

End Time Preparedness/Prepper Mega Study

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Ephesians 5:11, 13-16: "And have no fellowship with the unfruitful works of darkness, but rather **reprove** them. But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, **Awake thou that sleepest**, and arise from the dead, and Christ shall give thee light. **See then that ye walk circumspectly**, not as fools, but as wise, Redeeming the time, because the days are evil."

The **1828 Noah Webster Dictionary** defines:

Reprove: To blame, to convince of a fault, or to make it manifest, to excite a sense of guilt.

Circumspectly: Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

Matthew 24:24: "...if it were possible, they shall deceive **the very elect**."

II Corinthians 2:11: "Lest Satan should get an advantage of us: for we **are not** ignorant of his devices."

II Chronicles 7:14: "If **my people**, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

Psa 23:1 [[A Psalm of David.]] The LORD [is] my shepherd; I shall not want.

Psa 23:2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

Psa 23:3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Psa 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou [art] with me; thy rod and thy staff they comfort me.

Psa 23:5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Psa 23:6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

When The Music Stops – How America’s Cities May Explode In Violence

Matt Bracken--Posted on September 3, 2012

In response to recent articles in mainstream military journals discussing the use of the U.S. Army to quell insurrections on American soil, I offer an alternate vision of the future. Instead of a small town in the South as the flash point, picture instead a score of U.S. cities in the thrall of riots greater than those experienced in Los Angeles in 1965 (Watts), multiple cities in 1968 (MLK assassination), and Los Angeles again in 1992 (Rodney King). New Yorkers can imagine the 1977 blackout looting or the 1991 Crown Heights disturbance.

We have seen them all before, and we shall see them all again as history rhymes along regardless of the century or the generation of humankind nominally in control of events. But the next time we are visited by widespread, large-scale urban riots, a dangerous new escalation may be triggered by a new vulnerability: **It’s estimated that the average American home has less than two weeks of food on hand. In poor minority areas, it may be much less. What if a cascading economic crisis, even a temporary one, leads to millions of EBT (electronic benefit transfer) cards flashing nothing but zeroes? Or if the government’s refusal to reimburse them causes supermarket chains to stop accepting them for payment? The government can order the supermarkets to honor the cards, but history’s verdict is clear: If suppliers are paid only with worthless scrip or blinking digits, the food will stop.**

Definition: **Electronic Benefit Transfer (EBT)** is an electronic system in the United States (and elsewhere ^[1]) that allows government's states benefits departments to issue money, accessible via a payment card.

Common benefits (in the United States) provided via EBT are typically of two general categories: Food and cash benefits. Food benefits are federally authorized benefits that can be used only to purchase food and non-alcoholic beverages. Food benefits are distributed through the Supplemental Nutrition Assistance Program (SNAP), **formerly the Food Stamp Program**. Cash benefits include state general assistance, Temporary Assistance for Needy Families (TANF) benefits and refugee benefits.

STEP ONE: FLASH MOB LOOTING

In my scenario, the initial riots begin spontaneously across affected urban areas, as SNAP (supplemental nutrition assistance program) and other government welfare recipients learn that their EBT cards no longer function. This sudden revelation will cause widespread anger, which will quickly lead to the flash-mob looting of local supermarkets and other businesses. The media will initially portray these “food riots” as at least partly justifiable.

A new social contract has been created, where bread and circuses buy a measure of peace in our low income populated urban zones. In the era of ubiquitous big-screen cable television, the internet and smart phones, the circus part of the equation is never in doubt as long as the electricity flows. **But the bread is highly problematic. Food must be delivered the old-fashioned way: physically. Any disruption in the normal functioning of the EBT system will lead to food riots with a speed that is astonishing. This will inevitably happen when our unsustainable, debt-fueled binge party finally stops, and the music is over. Now that the delivery of free or heavily subsidized food is perceived by tens of millions of Americans to be a basic human right, the cutoff of “their” food money will cause an immediate explosion of rage. When the hunger begins to bite, supermarkets, shops and restaurants will be looted, and**

initially the media will not condemn the looting. Unfortunately, this initial violence will only be the start of a dangerous escalation.

The ransacked supermarkets, convenience stores, ATMs and gas stations will not be restocked during this period due to the precarious security situation. A single truck loaded with food or gasoline would be perceived to be a Fort Knox on wheels and subject to immediate attack unless heavily protected by powerfully armed security forces, but such forces will not be available during this chaotic period.

Under those conditions, resupply to the urban areas cannot and will not take place. The downward spiral of social and economic dysfunction will therefore both accelerate and spread from city to city. These delays, in turn, will lead to more riots with the constant underlying demand that hungry people be fed, one way or another.

When these demands do not bring the desired outcome, the participants will ratchet up the violence, hoping to force action by the feckless state and national governments.

The “food riots” will be a grass-roots movement of the moment born out of hunger and desperation. It will not be dependent upon leaders or an underlying organization, although they could certainly add to the sauce. Existing cell phone technology provides all the organization a flash mob needs. Most of the mobs will consist of low income, minority, urban youths, termed MUYs in the rest of this essay. Which minority doesn't matter; each urban locale will come with its own unique multi-ethnic dynamic.

Some locales will divide upon religious or political lines, but they will not be the dominant factors contributing to conflict. In the American context, the divisions will primarily have an ethnic or racial context, largely because that makes it easy to sort out the sides at a safe distance. No need to check religious or political affiliation at a hundred yards when ‘The Other’ is of a different color. Comment: This would fit right into the Illuminati's plans to create a civil war on US soil so they could bring in their desired “Order Out of Chaos”. In other words get us fighting and killing one another which makes their job that much easier and gives them the excuse to impose ever increasing restrictions on our freedoms.

Sadly, visible racial and ethnic features will form the predominant lines of division. Would that it were not so, but reality is reality.

NEXT STEP: FLASH MOB RIOTS

In order to highlight their grievances and escalate their demands for an immediate resumption of government benefits, the MUY flash mobs will next move their activities to the borders of their ethnic enclaves. They will concentrate on major intersections and highway interchanges where non-MUY suburban commuters must make daily passage to and from what forms of employment still exist. People making a living will still be using those roads to get to where they earn their daily bread.

The results of these clashes will frequently resemble the intersection of Florence and Normandie during the Rodney King riots in 1992, where Reginald Denny was pulled out of his truck's cab and beaten nearly to death with a cinder block. If you don't remember it, watch it on Youtube. Then imagine that scene with the mob provoking accelerant of texting and other social media technology added to stoke the fires. Instead of a few dozen thugs terrorizing the ambushed intersections, in minutes there will be hundreds.

Rioters will throw debris such as shopping carts and trash cans into the intersection, causing the more timid drivers to pause. The mobs will swarm the lines of trapped cars once they have stopped. Traffic will be forced into gridlock for blocks in all directions.

Drivers and passengers of the wrong ethnic persuasions will be pulled from their vehicles to be beaten, robbed, and in some cases raped and/or killed. It will be hyper-violent and overtly racial mob behavior, on a massive and undeniable basis.

Some of those trapped in their cars will try to drive out of the area, inevitably knocking down MUY pedestrians and being trapped by even more outraged MUYs. The commuters will be dragged out of their cars and kicked or beaten to death. Other suburban commuters will try to shoot their way out of the lines of stopped cars, and they will meet the same grim fate once they run out of bullets and room to escape.

Comment: We have already seen this type of behavior many times on a small scale in America from the events previously mentioned and that is when there was no shortage of food and the economy was not in collapse and things in the US were relatively good. So this predicted scenario should not surprise to any of us when things are going to be so much worse than anything this country has ever seen, especially when such a huge percentage of Americans are dependent on the government.

The mob will be armed with everything from knives, clubs and pistols to AK-47s. A bloodbath will result. These unlucky drivers and their passengers will suffer horribly, and some of their deaths will be captured on traffic web cameras. Later, these terrible scenes will be released or leaked by sympathetic government insiders and shown by the alternative media, which continue to expand as the traditional media become increasingly irrelevant.

Comment: That is if the alternative media is even allowed to operate at this point, which I personally don't think it will as they have been looking for a reason to shut us down for years anyway and the draconian legislation to do so is already in place.

This grim scenario is my analysis of age-old human behavior patterns, adding flash mobs and 2012 levels of racial anger to the old recipe. Early-teenage MUYs today are frequently playing "The Knockout Game" on full bellies, just for kicks, and proudly uploading the videos. They and their older peers can be expected to do far worse when hunger and the fear of starvation enter their physical, mental, and emotional equations. The blame for their hunger will be turned outward against the greater society, and will be vented at first hand against any non-MUY who falls into their grasp while they are in the thrall of mob hysteria. These episodes of mass psychology will be referred to as "flash mob riots", "wilding", or some other new name.

To gear up for even a single flash mob street riot, city police departments will require an hour or longer to stage their SWAT teams and riot squads in position to react. Ordinary patrol cars in small numbers will not venture anywhere near such roiling masses of hysterical rioters, not even to perform rescues. **Comment:** This is where our own military and the foreign troops already on US soil will come in. Those citizens trapped in their cars cannot expect timely assistance from local or state authorities.

Even in the first days of widespread riots, when the police forces are well rested, it might take several hours to mount a response sufficient to quell the disturbance and restore order to even one major street intersection riot. In the meantime, scores of innocent commuters will have been attacked, with many of them injured or killed and left at the scene. It will be a law enforcement nightmare to quell the disturbance, mop up lingering rioters, restore security, and bring medical attention to the living and get medical examiners to the dead. And each jurisdiction will face potentially dozens of such scenes, thanks to the ability for MUYs to cross-communicate at will using their wireless devices.

The far more difficult challenge for the police is that by the time they are suited in riot gear, armed and geared up to sweep the intersection, it will probably be empty of rioters. The police, with their major riot squad reaction times measured in hours, will be fighting flash mobs that materialize, cause mayhem, and evaporate in only fractions of hours. This rapid cycle time is a clear lesson taken from massive riots by immigrant French Muslim MUYs in their own religious enclaves and bordering areas.

The American flash mob riot will exist almost entirely inside the law enforcement OODA

(observe, orient, decide, act) loop. In other words, the rioters will have a much quicker reaction time than the police. Until fairly recently, superior police communications meant that they could use their radio networks as a force multiplier.

Today, the mob has the greater advantage, immediately spreading word of every police preparation by text and Tweet, even in advance of the police movement. Attempts by the authorities to stop the flash mobs by blocking and jamming wireless transmissions will have limited success.

It is at this point that the situation spirals out of control.

The enraged mobs in urban America will soon recognize that their spontaneous street riots cannot be stopped by the police, and then they will grow truly fearsome. For the police, it will be a losing game of Whack-a-Mole, with riots breaking out and dispersing at a speed they cannot hope to match. The violence will spread to previously unaffected cities as an awareness of law enforcement impotence is spread by television and social media. After a few days, the police forces will be exhausted and demoralized. As the violence intensifies and spreads, and in the absence of any viable security arrangements, supermarkets and other stores will not be restocked, leaving the MUYs even more desperate and angry than before. The increasing desperation born of worsening hunger will refuel the escalating spiral of violence.

Comment: This whole scenario is all by design and fits right into the plans the elite have for America. They don't want law and order they want "Order out of Chaos".

Nor will violent conflict be only between the inhabitants of the urban areas and the suburbs. **The international record of conflict in tri-ethnic cities is grim, making the old bi-racial dichotomy formerly seen in America seem stable by comparison.** In tri-ethnic cities the perceived balance of power is constantly shifting, with each side in turn feeling outnumbered and outmuscled. Temporary truces, betrayals and new alliances follow in rapid succession, removing any lingering sense of social cohesion.

The former Yugoslavia, with its Catholic, Orthodox and Muslim divisions, comes starkly to mind. The Lebanese Civil War between the pseudo-Christians, Sunnis, Shiites and Druze raged across Beirut (at one time known as "The Paris of the Middle East") **for fifteen brutal years. Once a city turns on itself and becomes a runaway engine of self-destruction, it can be difficult to impossible to switch off the process and return to normal pre-conflict life. It's not inconceivable that the United States could produce a dozen Sarajevos or Beiruts, primarily across racial instead of religious divides.**

Vehicle traffic by non-minority suburban commuters through adjoining minority areas will virtually halt, wrecking what is left of the local economy. Businesses will not open because employees will not be able to travel to work safely. Businesses in minority areas, needless to say, will be looted. "Gentrified" enclaves of affluent suburbanites within or near the urban zones will suffer repeated attacks, until their inhabitants flee.

Radically disaffected minorities will hold critical infrastructure corridors through their areas hostage against the greater society. Highways, railroad tracks, pipe and power lines will all be under constant threat, or may be cut in planned or unplanned acts of raging against "the system." As long as security in the urban areas cannot be restored, these corridors will be under threat. **Even airports will not be immune. Many of them have been absorbed into urban areas, and aircraft will come under sporadic fire while taking off and landing.**

In the absence of fresh targets of value blundering into their areas, and still out of food, MUYs will begin to forage beyond their desolated home neighborhoods and into suburban borderlands. "Safe" supermarkets and other stores will be robbed in brazen commando-like gang attacks. Carjackings and home invasions will proliferate madly. As I have discussed in my essay "The Civil War Two Cube," so-called "transitional" and mixed-ethnic areas will suffer the worst violence. These neighborhoods will become utterly chaotic killing zones, with little or no help coming from the overstretched police, who will

be trying to rest up for their next shift on riot squad duty, if they have not already deserted their posts to take care of their own families.

THE SUBURBAN ARMED VIGILANTE RESPONSE

In the absence of an effective official police response to the exploding levels of violence, suburbanites will first hastily form self-defense forces to guard their neighborhoods—especially ones located near ethnic borders. These ubiquitous neighborhood armed defense teams will often have a deep and talented bench from which to select members, and they will not lack for volunteers.

Since 9-11, hundreds of thousands of young men (and more than a few women) have acquired graduate-level educations in various aspects of urban warfare. In the Middle East these troops were frequently tasked with restoring order to urban areas exploding in internecine strife. Today these former military men and women understand better than anyone the life-or-death difference between being armed and organized versus unarmed and unorganized.

Hundreds of thousands if not millions of veterans currently own rifles strikingly similar to those they carried in the armed forces, lacking only the full-automatic selector switch. Their brothers, sisters, parents, friends, and neighbors who did not serve in the military are often just as familiar with the weapons, if not the tactics. Today the AR-pattern rifle (the semi-automatic civilian version of the familiar full-auto-capable M-16 or M-4) is the most popular model of rifle in America, with millions sold in the past decade. Virtually all of them produced in the past decade have abandoned the old M-16's signature "carrying handle" rear iron sight for a standardized sight mounting rail, meaning that virtually every AR sold today can be easily equipped with an efficient optical sight.

And there are a far greater number of scoped bolt-action hunting rifles in private hands in the United States. Keep this number in mind: based on deer stamps sold, approximately twenty million Americans venture into the woods every fall armed with such rifles.

So, we have millions of men and women with military training, owning rifles similar to the ones they used in combat operations overseas from Vietnam to Afghanistan. Many of these Soldiers and Marines have special operations training. They are former military with experience at conducting irregular warfare and counter-terrorism operations in dangerous urban environments. They are the opposite of unthinking robots: their greatest military talent is looking outside the box for new solutions. They always seek to "over-match" their enemies, using their own advantages as force multipliers while diminishing or concealing their weaknesses. These military veterans are also ready, willing and able to pass on their experience and training to interested students in their civilian circles.

Let's return to our hypothetical Florence and Normandie intersection, but this time with hundreds of rioters per city block, instead of mere dozens. Among the mobs are thugs armed with pistols and perhaps even AK-47s equipped with standard iron sights, and except in rare cases, these rifles have never been "zeroed in" on a target range. In other words, past a medium distance of fifty to a hundred yards, these MUY shooters will have little idea where their fired bullets will strike—nor will they care. Typically, most of the rioters armed with a pistol, shotgun or an iron-sighted rifle could not hit a mailbox at a hundred yards unless by luck. Inside that distance, any non-MUY could be at immediate risk of brutal death at the hands of an enraged mob, but beyond that range, the mob will pose much less danger.

Taking this imbalance in effective ranges of the firearms most likely to be available to both sides, certain tactical responses are sure to arise, and ranking near the top will be the one described next.

The sniper ambush will predictably be used as a counter to rampaging mobs armed only with short- to medium-range weapons. This extremely deadly tactic was developed by our war fighters in Iraq and Afghanistan, taking advantage of the significant effective range and firepower of our scoped 5.56mm rifles. Tactics such as the sniper ambush may not be seen early in the civil disorder, but they will

surely arise after a steady progression of atrocities attributed to rampaging MUYs. Street intersection flash mob riots will not be the only type of violence exploding during periods of civil disorder. As mentioned earlier, the number and ferocity of home invasions will skyrocket, and they will be very hard to defend against. Neighborhood self-defense forces will be able to protect a group of homes if they are located on cul-de-sacs or in defensible subdivisions with limited entrances, turning them overnight into fortified gated communities. Individual homes and apartment buildings located in open grid-pattern neighborhoods with outside access from many directions will be much more difficult to defend, and the home invasions will continue.

Carjacking and other forms of armed robbery will proliferate to previously unimagined levels, leading to a total loss of confidence in the government's ability to provide security across all social lines. Stray bullets striking pedestrians or penetrating houses will take a frightening toll, even in areas previously considered to be safe. The police will be exhausted by constant riot-squad duty, and will not even respond to reports of mere individual acts of violent criminality. They will simply be overwhelmed, and will be forced to triage their responses. The wealthy, powerful and politically well-connected will demand the lion's share of remaining police resources, further diminishing the safety of average Americans.

In that context, neighborhood self-defense forces will form the nucleus of the armed vigilante direct action groups which will spring up next in the progression. **Suburban anger will continue to build against the MUYs, who are perceived to be the originators of the home invasions and gang-level armed looting raids. Survivors of street ambushes, carjackings and home invasions will tell blood-curdling tales and show horrific scars.**

Biblical Resistance to Tyranny

Protection of our families is part of providing for our families:

1Ti 5:8 *But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel.*

In the context of this verse the Noah Webster's 1828 defines the word 'Provide' as: PROVIDE, v.i. To procure supplies or means of defense; or to take measures for counteracting or escaping an evil.

Pastor John Weaver....

  [The Biblical Doctrine of Self-Defense](#)  [Play!](#) 
1 [John Weaver | Part 1](#) MON 07/21/2008
Freedom Ministries 1,180+ downloads | 70 min

  [The Biblical Doctrine of Self-Defense](#)  [Play!](#) 
2 [John Weaver | Part 2](#) TUE 07/22/2008
Freedom Ministries 800+ downloads | 71 min

Psa 82:2 **How long will ye judge unjustly, and accept the persons of the wicked?**

Selah.

Psa 82:3 **Defend the poor and fatherless: do justice to the afflicted and needy.**

Psa 82:4 **Deliver the poor and needy: rid [them] out of the hand of the wicked.**

Psa 82:5 **They know not, neither will they understand; they walk on in darkness: all the foundations of the earth are out of course.**

The neighborhood defense teams will evolve into proactive suburban armed vigilante groups (SAVs) out of a desire to preemptively **take the fight to their perceived enemies, instead of passively waiting for the next home invasion or carjacking.** The SAV teams will consist of the more aggressive members of the self-

defense forces, who met and compared notes. Often they will be young men with recent combat experience in the armed forces, who will apply their military training to the new situation. Major intersections and highway interchanges where ambush riots have previously occurred will be among the SAV targets. The SAV reaction times will be measured in minutes, compared to the hours required by major police department SWAT teams and riot squads.

THE GOVERNMENT RESPONSE TO VIGILANTISM

Where they will be unable to respond swiftly or effectively to the outbreaks of street riots by MUY flash mobs, the police and federal agents will respond vigorously to the deadly but smaller vigilante attacks. These sniper ambushes and other SAV attacks will be called acts of domestic terrorism and mass murder by government officials and the mainstream media. A nearly seamless web of urban and suburban street cameras will reveal some of the SAV teams by their vehicles, facial recognition programs, and other technical means. Some early arrests will be made, but the vigilantes will adapt to increasing law enforcement pressure against them by becoming cleverer about their camouflage, most often using stolen cars and false uniforms and masks during their direct-action missions. Eventually, the U.S. Army itself might be called upon to put out all the social firestorms in our cities, restore order and security, pacify the angry masses, feed the starving millions, get vital infrastructure operating again, and do it all at once in a dozen American Beiruts, Sarajevos and Mogadishus.

A few hundred "Active IRA" tied down thousands of British troops in one corner of a small island for decades. The same ratios have served the Taliban well over the past decade while fighting against the combined might of NATO. Set aside for a moment the angry starving millions trapped in the urban areas, and the dire security issues arising thereof. Just to consider the official reaction to vigilantism separately, it's unlikely that any conceivable combinations of local and state police, federal law enforcement, National Guard or active-duty Army actions could neutralize or eliminate tens of thousands of former special operations troops intent on providing their own form of security. **Millions of Americans are already far better armed and trained than a few hundred IRA or Taliban ever were.**

It is a frightening thing to crystallize the possible outbreak of mass starvation and racial warfare into words, so that the mind is forced to confront agonizingly painful scenarios. It is much easier to avert one's eyes and mind from the ugliness but in this grim essay I am describing a brutal situation of ethnic civil war not differing much from the worst scenes from recent history in Rwanda, South Africa, Mexico, Bosnia, Iraq, and many other places that have experienced varying types and degrees of societal collapse.

Most of us wish we could turn back the calendar to Norman Rockwell's America. But we cannot, for that America is water long over the dam and gone from our sight, if not from our memories. John Adams said, "**Our Constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other.**" If that is true, judging by current and even accelerating cultural shifts, we have already passed the point of no return.

The prudent American will trim his sails accordingly.

Matt Bracken is the author of the Enemies Foreign And Domestic trilogy, along with his latest novel, Castigo Cay.

Black mob violence and the media silence--BIG LIST of racial attacks, assaults and threats
by [Colin Flaherty](#)



America is the midst of an epidemic of racial mob violence and the media refuses to report it.

In my book, I documented hundreds of examples of black mob violence in more than 70 cities big and small throughout the country.

Many of the episodes are on YouTube. I also documented how the media and public officials ignore, condone, excuse and even lie about this wave of lawlessness. Despite a growing mountain of evidence, some still deny this problem exists. (Curiously, the same people who deny the problem are always the first to explain it away.)

So here are the links to racial mob violence throughout the country, following the organization of the chapters in my book: Some by city, some by theme, i.e. racial violence against Asians, "gays," Jews, women and others.

I followed up many of the links with phone calls or emails to confirm the racial nature of the attacks and lawlessness.

Many of the individual links are definitive. Treat the others as clues that are part of an investigative package that help us determine the racial quality of the mayhem. And how public officials and media react to it.

Editor's note: Some of these links will have images and language that is objectionable:

Breaking reports

[Woman hopes video will help ID attackers](#)

[Victim doesn't aid an assault investigation](#)

[VIDEO: Police seek witnesses of downtown Savannah fight](#)

[Group assaulted, robbed bicyclist, police say](#)

[Unruly teens keep police busy during CelebrateErie](#)

[20 juveniles, 4 adults arrested in Gold Coast ruckus](#)

[Man beaten in possible hate crime on Sacramento light rail](#)

Many of the links in The Big List and the book came from readers all over the country. So if you see something, say something in an [email](#).

Chapter 1

[AP Blames Tea Party for London Riots.](#)



[Beat Whitey Nights at the Iowa State Fair](#)

[Police, fire fighters shot with fireworks in riot at Peoria](#)

[Milwaukee: Violent Flash Mob Attacks Group 'Oh, White Girl Bleeds a Lot'](#)

[Deliveryman beaten, robbed by group in Wilmington](#)

[Chicago Police Superintendent Blames Palin for Gun Violence](#)

[Officials: Flash Mobs Already Plague South Side](#)

Panic amid US flash mob attacks

Chapter 2: Philadelphia

LaSalle Student Stabbed in “Hate Crime”: Dog Saves Life

Nutter: Race not an issue

Woman’s leg broken by violent African American mob in North Philadelphia

Officials Try to End Philly “Flash Mobs”

Teens in a mob assault and rob Center City patrons

A bystander was severely beaten by the “flash mob”

MACY’S (FIGHT) 100 Teens Storm Inside Macy’s & Start Fighting-14 Arrested!

“Unruly crowd” forms after 4th of July celebration

Center City Store Brawl Caught On Tape

African American flash mobs terrorize Philadelphia yet again

RIOTS IN PHILLY FLASH MOBS (E KCLASS TV)!!!

“As Victim Speaks Out, City Explores Ways To Stop Violent Flash Mobs”

“Flash Mobs in Philadelphia: Sorry PC America, They are a Racial Thing”

“Philly mayor: flash mobbers ‘damaging their race’”

“Nutter did well to move quickly against mayhem mobs”

“Teen Arrested For Stabbing At Erie Lanes Bowling Alley”

“‘Flash mob’ assault suspects surrender”

“Reading, Writing, Rioting... Philly Flash Mob Is From Oprah-Funded School”

“Chased home: Mob attacks man in his house”

“Officials In Phila. Plan Curfews To Curb Teen Violence”

“Flash mob victim’s untold story”

“Temple Hospital: Flash mobs just kids ‘blowing off some steam’”

“Flash mob victim’s untold story Anna Taylor is still shaken after a night of random violence in March”

“Black & Hispanic Mob attacks man in his own home – ‘We got you, you white mother——’”

Chapter 3 – Asian

“Asian Students Under Assault”

“Judge is soft on black on Asian hate crimes”

“South Philadelphia High Asian students get safety instruction”

“Home Invasion 1400 McKinley Street DC#12-2-018719”

“Racist blacks are targeting Asian women for hate crimes in New York”

“Black admits to targeting Asians but says he’s not racist”

Chapter 4: Partying

“South Beach Memorial Day 2011 Crazy Shootout!! Shooting”

NIGHT CITY POLICE DEPARTMENT REPORT FORM 15-12 A					1. CASE NUMBER
				OFFICER ID NUMBER	
2. CODE SECTION	3. CRIME	4. CLASSIFICATION	5. REPORT AREA		
6. DATE AND TIME OCCURRED-DAY		7. DATE AND TIME REPORTED	8. LOCATION		
9. VICTIM'S NAME-LAST, FIRST, MIDDLE		10. RESIDENCE ADDRESS		11. RES. PHONE	
12. OCCUPATION	13. RACE-SEX	14. AGE	15. DOB	16. BUS. PHONE	
CODES FOR BOXES 19 AND 28: V-VICTIM W-WITNESS P-PARENT RP-REPORTING PARTY DC-DISCOVERED CRIME				17. CHECK IF MORE NAMES	

“Memorial Day Weekend South Beach Miami 2011”

“Miami Beach Memorial Day Shooting May 30th 2011”

“Uncle Luke, Co-Founder Of Urban Beach Week, No Longer Attends Event”

“Myrtle Beach police inundated with crime during 8-hour window”

“Black Bike Week”

“Indiana Black Expo 2006”

“INDIANA BLACK EXPO PROCLAIMED A SUCCESS”

“Time To Call a Spade a Spade”

“Police release video of uptown violence after Speed Street”

Chapters 5 and 6: Chicago and sequel

["Flash mob at McDonalds leaves behind a McMystery"](#)
["Teen Mob Hits Walgreens On The Mag Mile"](#)
["Doubts Mount About Why City Closed North Avenue Beach"](#)
["Police Beef Up Patrols To Combat 'Flash Mob' Crime"](#)
["Audio From 911 Tapes Released to WLS Radio – Dozens of gang-bangers pushing people off their bikes"](#)
["Amy Schwartz Says Chicago Police Are Covering Up Memorial Day Beach Riot!"](#)
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["Police Chief Blames 'Pilgrims,' Cops for Chicago Violence"](#)
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["State Fair melees produce 11 injuries, 31 arrests"](#)
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[“4 shot after argument leads to gunfire in Mpls”](#)

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[“City of Minneapolis Affirmative Action Plan \(AAP\) January 1, 2009 – December 31, 2013”](#)

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[“School kids trash 9/11 memorial”](#)

[“12 Girls Haul Teenagers Off Subway by Hair, Steal Cell Phone”](#)

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[“I was beaten, taunted for being white, Bronx man says after subway attack”](#)

[“Police: 11 Arrested After Fight Breaks Out Inside Long Island Hospital”](#)

[“5 Men Arrested, 2 Cops Hurt in Long Beach Riot”](#)

[“3 Arrested, More Sought In Gang Beating That Left NJ Man In A Coma”](#)

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[“Police break up fights at Taft hours after riverfront fireworks”](#)

[“Black Mob in Peoria shoots fireworks at police, firefighters”](#)

[“Locals shooting fireworks at the cops”](#)

[“Quincy Man Arrested After Assaulting QPD Officers With Fireworks”](#)
[“Gaffney Police Promise Stepped Up Patrols To Prevent July 4th Riot”](#)
[“Dallas Thugs Go Nuts & Assault Police, Photojournalist With Fireworks”](#)
[“Fireworks Attack: New Audio, Video Released”](#)
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[“Police detail Inner Harbor disturbance; mess left in Canton”](#)
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["Flash mob scatters when clerk grabs a can of bear spray"](#)

["Teen mob 'flash robs' Albertsons store"](#)

["Smart mobs turn violent as flash mobs rob store after store in the United States"](#)

["TriMet beating of 14-year-old girl on MAX last month started with exchange over a boy, police say"](#)

["Portland Train Mob Attack on White Teen Ruled Not a Hate Crime! Huh?"](#)

["Portland police investigate sexual assault in Laurelhurst Park"](#)

["In hindsight, being in a public park at night is not the safest place"](#)

["Police Respond to Weird Assaults in Laurelhurst Park"](#)

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["Solicitor: No evidence that Five Points beating was racially motivated"](#)

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["Elex Murphy on his Facebook page"](#)

["Knockout King: Kids call it a game. Academics call it a bogus trend. Cops call it murder"](#)

["Teens Playing 'Knock-Out Game' Beat Gay Man Bloody in St. Louis \(Video\)"](#)

["St. Louis man recovering after unprovoked attack in Tower Grove"](#)

["St. Louis Knockout King Game: More Victims and the Cover-up By City Hall and Police"](#)

["Parking Garage Attack – Downtown Columbia, MO – June 6, 2009"](#)

["Knockout King: Kids call it a game. Academics call it a bogus trend. Cops call it murder"](#)

["'Pick 'Em Out and Knock 'Em Out': Three Teens Arrested in Savage Murder of Senior"](#)

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["Police zero in on three groups in 'knockout game' investigation"](#)

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["DOE GANG ENTERTAINMENT PRESENTS: D.O.E.Z."](#)

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["3 Seattle Bus Tunnel Guards Watch Brutal Beating"](#)

["Seattle Denny Fights Back TBTv"](#)

["White Teen Beaten, Tortured By Blacks – Hate Crime"](#)

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["Rainier Valley activists holding community meeting in after math of robberies, Danny Vega murder"](#)

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["Atlanta Airport Information"](#)

["In St. Louis, roving 'wilding' gangs of up to 100 blacks attacking people at train stations"](#)

["Ferguson man charged in Loop scuffle also is suspect in murder case"](#)

["Flash mob on Venice boardwalk ends in shooting"](#)

["I was beaten, taunted for being white, Bronx man says after subway attack"](#)

["Gang War Erupts In Gun Fire- 6 shot @ Venice beach"](#)

["FOX 25 BOSTON \(GANG VIOLENCE, REVERE BEACH\)"](#)

["Teen mob kick and punches man at metro station"](#)

["Concerns about Silver Spring spur consideration of curfew"](#)

["Boy mugged by group of teens near Ogilvie Transportation Center"](#)

["African American Teen Mobs Attack Chicago Transit Authority Buses"](#)

["Bails set for teens charged with hate crime in harassment at train station"](#)

["Flash mob attacks post-firework crowd on EI"](#)

["3 Seattle Bus Tunnel Guards Watch Brutal Beating"](#)

["New Details About Mayfair Melee"](#)

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["Men Charged with Zach Gamble's Murder to be Indicted by Grand Jury"](#)

["Hearing delves into night of Iraq vet's death"](#)

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["Screen on the Green aftermath: Only one incident reported to police"](#)

["Atlanta police: No report of 'hate crime' at Screen on the Green"](#)

["Screen on the Green disaster"](#)

["Chaos at Thursday's Screen on the Green not unprecedented"](#)

["3 Teens Shot as Crowds Leave Screen on the Green"](#)

["Take back Screen on the Green/ Boycott until it's Safe for everyone!"](#)

["Crazy girl fights on subway train in Atlanta"](#)

["Hood fight on Atlanta train part 1"](#)

["Marta Fight"](#)

["Bloody fight on Marta"](#)

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["Georgia Tech student robbed at gunpoint in campus dorm room"](#)

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[“Surveillance Video of African American Teen Flash Mob Robbing Upper Darby Sears”](#)

[“Flash robs’ invade Canada”](#)

[“Good Morning America : Flash Rob Video: Mass Theft Becomes Latest Teen Trend on Web”](#)

[“Flash Mob Robs 7-11”](#)

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[“Group of Women Hit Northeast DC Convenience Store in Flash Mob Robbery”](#)

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[“Wisc beating victim: ‘They just said ‘Oh, white girl bleeds a lot’ plus Riverview Gas Station Mob Raid”](#)

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[“2nd suspect arrested in Asheville ‘gay’-bashing case”](#)

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[“Atlanta police: No report of ‘hate crime’ at Screen on the Green”](#)

[“Atlanta Street Gang Members Videotaped Brutal Hate Crime Attack On ‘F——’”](#)

[“‘Gays’ caught in crossfire of ‘Screen’ melee”](#)

[“Teens beat up Williamsburg man in ‘gay’ hate crime”](#)

[“Police: Men Shouted Racial, Homophobic Slurs In MBTA Assault”](#)

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[“Home invaders in Chester swept away with a broom”](#)

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["Records: Riverhead man pointed gun at women, yelled 'Y'all don't want it'"](#)
["Riverhead cops: 750 unruly youths dispersed"](#)
["Riverhead Police Break Up Huge Brawl"](#)
["Two women hospitalized for stab wounds after July 4th brawl in Riverhead"](#)
["Cops: 750 'unruly youths' in large disturbance; five other departments called for help"](#)
["House-crasher sentenced after enjoying Diddy's food, cigars and toothbrush"](#)

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["Witness Changes Her Story About Matthew Owens Beating"](#)
["Here We Go... Black Rapper Calls For Race Riots Over Trayvon Martin Killing"](#)
["Black teenager, 18, admits beating and robbing white man as 'revenge' for Trayvon Martin death"](#)
["Ga. high school students tweet Trayvon riot; threats of violence grow over Twitter; Sharpton heads to Sanford"](#)
["Man, 78, recounts assault by 6 youths in E. Toledo"](#)
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["Police Say Fight In Rehoboth Beach Was Gang Related"](#)
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["Motive Unclear In Attack By Group Of Teens On 16th Street Mall"](#)
["Police Seek Robbers In Baseball Bat Beatings"](#)
["Denver police grieve shooting death of officer at park jazz concert"](#)
["'Borderline riot' at Alabama Adventure theme park sends police in, park guests out"](#)
["Police Shut Down Wave Country Due To Unruly Crowd"](#)
["Fights in downtown Greensboro renew talk of curfew"](#)
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["Police: No 'flash mob attacks' in Greensboro"](#)
["Reporters Attacked By Mob Of Blacks At IHOP"](#)
["\\$5,000 reward offered for arrest, conviction of park killer"](#)
["Vallejo city worker brutally attacked by mob"](#)
[Family thinks teenager did not attack Vallejo worker](#)
[Media censored seven hate crime mob attacks in Grand Rapids](#)

<http://www.wnd.com/2012/09/black-mob-violence-and-the-media-silence/print/>

From: Kyle B
Sent: Wednesday, September 19, 2012 2:10 AM
To: Dr. Scott Johnson
Subject: **Long Term Food Company Recommendation**

Hi Dr. Johnson

Are the efoods direct products a good way to prepare?

<http://www.efoodsdirect.com/comparison.aspx>

Or what do you recommend for long term food storage?

My Reply: There OK it's just that virtually all these companies load their products with hidden MSG and other garbage to improve taste. I was at an expo this weekend and found this long term food company and really like them as their ingredient list is not loaded

with these chemicals. They even had some organic long term foods. Talked to the owner and really like the guy as well: www.noahspantry.com

Proactive Measures In the Event of a Pandemic

5000 Mild Silver Protein (M.S.P.) Suggested Therapeutic Dosing Guidelines

1tsp.-1tbsp. for every 30 lbs. of bodyweight per day, if you have been exposed or if you have a virulent virus/Pandemic. The 1 tbsp. dosage would be used for life threatening situations. This dosage should be equally broken up and taken in 3 hour intervals. Stay at home and avoid contact with the populace till the outbreak passes. If taking the M.S.P. drink at least 8, eight ounce glasses of purified water per day. M.S.P. can be used topically with DMSO over an infectious site. Because the 5000 PPM M.S.P. is only available in 4 ounce bottles it would be wise to keep at least a few bottles for each adult family member and 1-2 for each child in your household. View this like an insurance policy that hopefully you will never have to use. Even if you don't use this product in the event of a pandemic, it can be diluted and taken on an everyday basis to keep the immune system strong.

++ Because Invive Silver is so stable it has a **15 year minimum shelf life**. **Currently the expirations dates are 2025**. There is no colloidal silver in any form that can even come close to their shelf life or potency; **nor has there been one case of Argyria (turning gray) reported from taking Invive Silver.**

For more information or to purchase go to: www.dr-johnson.com

Invive Mild Silver Protein: The Ultimate Immune System Product For Colds, Flu's and Infections.

Website: [For More Information Click Here](#)

The March 1978 issue of Science Digest, in an article, 'Our Mightiest Germ Fighter,' reported: . . . "An antibiotic kills perhaps a half-dozen different disease organisms, but silver kills some 650. Resistant strains fail to develop."

"Colloidal Silver . . . killed every virus that was tested in the lab,"

UCLA Medical Center.

++ Helpful Colloidal Silver/Mild Silver Protein Desk Reference Guide for Specific Health Problems for those who are seeking help regarding specific diseases, maladies and health problems you can go to: www.dr-johnson.com and then click on: "(Doctor's Desk Reference)" at the top of the website. The maladies and diseases are in alphabetical order with specific instructions relating to each problem.

The Truth About Mild Silver Protein/M.S.P: "Rebuttals of Promoters'

Misinformation": http://invive.com/Rebuttals_new.html

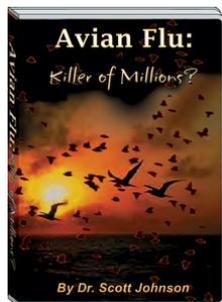
Actual M.S.P. Scientific/Medical Studies:

www.xpressnet.com/bhealthy/bhealthy.html#HIVLET

Dr. Johnson's Comment: Invive Mild Silver Protein is made under Pharmaceutical GMP (Good Manufacturing Practices) with double check off lists. The silver that is used is the finest available and is the same silver used in the 1938 Edition, 12th Volume of the British Encyclopedia of Medical Practice: Royal College of Physicians and Surgeons. The Compounds used to make this silver are identical as the silver compounds used in burn wards across America. As a result they can achieve uniform particle size of .3 microns which is something most companies have a very hard time doing. Now this particle size is much smaller than a bacterium which are approximately .5 microns. Therefore Invive silver particles can go wherever the bacteria are "because" the Invive particles are .3 microns which is smaller than a bacteria.

Today's modern antibiotics kill over 100,000 Americans per year, and cause horrendous liver and kidney damage, failure, and death, whereas the Invive Mild Silver Protein formulation has never caused one death.

Video Avian Flu: Killer of Millions? by Dr. Scott Johnson



Updated Online PowerPoint Audio's of the above teaching by Scott Johnson:
[Avian Flu/Pandemics: What to Expect & How to Prepare \(1-16\)](#)
[Colloidal Silver-Mild Silver Protein it's uses and history](#)
[Avian Flu, Population Control, H5N1, Biological Warfare: 1-5](#)

View all of Dr. Johnson's Online Video Presentations in 'Playlist' Succession

Dr. Johnson YouTube Website: <http://www.youtube.com/av161177777>

Further Proactive Measures

North American Herb and Spice-Super Strength Oregonol P73 To Order Go to:

www.p-73.com or call 800-243-5242 Clinical Data: www.p-73.com/pdf/avian2.pdf

Invest in a "personal nebulizer" as the M.S.P. can be put into this device and atomized into the lungs and nasal passages. Use **100ppm** Mild Silver Protein strength for nebulizer use.

intraMAX by Drucker

Labs: 415 Organic Nutrient Complexes All In One Liquid Formulation Supplies the immune system boosting components of vitamin C, vitamin E, selenium and zinc to name a few. In order to purchase IntraMAX you have to be referred by a health care professional. **For More Information Click Here:**

http://store.druckerlabs.com/intraMAXinfo_s/117.htm ****In order to purchase IntraMAX you have to be referred by a health care professional. So just use the Professional Referral/Ordering Code: 800 Questions or to order? Call Customer Service toll free at: 888-881-2344 or go to:**

Gas Mask Recommendations: Invest in gas masks for each member of your household. But remember the gas mask is only as good as the seal to your skin, so don't put all your eggs in this basket. SGE 150 Protective Mask at: 1-877-AGM-1010

www.approvedgasmasks.com/sge150.htm

Book--Dare To Prepare: http://standeyo.com/Our_Books/DTP.html

Book--Strategic Relocation: North American Guide to Safe Places is an in-depth analysis of North America's safest places to live. This book will help you look ahead for potential threats that most other people fail to see or choose to ignore. It contains a complete discussion of the strategies and relocation contingencies that will help you avoid or mitigate each of the major modern threats, from national disasters to economic collapse to nuclear war. <http://www.joelskousen.com/Strategic/strategic.html>

Book--Prudent Places USA:

http://standeyo.com/Our_Books/PPusa/MAPS/Index.1.html

http://standeyo.com/Our_Books/PPusa/MAPS/Index.1.html

To Order: <http://www.standeyo-cart.com/ProductDetails.asp?ProductCode=PPUSA>

101 EMERGENCY PREPAREDNESS 101

The Top 5 Priorities of Emergency Preparedness - #1 MAKE A PLAN

Sometimes it is hard to know where to start with your emergency supplies. If you aren't careful, you can end up spending a lot of time, energy and money on items and in areas that really won't help you and your family be prepared. Because there is a lot of information to cover in how set your "Emergency Preparedness Priorities", I am going to

break this out into a few different categories, over a period of a few days. I will also be posting this instructional series on our blog at www.thereadystore.com. Here are the main categories I want to discuss:

1. **Make a Plan.** Review, Rotate, Replace. Make adjustments for family size, age and local community needs. Consider evacuation, communication and staying put.
2. **Gather Grab and Go Supplies.** [72 hour kits](#), [MREs](#), [food bars](#), [water pouches](#), [water purification](#), [first-aid](#), storage.
3. **Gather Shelter in Place Supplies.** [Radios](#), [flashlights](#), [first-aid](#), [sanitation & hygiene](#), [warmth & shelter](#), storage.
4. **Clean Water.** [Water storage](#), [barrels](#), [filters](#), storage.
5. **Shelf Stable Food.** Items in pantry, short term and [long term food storage](#) item



White Pine Needles For the Immune System

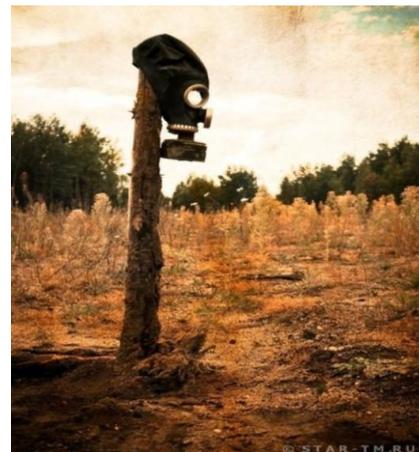
Researchers in Maine have discovered that [pine needles](#) are about 3% by weight shikimic acid. **They also have a very high vitamin C content.** No one is suggesting pine needle tea as a substantial source of shikimic acid for the flu. But, if you get the flu you may want to indulge in a little pine needle tea.

Excellent Emergency Medical Supplies

<http://store.doomandbloom.net/>

Doomsday Bunkers Shows: One Man Is Helping People Prepare For Armageddon

The impact of the tsunami in Japan a year ago was also felt in the United States, prompting an estimated 1,000 percent increase in the sale of "doomsday bunkers" -- secret, underground safe houses built to deliver families through Armageddon-like catastrophes. And in the wake of the deadly tornadoes that ripped through Indiana and Kentucky last week, interest in impenetrable underground safety zones has once again been piqued. So what exactly goes into the creation of a secret, secure bunker? Dallas-based Deep Earth Bunker owner Scott Bales and his engineers have teamed with the Discovery Channel to show exactly what goes into making these technologically advanced, secretive hideouts. Each episode of "Doomsday Bunkers" is a start-to-finish guide in the building of a bunker, and shows how each of the safety rooms is tailor-made to suit the owner's needs.



BUILD YOUR OWN BUNKER PLANS (right click links below and "save as" to your computer)

- [SM-10 Home Fallout Shelter](#)
- [SM-11 Fallout Shelter Above Ground](#)
- [SM-12 Fallout Shelter Modified Ceiling](#)

- [SM-13 Fallout Shelter Concrete Basement](#)
- [SM-14 Fallout Shelter Tilt Up Storage Unit](#)
- [SM-15 Fallout Shelter Lean To Shelter](#)
- [SM-16 How To Build A Bomb Shelter](#)

Emergency Response Protocols: Establishing Operational Guidelines for Times of Crisis

Play: <http://www.youtube.com/watch?v=rA5Pn0fGwtY>

This video outlines the philosophy and strategies for establishing operational guidelines that can be used in times of crisis.

LINK TO DOWNLOAD Word Document Templates:

<https://sites.google.com/site/analyticalsurvival/>

From a wonderful listener:

This is a guide to the gear that I recommend you buy. I'm not here to show you the cheapest gear on the market, because that is NOT the intent of this document. I'm here to show you what I recommend for you to buy, **and the gear that will LAST; NOT gear that will save you money.**

Over the last month I've been putting together a document for you.

Scott has been warning you to start prepping for years, because good gear isn't cheap; and cheap gear isn't good. If you want to buy cheap junkie gear, then you may as well stop reading this now. If however you are serious about preparing for what's ahead, please read on :) This document has been put together after hundreds (and I mean HUNDREDS!) of hours of research, and a lot of buying and testing gear personally. **This is not a second-hand review I've cut and paste off the internet; the gear that I've listed here is what I have, and what I will personally be using when the system collapses. I am giving you information that has taken me over 6 years of dedication, dollars, study and review to come up with.** I hope you appreciate it, and may God watch over you and forever guide your path :)

Faith

My faith, and my King James Bible. This is the greatest force multiplier in the universe. Your faith in the Lord Jesus Christ, and the pure and precious words of God will be where you draw your strength from, be the guiding light and path to follow, and will give you peace that passes all understanding!



1) Standard Holy King James Bible

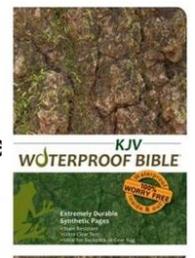
I recommend buying one from **Local Church Bible Publishers**.

It is the BEST place to buy a pure Authorized King James HOLY BIBLE!

<http://www.localchurchbiblepublishers.com/category/bibles/hand-size/>

2) Waterproof KJV Bible. A MUST BUY!

The pages are made from a polymer; not paper (even though it looks and feels like paper), so it's unaffected by water, pages can't be torn, and is virtually indestructible.



http://www.thekjvstore.com/product_detail.php?sid=erj6f252c8d4vulf76sdigbnt0&mcid=1&pgid=797

- 3) **120/160Gb iPod Classic** - Don't laugh: this is an important piece of kit (and you can buy them cheap at second-hand stores). This will allow you to listen to the KJB Audiobook, hundreds of sermons, Bible studies, and of course every Contending for Truth since it started in 2006 :) This



will be a real blessing and make isolation not only bearable but enjoyable when the power goes out.

<http://www.apple.com/ipodclassic/>

4) **KJB Audio Bible** (Alexander Scourby)

Cheapest is available on eBay

<http://www.thekjvstore.com/scourby-kjv-bible-on-mp3.html>



5) **Battery powered iPod Dock**

This will allow others to sit around and listen to the words of God and sermons too.

<http://www.jbl.com/EN-US/Products/Pages/ProductDetails.aspx?PID=JBLONSTMBLK2P>



Water

1) **Platypus 3L Water Bags**

These are excellent for water storage. With a top that completely zips open it's easy to fill, easy to clean and dry for storage.

Some brand of quality water bladder system is a MUST HAVE. Don't buy cheap, because water is the most important physical item your body needs ... if your bladder leaks or breaks you could easily be in an instant life threatening situation!

<http://www.wildearth.com.au/platypus-slidelock-hydration-bladder-made-p-1021.html>



Big Zip SL hydration system

2) **Camelbak "Antidote" milspec 100oz (3L) Hydration Bladder**

Drinking on the move is very important. Dehydration, just as much as your level of fitness, will slow your pace down while walking. Having a water bladder system that won't leak, and won't puncture easily is paramount! This system also has a cover for the bit valve, so it won't get dirt and muck in it when you sit down for a rest, and the drinking tube is insulated to stop the water in the tube from getting hot.



3) **Milbank**

This has been used for decades by the UK Military for filtering water. It does not remove bacteria and viruses; but will make the water clean and more palatable to drink. You will still need to boil the water or add purifying tablets. <http://www.youtube.com/watch?v=zu2L6me5EVE>



4) **Portable Water Filter**

I recommend the "Katadyn Pocket Filter" due to the amount of water you can quickly filter, and the longevity of the cartridges (13000 gallons/50000 litres), but all these models are excellent ... just remember to grab extra cartridges if you buy a paper filter models.

<http://www.katadyn.com/us/en/katadyn-products/products/katadynshopconnect/katadyn-water-filters/>



5) **Water BOB**

This is a great invention and a **MUST HAVE for home.**



It's a food grade plastic bladder that stores away in a cupboard, and can be deployed, pre-emptively, to store over 100 gallons of water safely in your bath tub.
<http://www.waterbob.com/Welcome.do>

If you have the space and can afford it, I can't stress enough how important a water tank connected to your home's guttering is ... you can only last 3 days without water, you need a LOT of it to function properly. Water is VERY HEAVY and hard to move, store, and keep potable in large amounts.

Food

1) **Freeze Dried Food.**

Always have a nice hot meal every night. Some of dinners are - Roast Chicken and Vegetables, Roast Lamb in mint sauce with potato and vegetables, Lamb Fettuccine and Beef Teriyaki. One helpful thing is that you can eat the meal straight from the pack, so no washing up dishes ... this may not sound like much, but if the town water gets turned off, preservation of water is critical. Do you want to drink washing up water? No thanks!

Aussies and Kiwis - Backcountry Cuisine

<http://backcountrycuisine.co.nz/bcc/index.php/archives/category/meals>

Yankees - Mountain House

http://www.mtnhse.com/mm5/merchant.mvc?Screen=CTGY&Store_Code=M&Category_Code=MHCDL

2) **Storable grains**

Rice, Wheat, Corn, Beans etc...

Store them in sealable plastic buckets with food grade diatomaceous earth to protect. **Don't forget to buy a hand mill** to turn grain into flour.

3) **Non-GMO Heirloom Seeds**

Best trading item pound for pound.

Buy them NOW and store them away, or start growing and learn, and feed yourself.

Cooking and Boiling

1) **Coleman Dual Fuel Stove** (Shellite [White Spirits]/ Unleaded Petrol) <http://www.colemandualfuelstove.com/>

Simple to use, Shellite [White Spirits], unlike petrol, never goes sour, so it can be stored indefinitely, but if you run out of Shellite you can drain the petrol out of your car and use it as cooking fuel.



2) **Soto Muka OD-1NP Stove** (Shellite [White Spirits]/ Unleaded Petrol)

This gas stove combines a reliable, powerful output and ease of care. Muka is not a simple gasoline stove but the next generation of stove. Includes hose, pump, maintenance tool and a carrying case.

<http://www.sotooutdoors.com/products/item/OD-1NP.html>



3) **Biolite Stove** (THIS IS A MUST HAVE)

Cooks your meals, and boils your water, with nothing but the twigs you collect on your journey, eliminating the need for heavy, expensive, polluting petroleum gas. **By converting heat from the fire into usable electricity, this stove will recharge your batteries and other gadgets like your iPod while you cook dinner.**

<http://biolitestove.com/campstove/camp-overview/features/>



Scott's Comment: I also recommend this stove as well: Eco Zoom Rocket Stoves

www.homesteadgeneralstore.com EcoZoom's Zoom Stove and Zoom Dura are wood burning models that use up to 56% less fuel and burn 70% cleaner than the open fire. It can also pay for itself in fuel savings in a few months. The stove is a safe, portable option that is accepted and used by cooks on six continents.

<http://www.homesteadgeneralstore.com/outdoor/Rocket-Stoves> Also make sure you have cooking implements for this application like a cast iron 'Dutch Oven' and iron skillet.

Fire Making

1) Light My Fire Firesteel "Army Version"

These are small, lightweight, and can be used thousands of times to strike a shower of sparks to ignite tinder for a fire ... **they are a MUST HAVE!**

<http://www.lightmyfire.com/products/sparking-fire-collection/swedish-firesteel-20.aspx>



2) Soto Pocket Torch

The Pocket Torch uses disposable lighter inside the unit to fuel the lighter.

The flame can reach temperatures up to 1300°C (approx. 2,300 °F).

The Pocket Torch is powerful, and very wind-resistant.

Because of the way it burns a disposable lighter's lifespan is increased by 60% when used inside the Pocket Torch.

<http://www.sotooutdoors.com/products/item/PT-14SB.html>

Found it!: http://www.outdoorgb.com/p/soto_pocket_blow_torches_pt-14sb/



Soto Pocket Torch XT

VERY HARD TO FIND ITEM!! As they are not being sold in retail stores at the moment due to government redtape and regulations, and from ringing many stores there is NO ETA on stock being available again. **If you are blessed enough to find one still on a store shelf BUY IT!!** It took me 1.5yrs to find 2 in a small store in England, and I was happy to pay for the international postage.

What makes these so unique are their compact size, and the ability to extend the burner head out to light stoves, lanterns, camp fires etc ... Wind resistant burner with extended burner head.

Found one best price I saw:

http://www.outdoorgb.com/p/soto_refillable_pocket_blow_torches_pt-xt/

High price but at least you can get one: http://www.outnorth.com/soto-eu/pocket-torch-xt-%28extended%29.php?group=prod_prod_grp-s1%2F547

Refill torch with SOTO Fill adaptor or gas Lighter cartridge.

Found one: http://www.outdoorgb.com/p/soto_gas_fill_adaptor_od-trc/
<http://www.sotooutdoors.com/products/item/PT-XT.html>



I've found a good supplier for those Soto items.

They are in England. I have called them on the phone and talked to the owner, she confirmed they hold these in stock and can deliver internationally.

Soto Muka OD-1NP Dual Fuel Stove with 700ml Fuel Bottle

http://www.ultralightoutdoorgear.co.uk/soto_muka_petrol_stove_with_700ml_fuel_bottle.html

SOTO Pocket Torch

http://www.ultralightoutdoorgear.co.uk/soto_pocket_blow_torch.html

SOTO Pocket Torch XT

http://www.ultralightoutdoorgear.co.uk/soto_pocket_blow_torch_xt.html

Knives

The next item on the list is knives. If the power goes out and times get bad, one of the most invaluable items you'll carry on your person will be a knife, and without a couple of

very good knives you'll be in a world a hurt. **They will also be a VERY good item for trade.** Here are the ones I highly recommend:

1) **Buck Hoodlum**

Based on Ron Hood's design. It is light enough to carry in a sheath, but heavy duty enough for any task out in the wilderness. The handle is built with a Shock Mitigation System (SMS) to alleviate shock and wasted energy when chopping. It has a large finger choil for providing control while whittling or other detailed activities. A groove is cut into the blade spine for bending wire, removing pots from a camp fire etc. Also, the Micarta handles can be removed to create a spear by lashing a branch to the tang of the blade. There is an integrated hammer on the butt of the handle and it comes with a heavy duty nylon sheath.



<http://www.cutleryshoppe.com/buck-ronhoodcollaboration-hoodlumsurvivalknife-massive5160carbonsteelblade.aspx>

2) **Trailblazer Sawvivor 15"**

This replaces an axe in your kit, and weighing only 9.5 oz!!

It folds up for easy storage in your backpack, and the saw blade is stored in the handle to prevent damage to any of your other gear.

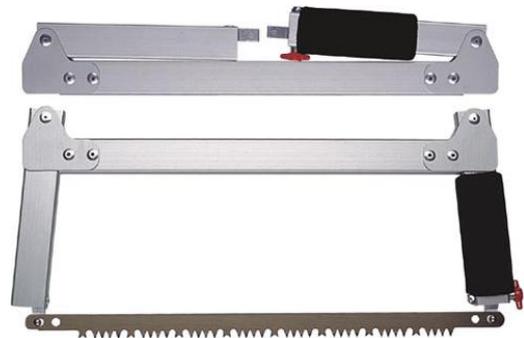
MAKE SURE YOU BUY IT WITH THE CARRY POUCH, as some retailers sell it without one ...

very annoying to have to make one yourself.

Available cheapest on eBay.

<http://sawvivor.com/>

WHY NO AXE?!? Here's why - <http://www.youtube.com/watch?v=G-M78Kly19E>



3) **Kershaw Blur**

This is a very good folding knife to do basic cutting tasks

It's one hand opening, and also has spring assist opening.

Available cheapest on eBay.

<http://www.kershawknives.com/productdetails.php?id=83&brand=kershaw>

Steel: Sandvik 14C28N stainless steel

Handle: 6061-T6 anodized aluminium

Trac-Tec inserts

Blade Length: 3 3/8 in. (8.6 cm)

Closed Length: 4 1/2 in. (11.3 cm)

Overall Length: 7 7/8 in. (20 cm)

Weight: 4.2 oz.



with

4) **Benchmade 940**

This is my personal favourite folding knife. It's not cheap, but good gear never is. Blade is S30V which is very rust resistant and holds a sharp edge, it's very strong and ultra-light. This folding knife, if looked after and not abused, will last you a lifetime.

Available cheapest on eBay.

<http://www.benchmade.com/products/940>

Blade Length:3.40"

Blade Thickness:0.115"

Handle Thickness:0.410"



Blade Material: S30V Premium Steel
Blade Hardness:58-60HRC
Blade Style: Modified Reverse Tanto; Ambidextrous Dual Thumb-Studs
Weight:2.90oz.

Power Generation

- 1) **Mil-Spec Folding Solar Panel** – You will need to recharge flat batteries and your iPod. **BE CAREFUL when buying a solar panel, it must reach Mil-Spec, because with this item, more than any other, you get what you pay for - they use higher quality cells and are wired in a way that even if multiple cells are destroyed it keeps working.** I recommend the PowerFilm F15-1200 20W Folding Solar Panel, and the video below show the advantages of a Mil-Spec Panel:



<http://www.powerfilmsolar.com/swf/shooting-video.swf>

Charging Devices

Make sure all your charging devices are able to run off a 12V Car Cigarette Adaptor, as this is the standard connection from Folding Solar Panels.

- 1) **MaHa MH-C9000 Charger-Analyzer** - **By far the best charger on the market bar none, and connectable to your solar panel via car cigarette power adaptor.**



- 2) **Goal Zero Guide10 Plus- 10w Power Pak/Recharger**

Very small and portable AA and AAA battery charger (highly recommend for your Backpack). It also allows you to use your recharged batteries to charge your iPod (or any USB powered device), 1-3 times without it even being hooked up to a charging unit.

This item is purchased on Ebay the cheapest.

<http://www.goalzero.com/shop/p/133/Guide-10-Plus-Battery-Pack/2:8/>



- 3) **Belkin USB and iPod Charging Cable** - You use this to connect your Solar Panel via a 12V Car Cigarette Adaptor, to charge your mobile phone, iPod, etc.



http://www.belkin.com/IWCatProductPage.process?Product_Id=489423

Lighting

LED and Standard Torches

I recommend the Fenix LD22 with a White Diffuser Tip and Headband, or the 4Sevens Quark LED Torches, and an old style Maglite Mini for a standard torch.

Gone are the days when you need a big torch for lighting. The new CREE LED torches (Fenix and 4Sevens) will outperform any large torch, and if you have to bugout they are less weight and room in your backpack.



- 1) **Fenix LD22** <http://www.fenixtactical.com/fenix-ld22.html>
White Diffuser Tip <http://www.fenixtactical.com/fenix-accessories.html#TKDiffuserTip>
Headband <http://www.fenixtactical.com/fenix-headband.html>



- 2) **4Sevens Quark AA2**

http://www.foursevens.com/product_info.php?products_id=2908

- 3) **4Sevens Peon**

Takes 1xAAA Battery ... Very small and very powerful torch.
I have this torch on me all the times, just like my wallet, and EDC pocket knife, I never leave home without it.

http://www.foursevens.com/product_info.php?products_id=2878



- 4) **Maglite Mini**

Remember that LED torches will not survive an EMP Attack without be protected; whereas the Maglite with an old style bulb will keep on working.

<http://www.maglite.com/product.asp?psc=2AACELL&pt=R>

ALWAYS have a backup light source! **When it comes to torches, one is none!**



- 5) **Coleman Dual Fuel Lantern**

Dual fuel for the same reasons as the Dual Fuel Stove. One important note is that **I do not recommend the lanterns with 2 mantles**, because you get only a slight increase in lighting; but they consume a LOT more fuel. (I have both models and tested the fuel logistics of both)

<http://www.coleman.com/product/northstarreg-dual-fueltrade-instastarttrade-lantern/3000000944?contextCategory=1015>



Batteries

AA Batteries - 99% of my gear runs on AA batteries, and I made it a point to only buy gear that uses AA's and a couple with D size so I'm not storing several different types of batteries.

NOTE: You can buy equipment that uses C and D size batteries and use AA-to-C or AA-to-D Converters. That way you only store AA Batteries for devices.

<http://www.ohqizmo.com/2007/02/14/double-a-to-d-battery-converter/>

The only two types of batteries worth buying are **GOOD QUALITY** Rechargeable and Lithium. Standard Heavy Duty Batteries do not store well and can leak and damaging your gear.

Communications

- 1) **Portable Shortwave Radio**

Shortwave is more important than AM and FM, and here's why. If a hurricane is coming, one of the major concerns is AM/FM radio transmission towers failing. But if you have Shortwave you can listen to weather broadcasts reports and warnings thousands of miles away in an area where the transmission towers are safe from damage. Sad to say, ALL of the good quality AM/FM/SW radios are no longer in production ... everything is made cheaply and will not last hard use. Also, most emergency radios these days are now being changed over to AM/FM/NOAA Weather; instead of AM/FM/SW so **be careful when choosing your radio**. After wasting a LOT of money finding this out for myself, the two I recommend are the Eton FR250 Crank Radio, **NOT the new ones with government control**

"weather channels, and other radio is the Sony ICF-2010. This radio covers the LW/AM/FM/VHF(Air)/SW bands, and includes Sideband to listen to HAM radio operators!

You can only buy these radios second-hand, as they no longer in production, but they are arguably the best portable shortwave radio ever made. They are often sold on eBay, as thousands of them were made while they were in production. AGAIN, this is why it's so important to start prepping now ... so you can look for these items, and wait for one in good condition to appear on eBay etc..

Both of these are only available second-hand on eBay, but are worth waiting for and buying as they are the very best ... and I've spent way too much money finding this out for myself personally.

Eton FR250 <http://www.universal-radio.com/catalog/portable/0250.html>

Sony ICF-2010 <http://www.universal-radio.com/catalog/portable/0841.html>



2) Shortwave Base Station

The ultimate is a shortwave base station. Remember that once the internet is locked down it will be one of the only ways to get international information. And shortwave very hard to shutdown and easy to broadcast (including HAM broadcasts), as this is one of the ways they are preaching the Gospel in the Sudan/China etc. My recommendation is the JRC NRD-545, but there are many good brands - JRC, ICOM, Drake, Yaesu, and AOR to name just a few. **DO YOUR HOMEWORK**, as these are expensive, so read reviews (on eHam etc...) and be informed before laying out the coin.

3) Ham Radio

I've done too many hours on research on this! It's a mine field, and unless you want to become a licenced operator (which I DON'T!!) older Ham's don't want to offer too much help. So after many hours of reading forums, reviews, guides, online help books ... blah blah blah! Here's the good oil for ya!

The best Ham Unit for basic use, and one that should survive an EMP attack is the Yaesu FT-101E (make sure it's the "E" version!!). It is the ONLY one I recommend, if you consider buying anything else ... you're in uncharted waters!

These again are no longer in production, and are the older tube type Transceivers (which make them 1000 times more likely to survive EMP than solid state units).



There is also only ONE person to buy a fully reconditioned FT-101 unit from, and that is Jeff Campbell. He's a grumpy old man; but has a heart of gold, and he's a straight shooter (I like that in a man!). You only have to read his eBay adds to see is personality shine through ... he's a funny man to chat with that's for sure.

He will give you the honest truth about his products, and an honest price, and guide you on what else you need like a Mic, Antenna, Balun, Antenna Tuner, etc... His eBay page is below, but I recommend contacting him and doing a personal transaction with him.

Email - wa4zvg@yahoo.com

eBay Store - <http://stores.ebay.com/yaesuft101eradioandparts>

Make sure you order your FT-101 with the 11 metre crystal and the AM Filter package ... that way you can also listen and transmit on CB frequencies too.

4) Antennas and other Equipment

I'll give you a little advice on this one ... but if you are going to go down the HAM Radio road, no one can really hold your hand. You are going to have to read up and learn about it.

I use the following:

- Yaesu YD-844 Dynamic Base Microphone
- Yaesu SP-101PB External Speaker and Phone Patch
- Yaesu YC-601 Digital Display Unit
- MFJ-949E Antenna Tuner
- WA2NAN True-Talk G5RV Antenna
- Model 300 Coaxial Lightning Arrestor from

www.iceradioproducts.com



5) Wouxun KG-UVD1P 2way Radio

These are just awesome little 2way radios, and a bargain for the price!

Heaps for sale on eBay, and you can read the specs there, or on many websites

Backpacks

I do not recommend internal frame backpacks, as you can't strap gear on the outside like you can on external frame packs, they also require skill to pack properly, and they don't shoulder weight anywhere near as good as external frame packs. Unfortunately, very few companies still make external frame packs ... as they aren't as "fashionable" as the internal frame type *sigh*.



1) Kelty Super Tioga (Around 5000ci of volume)

This backpack has only just become discontinued. But you'll find as new ones still for sale all over eBay.

Look for ones with earthy colours, NOT bright reds and blues. The reason for this is that you may have to hide your pack for a short time, and bright colours just scream out to be found and stolen.

2) Barney's Hunter Pack (Around 6500ci of volume)

This is the pack I personally own. I was sick and tired of using packs that hurt my shoulders and back, and made me feel every ounce of weight after a few hours on the trail. So after 30-40hrs of research on packs, I chose this one because I know it will last and not fail me! It's one of the finest packs I've ever had on my back, and I easily carry more than double the weight of gear that I could with any other pack.

They are hand-made by a small store in Alaska called Barney's Sports Chalet (907-561-5242).



<http://barneyssports.com/backpacks/external-frame.html>

It has the strongest frame in the business, Alaskan guides have report it holding over 120pounds (which is more than most people can shoulder) of gear without any hassle at all. The material of the pack is made of Ballistic Kevlar Dyneema, which is nearly impossible to rip or puncher.

I have read LOTS of reviews by professional guides, shooters, right down to the weekend camper, and no one; but no one, has given this pack a bad review ... they all rave over it – including me now :)

My Bug-Out Kit

Below is a list of what goes in my “Bug-Out” backpack. This is what you can fit in one of those Barney’s Backpacks AND shoulder the weight! If I have to walk away from my home, this is what will be on my back, on my belt, and in my pockets. The items listed here is my personal load-out, yours may be different, but it can help you with ideas of what you might want to pack.

Waterproof King James Bible	Sewing Kit
Camelbak (milspec 3L Hydration)	Toothbrush
2 x Hard Plastic Canteens	Dental Floss
750ml Camelbak Water Bottle	Safety Pins
3x Platypus 2L Water Bags	Zip Ties
Katadyn Water Purification Tablets	Bottle WD40
Millbank for filtering water	Truspec BDUs (MultiCam)
Katadyn Pocket Water Filter	ASAT 3D Pro Suit
Mountain Hardware Skyledge3 Tent	ASAT Gloves
50ft Paracord	5.11 Traclite Pro Pants
70ft Hootchie Cord	Rain Poncho (Auscam)
Lanyard Cord Toggles	Ridgeline Microfleece Jacket
Fenix LD22, Red Lens, White Diffuser	Ridgeline Torrent Jacket
Fenix Headband	Ridgeline Roar Performance Pants
Maglite	Auscam Bandana
Mini Hand Crank Light	Gore-Tex Beanie
Eton Hand Crank Radio (7ch SW)	Gore-Tex Mitts
Uni Solar Uni-Pac15 Solar Panel	Buckskin gloves
Guide10 Plus- 10w Recharger	Heavy Leather Work Gloves
Powerex 2700mAh NiMh AA Batteries	Alta Knee Pads
Powerex 1000mAh NiMh AAA Batteries	C3 Carbon Komperdell Hiking Poles
D - AA Battery Adapter	4 x Hiking Socks
3 x “Light My Fire” Army Fire Steels	2 x Liner Socks to stop blisters
Pen Fishing Rod MX15 Extreme Fishing Kit	Scrim Net
4 x BIC Lighter	4 x “Tuff-Stuff” Garbage Bags
Soto Pocket Torch	Zip-Lock Bags
Butane Refiller	Soto Muka OD-1NP Stove
Soto Pocket Torch XT	Biolite Stove
First-Aid Kit	MRE\Freeze Dried Meals
	Peppermint Tea
	Camomile Tea
	Crushed Lifesaver Lollies
	Fox40 Whistle
	Insect Repellent/Sunscreen
	2 x Microfibre Towel
	Garman GPSMAP 60CSx
	Savage MkII .22 Rifle

200 Rounds of .22 CCI Stinger
Bottle of Break-Free Lubricant
Bore Snake .22 for Cleaning
Hoyt Recurve Takedown Bow
7 Carbon Broadhead Arrows
Tri-Fold Medic Pack
Clothing Compression Bag
Pencil and Pad
Rubber Bands
No3 Picture Wire (for snares)
Duct Tape
Insulation Tape
Lexen Signal Mirror
Seam Tape
Cammenga Milspec Tritium
Lensatic Compass (Balanced
for Southern Hemisphere)
DOCTER 8x21 Monocular
Solar Calculator
Coldsteel Trailmaster Knife
Kydex Sheath for Trailmaster
Benchmade 940
Havalon Piranta Z
Havalon Replacement Blades
100 ct. #60
Leatherman Charge TTi
Swiss Army Champ Knife
Sawvivor Folding Saw
Glock Entrenching Tool

Tents

With a tent: weight is everything! If you have to leave the comfort of your home, it will be one of the heaviest items (besides food and water) that you'll have in your backpack. The compromise tent makers are faced with is weight to size/durability. It's easy to just pack a tarp in your backpack, but that is not going to protect you from a heavy rain storm, insects, and other unwanted creatures invading you while you sleep.

A very good review on what to look for in a tent can be viewed here:

http://www.youtube.com/watch?v=Jbm4cAyjibE&playnext=1&list=PL71BD5B9C65C4F228&feature=results_main

- 1) I have two tents that I use and recommend:

Mountain Hardwear Skyledge 3

Specification Description

Design type Freestanding tent

Seasons 3-season

Sleeping capacity 2

Average minimum weight 4 lbs.
12 oz.

Average packaged weight 5 lbs. 10 oz.

Average weight - metric 2.55 kilograms

Floor dimensions 88 x 58 inches

Floor dimensions - metric 223 x 147 centimeters

Peak height 45 inches

Peak height - metric 119 centimeters

Floor area 38.4 square feet

Vestibule area 11.9 + 11.9 square feet

Canopy fabric No-see-um mesh/ripstop nylon

Rainfly fabric Coated ripstop nylon

Floor fabric Coated nylon taffeta

Number of doors 2

Number of poles 3

Pole material Aluminum Atlas UL

Pole diameter 9.8 millimeters

Packed size 7 x 22 inches

Primary activity Backpacking



- 2) REI Quarter Dome T3 Plus

Specification Description

Design type Freestanding tent

Seasons 3-season

Sleeping capacity 2

Average minimum weight 5 lbs. 7 oz.

Average packaged weight 6 lbs. 1 oz.

Floor dimensions 94 x 72 inches

Floor dimensions - metric 239 x 183 centimeters

Peak height 44 inches

Peak height - metric 112 centimeters

Floor area 47 square feet



Vestibule area	7.5 + 7.5 square feet
Canopy fabric	Ripstop nylon
Rainfly fabric	Coated ripstop nylon
Floor fabric	Coated ripstop nylon
Number of doors	2
Number of poles	1 hubbed pole assembly
Pole material	Aluminum DAC Featherlite NSL
Pole diameter	9.0 / 9.6 millimeters
Packed size	8 x 25 inches
Primary activity	Backpacking

Boots

If there is a war in the Middle East, and fuel prices go through the roof ... then you'll be walking a LOT more than you ever have, and you WILL need a pair of boots that can handle lots of miles on them. If your boots fail, and the shops are empty, you my friend are in BIG TROUBLE! There are so many boots and so many bands, and so many models that change on a half yearly basis, it's nearly impossible to recommend a particular brand and model of boot.

As a reference, I own a pair of Asolo TPS520 GV Boots, and they cost me about AU\$300.00. Now I can already hear you saying WOW that's a lot of money! But the pair I owned before this pair lasted me 14 years!! And I wore them nearly every day of those 14yrs ... so were they really that expensive? No! They work out to be a very good investment, at \$21 per year!

One item for your boots I will recommend is "Superfeet", they are awesome for support inside your boots and very inexpensive ... see if you can get the salesman to give you them for free, to sweeten the deal, when you purchase your boots.



Navigation

1) **Cammenga Milspec Tritium Lensatic Compass**

This is a MUST have piece of kit. And you need to learn how to use one.

Make sure you get a Military Surplus one, NOT the retail version ... there is a difference in build specs.

Below is what the back of a true Milspec Cammenga will look like.

If it doesn't have the Military stock number, disposal warning, and the radiation symbol at the bottom, it's not a true Milspec version.





PLEASE NOTE: If you live in the Southern Hemisphere you **MUST** get your compass balanced for Southern Hemisphere. Cammenga will do this for free, you just have to mail it to them, and they will rebalance it and pay the cost of mailing it back to you ... awesome company!!

2) **Garman GPSMAP 60CSx**

If you can afford the coin, I highly recommend getting a GPS. I'm not sure it will still function as a location device when everything collapses, but the beauty of the 60CS is that you can still scroll around and view all the maps and topographical features even without a location signal from the satellites ... it just won't tell you where you are, but that's what your backup compass is for :) So worst case scenario, it's a compact VERY detailed map of your whole country! If you don't buy one of these you'll need to buy a lot of detailed maps of your area ... even though I suggest buying a general map for backup even if you buy one of these units



Fishing

If you are near a water source and you don't have a fishing rod and tackle kit, you are passing up a massive food source!

Normal fishing rods are too cumbersome to carry in a backpack ... but there is a solution out there! Pen Fishing Rods!!

Only one place to buy it: from the guy who invented them ... <http://penfishingrods.com>

His website is horrible! So email him or call him on the phone and place your order.

I emailed, and after a few emails back and forth to the inventor and owner of Penfishing, this is what he recommended and what I purchased:

Pen Fishing Rod MX15 Extreme 15 (Graphite) Rear Drag Reel

I also went down to the local tackle shop and purchased a small tackle box with hooks, sinkers, swivels etc...



Clothing

This is one topic that is not widely discussed in prepping circles, but very important to consider. If the power/water gets turned off you won't be able to wash your clothes as well as you do now. This means that normal clothes will wear out much quicker due to the dirt wearing out the fibres.

1) **BDU's**

One way to minimize this is to buy BDUs (Battle Dress Uniforms). They are designed for the rigors



MULTICAM.



THIS GARMENT CONTAINS
NEAR INFRARED
SIGNATURE MANAGEMENT TECHNOLOGY

of war where men don't get to a laundry very often. The ones I recommend are the TruSpec brand, as they are as close to milspec as you are ever going to buy new.

TruSpec Multicam BDU Trousers Nyco Ripstop

<http://www.galls.com/cgi/CGBCSTYL?PMSTYL=TR719>

TruSpec Multicam TRU Jacket Nyco Ripstop

<http://www.galls.com/cgi/CGBCSTYL?PMSTYL=SR655>

Womens Tru Spec 24 7 Ripstop Pants

<http://www.galls.com/cgi/CGBCSTYL?PMSTYL=TR625>

The only problem with these is that you'll stand out as perhaps someone military ... which can make you a target if they are not welcome in your area. But if you are going to buy this line of clothing I still recommend getting them in **Multicam with NIR coating (lowers your infrared signature on FLIR scopes)**, as they can serve a second purpose to hide you in case of evasion.

Everyday Wear

When looking at more mainstream lines of clothing, **ALWAYS BUY SYNTHETIC CLOTHING!** At least 65% synthetic blend, as it wicks away your sweat and doesn't hold water weight like cotton does, and dries much quicker than cotton. If you have to walk long distances in heat, you don't want to be carrying extra weight in wet clothes. Also wet clothes don't breath, so you'll heat up more, and just add to the problem of water weight.

I have a couple of pair of 5.11 TacLite Pro shirts in TDU Green and pants in Coyote Brown (pictured here) and also in Tundra are very comfortable and have heaps of pockets to store gear.



Dark Brown. They

1) MicroFleece

This is the lightest weight-to-warmth ratio clothing you can buy.

I buy **Ridgeline** for the quality of the fleece and stitching of the garment.

MicroFleece comes in many weaves and weights, the one I recommend for jackets and pants, after much testing, is 300gsm Fleece, which is a nice tight and tiny loop fleece which resists pilling. (Pictured is the Cooma Jacket – Highly Recommend!)



Ridgeline also does "bundle packs" with a beanie, Jacket, Shirt, Pants and Socks ... but be warned, this bundle is made to a price-point, **it's still good** (I've got this pack), but it's not their highest quality 300gsm Fleece.



2) Wet Weather Gear

One way to die real fast is by exposure!

You need to be able to stay dry, and if you are away from your dwelling, you need rain

gear. Anyone who's been camping/hunting a lot will know EXACTLY what I'm talking about.

The **only gear I will use** is the Ridgeline brand, made in New Zealand ... because it's always raining over there, and they know their stuff when it comes to making clothing to combat that! With a water rating of Water rating 8,000mm, Breathability 3,000g/sqm, Two-layer Tricot Quiettext fabric, Fully seam-sealed, Storm flaps with water channelling, - the specs read like a tent, because it's virtually like wearing a tent, and that's no exaggeration! YOU STAY DRY!

You can order these in non-camo as well ... you choose.

Ridgeline Torrent Jacket

<http://www.ridgeline.co.nz/catalog/product/torrent-jacket>

Don't buy the Roar Jacket – it doesn't breathe as good as the Torrent!

Ridgeline Roar Performance Pants

<http://www.ridgeline.co.nz/catalog/product/roar-pant>



Gloves

Just as important as a good pair of shoes, are good gloves. You damage your hands, and you are in serious trouble in a survival situation! And your hands are going to be at higher risk during this time as you'll be doing a lot more manual tasks than normal.

1) Original "Mechanix" Gloves

<http://www.mechanix.com/the-original-glove>

Hiking, fishing, shooting, light everyday tasks



2) Prosafe Big Buck Gloves (W901)

These Buckskin Gloves are your everyday heavy use gloves

<http://www.blackwoods.com.au/part/06172809/gloves-deer-skin-big-buck-m>



3) Solid Leather Gardening Gloves

For using shovels, handling wire, heavy gardening tasks etc...

[These are cheap and available at any hardware store](#)



Hats

1) Bonnie Hat with Mosquito Netting

These are cheap to buy and worth every penny!

I don't think I have to point out the obvious need for one of these to keep bugs off.



2) Beanie

You can lose a lot of precious heat through you head



Again, cheap to buy and essential to have ... I recommend a MicroFleece one.

3) **Balaclava**

The ultimate head gear for cold weather. But don't underestimate its ability to hide biometric facial features ... this can be useful.



Optics

It will be important to see people before they see you in many situations if the "Rule of Law" fails. The ability to distinguish between friend and foe, at distance, will allow you time to evade or prepare for "other" courses of action.

1) **DOCTER 8x21 Monocular**

This is a great tiny optic, and weighting in at 2.8oz you won't even notice it in your pocket! I use this one hunting and camping as it fits in your shirt pocket, has a nice bright optic, with an exit pupil of 2.6mm and twilight factor of 13! Considering this is only 1 magnification power off normal sized Binoculars, and about an 8th the size and weight, this is what I will be packing in my Backpack if I have to leave my home.



<http://www.browe-inc.com/products/DOCTER-8x21-Monocular.html>

2) **Nikon 10x42 Monarch ATB RealTree Camo Binoculars**

These are the best quality per \$\$ Binoculars on the market. Not too heavy, very bright optics with 4.2mm exit pupil and twilight factor of 17.6. They also have phase corrected lens, so the colours and image are very natural, and you can look through them for long periods without eye strain. I've looked through Binoculars over a thousand dollars, and can see very little difference between them and this model of Bino. Best value is buying off eBay.



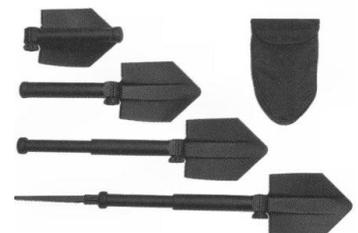
Be sure what you're buying though, as some deals on eBay are for refurbished models. There's nothing wrong with this, as long as they have been refurbished by Nikon themselves, and come with new warranty ... but just be advised of what exactly you are buying, and confirm with the seller that they were refurbished by Nikon and come with full warranty.

<http://www.nikonsportoptics.com/Products/Product-Archive/Binoculars/7298/Monarch-ATB-10x42-Team-REALTREE%C2%AE.html>

Hygiene

1) **Glock Entrenching Tool**

One piece of kit rarely mentioned also is the shovel. Ever wondered why EVERY soldier carries one of these? Well it's not just to dig trenches, we all have to go to the toilet guys, and it's important to cover your waste – even God thinks so - Read [Deuteronomy 23:13 \(KJB\)](#).



This is the lightest, strongest, and most compact shovel on the market. It will be the first and last one you ever have to buy, these just don't break! Comes with a root saw in the handle that you can remove and screw into the end to cut tree roots that can impair your digging. Best value, as always, is normally on eBay.

2) Female Hygiene

Oh boy! This is NEVER talked about for prepping, but it's absolutely essential for women!

In a collapse situation, you are not going to be able to go down the shop and buy a box of tampons or pads, but the monthly cycle will continue to run regardless of the economic climate.

Only one feasible solution I have found after a LOT of looking... Wemoons!

Not saying any more ... you girls can go read for yourself :)

<http://www.wemoon.com.au/>



3) Mold

This stuff destroys clothes, food, rusts knives and guns and is also bad for you health.

If you have to lock-down your home, and are no longer able to have open windows and doors to provide ventilation, you WILL get mould. Dehumidifier packs are cheap and will save you LOTS of money in damaged assets ... stock up now!



Survival is a three legged stool

There are three main requirements to survival, as shown in the picture to the right. If you don't have all three; you'll lose the other two.

It's no good having 10 rifles and 50,000 rounds of ammo, in a concrete fortress; and no food and water ... you will die.

Just as it's no good having prepared all your food, water and shelter needs; only to have someone who didn't plan ahead have the ability to take it from you by force.

YOU NEED ALL THREE ELEMENTS.

I have taken the time to explain this, because I know there are some reading this that hate guns, and will not have one in their house.

Well let me assure you, you'll like having guns a whole lot more when you meet someone, in a collapse situation, who plans to take all your food, water, survival gear, throw you out of you house ... and keep your daughter for company. And guess what they'll have to make sure you comply? A GUN!

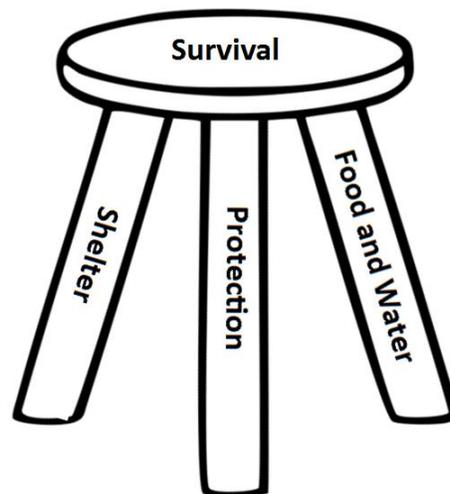
Nuff said? Good.

SecOps (Security Operations)

1) Guns

Get some guns! And learn how to shoot them.

I recommend the follow calibres:



- a. **.22 Rifle** – Cheap, light ammo, only rifle to take in your backpack – small/medium game hunting
Marlin Papoose, Savage Mark II
- b. **.308Win** – Long Range (800+ yards) for when they have to go down and stay down first shot
AR10, Remington 700, Savage Model 10
- c. **12guage** – For close encounters of the prowling kind
Mossberg 500, Remington 870
- d. **9mm Pistol** – to assist you getting to your rifle or shotgun!
Glock 19, XDM, Sig, Keltec, etc... lots to choose from, find one that suits you.

2) **Night Vision Goggles**

These are very expensive, and a luxury, but if you can afford it they are a massive force multiplier. Remember, most attacks on you will come under the cover of darkness. Buy at least 2nd generation models (Gen 2+ preferred) ... search eBay and find some second-hand **Yukons**, that's what I did ... no one is sneaking up on me at night :)

3) **Base Security System**

MURS System by Dakota Alert

This is an excellent system, and it is modular, so you can start off with a basic 1-3 sensor system and grow it from there. They report back to the base station with an audible warning of up to 4 sectors per base station (and you can have more than one sensor per sector). You can also buy ground sensors for metal objects (like vehicles) that will trip the sensor.



http://www.dakotaalert.com/catb2b1/index.php?cPath=36_37

4) **Loose Lips Sink Ships!**

Do NOT go bragging about your supplies, or showing them off to friends. I can't emphasise this enough guys. Loose lips sinks ships! Not even my closest brothers in Christ Jesus knows the extent of my supplies, training and preparedness ... and I intend to keep it that way until the hammer falls. Of course I discuss the topic with them, and recommend them to prepare, offer suggestions etc... but I don't tell them what I have, or showcase my gear. When the time arrives, my close friends and family will be informed and supported by me; but until then I am staying VERY LOW KEY about it. Always keep in the back of your mind the "6 Points Of Separation" theory. If they tell someone, in passing, about the level of your preparedness, and in-turn those people tell someone else ... sooner or later that information may reach the ears of someone you definitely don't want knowing. You have been warned.



Medication and First Aid

This is a VERY expensive area guys ... it has taken me years to procure a large supply of First Aid Equipment. **Start now** and work at it slowly. Three excellent references and instructional areas are:

Patriot Nurse -



<http://www.youtube.com/user/ThePatriotNurse/videos>

USNERDOC - <http://www.youtube.com/user/USNERDOC/videos>

First Aid Kits
(Level 1)

<http://www.youtube.com/watch?v=0dboVSTCkuw>

(Level 2)

Part 1 <http://www.youtube.com/watch?v=ACerbzgpsak>

Part 2 <http://www.youtube.com/watch?v=d3Cu3OCqfTs>

Part 3 <http://www.youtube.com/watch?v=Q-f7PCGOI7A>

Part 4 http://www.youtube.com/watch?v=0-3L_TrU1ag

Part 5 <http://www.youtube.com/watch?v=4dsj-YG0SfU>

Level 1 First Aid

- 2 x Johnson & Johnson Toppers 10x10cm
- 2 x Johnson & Johnson Surgipad
- 4 x Non-Adherent Dressing (Telfa) 7.5x10cm
- 1 x Roll Medical Tape
- 1 x Razor Blade
- 2 x Transport Tubes (Bedadine x H2O2)
- 8 x Alcohol Swabs
- 3 x Iodine Swabs
- 8 x Band-aids
- 2 x Large Bandaid
- 3 x Gauze Pads 8x8cm
- 8 x Cotton Swabs
- 1 x 4.0 Silk
- 1 x 3.0 Silk
- 1 x Pack of Asprin, Ant-Acid, Anti-Diophage
- 1 x NSN 8105-00-334-4120 Document Envelope

Level 2 First Aid

- 1 x Balck Hawk Emergency Medic Roll
- 2 x Kendell Versalon or Johnson & Johnson Toppers 10x10cm
- 4 x Kendell Versalon or Johnson & Johnson Toppers 4x4cm

3 x Johnson & Johnson Surgipad 5"x9"
5 x Johnson & Johnson Gauze Pads 2"x2"
7 x Johnson & Johnson Gauze Pads 3"x3"
4 x Kendall Sponge 2"x2"
4 x All Purpose Sponges 4"x4"
1 x Kendall Kerlix 3ply 4.5"x3.1' Roll
4 x Non-Adherent Dressing (Telfa) 7.5x10cm
4 x 4"x4" 3M Polymem Non-Adhesive Pad
1 x Kendall Curity Eye Patch
3 x 3M Tegaderm 4"x4.75"
3 x 3M Tegaderm 2.75"x2.75"
3 x Benzoin Tincture
4 x Oil Emulsion Non-Adherent Dressing 3"x8"
2 x 3M R1547 Steri-Strips
2 x 3M R1541 Steri-Strips
1 x Bottle of Band-Aid 'Hurt Free' Antiseptic Wash
3 x Benzoin Tincture
1 x Nexcare Flexible Clear Medical Tape
2 x Ace Flexible Bandage
1 x Benchmade Rescue 5 cutter
1 x Finger Splint
1 x Razor Blade
1 x Scalpel
1 x Termometer
1 x Latex Tornocay
3 x Latex Gloves
1 x CPR Shield
2 x Hemostats
1 x Nasopharyngeal Airway - Robertazzi Style
1 x Magnifying Glass
1 x Scissors
1 x Duct Tape
1 x Adventure Medical Emergency Bivvy
2 x Transport Tubes (Bedadine x H2O2)
8 x Alcohol Swabs
1 x Bottle of Germ-X Hand Sterilizer
1 x Ipecac Syrup
1 x Betadine
1 x Isotonic Eye Wash - with 35mm Flim Canister to wash
4 x Nox-A-Sting Swabs
1 x Tube of Neosporin
1 x Tube of Medi-Burn Hydrogel
1 x Itch relief Cream (poision oak)
1 x Benadryl Itch Relief Stick
1 x Salt (takeaway packets)
1 x Pack of Asprin
1 x Loperamide (anti-diarrhea)
1 x Ant-Acid
1 x Needle
1 x REI Super Pointy Tweezers
1 x Flat End Tweezers
1 x Chap Stick (with sunscreen)

3 x Iodine Swabs
12 x Band-aids
5 x Safety Pins
4 x Large Band-aids
8 x Cotton Swabs
1 x Triangular Bandage
1 x Mole Skin

Suturing Kit
2 x Scalpels
1 x 5.0 Silk
1 x 4.0 Silk
1 x 3.0 Silk

2 x tube of Super Glue
10 x Alcohol Swabs
1 x Streamlight Stylus Pro or 4Sevens Preon2 flash light
1 x NSN 8105-00-334-4120 Document Envelope
1 x Bagettes 2"x3" - 3"x5" - 4"x6"

Books, Guides and Videos

Find them and download them off the internet, or better still grab a Contending for Truth USB Drive – which has LOTS of the books, guides and videos in the “Bonus Material” ... make sure you print out hard copies of the books you find useful and file them away.

I hope this document has been helpful to start you off, or to give those fellow preppers some ideas of things they may have missed. Always remember, we can do NOTHING without the Lord Jesus Christ, and your trust and faith must be with him. And as it is written ...

Be of good courage, and let us play the men for our people, and for the cities of our God: and the LORD do that which seemeth him good.

Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.

For I know that my redeemer liveth, and that he shall stand at the latter day upon the earth: And though after my skin worms destroy this body, yet in my flesh shall I see God: Whom I shall see for myself, and mine eyes shall behold, and not another; though my reins be consumed within me.