



## **End Time Current Events-4-8-19**

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**++ List of Current Event Prayer Points:** Historic Widespread Flooding in the USA, The Illegal Alien Caravans Coming up through the US southern border, Against the 20,000 Satellites to be Launched Sending Focused Beams of 5G & 6G Intense Microwave Radiation Over Entire Earth, For the New Zealanders (especially the Christians) to wake up and push back against all their freedoms being taken away, Against the slaughter of Christians worldwide, Against all the witchcraft being done worldwide to perpetuate and bring in more evil, death and destruction, Pray against the 'Internet Kill Switch' implementation, against the plans & wickedness of high level politicians like Jared Kushner, Nancy Pelosi, Chuck Schumer and Maxine Waters, For President Trump to do the right thing and enact righteous laws and appoint righteous people, Against mandatory vaccinations being implemented and that the truth would come out about them,

for the masses to get saved and have eyes to see, ears to hear and hearts to receive the truth, Against The Full Implementation of Real ID in 2020, Against the South African Genocide of Whites, For God to neutralize & stop the Fukushima Nuclear Radiation Contamination, Nuclear Radiation Reactors Breaking Down Worldwide, Stopping the Big Brother Draconian Changes Taking Place Worldwide, Against Further Vote Rigging, Stoppage and Exposure of the Latin American, Chinese, Russian and Muslim 5<sup>th</sup> Column Sleeper Cell Solders imbedded in America, Stoppage and Exposure of the Muslim Invasion of Europe, America and Canada, The eradication of CERN and all 30,000 particle colliders worldwide & the D-Wave Quantum Computers, The eradication and exposure of all Pedovore, Pedo-predator & all Child Sex trafficking networks worldwide, LGBT movement and the normalization of pedophilia and the sexualization of the children to be stopped, For the protection of all infants, children, teenager and adults caught in these Luciferian/Satanic networks, For the eradication of all adult and child pornography, bestiality pornography and snuff film sources and businesses, For the Supreme Court to overturn Roe v. Wade, The eradication of all abortion clinics & Planned Parenthood worldwide & the stripping of all the powers of witchcraft from the owners and employees of these sick 'for profit' businesses, the eradication worldwide of all Chemtrail programs & Nexrad Doppler Ultrasound weather manipulation and NASA's Blastwave Accelerators used to create tsunamis and storm surge plus all DEW's (Directed Energy Weapons) causing the fires worldwide, the eradication worldwide of all planned deep state & Muslim false flag events, , the Chateaux Des Armouis AKA the: "Mothers of Darkness Castle" & "A Thousand Points of Light". The ending of generational sexual pedo-rape abuse among the Amish-Mennonite communities & for blessings, favor and protection over PROJECT PENNSYLVANIA, The SIU Core Team, Russ Dizdar and all those working with him.

**Ephesians 5:11, 13-16:** "And have no fellowship with the unfruitful works of darkness, but rather **reprove** them. But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, **Awake thou that sleepest**, and arise from the dead, and Christ shall give thee light. **See then that ye walk circumspectly**, not as fools, but as wise, Redeeming the time, because the days are evil."

The **1828 Noah Webster Dictionary** defines:

**Reprove:** To blame, to convince of a fault, or to make it manifest, to excite a sense of guilt.

**Circumspectly:** Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

**Matthew 24:24:** "...if it were possible, they shall deceive **the very elect**."

**II Corinthians 2:11:** "Lest Satan should get an advantage of us: for we **are not** ignorant of his devices."

**II Chronicles 7:14:** "If **my people**, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

**Psalms 101:3:** I will set no wicked thing before mine eyes: I hate the work of them

that turn aside; it shall not cleave to me.

**Psalm 11:5:** The LORD trieth the righteous: but the wicked and him that loveth violence his soul hateth.

**1 Cor 15:33:** Be not deceived: evil **communications** corrupt good manners.

**Lexicon Strong's G3657--Outline of Biblical Usage of the Word:**  
"Communications": companionship, communion

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**+1+ TRUMP SIGNS EXECUTIVE ORDER PLANNING FOR TOTAL GRID SHUTDOWN!! LIGHTS OUT!**

**Play to 11:16:** <https://youtu.be/SmoPU2TtcKI>

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**New World Order Update**

**Play from 1:49 to 21:42:** [http://mediaarchives.gsradio.net/Ted\\_Broer/040519.mp3](http://mediaarchives.gsradio.net/Ted_Broer/040519.mp3)

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**+2+ Why Is the US Government Moving Massive Amounts of Generators Around the Country**

**Play to 12:46:** <https://youtu.be/g9WbiiBygpg?t=79>

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**5G Causing Women To Have Two Periods!**

**Play from 13:30 to 19:26 & 43:00 to 48:34:** <https://vimeo.com/328518109>

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**ALERT! Potential for Medications to be CHIPPED**

**Play to 8:18:** <https://www.youtube.com/watch?v=jhFXtYNVvWs>

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**Most People Don't Even Realize What's Coming**

**Play:** <https://youtu.be/5tn4P7IBqoQ?t=19>

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**The Great Reset**

**Play to 11:56:** <https://youtu.be/fgvmnXP107U>

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**2020 Vote Alert! Swamp Agency Seizing Control of Election Via 'Unhackable' Deep State Voting System!?!**

**Play:** <https://youtu.be/OvBBxAKNwGE>

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**+3+ The Brains Behind AOC Alexandria Ocasio-Cortez**

**Play:** <https://www.youtube.com/watch?v=1h5iv6sECGU>

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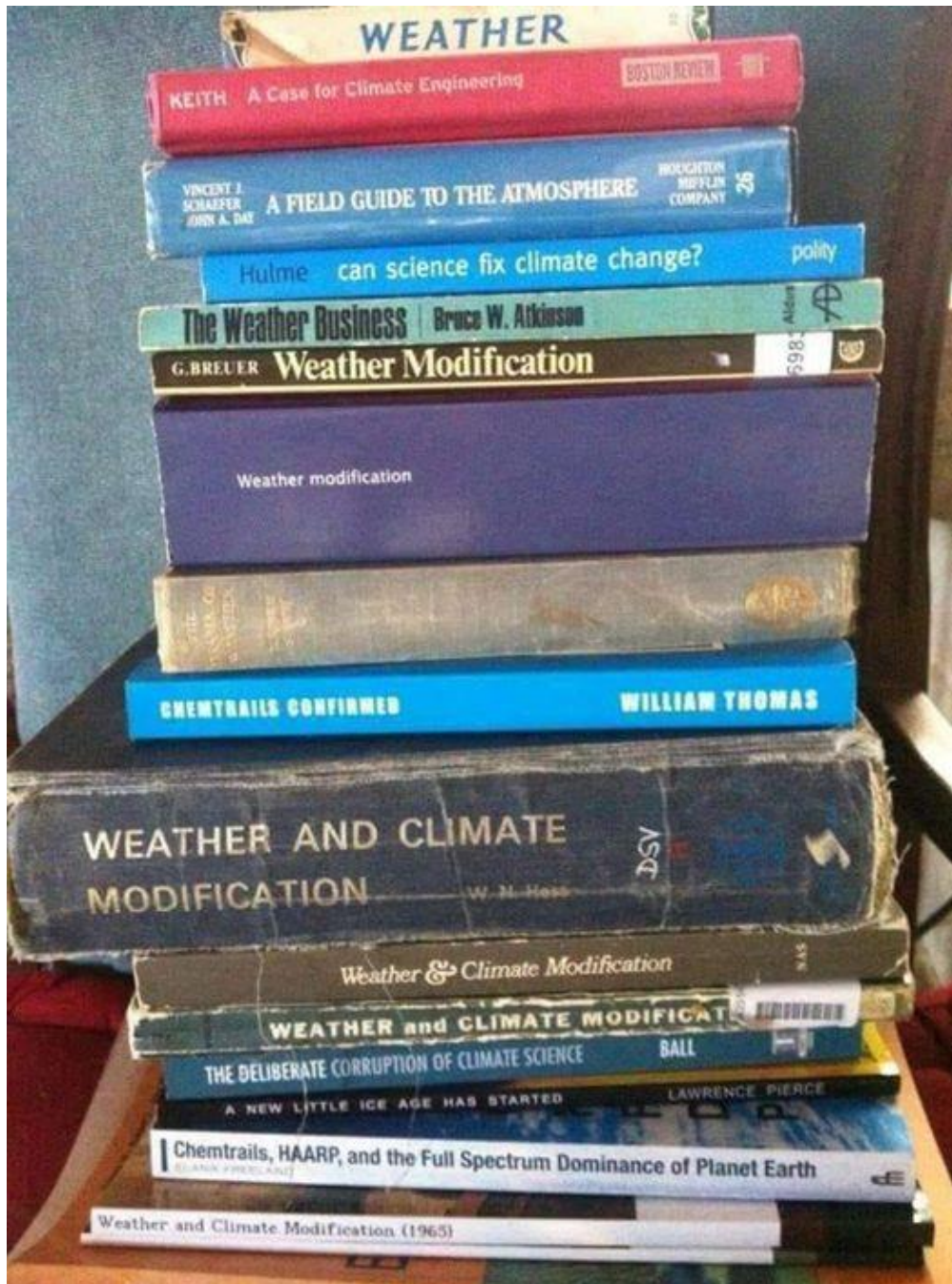
**UN Summit Seeks "New World Order" to "Transform the Way We Live"**

**Play:** <https://youtu.be/eHrf0jnip0I>  
<https://www.thenewamerican.com/tech/environment/item/31778-un-summit-seeks-new-world-order-to-transform-the-way-we-live>

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**Geoengineering -- Science to Destroy Planet Earth**

**Blocking the sun is key to destroying food production and collapse the ecosystem with billions to die of starvation, cold, violence and poverty.**



## Medieval Diseases Making a Comeback Due to Feces on Streets Experts warn of 'public health crisis'

Paul Joseph Watson | [summit.news](https://www.summit.news) - April 6, 2019

**Medieval diseases are making a comeback in major American cities thanks to the increasing amount of feces on the streets.**

According to a report by Kaiser Health News, "Infectious diseases – some that ravaged populations in the Middle Ages – are resurging in California and around the country, and are hitting homeless populations especially hard."



Outbreaks of Shigella bacteria and Hepatitis A, both are which are caused by exposure to feces, are on the increase in Southern California, New Mexico, Ohio and Kentucky, “primarily among people who are homeless or use drugs.”

Experts are now warning of a “public health crisis” that could see the diseases spread to the

### general population.

Many would assert that the homeless problem – and by extension the feces problem – in cities like San Francisco is being exacerbated by the government handing out free needles to drug addicts.

San Francisco’s junkie population – many of whom live on the streets and use sidewalks as outdoor toilets – now stands at 24,500, an increase of 2,000 drug users since 2012 and 8,500 more people than the city’s 16,000 high school students.

Despite this increase, the city handed out a record 5.8 million free syringes last year – about 500,000 more than in 2017. There were 9,659 calls complaining about needles littering the streets in 2018, an increase of a third on 2017 numbers.

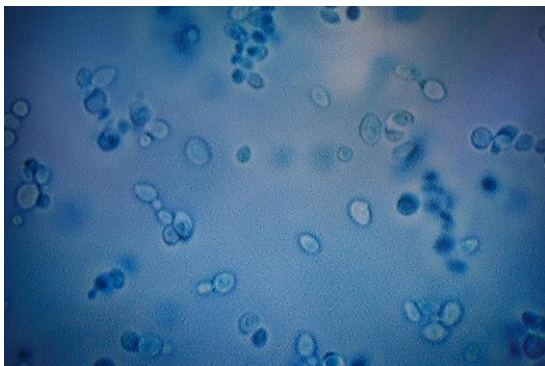
Instead of keeping people mired in an endless cycle of desperation and addiction, surely the money would be better spent on helping them go clean?

<https://www.infowars.com/medieval-diseases-making-a-comeback-due-to-feces-on-streets/>

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## C. Auris Fungus - A Mysterious Drug-Resistant Germ Deemed An "Urgent Threat" Is Quietly Sweeping The Globe

04/06/2019-- Thanks to the overprescription of antimicrobial drugs and use of antifungicides in crop production, a relatively new germ that preys on people with weakened immune systems is rapidly spreading across the globe, according to the New York Times.



<<A projection of the C. auris fungus on a microscope slide

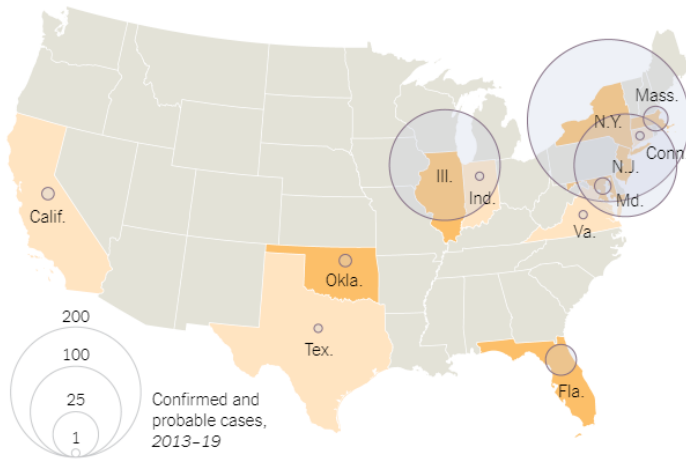
The infection - a fungus known as Candida auris, kills almost half of all patients who contract it within 90 days, according to the CDC - as it's impervious to most major antifungal medications. First described in 2009 after a 70-year-old Japanese woman showed up at a Tokyo hospital with C. auris in her ear canal, the aggressive yeast

infection has spread across Asia and Europe. The earliest known case in the United States involved a woman who arrived at a New York hospital on May 6, 2013, seeking care for respiratory failure. She was 61 and from the United Arab Emirates, and she died a week later, after testing positive for the fungus. At the time, the hospital hadn't

thought much of it, but three years later, it sent the case to the C.D.C. after reading the agency's June 2016 advisory. -NYT

### Candida Auris by State

Most cases in the United States have been in nursing homes in New York City, Chicago and New Jersey.



By The New York Times | Source: Centers for Disease Control and Prevention

"It is a creature from the black lagoon," said the CDC's Dr. Tom Chiller, who heads the fungal branch. "It bubbled up and now it is everywhere."

In the last five years alone, it has swept through a hospital in Spain, hit a neonatal unit in Venezuela, spread throughout India, Pakistan and South Africa, and forced a prestigious British medical center to close its ICU for nearly two weeks.

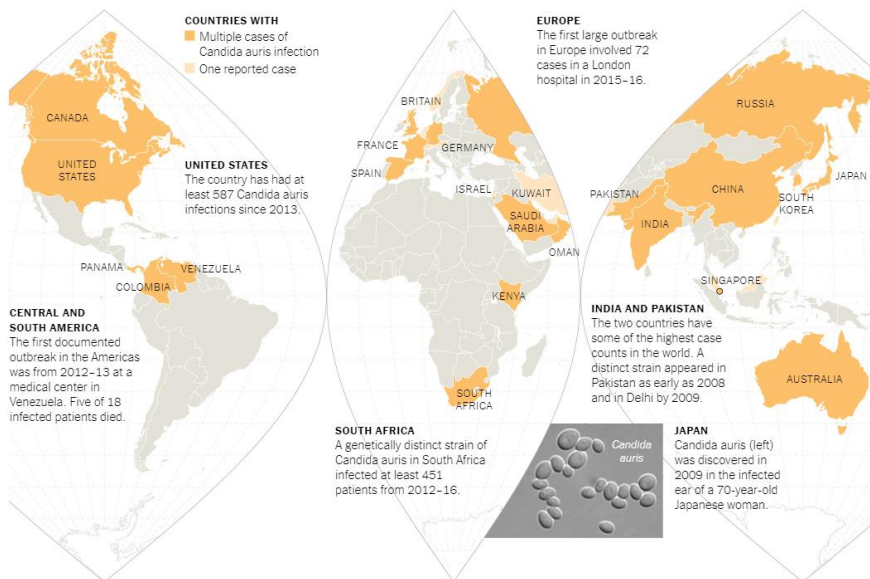
By the end of June 2016, a scientific paper reported "an ongoing outbreak of 50 *C. auris*

**cases**" at Royal Brompton, and the hospital took an extraordinary step: It shut down its I.C.U. for 11 days, moving intensive care patients to another floor, again with no announcement.

Days later the hospital finally acknowledged to a newspaper that it had a problem.

### Candida Auris

A deadly, drug-resistant fungus is infecting patients in hospitals and nursing homes around the world. The fungus seems to have emerged in several locations at once, not from a single source.



By The New York Times | Sources: Centers for Disease Control and Prevention; Emerging Infectious Diseases; Emerging Microbes & Infections; Clinical Infectious Diseases; Journal of Infection; Mycoses; Doherty Institute. Image from Kazuo Satoh et al., Microbiology and Immunology

A headline in The Daily Telegraph warned, "Intensive Care Unit Closed After Deadly New Superbug Emerges in the U.K." - NYT

After *C. auris* reached New York, New Jersey and Illinois, the CDC added it to a list of germs deemed "urgent threats."

Last May, an elderly man who was admitted to the Brooklyn branch of Mount Sinai Hospital for abdominal surgery was found to be infected with the drug-resistant candida.

He died after 90 days in the hospital, however *C. auris did not* according to the Times. According to tests, the germ was everywhere in his

room - to such a degree that the hospital required special cleaning equipment and had to rip out ceiling and floor tiles to get rid of it.

"Everything was positive — the walls, the bed, the doors, the curtains, the phones, the sink, the whiteboard, the poles, the pump," said Hospital president Dr. Scott Lorin. "The mattress, the bed rails, the canister holes, the window shades, the ceiling, everything in the room was positive."

**Why is this happening?**

Simply put, fungi are evolving defenses to resist and survive modern medications.

"It's an enormous problem," said Imperial College of London fungal epidemiology professor Matthew Fisher, who co-authored a recent scientific review on the rise of resistant fungi. "We depend on being able to treat those patients with antifungals."

While various theories exist as to why *C. auris* has made a grand entrance, Dutch microbiologist Jacques Meis believes the drug-resistant fungi are developing thanks to the heavy use of fungicides on crops.

Dr. Meis visited the C.D.C. last summer to share research and theorize that the same thing is happening with *C. auris*, which is also found in the soil: Fungicides have created an environment so hostile that the fungi are evolving, with resistant strains surviving.

This is similar to concerns that resistant bacteria are growing because of excessive use of antibiotics in livestock for health and growth promotion. As with antibiotics in farm animals, Fungicides are used widely on crops. -[NYT](#)

"On everything — potatoes, beans, wheat, anything you can think of, tomatoes, onions," said Dr. Johanna Rodes, an infectious disease expert at Imperial College London. "We are driving this with the use of antifungicides on crops."

**Keeping it quiet**

In 2015, Dr. Rhodes received a panicked call from the Royal Brompton Hospital medical research center outside of London, where *C. auris* had taken root months earlier. The hospital had no idea how to get rid of it.

"We have no idea where it's coming from. We've never heard of it. It's just spread like wildfire," Rhodes was told, before she helped them clean it up. Under her direction, hospital workers used a special aerosol devices to spray hydrogen peroxide around a room which housed a patient with the germ - with the theory being that the vapor would permeate the entire room.

After one week of saturating the room, they put a "settle plate" in the middle of it with a gel at the bottom that would allow any remaining microbes to grow.

**Only one grew back; *C. auris*. And officials were scrambling to keep a lid on it.** It was spreading, but word of it was not. The hospital, a specialty lung and heart center that draws wealthy patients from the Middle East and around Europe, alerted the British government and told infected patients, but made no public announcement.

**This hushed panic is playing out in hospitals around the world.** Individual institutions and national, state and local governments have been reluctant to publicize outbreaks of resistant infections, arguing there is no point in scaring patients — or prospective ones. -[NYT](#)

And while the Brompton Hospital case *did* make headlines, the issue remained largely out of the spotlight internationally - despite an even larger outbreak in Valencia, Spain occurring at virtually the same time at the 992-bed Hospital Universitari Politècnic La Fe. Unknown to the public or unaffected patients, 372 people had become "colonized" with the germ - meaning it was *on their bodies* but they had not yet contracted it. Of those, 85 patients developed bloodstream infections, and 41% of those died within 30 days.

And while other prominent strains of *Candida* have not developed significant resistance to drugs, over 90% of *C. auris* infections are resistant to at least one drug, while 30% are resistant to two or more drugs.

According to Connecticut's deputy state epidemiologist Dr. Lynn Sosa, *C. auris* is now "the top" threat among resident infections.

**"It's pretty much unbeatable and difficult to identify."**

<https://www.zerohedge.com/news/2019-04-06/mysterious-drug-resistant-germ-deemed-urgent-threat-quietly-sweeping-globe>

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#### **+4+ Fatigue, Yeast/Candida, Antibiotics and Mild Silver Protein**

In this issue I am posting information from a book entitled "Beyond Antibiotics". This information does an excellent job of dealing with the subject of Antibiotics. If you break down the word "Antibiotics", Anti means "against" and Biotic means "life". So the word "**antibiotic**" is defined as a substance against life. This fact by itself should raise a red flag in regard to their use. Not to say they are never needed, but as I have always stated: "**You cannot drug your body into good health**". As far as a natural product for boosting the immune system and dealing with yeast/*Candida* infections, my top recommendation is the Invive Mild Silver Protein (see below). This should be followed by a cycle of probiotics to replenish the beneficial bacteria in the intestinal tract (\*\*Only buy refrigerated probiotics from a health food store). If our society would reach for products like these at the onset of a cold, flu or yeast infection, we would find ourselves far healthier and rarely in need of antibiotics. **Candida/yeast overgrowth is very prevalent in our society in men and women.** A yeast/*Candida* overgrowth problem is not just a "female issue", as most people have a high amount of *Candida*/yeast colonies in their blood stream **due to excess carbohydrate and/or alcohol consumption.** This can easily be clinically verified through dark field microscopy. One of the main signs of *Candida*/ yeast overgrowth is fatigue, as these colonies consume carbohydrates and alcohol as their primary, preferred fuel source. **Most of the time a person who craves excessive carbohydrates or alcohol is doing so based on the hunger drive of their internal *Candida*/yeast colonies.** In this way a *Candida*/yeast overgrowth problem is much like having a microscopic parasite problem throughout their whole body. **The Mild Silver Protein is the most effective product I have ever seen at eradicating *Candida*/yeast overgrowth in the body.** It is so effective that one should start slow when using this product (See below).

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Mild Silver Protein-**Candida**/Yeast Protocols:



## CANDIDA / YEAST

2000 ppm, for non-chronic Candida/Yeast (under 6 months)

5000 ppm for chronic Candida/Yeast (over 6 months)

**CANDIDA ALBICANS/YEAST OVERGROWTH, SYSTEMIC:** Invive is so effective for systemic Candida that the "die off" initial doses are too high, will produce "die off" symptoms. Start slow (research indicates) 1.25 ml (or 1/4 tsp.) to 2.5 ml (or 1/2 tsp.) of Mild Silver Protein for 5 to 7 days, then 2.5 ml (or 1/2 tsp.) - 5 ml (1 tsp.) for 7 days then 10 ml (or 2 tsp.) per day until asymptomatic. Dosage should be split up if possible and each dosage should be held in the mouth for 3-4 minute for maximal absorption.

\*(When using the above protocol, most patients can consume fruits without harm but avoid refined/high carbohydrate consumption & alcohol as these substances will feed a Candida/Yeast infection)

\*\* Also See Below: "Start up dosage if a high amount of infection or yeast is suspected"  
**Candida/Yeast Overgrowth of the Mouth** (which usually manifests as a white coated tongue) Invive 2000ppm - 2 tsp. per day in 3 oz water, used as a "mouthwash" and then swallowed.

**Candida/Yeast Overgrowth on the Skin** (which usually manifests as a white spots on the skin) Ag-Cream - apply topically, where needed, b.i.d.

**++** To make the AG Cream (AKA Silver Cream) get some Aloe Vera gel and add drops of the 5,000 ppm silver to the gel to the point just before it starts to liquefy.

**For more information or to order go to: [www.dr-johnson.com](http://www.dr-johnson.com)**

**++** It also important to take a good refrigerated probiotic to recolonize your intestinal tract with good bacteria that will compete with Candida. You can find these at virtually any health food store. **Take on an empty stomach away from the Invive silver.**

**Probiotics/Flora Dr. Johnson Carries:**

**[Innate Response Flora 20-14 - 60 count](#)**

**[Innate Response Flora 50-14 Clinical Strength- 30 count](#)**

**[Innate Response Flora 50-14 Clinical Strength- 60 count](#)**

**[Innate Response Flora 200-14- 7 count](#)**

**[Pharmax HLC Child 30 Tablets](#)**

**Probiotic Uses--Probiotics are listed<sup>(1)</sup> as an essential element in the nutritional treatment of Athlete's Foot, Celiac Disease, Chronic Fatigue, Diverticulitis, Fibromyalgia, Fungal Infection, and Prostatitis. Very Important for Acne, Allergies, Candidiasis, Canker Sores, Cirrhosis, Hypoglycemia, Jock Itch, Kidney Disease, Lactose Intolerance, Legionnaires' Disease, Malabsorption Syndrome, Mononucleosis, Mumps, Nail Problems, Pancreatitis, PMS, Sinusitis, Ulcerative Colitis, and Urinary Tract Infection. Important in Age Spots, Alcoholism, Anorexia, Bladder Infection, Bulimia, Crohn's Disease, Diarrhea, Halitosis, Herpes, Indigestion, Irritable Bowel Syndrome, Multiple Sclerosis, Rheumatic Fever, Tooth Decay, Parasites & Helpful for Aging, Cholesterol, Colds, Constipation, Dermatitis, Heartburn/Reflux, Hives, Lupus, Meningitis, Peptic Ulcer, Seborrhea, Shingles, Sore Throat, and Tonsillitis.**

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**Start up dosage if a high amount of infection or yeast is suspected:**

**Mild Silver Protein (5000 - 1100 PPM):** This product does not taste good but it is vitally necessary for your success. To help the taste one drop of Peppermint Oil can be

applied to your tongue prior to dosing the silver. I recommend 'Now Organic Peppermint Oil' which you can easily find online. You need to hold each dosage of silver under the tongue/cheeks for at least one minute (preferably 2-3 minutes). This gets it into your blood stream. There is some information you need to know on the label but initially follow the dosage I recommend on this sheet. Also remember that this product will leave a film on your teeth that can easily be dealt with by brushing your teeth after you have swallowed a given dosage. Important: Start by taking 1-2 drops of the mild silver protein under the tongue twice per day. If you feel alright, double the dose the next day. Keep doubling the dosage until you are at 1/2 tsp twice a day. The reason you need to do this is if you have a problem with Yeast/Candida; which is a high likelihood in most cases. Remember you may feel worse before you get better. That is quite common and part of the healing process. Because the Mild Silver Protein is so effective against yeast infections; one can only start out at the following dosage "if" one has a systemic (full blown/rampant) Yeast/Candida infection: If you are unsure play it safe and start with the dosages below:

1st day- 1-2 (drops) twice a day

2nd day- 4 (drops) twice a day

3rd day- 8 (drops) twice a day

4th day- 16 (drops) twice a day

5th day- 1/4 tsp. twice a day

6th day- 1/2 tsp. twice a day

Maintain this dosage for 3-4 more days and then go to a maintenance dosage of 10-15 drops per day.

If at anytime (during the 6 days mentioned above) one starts having extreme flu-like symptoms, (which is due to the healing crisis of toxins given off by the dying bacteria (NOT by the silver): One must hold at the above dosage and not move onto the next level until the flu-like/detoxification symptoms are gone. The proof is: Give this silver to a healthy person and nothing (as far as symptoms) will occur.

If you have any questions please feel free to email Dr. Johnson at:

[drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

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## **Colds, Flues and How to Naturally Boost Your Immune System**

With the recent advent of the Flu epidemic an ever increasing importance has been put on immune system function. In other words the best way to combat all contagious infections is: #1) To not put yourself in harms way (that is if you can help it) and #2) building up your own immune system as much as possible. In this report I am going to attempt to show you how to do the later, as the best defense is a good offence. Ideally, we want to have a strong immune system before we have any potential exposure to any contagious infection. In order to do this certain criteria have to be met in the human body. I am going to highlight some of the most important factors below and then talk about the measures we can take to respond to a contagious infection if we have already been exposed.

Most people are not aware of the role that **calcium** plays in our immune system. It is actually one of the chief fuels upon which our immune system runs on. White blood cells are the main tool our immune systems use to destroy foreign infectious

invaders. White blood cells use calcium as the main fuel to propel themselves and destroy these invaders through a process called Phagocytosis. If we don't have enough usable calcium in our body, our immune system cannot ramp up, get to and kill these foreign infectious invaders. It's like having a guided missile, with no way of getting it off the ground. Consequently, if you have a low amount of usable calcium in your system, forget about having a strong immune system. It won't happen because it can't happen. And calcium is not something that can be manufactured in the body unless we leach it from our own bones, which over time would lead to osteoporosis. **One of the main signs we are deficient in Calcium during the throws of an infection, is a high body temperature or fever.** One of the things that got me into the alternative health field was a poorly functioning immune system. I have found one of the main components in building a strong immune system is keeping calcium reserves high in the body. The best product to accomplish this is [Davinci Labs CAL MAG 180 tablets](#) or [Davinci Labs CAL-MAG CITRATE POWDER 30 Servings 4.9 oz. \(139.2 grams\)](#). As sufficient stomach acid is essential for the breakdown of not only calcium but protein, iron and several other trace minerals. If low stomach acid is a factor, [Hydro-Zyme \(90 T\)](#) or [Hydro-Zyme \(250 T\)](#) should be taken with the Calcium and with food. Or as an alternative taking 1-2 tsp. of apple cider vinegar with the calcium should do the trick. One other thing that is important when talking about calcium is the Omega-3 fatty acids which are high in flaxseed oil. You see the omega-3 fatty acids in flaxseed oil are necessary for healthy cell membranes and to transport calcium into the white blood cells, where the calcium is used to support cell motility (movement) and phagocytosis (killing the foreign infectious invaders). Of the Omega 3 good fats, flax seed oil is very important. For this I recommend [Genestra Organic Flax Oil Capsules 90 Softgels](#), as flax is a very volatile oil and spoils very easily. It is a risky proposition buying flax oil off the shelf as usually there is no way to verify quality. This is also an excellent protocol for skin protection as Calcium and Omega 3 fatty acids are essential in preserving and protecting the skin. Now if I feel I may be getting run down, I will increase my dosage of these two products plus vitamin C, until my system is back in balance. If these products are taken in conjunction with a good whole food multi-vitamin mineral product like [Intramax or the Innate Once Daily formulas](#) you should be in pretty good shape.

**For the adult multivitamins I carry see below:**

[Innate Response Women's One Daily 60 count](#)

[Innate Response Womens Over 40 One Daily 60 count](#)

[Innate Response Men's One Daily Iron Free- 60 count](#)

[Innate Response Men Over 40 One Daily- 60 count](#)

[Innate Response One Daily 90 Tablets](#)

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[intraMAX 2.0 \(32oz Bottle\)](#)

**intraMAX 2.0 is produced using intraCELL Technology. This innovative cold-fill manufacturing process allows the 415+ ingredients in intraMAX 2.0 to retain their maximum nutritional value while being enriched organically with naturally-sourced fulvic acid.**

**In just a one-ounce daily serving, intraMAX 2.0 provides an array of vitamins, trace and macro minerals, prebiotics, antioxidants, digestive enzymes, fruits, vegetables, essential fatty acids, bioflavinoids, amino acids, and much more! The**

unique ingredient blends in intraMAX 2.0 not only support the body's ability to eliminate harmful substances\*, they also provide support for a wide range of systems and functions which include:

- Endocrine and hormone
- Immune, development, and response
- Blood, cellular, and circulatory
- Cognitive, brain development, and neurological
- Skin, bone, skeletal, muscle, and joint
- Energy, strength, stamina, and stress management
  - Vegetarian
  - Non-GMO
  - Gluten Free
  - Natural Peach Mango Flavor

[View Protocol »](#)

[View Label »](#)

[View Clinical Study »](#)

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Now the last point I wanted to mention is regarding **Colloidal Silver**. Colloidal Silver acts much like a **second immune system** in our body. But it is *not* a substitute for the raw materials that build your own immune system (which are the products I mentioned in the preceding paragraphs). But Colloidal Silver is an excellent addition to any immune system enhancing protocol. Again quality is everything in regarding to what Colloidal Silver product you ultimately use. The finest quality colloidal silver I know of is ***Invive Mild Silver Protein*** at: [www.dr-johnson.com](http://www.dr-johnson.com) In my research regarding colloidal silver I have found this company to be head and shoulders above the rest. They were instrumental in guiding me toward factual, unbiased research in regard to Colloidal Silver.

Beyond what I have mentioned bear in mind there are many things you can also do to keep your immune system strong. Many of these things have been covered in previous newsletters like: Drinking 8-10 glasses of purified a day. **Avoiding excessive caffeine consumption is very important as caffeine can burn out the adrenals and if the adrenals are burned out it is almost impossible to maintain your immune system.**

Avoiding refined processed carbohydrates/sugars and "trans"/partially hydrogenated fats in the diet, getting at least 7 hours of sleep per night, fasting 2-4 days per month to aid in detoxification, some type of daily exercise activity(the mini-tramp/rebounder being the best), etc.. So in this newsletter I have given you some of the key tools to develop a strong immune system. It is my hope this information will be a blessing to you and your families. Until next time!

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### **Dr. Johnson's Flu & Cold Protocol:**

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**++ 5000 Mild Silver Protein (M.S.P.) Suggested Therapeutic Dosing Guidelines**  
1tsp for every 30 lbs. of bodyweight per day if you have a virulent flu virus (split up dosages). Hold each dose under the tongue for at least 2-3 minutes before swallowing. Can use a drop of organic peppermint oil to kill the taste. For more information or to order go to: [www.dr-johnson.com](http://www.dr-johnson.com)

**++ Note: Taking a natural, vitamin C is a major factor in dealing with virtually any immune system condition. Highly recommended: [Innate Response Vitamin C-400 180ct](#) or [Innate Response C-Complete Powder 81gm](#) & [Bio-C Plus 1000™ \(100 T\)](#) or [Pharmax Vitamin C Powder \(Magnesium Ascorbate\) 8.8 oz \(250 grams\)](#)**

**++ A good whole food Vitamin D-3 product like: [Innate Response Vitamin D 5,000 60 count](#) & [Innate Response Vitamin D-3 \(2000 IU\)- 90 count](#) & [Pharmax Childrens Chewable Vitamin 1000iu D-3 90 tabs](#) & [MegaFood D3 Wellness 1000 IU Gummy 90 count](#)**

**++ A good, high quality calcium supplement can help to feed the white blood cells of the immune system and in certain cases is indispensable: [Davinci Labs CAL MAG 180 tablets](#) & [Davinci Labs CAL-MAG CITRATE POWDER 30 Servings 4.9 oz. \(139.2 grams\)](#)**

**++ Note: Selenium is highly anti-viral. I recommend the foodstate version: [Innate Response Selenium 90 Tablet](#)**

**++ For more information, a price list or how to order contact: [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)**

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**[Natural Remedy for the Flu: Over the Counter Hydrogen Peroxide](#)**

**++ Note: [Pneuma-Zyme™ \(Lung Conc.\) \(100 T\)](#) For any lung infection**

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For **lung infections** nebulize 100ppm Invive Mild Silver Protien directly into the lung fields for 3-4 minute intervals several times per day. If you want to make a 100ppm solution (and you have a 5000ppm bottle) just divide 5000 by 100 to get: 50. So you would add 50 parts distilled water to 1 part 5000ppm to make a 100ppm solution.

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Now with a **sinus infection** the best way to directly go after this is to get any nasal spray atomizer bottle (**Like this one:** <http://sparknaturals.com/index.php/accessories/1oz-blue-glass-nasal-sprayer.html> ) and add 500ppm silver to the bottle. Now to make the 500ppm just add 10 parts distilled water to one part 5000ppm. This will be the strength you use in a nasal spray bottle. One drop of eucalyptus oil to this 500ppm solution is also very good for nasal use. When you use the 500ppm in the nasal spray bottle make sure you tip your head back and spray 3-5 times per nasal passage. You can do this several times per day. You would also want to take 1/4 tsp. of the 5000ppm held under the tongue 3 times a day until you are doing better.

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For **Otitis Media (ear infections)** (if your ear drops are not ruptured) you need to dilute the Invive Silver to 500ppm for the ear drops. To make this strength from 5000ppm just add 10 drops of distilled water to every one drop of 5000ppm. Use 3-4 drops in each ear 2-3 times per day till better. In reality I really like just plain old 3% Hydrogen Peroxide for ear infections 2-3 drops in each ear. Tilt the head and hold this dose in each ear for 1-2 minutes before tilting your head back. It will bubble and be quite loud and may burn a little so sometimes children are afraid of the Hydrogen Peroxide whereas the silver should not bubble or hurt at all.

For an 8 year old I would administer the 5000ppm silver under the tongue 15-20 drops 3 times a day (hold for 2-3 minutes then swallow) to treat the ear infection internally as well.

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**Dr. Johnson's Presentation [Colloidal Silver-Mild Silver Protein it's uses and history](#)**

Colloidal Silver-Mild Silver Protein it's uses and history. The Truth About Electrically Produced Liquid Silver & Silver Generators--Learn the Difference Between Ionic Silver and True, Colloidal Silver **Invive Mild Silver Protein: The Ultimate Immune System Product For Colds, Flu's and Infections:** [www.dr-johnson.com](http://www.dr-johnson.com)

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**Proactive Measures In the Event of a Pandemic**

**5000 Mild Silver Protein (M.S.P.) Suggested Therapeutic Dosing Guidelines**

1tsp.-1tbsp. for every 30 lbs. of bodyweight per day; if you have been exposed or if you have a virulent virus/Pandemic. The 1 tbsp. dosage would be used for life threatening situations. This dosage should be equally broken up and taken in 3 hour intervals. Stay at home and avoid contact with the populace till the outbreak passes. If taking the M.S.P. drink at least 8, eight ounce glasses of purified water per day. M.S.P. can be used topically with DMSO over an infectious site. Because the 5000 PPM M.S.P. is only available in 4 ounce bottles it would be wise to keep at least a few bottles for each adult family member and 1-2 for each child in your household. View this like an insurance policy that hopefully you will never have to use. Even if you don't use this product in the event of a pandemic, it can be diluted and taken on an everyday basis to keep the immune system strong.

**Invive Silver Dosing Chart for children/babies**

**Maximum dosage in case of a severe infection:** 5 cc's of the 5000ppm Invive Mild Silver Protein per 30 lbs Bodyweight. 5cc = 1tsp.

That means a 30 lb. child receives 5 cc in total per day, **in divided doses** of 1.2 cc q.i.d. (or 4 times a day)

A 10 lb. baby receives 2 cc **in total per day**, in divided doses of 1.6 cc total per day.

In this case (2cc's) that means 7 (drops) Q.I.D.(or 4 times a day)

Q.I.D.= 28 drops total per day divided by 4 = 7 minims (drops) sublingually every 6 hours.

**Mild Silver Protein Website:** [www.dr-johnson.com](http://www.dr-johnson.com)

**++** Because Invive Silver is so stable it has a **25 year minimum shelf life**. **Currently the retesting dates are 2048**. There is no colloidal silver in any form that can even come close to their shelf life or potency; **nor has there been one case of Argyria (turning gray) reported from taking Invive Silver.**

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**++** For more information or how to order contact: [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

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