments to be removed, calls intimating that the flag, national anthem and even names of places be changed is not a surprise to me. You may ask why? Well this is the exact same strategy that has been carried out over the last several years in South Africa. Province names, city and town names, airport names and yes, the flag and national anthem had to change.**

**History cannot be erased. One has to learn from it so that past mistakes do not take place again. I will echo the sentiment of others who note that in order to destroy a nation, one part of the strategy needs to involve editing the history. Once this is achieved, destroy any sense of sovereignty by embracing 'multiculturalism' to the extent that any sense of nationalism is considered taboo. This strategy is effective and it is being implemented with absolute abandon in the US.**

I will type on and let the readers know that while the future of SA played a key role in my decision to leave, **it was evident that the absence of a Constitutional right to keep and bear arms made that decision quite painless. There are many of my fellow Americans who have no idea how blessed we are to have the Bill Of Rights. Let**

me simplify things and state what many learned individuals have mentioned on countless occasions: 2A is the foundation of liberty. The Founders were schooled in English Law and they had an intimate understanding that the right to keep and bear arms dates back to Sixteenth Century Europe. Those politicians and proponents of the nanny system who preach that 'a well-regulated militia' refers to the National Guard, are only trying to deceive those who they wish to control. At the time when 2A was written, the concept of a 'National Guard' was not even a figment of the human imagination.

These tyrants need to know this is a God given right. I read once that if you want to know what is in a man's heart, just ask him what his thoughts on private firearms ownership are—a real simple litmus test.

So all the calls for increased gun laws? THEY DO NOT WORK. South Africa's laws have become so draconian. Law abiding citizens who wish to defend themselves have to apply for a license for a specific firearm. When purchasing ammunition, the license for the firearm in question has to be shown. The purchase is entered into a register and the amount of ammunition purchased and owned is also restricted. The quantity of firearms owned is restricted and although in certain instances, such as a sport shooter, additional licenses may be granted, the process is tedious and frustrating.

I provide this trivia because, the criminals are not impacted and have access to whatever the black market can offer or whatever they can steal. 'Common sense gun laws' is intentionally a vague and open statement because those who despise liberty need to be able to move the goal lines so that the incremental erosion of our rights can continue.

Anyone who talks about increasing gun laws in the name 'gun safety, sensible gun ownership, saving the life of just one child' is either ignorant or a tyrant. Criminals never ever obey any laws. Case closed. 2A does not grant 'We the People' a right to keep and bear arms. It ACKNOWLEDGES the right.

---

### American Life Expectancy Dropping Dramatically Thanks to White Working Class Male Suicides

A study published by the journal JAMA, found that life expectancy in America increased from 1959 to 2014 but that the number plateaued in 2011 **and began decreasing in 2014.**

According to Lisa Britton, CNN's coverage of the **story omitted the crucial point that the decline was being driven by white male suicides.**

**Play:** <https://youtu.be/Rw1dNtDEA00>

<https://www.infowars.com/american-life-expectancy-dropping-dramatically-thanks-to-white-working-class-male-suicides/>

---

### +3+ What Will Thanksgiving 2021 Look Like?

November 28, 2019—In this report we will be looking at the tale of three Thanksgivings, 2019, 2020 and 2021. This article will specifically focus on Thanksgiving in 2021 and how it will be dramatically different than today.

In 2019, we have relative and comparative calm for this Thanksgiving holiday. If the Democrats feel that they are going to lose the 2020 election, they will unleash

hell on earth. We will see massive false flag terrorist events and even an attempt at a civil war. If the Left wins the 2020 election, they will undoubtedly bring us the worst combination of Stalin, Hitler and Mao. Here is what Thanksgiving in 2021 will look like.

If the Democrats (ie the Bolsheviks) win the 2020 election, our Thanksgiving in 2021, will be dramatically different than it is for today's Thanksgiving celebration. You can count on the false flag attacks to continue until the violence spreads, there is a main event like a 9/11 and then the UN will declare an emergency and enter the country in force.

What will that day look like?

When the UN shows up, do you think they are going to be handing out donuts and cookies? **The Kigali principles and past UN actions speak clearly to what is coming. Because the UN would be going public in the midst of an artificially created crisis, you can very well count on the following 17 principles. Please pay attention to the fact that I have made notations where the former Obama administration has attempted to support everyone of these UN imposed martial law principles.**

- **1-Mass roundup of political dissidents. These will most likely be declared as terrorists and enemies of the state and will be linked to the precipitating false flag event. This will be the unfolding of Red and Blue Lists as spoken of by Steve Quayle for the last couple of decades. The NDAA will provide the pseudo legal authority to snatch key Americans out of their homes and off of the street.**
- **2-Dusk to dawn curfews which are designed to keep the people from congregating and planning in concert to overthrow the omnipresent tyranny.**
- **3-Rationing of essential resources as specified in Executive Order (EO) 13603.**
- **4-The seizing of personal assets such as food and water as specified in EO 13603. There will be no Thanksgiving for you and your family!**
- **5-Control over all food and water as specified in EO 13603.**
- **6-The prohibition of weapons of any kind including guns, knives or chemicals which can be turned into explosives. It will become a capital crime to possess a weapon of any type.**
- **7-The confiscation of property, homes and businesses as provided for in FM 39.4 and EO 13603.**
- **8-Arrests without due process (NDAA).**
- **9-Massive "papers please" checkpoints with intrusive searches. Travel to your holiday destination will prove impossible.**
- **10-Forced relocation of suspected American dissidents as specified by the Civilian Inmate Labor Program and the Civilian Conscription Program, under the Secretary of Labor, in EO 13603. This will mark the introduction of slave labor in American in which the conscripts are called (unpaid) consultants.**
- **11-Forced conscription into various labor camps and even into the military (EO 13603). Also medical martial law policies could be invoked in the**

advent of the introduction of a pathogen which is being provided by arriving immigrants on our southern border.

- 12-Outlawing of free speech. Following terror attacks in the Obama administration, former AG Loretta Lynch promised federal crackdowns on those speaking out against Muslim extremism in any form. We are now seeing similar rhetoric coming out of Congress with regard to political criticism. Chuck Schumer is introducing such a bill.
- 13-The installation of massive surveillance programs and the establishment of snitch programs which would mark the rebirth of former Secretary of DHS, Janet Napolitano, in which neighbors are encouraged to "say something, if these see something". The new red flag laws fit this profile where your neighbor can make up a story about you and you will be raided and your guns taken. The NSA police state surveillance programs speak for themselves. It is highly recommended that every American go see the Oliver Stone movie, *Snowden*.
- 14-The total control or elimination of religion. The Bible is already being characterized as hate speech. Today, one who is Christian is cast as anti-gay/transgender, anti-government, etc. There will be no church service in the 2021 Thanksgiving.
- 15-Control of the media. Except for the total eradication of the alternative media, this has already happened. ICANN and the FTC rulings will finish the job.
- 16-Executions without due process of law (NDAA).
- 17-Total suspension of the Constitution as this is essentially complete in light of actions such as EO 13603 and the NDAA. I did not even mention the multiple of sexual assault allegation made against UN troops in other venues. Most conservative Christians will be afraid to travel to their holiday destination for fear of being profiled, targeted and then arrested. CHICOM justice will be in effect.

**This is the model for martial law in America.**

**My advice to America in the 2019 Thanksgiving is to enjoy your family gatherings as much as can. Savor the moment, because such days like this may be limited.**

<https://thecommonsenseshow.com/activism-agenda-21-conspiracy/what-will-thanksgiving-2021-look>

---

## **"RED" ALERT!!! Food Is the Weapon of Choice for All Communists: Treat This Thanksgiving As If It's the Last**

Dave Hodges November 28, 2019--As we gather together for this Thanksgiving to enjoy good food and loving family and friends, we may wish to take a long look around and take in this Thanksgiving for all its worth because this holiday may change forever as the divide in America takes the country beyond the point of no return.

The lessons of history clearly demonstrate that dictatorial regimes, whether they be Socialists, Communists, and/or Marxists will not hesitate to use food as a weapon against their own people in order to solidify power and impose absolute autocratic control.

Food can be withheld from the masses by preventing it from being grown and harvested, by contaminating it and rendering it unfit for human consumption or by simply preventing food from being distributed to a targeted population. The two most notable examples of dictators using food a weapon in order to destroy the free will of their people comes from the regimes of Stalin and Hitler. Josef Stalin engaged in his own Soviet style Holocaust when, in 1932 and 1933, and estimated six to 20 million people in the Ukraine died from starvation when Stalin implemented his prescription of “hope and change” policies in order to eliminate the Ukrainian’s desire for becoming their own nation-state. Upon assuming power, the Stalinist Communist regime rapidly nationalized the food industry and forced all of the region’s farms into collectives. Thus, Stalin’s version of the Holocaust came to fruition in what history has dubbed, the “Holodomor,” in which millions perished in only a two year period when the Soviet government began to exterminate the Ukrainian population by taking control of food and food production.

Hitler proclaimed that food could be used as a tool “...to discipline the masses” and he did not hesitate to use the control of food as a type of carrot and stick in which he would reward accomplishment and punish failure as well as to promote preferential class distinctions in which his armed forces received the largest food ration cards and this is exactly what happens in North Korea today. Skilled workers who were engaged in industries critical to the building of the German war machine, received food ration cards which were slightly less in value. And, finally, the prisoners and the Jews received the lowest valued Nazi food ration cards. Food ration cards were also utilized as incentives to increase industrial production and were also increased in value when productive Nazi workers would be promoted. Food ration cards were diminished in value for the failure to meet Nazi production goals. Hitler’s use of what psychologists refer to as classical conditioning techniques reduced the will of the German population to a pack of Pavlovian dogs who were conditioned to be totally dependent upon the government for their survival.

<https://thecommonsenseshow.com/activism-agenda-21-conspiracy/red-alert-food-weapon-choice-all-communists-treat-thanksgiving-if-its-last>

---

### **The Biblical Remedy for the Coming Food Shortages--What the Bible Says About Preparation Regarding the End-times**

**Rev 6:5 ¶ And when he had opened the third seal, I heard the third beast say, Come and see. And I beheld, and lo a black horse; and he that sat on him had a pair of balances in his hand.**

**Rev 6:6 And I heard a voice in the midst of the four beasts say, A measure(1) of wheat for a penny(2), and three measures(1) of barley for a penny(2); and [see] thou hurt not the oil and the wine.**

**Strong's G5518 - choinix**

χοῖνιξ

**1) a choenix, a dry measure, containing two setarii (less than a quart) (or as much as would support a man of moderate appetite for a day)**

**Strong's G1220 - dēnariion**

δηνάριον

2) A Roman silver coin in NT time called the denarius...It was the principal silver coin of the Roman empire. From the parable of the labourers in the vineyard, **it would seem that a denarius was then the ordinary pay for a day's wages.** (Mt. 20:2-13)

**If we have wisdom (and are led to do so) we should prepare for this, like God instructed Joseph to do:**

Gen 41:34 Let Pharaoh do [this], and let him appoint officers over the land, and take up the fifth part of the land of Egypt in the seven plenteous years.

Gen 41:35 And let them gather all the food of those good years that come, and lay up corn under the hand of Pharaoh, and let them keep food in the cities.

Gen 41:36 And that food shall be for store to the land against the seven years of famine, which shall be in the land of Egypt; that the land perish not through the famine.

**Comment: This sounds like stocking up on long term storable food**

Pro 10:5: He that gathereth in summer is a wise son: but he that sleepeth in harvest is a son that causeth shame.

Pro 6:6 ¶ Go to the ant, thou sluggard; consider her ways, and be wise:

Pro 6:7 Which having no guide, overseer, or ruler,

Pro 6:8 Provideth her meat in the summer, [and] gathereth her food in the harvest.

Pro 22:3 A prudent [man] foreseeth the evil, and hideth himself: but the simple pass on, and are punished.

1Ti 5:8 **But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel.**

In the context of this verse the Noah Webster's 1828 defines the word 'Provide' as: *PROVIDE, v.i. To procure supplies or means of defense; or to take measures for counteracting or escaping an evil.*

Pro 10:2: Treasures of wickedness profit nothing: but righteousness delivereth from death.

Pro 10:3: The LORD will not suffer the soul of the righteous to famish: but he casteth away the substance of the wicked.

Pro 22:9 He that hath a bountiful eye shall be blessed; for he giveth of his bread to the poor.

Pro 28:27 He that giveth unto the poor shall not lack: but he that hideth his eyes shall have many a curse.

---

### ["700+ Doctors Were Given Over \\$1M Each From Big Pharma to Push Drugs and Devices"](#)

In a [very thorough and revealing analysis of statistical industry payment data](#),

ProPublica disclosed **that more than 2,500 physicians have received at least half a million dollars apiece from drugmakers and medical device companies in the past five years alone, while more than 700 of those doctors received at least \$1 million, and that doesn't include money for research or royalties from inventions.**

In their article, the authors note that **their previous analysis in 2013**, which found out that 1 doctor had made \$1 million and 21 doctors had made over \$500,000 for the same reasons, was expected to be a wake-up call for more effective scrutiny, oversight, and

challenges to these payments. **Instead, these types of payments have become much more commonplace.**

To identify the latest pharma millionaires and other spending trends, [ProPublica analyzed more than 56 million payments](#) made from 2014 to 2018 — the first five full years of the federal [Open Payments initiative](#), which requires companies to publicly disclose the payments as part of the 2010 Affordable Care Act.

**Why It Matters:** While there is transparency in these payments, **there is no denying that this arrangement sets up many doctors for a huge conflict of interests. If they can make a secondary yearly salary greater than what they earn as a doctor, simply by using their 'authority' as doctors to promote products, obviously many unscrupulous doctors have chosen to go this route? So how many MD's are actually doing the arduous work of researching the product they would be promoting, with the only reward being a clear conscience if they ended up choosing not to promote that product, very few I would venture to say?**

The article notes that in fact the industry doesn't care if doctors like or approve of their products—the bottom line is that they pay doctors to use and recommend their products, sometimes in clearly unethical or illegal ways.

There is a perception among many physicians, including some in academia, that drug company payments are fairly benign — a moonlighting gig that educates other doctors about important medications. But since ProPublica began looking at physician payments, **one drugmaker after another has paid tens, or even hundreds, of millions of dollars to resolve allegations of improper, or illegal, marketing tactics. In fact, drug company whistleblowers and federal prosecutors have said explicitly that in some cases the payments were actually bribes and kickbacks. And this behavior has continued despite tools like [Dollars for Docs](#).** The article then goes on to examine some prominent examples.

---

## **The Supplement Industry Is Horribly Tainted With Prescription Drugs & Even Steroids in Some Instances!**

According to [this October story at Nutra Ingredients-USA](#), one of the latest doping scandals in professional sports is shining a bright light on the supplement market with one athlete who was suspended over a failed drug test claiming he'd be filing a lawsuit against a company he claims gave him tainted '*supplements*'.

While NFL player Brandon Copeland didn't name the company involved nor the supplement he was suing or tested positive for, [this Scientific American story from back in October of 2018 reported](#) **that testing done by the FDA had found more than 750 dietary supplements tainted with prescription drugs, with some supplements containing more than 2 prescription drugs and of all of those supplement tested, less than half of them were ever recalled.**

**With some supplements containing steroids while others contained anti-depressants, anti-histamines and even viagra,** [Pew Trusts reports that these tainted dietary supplements](#) are putting consumers at risk though as [this June of 2019 story at Open Secrets reports](#):

## Dietary Supplements

The research team viewed data between 2007 and 2016 from FDA database that contained dietary supplements

Their review unveiled that 776 of the products were tainted with ingredients



### Sildenafil

in 166 of 353 sexual enhancement supplements



### Sibutramine

in 269 of 317 weight loss supplements



### Synthetic Steroids

in 82 of 92 muscle building supplements

**Sildenafil is a Rx drug also known as Viagra and has a host of side effects:**

<https://www.drugs.com/sildenafil.html>

**Sibutramine is a Rx weight loss drug and also has a host of side effects:**

<https://www.drugs.com/sfx/sibutramine-side-effects.html>

[http://allnewspipeline.com/Macro\\_War\\_On\\_Food\\_Stuff\\_Supplements\\_Underway.php](http://allnewspipeline.com/Macro_War_On_Food_Stuff_Supplements_Underway.php)

---

**From:** M

**Sent:** Sunday, February 05, 2017

**Subject:** Male Hormonal Enhancement Supplements

**Listener Question: What supplements (if any) do you recommend for male hormonal health/erectile dysfunction?** Your help/advice is welcome.

Thank you and God bless, M

-----  
**Dr. Johnson's Comment:** I have been doing a lot of research in the area of male hormonal health recently. I have come to the conclusion you have to really do 3 things: 1) make sure the liver is clean (as that is where all the hormones in the body are processed, 2) you have to lower the estrogen levels in men as "they" are trying to do everything to feminize men with toxic estrogens called xenoestrogens and 3) you have to raise Testosterone levels. I have found some amazing products to do all this:

**For a full body cleanse with a emphasis on liver and gallbladder I recommend:**

[Livotrit Plus \(180 T\)](#) --3 capsules twice a day for one bottle which is a full one month liver and gallbladder detox

[Beta-TCP™ \(180 T\)](#) --3 capsules twice a day for one bottle which is a full one month liver and gallbladder detox

[Davinci Labs HEPATICLEAR 60 capsules](#) —Dosage: 3 capsules twice a day for three bottles which is a full one month liver and gallbladder detox

**To lower the estrogen levels:** [Douglas Labs EstroQuench 120 Capsules](#) 4 a day for the first month then 1-2 a day

**To increase Testosterone:** [Douglas Labs TestoGain 120 capsules](#) 4 a day

**++ Also take:** [Cytozyme Orchic \(100ct\)](#) 3 a day

**For low energy add in:** [Douglas Labs Adreno-Mend 120 capsules](#)

**++For more information or to order just email Dr. Johnson at:**

[drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

---

**From:** sandreus@

**Sent:** Thursday, July 21, 2016 2:26 PM

**To:** Scott Johnson

Hi Dr. Johnson, **Listener Question: Do you have any recommendations for improving male fertility, sperm count and motility?**

**Dr. Johnson's Response:** See below where it shows you all the ways men are being feminized. In addition to the products mentioned in the above, the most direct products I know of for what you are asking about is: [Douglas Labs TestoGain 120 capsules](#) 4 a day ++ **Also take:** [Cytozyme Orchic \(100ct\)](#) 3 a day  
I have all these products in stock. God bless!

---

**Jer 51:30** **The mighty men of Babylon have forborn to fight, they have remained in their holds: their might hath failed; they became as women:**

---

**Chemical Gender Manipulation: Turning boys into girls. Warning: This article is not politically correct**

**30 Foods for High Testosterone (Grocery List)**

<https://www.youtube.com/watch?v=CmjCcNCxRU8>

**02/21/2016 - Over the past ten years I have received a massive increase in phone calls and letters from people who either have family members or themselves who have been suffering from estrogen dominance. What this does in men is cause lowered testosterone, enlarged breasts, increased body fat, depression, loss of libido and andropause...all symptoms which were basically unheard of fifty years ago.**

**In the case of estrogen dominance in women, it is usually combined with an increased rate of fibroid tumors, irregular periods and breast or ovarian cancer. Parents call in complaining or asking for help with young boys and male teenagers who are dealing with estrogen dominance symptoms. Their symptoms are slowed maturation, confused gender identity, much smaller reproductive organs and an issue of increased trans-gender identification.**

**Young girls with estrogen dominance usually start their period very young (some have been known to start as early as three years of age). This starting of the period at an early age is usually accompanied with weight gain...sometimes to the extreme.**

**The big question is "Why is this happening?"**

Several years ago, I wrote an article that centered primarily on andropause and reduced sperm count which caused infertility.

Today, I am addressing what I believe are the root causes of these issues, and what we can do about them. The root cause of this is so awful that it grieves me to right this. The problem is...it is fact, not theory. This makes it all the more difficult to write about since it is affecting so many individual lives and the lives of families.

In his book, **Brave New World**, Aldous Huxley discusses the estrogen dominance problems which are caused by the elite globalists as a form of population control...which is literally chemical warfare.

Years ago and to this day, the Rockefeller Foundation was heavily involved in the promotion of eugenics. This is the science of planned depopulation control. This included forced birth control and sterilization to reduce the world's population. There are two ways that eugenics can be achieved:

1. Increase the death rate. Done!
2. Decrease the birth rate. Done!

Back in the 1940's, the Rockefeller companies introduced plastics into the Eco System. They knew when they did so that many of the plastics were xenoestrogens, which if consumed by humans, would feminize males.

**Always remember that gasoline is a by-product of the petro chemical industry.**

Oil companies earn thousands of dollars per barrel by making xenoestrogens in the form of cosmetics, perfumes, drugs, plastics, fertilizer, weed killer, detergents...and the list just goes on and on.

Again, many of these plastics and compounds being used today are known as xenoestrogens. If absorbed into the skin or taken internally, they react in the body as estrogen. This increase in estrogen, in many cases, is the root cause of the problems already mentioned.

I include in the xenoestrogen category most plastics, especially those that contain BPA, Round Up, Atrazine, hand sanitizers, makeup, and petro chemical soaps, like Dawn.

**This short list is only a few of the actual list which is in the hundreds, if not the thousands.**

Again, what I am discussing here is not a conspiracy, but it is a biological and chemical fact. The goal of the globalists, by their own statements, is to reduce the world's population. They will do this by using the following:

1. Sterility
2. Separation of males and females
3. The breaking up of the traditional American family
4. Gender manipulation and confusion of sex identity
5. Higher and higher divorce rates

Several years ago, as part of its continual obfuscation campaign, The American Chemical Association banned the use of BPA in baby bottles. This was a joke, as it was never readily used in baby bottles. But, they failed to ban the use of BPA as a liner in cans and in water bottles. Comment: See Scott Johnson's studies where he has covered BPA here: <http://www.contendingfortruth.com/?s=bpa>

I will also mention that plastic wraps used in microwave food contain phylates, another potent estrogen compound. This plastic literally melts into the microwaved food, loading it with estrogen.

Taking all this a bit further: We are mammals and we release pheromones. These pheromones are used to attract men to women. The pheromones are picked up through the olfaction glands. There is a reason that cowboy westerns were so big fifty years ago. In those days, most women wanted tough, rugged men. Most of the men wanted to be tough, rugged guys.

However, when women are on the birth control pill, their body is chemically placed into a pregnancy mode. At this point they want a nurturing, fatherly type for a mate. This is just basic hormone chemistry. Many women who are on birth control pills end up marrying metro males, which then produce more metro males.

Please remember, I am not singling out anyone in this article, but am giving you the facts in reproductive biochemistry. Birth control pills were originally released to the public through the eugenics program.

This cycle has now gone on for over sixty years.

No One should be chemically sterilized against their will or without their knowledge.

Our glandular system or endocrine system consists of several glands. They include the thyroid, pituitary, hypothalamus, adrenals, testicles for men, ovaries for women, and the pineal gland. Now, I am going to discuss a few endocrine disruptor's and their effect. Fluoride, bromide, iodine, and chlorine are all halogens. The fluoride is in our tooth paste, bromide is in baked goods, chlorine is in our water. Iodine is used by the thyroid. When these other halogens are consumed, the thyroid thinks they are iodine and absorbs them. This is bad.

In the past, I have written exhaustively about this topic.

Heavy metals, including barium, aluminum, and lead are also endocrine disruptor's. As I have discussed in earlier emails, I discovered both barium and aluminum in the air we breathe via testing of my rain water (via the chemtrails). If it is in the air, we basically aspirate these heavy metals into our lungs. The lungs are a potent delivery system. That's why inhalers work so well.

Even the municipally treated water and the well water is full of estrogen and pesticides. This onslaught just never seems to end. This is why I strongly suggest and personally use the [a Estrogen Blocker](#) and [purifying your drinking water \(see above\)](#) and a [shower filter](#) to clean the chemicals out of the shower water.

-----  
Years ago one study from the University of Pittsburgh showed one hot fifteen minute shower was the equivalent of drinking eight glasses of contaminated water. Remember, the lungs absorb the contaminated steam from the water. Another culprit is high fructose corn syrup. Atrazine, the weed killer, is liberally used on corn. This potent estrogen compound then contaminates the corn and the high fructose corn syrup. The run-off of this product, combined with Round Up, are two of the most polluting herbicides on the planet.

All of these estrogens are causing an ever-increasing andropause in men. This is when men go into male menopause from a lack of testosterone. Andropause was non-existent fifty years ago. This can easily cause depression in men, and it also decreases their libido. This lack of motivation can become systemic throughout their lives.

Many men resort to testosterone replacement therapy. My testosterone is normal. When I was forty, it was still that of an eighteen year old. I do not willingly expose myself to estrogens and I take an estrogen blocker supplement every day. Remember estrogen and testosterone are antagonists.

When these men are sufficiently depressed, they are given Prozac (fluoride being the active ingredient) and Viagra...What a combination! No one bothers to tell them that the Viagra can make you go blind and deaf. Men resort to taking all this, and potentially become blind, deaf, impotent, and depressed!

Another note about Viagra: It contains phylates...more estrogen.

The Rockefeller petrochemical industry is literally waging a chemical castration war on the men of our nation. Not to mention the massive increase of breast, ovarian, and infertility problems in women.

Even the use of bleached Tampons are affecting women as they contain xenoestrogens, and can change a female's hormonal profile....and, let us not forget about GMO foods, which cause sterility by the fourth generation.

So, what are some solutions to all this?

1. Purify your water and get out the fluoride.
2. Do not microwave with plastics, and better yet...do not use the microwave.
3. Do not use petroleum soaps, like Dawn
4. Never use Soy or Soy formula
5. Take an [estrogen blocker](#)...this is critical..I do so everyday.
6. Do not drink out of plastics
7. Do Not use Viagra, but use [Douglas Labs TestoGain 120 capsules](#) 4 a day Also take: Also take: [Cytosyme Orchic \(100ct\)](#) 3 a day
8. Do not get immunizations
9. Do not use birth control pills
10. Do not use bleached Tampons
11. Do not use bakery products containing bromide.
12. Take an [Iodine supplement](#) daily, this helps to maintain proper thyroid function.

**Iodine Products Dr. Johnson carries:**

[Iodoral High potency Iodine/Potassium Iodide Supplement \(12.5mg iodine/iodide\)- 180 tablets](#)

[Iodoral High Potency Iodine/Potassium Iodide Supplement \(12.5mg\)- 90 tablets](#)

[Iodoral IOD \(50mg iodine/iodide\)- 30 tablets](#)

[Iodoral IOD \(50mg iodine/iodide\)- 90 tablets](#)

++For more information or to order just email Dr. Johnson at:

[drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

13. Avoid prescription drugs as much as possible, especially Statin drugs. They all can cause cancer and they can destroy brain function.
14. Avoid Herbicides and pesticides
15. Avoid factory farmed meat and dairy
16. Do not drink fluoride or chlorine in your water or [toothpaste](#)
17. Don't use cans with a BPA liner.

18. Last but not least: Detoxify your body to get all these horrific chemicals mentioned out of your system: For a full body cleanse with a emphasis on liver and gallbladder I recommend:

[Livotrit Plus \(180 T\)](#) 2 Tablets twice a day for one 180ct bottle [Davinci Labs HEPATICLEAR 60 capsules](#) 2 capsules twice a day for three bottles.

++For more information or to order just email Dr. Johnson at: [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)