## **End Time Current Events: 6-26-11**

Dr. Johnson's Main Website at: <a href="http://contendingfortruth.com/">http://contendingfortruth.com/</a>
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Ephesians 5:11, 13-16: "And have no fellowship with the unfruitful works of darkness, but rather reprove them. But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil."

The 1828 Noah Webster Dictionary defines:

Reprove: To blame, to convince of a fault, or to make it manifest, to excite a sense of guilt.

**Circumspectly:** Cautiously; with watchfulness every way; with attention to guard against surprise or danger.

Matthew 24:24: "...if it were possible, they shall deceive the very elect."

Il Corinthians 2:11: "Lest Satan should get an advantage of us: for we are not ignorant of his devices."

Il Chronicles 7:14: "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."

**News Events That The Mainstream Media Is Being Strangely Quiet About Right Now** 



As the mainstream media continues to be obsessed with Anthony Weiner and his bizarre adventures on Twitter, much more serious events are happening around the world that are getting very little attention. In America today, if the mainstream media does not cover something it is almost as if it never happened. Right now, the worst nuclear disaster in human history continues to unfold in Japan,

U.S. nuclear facilities are being threatened by flood waters, the U.S. military is bombing Yemen, gigantic cracks in the earth are appearing all over the globe and the largest wildfire in Arizona history is causing immense devastation. But Anthony Weiner, Bristol Palin and Miss USA are what the mainstream media want to tell us about and most Americans are buying it.

The corporate-owned mainstream media is not interested in looking out for us. Rather, they are going to tell us whatever fits with the agenda that their owners are pushing. That is why more Americans than ever are turning to the alternative media.

The following are 12 things that the mainstream media is being strangely quiet about right now....

**#1** The crisis at the Fort Calhoun nuclear facility in Nebraska has received almost no attention in the national mainstream media.

Back on June 7th, there was a fire at Fort Calhoun. The official story is that the fire was in an electrical switchgear room at the plant. The facility lost power to a pump that cools the spent fuel pool for approximately 90 minutes. According to the Omaha Public Power District, the fire was quickly extinguished and no radioactive material was released.

But the crisis at Fort Calhoun is not over. Right now, the nuclear facility at Fort Calhoun is essentially an island. It is surrounded by rising flood waters from the Missouri River. Officials claim that there is no danger and that they are prepared for the river to rise another ten feet.

The Cooper Nuclear Station in Brownville, Nebraska is also being threatened by rising flood waters. A "Notification of Unusual Event" was declared at Cooper Nuclear Station this morning at 4:02. This notification was issued because the Missouri River's water level reached 42.5 feet.

All the dams and levees all the way back to the Garrison Dam are at full or are above full capacity, as the U.S. government already knows what is looming on the horizon. Troops have been positioned throughout the CONUS in response to the NOUE's.

# Parts of Nebraska Nuclear Facility Already Under 2 Feet of Water ... But – So Far – Emergency Flood Walls Are Protecting Electrical Equipment

<u>Washington's Blog</u>--June 24th, 2011--ABC news <u>reports</u> that there is already 2 feet of water at some parts of the Fort Calhoun nuclear plant:

#### CNN confirms:

U.S. nuclear regulators say two Nebraska nuclear power plants have protected critical equipment from the rising waters of the Missouri River even though flooding has reached the grounds of one of them.

Parts of the grounds are already under two feet of water as the swollen Missouri overflows its banks. But the Omaha Public Power District, which owns the plant, has built flood walls around the reactor, transformers and the plant's electrical switchyard, the NRC said."They've surrounded all the vital equipment with berms," Dricks said.An 8-foot-tall, water-filled berm, 16 feet wide at its base, surrounds the reactor containment

structure and auxiliary buildings, the NRC says. The plant has brought in an additional emergency diesel generator, water pumps, sandbags and firefighting equipment as well, according to regulators.

The 2 feet of water is in <u>areas like parking lots</u>, not within the reactor building itself.

The Omaha World-Herald <u>notes</u> that the river is expected to rise an additional 4-5 inches in the very near future at the Fort Calhoun and Cooper nuclear plants.

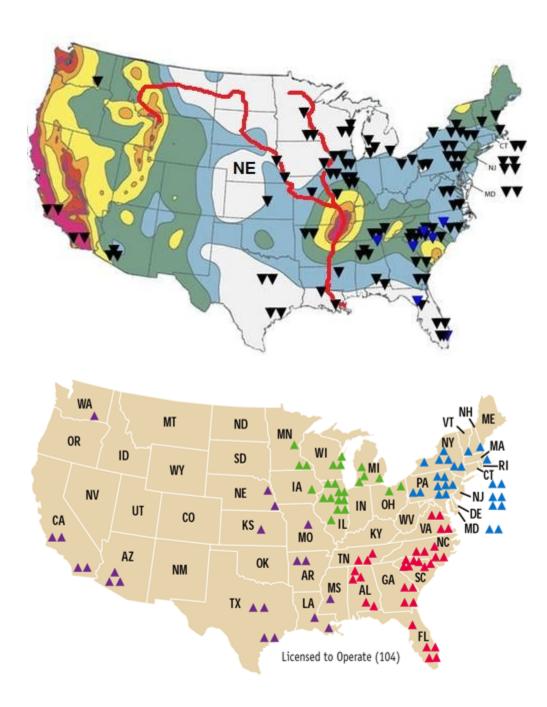


http://theintelhub.com/2011/06/24/parts-of-nebraska-nuclear-facility-already-under-2-feet-of-water-%E2%80%A6-but-%E2%80%93-so-far-%E2%80%93-emergency-flood-walls-are-protecting-electrical-equipment/

The Real News: Nebraska Nuclear Power Plant in Flood Zone - Media Blackout

Play from the 20 second mark: http://www.youtube.com/watch?v=7t3RKzMliaw

The black triangles in the below image prepared by the <u>Center for Public Integrity</u> show the disclosed locations of nuclear power plants in the US, minus research and military plants. (Red lines indicate both Mississippi and Missouri rivers):



## The Mississippi Drainage Basin

The Mississippi River has the third largest drainage basin in the world, exceeded in size only by the watersheds of the Amazon and Congo Rivers. It drains 41 percent of the 48 contiguous states of the United States. The basin covers more than 1,245,000 square miles, includes all or parts of 31 states and two Canadian provinces, and roughly resembles a funnel which has its spout at the Gulf of Mexico. Waters from as far east as New York and as far west as Montana contribute to flows in the lower river.



The Mississippi River Drainage Basin, with MR&T Project area (in pink).

## **New Madrid Teachings:**

**End Time Current Events: 3-21-11-Part 1** 

March 23rd, 2011

<u>Wormwood, Planet X, Nibiru, Comet Elenin, NASA, Pole Shift, Nuclear Reactors and Earthquakes–Part 2</u>

April 5th, 2011

**New Madrid's Giant Pipeline Bomb** 

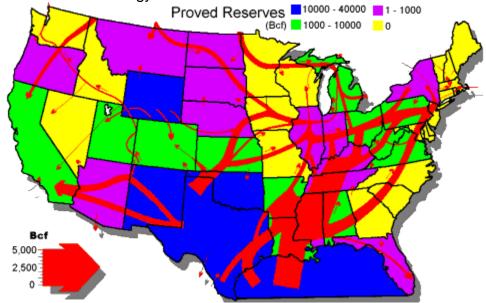
Saturday, June 25, 2011



by Zen Gardner

We've heard a lot about the New Madrid Fault. Despite the dangers and warnings, the area continues to be flooded, fracked, drilled, HAARPed and tornadoed, all while being home to 15 nuclear reactors.

As if that's not enough, there's also a little known factor that will really make your hair stand on end. The fault zone is criss-crossed with major gas and oil pipelines delivering these volatile energy sources all over the United States.



The main production areas and pipeline routes for natural gas (American Gas Association)

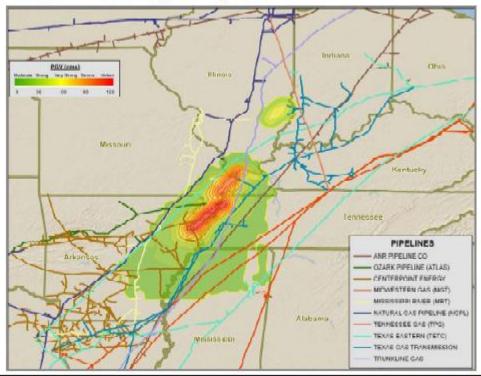
This company (ProLiance Energy) delivers Billions of cubic feet of gas per year through 19 major pipelines. Note how the pipelines cross the New Madrid Seismic Zone.

"You have four of the five major natural-gas pipelines come right through the soup in New Madrid, the soft alluvial soil," says Gray. "They carry gas all the way

to Detroit, Chicago, Indianapolis and Pittsburgh. If (the earthquake) happened during the winter, you're going to have major-league problems on your hands. Try to explain to somebody why you cannot heat a nursing home or keep a hospital warm." -- Ed Gray, Missouri State Emergency Management Agency (SEMA) Riverfront Times

An earthquake in the middle of the country, along the precarious New Madrid fault, could have enormous fiscal and energy consequences. "Virtually every natural gas pipeline in the nation is built over that fault," "You'll see the explosion reflected off the moon." --insurancenewsnet.com

Ten interstate pipelines are at high risk for multiple damage from New Madrid and Wabash Valley earthquakes



#### Source

#### **Not Very Comforting**

Now, if someone wanted to bring this nation to its knees, where do you think they'd strike? Looks to me the US has an exposed jugular. The globalists' hidden hand is already tanking the economy, adulterating and hindering food supplies and deliberately toxifying the environment, all the while setting Americans at variance against each other and every imaginable enemy possible in order to create an atmosphere of fear, scarcity and ultimate dependence on some central power to save them.

But an event of this proportion would be devastating.

I don't mean to spread fear, but we're seeing a continual assault for whatever reason, natural and otherwise, on this entire region. We covered many of these possibilities in <a href="Dividing And Conquering America At The New Madrid Fault.">Dividing And Conquering America At The New Madrid Fault.</a>
<a href="http://beforeitsnews.com/story/750/572/New Madrids Giant Pipeline Bomb.html">http://beforeitsnews.com/story/750/572/New Madrids Giant Pipeline Bomb.html</a>

**#2** Most Americans are aware that the U.S. is involved in wars in Iraq, Afghanistan and Libya. However, the truth is that the U.S. military is also regularly bombing <u>Yemen</u> and parts of <u>Pakistan</u>. If you count the countries where the U.S. has special forces and/or covert operatives on the ground, the U.S. is probably "active" in more countries in the Middle East than it is not. Now there are even persistent rumors that U.S. ground units <u>are being prepared to go into Libya</u>. Are we watching the early stages of World War 3 unfold before our eyes in slow motion?

**#3** The crisis at Fukushima continues to get worse. Arnold Gundersen, a former nuclear industry senior vice president, <u>recently made the following statement</u> about the Fukushima disaster....

"Fukushima is the biggest industrial catastrophe in the history of mankind"

TEPCO has finally admitted that this disaster has released more radioactive material into the environment than Chernobyl did. That makes Fukushima the worst nuclear disaster of all time, and it is far from over

Massive amounts of water is being poured into the spent fuel pools in order to keep them cool. This is creating "hundreds of thousands of tons of highly radioactive sea water" that has got to go somewhere. Inevitably much of it will get into the ground and into the sea.

Arnold Gundersen says that the scope of this problem <u>is almost unimaginable</u>....
"TEPCO announced they had a melt through. A melt down is when the fuel collapses to the bottom of the reactor, and a melt through means it has melted through some layers. That blob is incredibly radioactive, and now you have water on top of it. The water picks up enormous amounts of radiation, so you add more water and you are generating hundreds of thousands of tons of highly radioactive water."

The mainstream media is not paying as much attention to Fukushima these days, but that doesn't mean that it is not a major league nightmare.

Elevated levels of radiation are being reported by Japanese bloggers <u>all over eastern</u> <u>Japan</u>. There are reports of sick children all over the region. One adviser to the government of Japan says that an area approximately 17 times the size of Manhattan <u>is probably going to be uninhabitable</u>.

Of course the mainstream media has been telling us all along that Fukushima is nothing to be too concerned about and that authorities in Japan have everything under control.

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From: Julie V

**Sent:** Tuesday, June 21, 2011 10:35 PM

Subject: Care

#### Dear family

I think that it's important that we understand the true scale and the potential impact of the radiation from Fukushima so that we can prepare our own families and help those around us to prepare as well.

The situation is indeed critical. Recently TEPCO, the Tokyo Electric Power Company, admitted that 730,000 tera-bequerels of radiation had been released into the atmosphere and 720,000 tera-bequerels into the ocean. The ocean contamination is already ten times greater than the amount of radiation released by Chernobyl into the

Black Sea, and Fukushima is still releasing radiation! This radiation is being carried by the atmospheric jet stream throughout the Northern Hemisphere and now into the Southern Hemisphere as well. The oceanic thermohaline conveyor will carry the ocean borne radioactive particles into every ocean and ultimately will pollute every shoreline. As a reference, a tera-bequerel is roughly the equivalent of one Trillion (with a T) potentially fatal doses of radiation. Inhaling or ingesting a single alpha emitting particle can cause a fatal cancer. It has been found that people in the Seattle area are already inhaling an average of five alpha emitting particles per day. The response of the US government has been to shut down radiation monitoring stations and to raise the published minimum exposure levels for radiation. To put it bluntly, it is not in the interests of the US and most other governments for their populations to become aware of the scale and potential lethality of this radiation exposure. The reasons for this are beyond the scope of this document, but the message is that if you wait for guidance from the government, you will be toast, perhaps quite literally.

It is important to be aware that radiation is already contaminating food products in the US. Radiation has been found in lettuce from California and in dairy products from Vermont. If you need one more kick to get you off your duff to start storing dried grains, beans and seeds, this is it! Any dried products that you buy now will have been harvested before the Fukushima disaster occurred on March 11. Any products harvested after that date are suspect - including produce, fruit and dairy products. Please keep in mind that radiation is invisible and tasteless. In some cases people notice a metallic taste in their mouths after a high exposure, but at that point it may be too late. So the message is: don't be complacent. Start preparing and protecting your family now. I am sure there will be lots of questions about this. I make no claim to be an authority, but I have been following the situation carefully. Perhaps we should organize a community meeting to discuss these issues after the Solstice hubbub dies down.

All Love

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Doctor: US nuclear 'Baby valley of death,' Millions to die

June 20, 2011-- Deborah Dupre-- Human Rights Examiner

## Dr. Mark Sircus bearer of tragic radiation news

Sunday, the prestigious Doctor Mark Sircus released a new report concurring with a host of scientists and other doctors giving evidence that people of Japan and United States have been subjected to dangerous levels of radiation since Fukushima nuclear plant meltdowns, and also subjected to a <u>tight cover-up by authorities and media</u>, the result of which will be millions of baby deaths and new cancer victims. <u>Japanese and American children are already suffering</u> with symptoms that appear to be the <u>first signs</u> <u>of Radiation Sickness</u>.

"Finally, three months later, we are getting some numbers on what the real dangers are. And finally we can begin to understand the enormous cover-up of the nuclear doom that is reaching lungs all over the west coast of America, Canada, Alaska, Hawaii and at least half of Japan!" stated Dr. Mark Sircus.

Dr. Sircus Ac., OMD, is director of International Medical Veritas Association (IMVA) <a href="http://www.imva.info/">http://www.imva.info/</a>. "For infants, it's a terrible valley of death we have created for them." says Dr. Sircus. "As we shall see for years, all of them have been born with

already polluted bloodstreams and now, the very young ones are dying in greater numbers on the west coast of the United States since Fukushima blew up."

"After the first week, officials had enough information to call for evacuation of a wide area in Japan and also Hawaii, Alaska and the entire west coast of North America," said Dr. Sircus.

All of northern Japan and the U.S. west coast should have been evacuated according to Dr. Sircus, admittedly "as impossible as evacuating the entire planet or the entire northern hemisphere."

"Avoiding exposure is always the best plan but there is no way (*not true*) to avoid breathing in air contaminated with tiny hot particles. Inhalation issues are much more frightening than ingestion issues because you can pick and choose what you eat and drink but you can't buy bottled air."

#### ++See the bottom of this article for Radiation Remedies

"Nuclear Toxicity Syndrome," one of the books authored by Dr. Sircus, is about "how to survive in nuclear and chemical environment," he says. Dr. Sircus, a founding guide of Gulf Coast Barefoot Doctors, deliverers of Detox Survival Kits to hundreds of Gulf Of Mexico BP oil and Corexit poisoned survivors.

Echoing the frustration of many Gulf of Mexico "barefoot doctors" and other volunteers since the BP oil catastrophe there over a year ago, Dr. Sircus states that "one cannot do what is necessary to survive hell if a person doesn't know they are living in one." The problem is that, due to the media blackout on environmental hazards associated with non-renewable energy big business, relatively few people know the hell Gulf Coast people are enduring. Many Gulf Coast residents continue to attribute ongoing illness to a persistent "flu." Just as more people are doing today in relation to Fukushima radiation, many Gulf Coast residents remain in denial that Gulf of Mexico radiation from seeping oil and antibiotic resistant bacteria from the dispersant Corexit are lethal and government has not helped them. This is why Dr. Sircus and many health professionals contributed to the work of Mr. Jeff Rense for his book, "Coming Clean: From Denial to Detox" that he freely offers to save lives.

Continue reading on Examiner.com <u>Prestigious doctor: US nuclear 'Baby valley of death,' Millions to die (video) - National Human Rights | Examiner.com http://www.examiner.com/human-rights-in-national/prestigious-doctor-japan-us-nuclear-valley-of-death#ixzz1QFXUiTW4</u>

--#4 Members of Congress continue to mention Christians as a threat to national security. For example, <u>during a recent Congressional hearing</u> U.S. Representative Sheila Jackson Lee warned that "Christian militants" might try to "bring down the country" and that such groups need to be investigated.

Gay Marriage Approved by N.Y. Senate 25 Jun 2011 Lawmakers voted late Friday to legalize same-sex marriage, making New York the largest state where gay and lesbian couples will be able to wed, and giving the national gay-rights movement new momentum from the state where it was born. The Senate galleries were so packed with supporters and opponents that the fire marshals closed them off. Five states currently permit same-sex marriage: Connecticut, Iowa, Massachusetts, New Hampshire and Vermont, as well as the District of Columbia.

# God's Final Warning to the United States of America SATURDAY, JUNE 25, 2011

America: God's Final Warning John McTernan

**Isaiah 1:4** Ah sinful nation, a people laden with iniquity, a seed of evildoers, children that are corrupters: they have forsaken the LORD, they have provoked the Holy One of Israel unto anger, they are gone away backward. (5) Why should ye be stricken any more? ye will revolt more and more: the whole head is sick, and the whole heart faint. (6) From the sole of the foot even unto the head there is no soundness in it; but wounds, and bruises, and putrifying sores: they have not been closed, neither bound up, neither mollified with ointment.

Isaiah 1:7 Your country is desolate, your cities are burned with fire: your land, strangers devour it in your presence, and it is desolate, as overthrown by strangers.

### **Commentary:**

America is dying right before our eyes. The sodomite agenda is advancing with little opposition from the church. If the agenda is slowed by the people, the courts overrule. New York State just legalized "homosexual marriage." This was not forced on the people by the courts, but legalized by the state legislature and signed by the governor. There is now NO hope for this state. I am not aware of any resistance from the church. I am sure that a church here and there stood up for the LORD and cried to Him, but for the most part there was no resistance.

New York Becomes the Sixth State to Legalize Gay Marriage 06/25/11 "New York became the sixth and largest state to legalize same-sex marriage after Gov. Andrew Cuomo signed the bill into law late Friday night. Gay weddings will begin in 30 days." "The effects of the law could be felt well beyond New York: Unlike Massachusetts, which pioneered gay marriage in 2004, New York has no residency requirement for obtaining a marriage license, meaning the state could become a magnet for gay couples across the country who want to have a wedding in Central Park, the Hamptons, the romantic Hudson Valley or that honeymoon hot spot of yore, Niagara Falls."

The Holy God of Israel is going to defend His institution of marriage between a man and a woman. I reported in my book *God's Final Warning to America* (now out of print) and on this blog, many correlations between sodomy events and natural disasters. When the sodomy event coincides with pressuring Israel to divide Jerusalem, the disaster is horrific! The best example is Hurricane Katrina and the destruction of New Orleans. The city was destroyed on the eve of an event called *Southern Decadence* when over 100,000 homosexuals came to the city. At the same time, President Bush Jr. had pressured Israel to leave Gaza which had just been completed. Hurricane Katrina destroyed the city almost to the day the last Jew was forced out of Gaza and while the homosexuals were pouring into New Orleans.

I see the same happening to America on a larger scale than the destruction of New Orleans. July has the potential of being extremely explosive for America. The massive destruction that started in April and continued to this day very well might continue into July and the Fall. In July, Obama will be pressuring Israel to create a Palestinian state and divide Jerusalem. On July 25, New York will start "marrying" homosexuals. The Hurricane season really starts picking up at the end of July and into August. Watch for massive hurricanes hitting the US in conjunction to Obama pressuring Israel and the advancement of the homosexual agenda.

Long Island, New York is especially vulnerable to hurricanes. I reported in my book *As America Has Done To Israel* that the Great Hurricane of 1938 hit Long Island in conjunction to the Nazi movement on Long Island and what President Roosevelt was doing with Hitler and the Jewish people. This connection I make with Roosevelt and the hurricane could been seen on the headlines of the New York Times.

I found a connection in the past between advancing the homosexual agenda and the meltdown of the economy. Right now the US economy is on the verge of a total collapse. I have reported this coming collapse on this blog and the following is just a few of latest headlines to show this:

Peter Schiff: Look Out for a Triple-Dip Recession 06/23/11
Congress Is Warned: US Headed for European-Style Debt Crisis 06/23/11
Top 5 Places NOT To Be When The Dollar Collapses 6/24/11

America is ripe for God's judgment because of homosexual marriage among many other things. Historically, September and October are the months for the worst stock market crashes. It is very possible that during these months Obama might be pressuring Israel to divide Jerusalem. The sodomite agenda is also in full swing, so it is very possible that this Fall could see the collapse of the US economy. It depends on two things: what Obama is doing with Israel and how active the homosexual agenda is at this time. The LORD matches the judgment to the level of sin, and right now America's level is off the chart. While of this is happening swirling around us, and the vast amount of the church is no where to be seen in the battle.

God does not want to destroy America, but the combination of the national rebellion against His word and the inaction by the church appears to leave Him no choice. All the disasters of this Spring and Summer are a warning of what is coming.

The following is an except from my book God's Final Warning to America.

#### October 1987

On October 19, 1987, the stock market dropped over 500 points for the greatest one-day crash in history. The crash resulted in a one-day drop of 22.6 percent in the market and a loss of over \$500 billion. By comparison, the crash on October 28, 1929, which was attributed as the start of the Great Depression, was only 12.6 percent. The effect of the 1987 crash was felt well into the 1990s. The U.S. economy was increasing at a six percent rate during October 1987, but as a direct result of the crash it contracted to a negative four percent by 1990.

Just eight days before the stock market crash on October 11, 1987, probably the largest gathering of homosexuals in world history took place in Washington, D.C. The newspapers reported that over 200,000 people marched past the White House and gathered near the Capitol. Some reports claimed the marchers numbered 500,000. The

homosexuals were marching to end discrimination and increase funding for AIDS research. The newspapers reported the crowd carried signs stating, "Thank God I'm Gay," and "Condoms, Not Condemnation." Others were saying, "I'm gay and I'm proud." Has there ever been a time in history when such a huge group of homosexuals gathered in a nation's capital to demand their rights?

God answered this march, just eight days later, with the greatest stock market crash in U.S. history. In fact, the week immediately following the homosexual march, the stock market dropped 235 points. For the eight days immediately following the march, the stock market dropped 735 points for a loss of 32.1 percent! October 1987 marked the high-water mark for the U.S. economy as it was growing at over six percent. After the crash, the economy began to contract until it hit a low of negative four percent growth in the fall of 1990. The economy contracted 10 percent in just three years! With the size of the economy, this resulted in the loss of hundreds of billions of dollars. As late as August 1992, the newspapers reported 20 percent of the stocks had not recovered from the crash. The recession of 1991 and 1992 can be traced primarily to the crash of 1987. Many American firms downsized after the crash and hundreds of thousands of jobs were lost. This crash had a powerful impact on the economy. The downsizing of corporations continued into the late 1990s. The crash permanently changed the face of corporate America.

God shook America with a powerful economic warning. On October 19, 1987, America had an economic "heart attack!" This "heart attack" happened just eight days after the massive homosexual rally! The crash of 1987 did not result in a 1930s-type depression. America survived the crash, but continued to amass huge amounts of debt. America went into huge amounts of debt to keep the economy from a depression. By the late 1990s, the federal government was over \$5.1 trillion in debt. The combined debt of all levels of government—plus corporations and individuals—totals over \$11 trillion and is growing fast. This debt could prove to be a burden from which the nation can not escape.

God has clearly warned America about the promotion of open homosexuality. The next stock market crash of this magnitude could devastate the economy and completely alter America forever."

**Jude 1:7** Even as Sodom and Gomorrha, and the cities about them in like manner, giving themselves over to fornication, and going after strange flesh, **are set forth for an example**, suffering the vengeance of eternal fire.

**#5** China's eastern province of Zhejiang has experienced that worst flooding that it has seen <u>in 55 years</u>. 2 million people have already been forced to leave their homes. China has already been having huge problems with their crops over the past few years and this is only going to make things worse.

#6 Thanks to the Dodd-Frank Act, over the counter trading of gold and silver is going to be illegal starting on July 15th. Or at least that is what some companies apparently now believe. The following is an excerpt from an email that Forex.com recently sent out to their customers....

Important Account Notice Re: Metals Trading

We wanted to make you aware of some upcoming changes to FOREX.com's product offering. As a result of the Dodd-Frank Act enacted by US Congress, a new regulation prohibiting US residents from trading over the counter precious metals, including gold and silver, will go into effect on Friday, July 15, 2011.

In conjunction with this new regulation, FOREX.com must discontinue metals trading for US residents on Friday, July 15, 2011 at the close of trading at 5pm ET. As a result, all open metals positions must be closed by July 15, 2011 at 5pm ET. We sincerely regret any inconvenience complying with the new U.S. regulation may cause you.

Sincerely,

The Team at FOREX.com

Apparently, Section 742(a) of the Dodd-Frank Act prohibits anyone "from entering into, or offering to enter into, a transaction in any commodity with a person that is not an eligible contract participant or an eligible commercial entity, on a leveraged or margined basis."

So what impact is this going to have on the gold and silver markets? Nobody is quite sure yet.

Peter Schiff, President of Europacific Capital said in a recent interview regarding silver: "I think anything in the low \$30's represents a pretty good entry point for people to buy...Once we go through \$50...I see silver going to \$200 an ounce. I own a lot of silver personally because of that outlook."

**#7** All over the world, huge cracks are appearing for no discernible reason. For example, a massive crack that is approximately 3 kilometers long recent appeared in southern Peru. Also, a 500 foot long crack suddenly appeared recently in the state of Michigan. When you also throw in all of the gigantic sinkholes that have been opening all over the world, it is easy to conclude that the planet is becoming very unstable.

**#8** According to U.S. Forest Service officials, the largest wildfire in Arizona state history has now covered <u>more than 500,000 acres</u>. But based on the coverage it is being given by the mainstream media you would think that it is a non-event.

**#9** There are reports that North Korea has tested a "<u>super EMP weapon</u>" which would be capable of taking out most of the U.S. power grid in a single shot. The North Koreans are apparently about to conduct another nuclear test and that has some Obama administration officials very concerned.

**#10** All over the United States, "active shooter drills" are being conducted in our public schools. Often, most of the students are not told that these drills are fake. Instead, students often go through hours of terror as they think a hostage situation or a shooting spree is really taking place.

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Rochester Police Ticket Supporters of Woman Arrested for Recording Cop

Infowars.com--June 26, 201--In Rochester, New York, if you dare protest against the thuggish behavior of the local cops, they will take revenge. That's what happened when people came out to support Emily Good, the woman arrested for recording the police. She was completely within her rights to do so, standing on her how private property, but one of Rochester's finest ignored her rights and trespassed and arrested her. See a video of the incident below.

Now the cops in upstate New York are going after people outraged over the incident. This is obviously police intimidation. The Rochester cops are attempting to prevent people from exercising their First Amendment right. It's the sort of behavior one would expect in a communist country.

Watch: <a href="http://www.youtube.com/watch?feature=player\_embedded&v=a7ZkFZkejv8">http://www.youtube.com/watch?feature=player\_embedded&v=a7ZkFZkejv8</a>

Watch: http://www.youtube.com/watch?v=WxHPW-l88f0&feature=related

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## Elderly woman dying of Leukemia asked to remove adult diaper during TSA search

LAUREN SAGE REINLIE--News Herald--June 26, 2011--A woman has filed a complaint with federal authorities over how her elderly mother was treated at Northwest Florida Regional Airport last weekend. Jean Weber of Destin filed a complaint with the Department of Homeland Security after her 95-year-old mother was detained and extensively searched last Saturday while trying to board a plane to fly to Michigan to be with family members during the final stages of her battle with leukemia. Her mother, who was in a wheelchair, was asked to remove an adult diaper in order to complete a pat-down search.

Read more

**#11** NASA has just launched a "major" preparedness initiative for all NASA personnel. The following is an excerpt about this plan from NASA's own website.... A major initiative has been placed on Family/Personal Preparedness for all NASA personnel. The NASA Family/Personal Preparedness Program is designed to provide awareness, resources, and tools to the NASA Family (civil servants and contractors) to prepare for an emergency situation. The most important assets in the successful completion of NASA's mission are our employees' and their families. We are taking the steps to prepare our workforce, but it is your personal obligation to prepare yourself and your families for emergencies.

## **#12** The Shift! Earth Shifting Observations Confirmed? 6-25-11

**Watch at:** http://theintelhub.com/2011/06/25/the-shift-is-about-to-hit-the-fan-shepard-ambellas-earth-shifting-observations-confirmed/

THIS IS WHAT SHEPARD HAS BEEN REPORTING PLEASE READ THESE LINKS!!

Inuits: Sun Barely Clearing the Horizon In Arctic <a href="http://theintelhub.com/2011/06/15/inuits-sun-barely-clearing-the-horizon-in-a...">http://theintelhub.com/2011/06/15/inuits-sun-barely-clearing-the-horizon-in-a...</a>

Earth Changes And Earth Shifting Roundtable <a href="http://theintelhub.com/2011/06/13/earth-changes-and-earth-shifting-roundtable/">http://theintelhub.com/2011/06/13/earth-changes-and-earth-shifting-roundtable/</a>

Documenting the New Northern Sunrise: A Special Report http://theintelhub.com/2011/06/12/documenting-the-northern-sunrise-a-special-...

Updated: Has the Earth Shifted — Or Is It Just Me? http://theintelhub.com/2011/06/10/has-the-earth-shifted/

**#13** Over the past week <u>over 40 temporary "no fly zones"</u> have been declared by the FAA. This is very highly unusual. Nobody seems to know exactly why this is happening.

http://endoftheamericandream.com/archives/12-things-that-the-mainstream-media-is-being-strangely-quiet-about-right-now

## **Alternative Views of Coming Events (Further things to pray about):**

To All Truthers on Youtube

http://www.youtube.com/watch?v=UDhNIwdWE4w

ELE 7/7/2011 Warning Video

http://www.youtube.com/watch?v=L9qRdT1rFi0

**Ray Fayettville North Carolina:** 

http://www.youtube.com/watch?v=TbDF5cz9064

Safe Zone Map:

http://i29.photobucket.com/albums/c266/Terral03/ELESafeZoneMap2.jpg

Appalachian/Eastern Seaboard Region Decared Unsafe:

http://www.godlikeproductions.com/forum1/message1511297/pg1

**Eastern Seaboard Fault Warning Video:** 

http://www.youtube.com/watch?v=k cLgg2Ku9Y

#### **Dr. Johnson's Teachings:**

2012, Mayan Cal., Pole Shift, Wormwood, Planet-X, Niburu, Crystal Skulls

September 7th, 2008 | 1 Comment |

Wormwood, Planet X, Nibiru, Comet Elenin, NASA, Pole Shift, Nuclear Reactors and Earthquakes-Part 1

April 5th, 2011 | 3 Comments |

Wormwood, Planet X, Nibiru, Comet Elenin, NASA, Pole Shift, Nuclear Reactors and Earthquakes-Part 2

April 5th, 2011 | 5 Comments |

## Air Purification-Dr. Johnson's Recommendations

Car Air Purifier:

http://www.realtruck.com/roadpro-12v-mini-air-purifiers/rpif-34815b.html

**Indoor AirPurifiers--Royal Air Purifiers - Aranzier** 



### Featuring the Royal Air Purifiers!

Formerly called the Aranizer, the Royal Air air purifier is by far the most advanced and effective technology available today for air purification, pollution control and removal.

There are four Royal Air models available: Squire, Cavalier, Knight, and Champion.

Model selection is entirely based on square footage to be covered:

The Squire Royal Air covers an area between 100 to 450 square feet.

The Cavalier Royal Air covers an area between 200 to 800 sq. ft.

The Knight Royal Air covers an area between 350 to 1,450 sq. ft.

The Champion Royal Air covers an area between 750 to 3,100 sq. ft.

The Royal Air air purifier is by far the most advanced and effective technology available today for air purification, pollution control and removal. Many air purifiers claim to clean the air, but what they fail to mention is that the air must pass through the air purifier!

The Royal Air air purifiers work differently. The Royal Air air purifier creates Aran(TM), a special high level form of activated oxygen, which seeks out and destroys pollutants, bacteria, mold spores and pet dander, not only in the air but on surfaces as well! <a href="http://store.therawdiet.com/royalairpuri.html">http://store.therawdiet.com/royalairpuri.html</a>

How to Survive Nuclear Fallout Excerpted from the Defender Publishing book How to Overcome the Most Frightening Issues You Will Face This Century <a href="http://www.raidersnewsupdate.com/nucleararmageddon.htm">http://www.raidersnewsupdate.com/nucleararmageddon.htm</a>

#### **Radiation Remedies**

**Iodine Treatments for Radiation Exposure** 

From: KOKO

here is the link ....... http://www.health-matrix.net/2011/03/19/detoxify-or-die-natural-radiation-protection-therapies-for-coping-with-the-fallout-of-the-fukushima-nuclear-meltdown/#more-412

**Proven Effective Radiation Detox Protocols** 

The therapies described here are widely available as over-the-counter supplements in most countries.

#### Green stuff and other sea food

In Chernobyl, 5 grams of **spirulina** for 45 days was used successfully against radiation poisoning. **Chlorella** algae also has shown radio-protective effects. A **study** showed that spirulina reduced urine radioactivity levels by 50% after only 20 days and so the Institute of Radiation Safety in Belarus developed a special program to treat 100 children every 20 days with spirulina. Furthermore, the healing occurred during the continuous presence of radiation as well as the presence of radiation contaminated food and water sources. In particular, spirulina given to children with accumulated high doses of radionuclides reduced radioactive cesium. No side effects were registered. **Only buy spirulina or chlorella from a certified heavy-metal free source.** 

Studies on sea vegetables with **sodium alginate** have shown that they selectively bound with radioactive strontium and eliminated it from the body. Sodium alginate is found in many **seaweeds**, especially **kelp**. Sodium alginate binds tightly to such substances as strontium, calcium, barium, cadmium and radium. Some seaweeds are contaminated with lead or arsenic so you only want to consume seaweed that is deep ocean harvested or has been tested to be free of metal toxicity (such as kelp from the west coast of South Africa).

**Black and green tea** have shown radioprotective effects when taken either before or after exposure to radiation. This anti-radiation effect was observed in several Japanese studies, and studies from China also suggest that the ingredients in tea are radioactive antagonists. Tea catechins are associated with antioxidant properties and can have radio-protective effects when taken both before and after irradiation.

Kelp also has organic iodine which will saturate the thyroid so radioactive iodine will not be absorbed. You can take 1 or 2 tsp or 5 to 10 tablets.

**Pectin** is one of the most effective means of protecting against radiation when consumption of contaminated food becomes unavoidable. Pectin preparations, along with vitamins and minerals, have demonstrated a high efficiency in eliminating incorporated radionuclides. The recommended dose is 5 grams once or twice a day for one month, 4 times a year.

"In 1999 BELRAD together with "Hermes" Hmbh (Munich, Germany) developed a composition of apple pectin additives known as Vitapect® powder, made up of pectin (concentration 18 – 20%) supplemented with vitamins B1, B2, B6, B12, C, E, beta-carotene, folic acid; the trace elements K, Zn, Fe, and Ca; and flavoring. BELRAD has been producing this food additive, which has been approved by the Belarussian Ministry of Health, since 2000.

"The pectin additive Vitapect with clean nutrition appears to be 50% more effective in decreasing the levels of Cs-137 than clean nutrition alone (Nesterenko et al., 2004). "A clinical study of 94 children, 7 to 17 years of age, divided into two groups according to their initial level of Cs-137 contamination determined by whole body counting (WBC) and given Vitapect orally for 16 days (5 g twice a day) revealed both a significant decrease in incorporated Cs-137 and marked improvement in their electrocardiograms. "From 1996 to 2007 a total of more than 160,000 Belarussian children received pectin food additives during 18 to 25 days of treatment (5g twice a day). As a result, levels of

Cs-137 in children's organs decreased after each course of pectin additives by an average of 30 to 40%.

"Based on long-term experience, the BELRAD Institute recommends that all children living in radioactive contaminated territories receive a quadruple course of oral pectin food additives annually along with their conventional food ration. Eleven years of BELRAD's activities in controlling levels of incorporated Cs-137 in more than 327,000 children has not caused alarm in the population or radiophobia and has led to the spread of knowledge concerning radiation protection and an increased sense of personal responsibility for one's health."

[Nesterenko, A. V., Nesterenko, V. B. and Yablokov, *Chernobyl: Consequences of the Catastrophe for People and the Environment.*]

**Antioxidants and Sulfur Compounds** 



DMSO is available in various formats.

Sulfur has a long history of use as an antidote for acute exposure to radioactive material. Antioxidants have the capacity to reduce toxic effects of radiation in our bodies. Early research identified sulfur-containing antioxidants as among those with the most beneficial therapeutic effects.

**Dimethylsulfoxide (DMSO)** is the classical sulfur compound and a powerful antioxidant, exactly what we need for detoxification and protection from radiation. AJapanese study showed that even low concentrations of DMSO had radio-protective effects through the facilitation of DNA double-strand break repair, providing protection against radiation damage at all cellular levels in the whole body. **The information and experience on DMSO is so fascinating that it can be described only as miraculous.** Due to its importance, we have dedicated an entire article to it. See DMSO: The Antidote for Radiation Poisoning.

The use of anti-oxidants such as alpha lipoic acid, Vitamin E, Vitamin C (ascorbic acid), vitamin B, selenium, N-acetylcysteine and other sulfur compounds becomes crucial. It is important to use several of them, as they work best as a team. In addition to that,

individual anti-oxidants can act as pro-oxidants when they themselves are oxidized, therefore individual anti-oxidants could enhance the progression of post-irradiation damage to tissues and organs. Several studies have shown the importance of antioxidant supplementation to be an effective therapy against radiation hazards. Alpha Lipoic Acid (ALA) is a crucial supplement. It is water and fat soluble and it is also capable of crossing the blood-brain barrier. This means that it is capable of reaching and preventing damage in our fatty tissues, our brains, and every single organ for that matter. ALA also repairs DNA. It is a good heavy metal chelator, it protects the heart and brain from cell death, stimulates the regeneration of liver tissue and is rapidly absorbed high up into the digestive tract. ALA recycles other antioxidants such as vitamin C, vitamin E, and glutathione which is an indispensable antioxidant for detoxification and is synthesized within the mitochondrion. Glutathione may not reliably be augmented by oral supplementation because it cannot always pass over the mitochondrial membrane, therefore it must be synthesized within the mitochondrion. ALA and its metabolite DHLA provoke the cell to produce significantly higher levels of glutathione (even by 70%). So if the glutathione levels in a cell are kept up to a satisfactory level by ALA, even if the cell is poisoned, the cell will have a better chance of recovering instead of dying. It is of critical importance in order to reduce or reverse radiation-induced oxidative damage after radiotherapy. The recommended dose of ALA is 100mg twice a day with meals, although others have used higher doses of between 300mg and 600mg. A study conducted on some of those who worked on the Chernobyl clean-up operation 10 years after the accident showed that 600 mg of lipoic acid for two months was able to normalize many, but not all, of their lab abnormalities. The anti-oxidant N-acetyl cysteine (NAC), as a source of glutathione and sulfur, is an

excellent supplement to take. Studies have suggested that it might prove efficient in saving individuals exposed to lethal and sub-lethal radiation doses with few or no side effects on individuals exposed to lower doses. It is also widely available. Around 500mg twice a day is a good dose, although some have used with great success around 5 grams of NAC (per day, in a hospital setting) in 7 day cycles in order to detoxify heavy metals.

Other important supplements include **magnesium** and **vitamin C**. For more information on the many forms of magnesium and dose recommendation, see here. Calcium and magnesium both help your body to pass off Strontium 90, but make sure to take enough magnesium in order to properly metabolize the levels of calcium.

For vitamin C (ascorbic acid), 1-4 grams as a daily maintenance is a good dose, but during detox or acute exposure, more will probably be required. Vitamin C cannot only protect against radiation but also repair damage from previous exposure. It will also be very handy in case of infections. You can try taking 4 grams of vitamin C 3 times per day. If you have diarrhea or abdominal bloating, cut out one dose. If there are no signs of intestinal "gurgles", you can increase your dose throughout the day.

Consider taking also a good **B complex** which help to normalize the red and white blood cell count, since the destruction of white blood cells by radiation can last for extended periods of time.

**Vitamin E** 800-1000 IU per day and **selenium** 200 mcg per day are also important since radiation studies support evidence for the synergistic effects of vitamin E and Selenium in protecting from oxidative damage.

**Zinc** has been successfully used to chelate americium-241 from a nuclear accident victim. Natural zinc will also help the body eliminate several toxic heavy metals including cadmium, aluminum and lead. The recommended dose is 50 mg per day. You might want to supplement yourself with a good mineral complex in order to avoid deficiencies or imbalances brought on by increasing your zinc intake.

If there is a deficiency in **potassium**, radionuclides like cesium-137, cesium-134, potassium-40 and potassium-42, are absorbed through selective uptake. Too much potassium supplementation can be dangerous, so make sure to follow label instructions. **Melatonin**, other than being our "sleeping hormone", also has powerful antioxidant properties. Animals subjected to whole-body irradiation and given melatonin exhibited increased survival and the protection against radiation-induced oxidative damage was apparent throughout the body. More importantly, melatonin administered orally results in higher circulating levels and more rapidly increasing tissue concentrations. As soon as an exposure occurs, depending on the wind direction after radiation explosion, people living at a distance could protect themselves by oral administration of melatonin, which can be ingested repeatedly as required.

**Curcumin** is a naturally occurring compound contained in the spice turmeric. Curcumin has been found to have antioxidant, anti-inflammatory and anti-tumor activity in a variety of animal models of human diseases including radiation-induced pulmonary diseases. **Diet** 

There are several simple cooking techniques that decrease radionuclides: boil foods several times and discard the water, wash food thoroughly, soak some foods and discard the water, avoid the peels of fruits and vegetables, salt and pickle some foods but throw away the pickling juice! Avoid eating strong broths, use butter, etc. Chronic ailments often involves an imbalanced immune/defense system in which food sensitivities are involved even if they are not the cause of the problem, leading in turn to chronic inflammation – which translates into disease. This is why it is important to undergo an elimination diet in order to balance the body's immune system. Some of our immune cells take 6 months to regenerate, so it can take that much time in order to see results if you are very sick. But often you can see positive results in the first two weeks on an appropriate diet, even when you can't afford any other detox therapies. You can find the diet and how to transition to it here.

Everyone is different and it is only by testing foods that we can discern our individual problematic foods. Having said that, no one should be eating cereals or dairy products or high processed foods because the human system is simply not constructed to digest them properly. What we eat is crucial in recovering our health and it is a great healing medicine when done correctly.

Garlic and onions, being sulfur containing foods, help bind and deactivate both the radioactive isotopes and toxic metals such as cadmium, lead and mercury. The sulfur will help the kidneys and liver detoxify the body.

The most direct way of decreasing radionuclide intake is to avoid foods that are potentially heavily contaminated and to consume foodstuffs with lower levels. However, this is not easy to do because the average level of radionuclide bio-accumulation differs in each region owing to differences in soils, agricultural techniques, etc.

The Chernobyl experience tells us that soaking in water, boiling, salting and pickling foods such as vegetables can decrease the amount of radionuclides in some foods

several-fold. Milk always contains high levels of radiation; processed products that reduce contamination levels, such as butter and ghee butter, are safer.

Radionuclide concentrations in the visceral organs of animals are usually significantly higher than in muscle tissue. Among visceral organs the order of decreasing levels of Cs-137 is: lung > kidney > liver > fat.

The Chernobyl experience showed that in contaminated territories the same species of fish taken from rivers and streams have significantly lower radionuclide levels than those from lakes and ponds. Plant feeding fish had three to four times lower radionuclide levels than predatory species (catfish, pike, etc.). Fishes at lower levels of the ocean (crucian, tench, etc.) had several times more contamination than fish which live in the top water layers (small fry, chub, etc.).

## **Living Clay for Radiation Contaimination**

**Protection from Radiation** Have you ever walked into your local Dairy Queen and ordered a radioactive banana split? Or, possibly more likely, have you ever booked an airline flight and asked for your personal 2 rems dose of radiation? Right now, everyone on earth is bathed in a soup of radioactive energy. There has never before been a time when it was more important to cleanse our bodies of ever present radiation. Alpha particles, beta particles, gamma rays, muons, neutrinos -- the list is long and puzzling, and most of it has nothing to do with human activities.

No matter what we do, no matter how health conscious we've become, no matter what precautions are taken, our bodies are radiated daily. It is crucially important to remove this radiation and the resultant damage from our bodies every day. There is nothing better for this purpose than using a quality living clay on a daily basis.

So, just what is it you need to protect yourself from?

The world is waiting now to see what happens to the nuclear plants in Japan that were damaged during the recent massive earthquake that devastated that country. Nuclear power plants are now a way of life, so in addition to the "ordinary" radiation we receive by virtue of living on the earth, there is the ever present danger of accidents happening in these plants, along with the constant possibility of nuclear war and the use of nuclear weaponry. In the past 30 years we have had 3 major radioactive incidents -- Chernobyl, Three Mile Island and continuing releases in the Marshall Islands.

The Marshall Islands in the Pacific Ocean have been repeatedly "dusted" with calcium Bentonite clay, but the level of radiation continually seeping from below ground has yet to be completely and permanently contained. Due to nuclear weapons testing in and near them from 1956 to 1948, the Marshall Islands received the equivalent of 80 atomic bombs the size of the one dropped on Hiroshima and is regarded as the most contaminated place in the world.

The "incident" at Three Mile Island Nuclear Generating Station in 1979 was a wake-up call for most adults in the US. Simply put, a nuclear reactor near Harrisburg, PA, overheated, causing a core reactor to literally melt down. Radioactive gasses and mist were released into the air, and, needless to say, panic ensued. At Three Mile Island, workers today coat their arms and hands with Bentonite clay before suiting up. In 1986, at the Chernobyl Nuclear Power Plant in the Ukrainian SSR, now Ukraine, an accident occurred while crews were running tests on the equipment. It is considered the worst nuclear power plant accident in history and resulted in highly dangerous levels of

radioactivity being released over a widespread area. Most of the clean-up at Chernobyl was accomplished with Bentonite clay.

So, it would seem that the powers-that-be would want everyone to have their own supply of calcium Bentonite clay since that's what they use for their own messes -- not so. Either they have not connected the dots or they are stockpiling the clay for their own mistakes.

#### Radiation 101

It's important to know the truth about radiation so that correct decisions can be made. It's equally important to know what beliefs are realistic and which are not.

Radiation is energy in the form of electromagnetic waves, sometimes referred to generically as radio waves. Some radiation is quite harmless and passes through our bodies on a 24 hour a day basis -- such as radio and TV wave frequencies. Higher spectrum, faster moving wave frequencies, such as x-rays or radioactive metals like plutonium or uranium, can cause harm at a cellular level.

Then there is Ionizing Radiation. Ionization is the ejection of one or more electrons from an atom or molecule to produce a fragment with a new positive charge (positive ion.) The classification of radiation as "ionizing" is essentially a statement that it has enough quantum energy to eject an electron. This is a crucial distinction, since "ionizing radiation" can produce a number of physiological effects, such as those associated with risk of mutation or cancer, which non-ionizing radiation cannot directly produce at any intensity.

The unit of measurement used to measure radiation dosage is the rem, which stands for roentgen equivalent in man. It represents the amount of radiation needed to produce a particular amount of damage to living tissue. The total dose of rems determines how much harm a person suffers. At Hiroshima and Nagasaki, people received a dose of rems at the instant of the explosions, then more from the surroundings and, in limited areas, from fallout. Fallout is composed of radioactive particles that are carried into the upper atmosphere by a nuclear explosion or meltdown and that eventually fall back to the earth's surface.

Although a dose of just 25 rems causes some detectable changes in blood, doses to near 100 rems usually have no immediate harmful effects. Doses above 100 rems cause the first signs of radiation sickness including:

- Nausea
- Vomiting
- Headache
- Some loss of white blood cells

Doses of 300 rems or more cause temporary hair loss, but also more significant internal harm, including damage to nerve cells and the cells that line the digestive tract. Severe loss of white blood cells, which are the body's main defense against infection, makes radiation victims highly vulnerable to disease. Radiation also reduces production of blood platelets, which aid blood clotting, so victims of radiation sickness are also vulnerable to hemorrhaging.

Half of all people exposed to 450 rems die, and doses of 800 rems or more are always fatal. Besides the symptoms mentioned above, these people also suffer from fever and diarrhea. As of yet, there is no effective treatment for radiation exposures over 800 rems and death occurs in 1-4 days.

Uranium 235 Isotope (commonly referred to as U235) is a highly charged, positive ion metal found naturally on our planet. Natural uranium mined from the ground is 0.7% pure radiation. Weapons grade U235 has been enriched to 90%+ pure positive ionic radiation. That's one purpose of nuclear reactors -- enrichment. Weapons grade U235 is used in nuclear warheads.

A second type of U235 is known as "waste;" U235 is the garbage left over from the enrichment process. Nuclear waste is commonly 3-5% pure radiation. Some nuclear medical wastes fall into this category as well. A weapons grade U235 warhead containing 90%+ enriched radiation will deliver doses of 1,000+ rems of energy over a several mile radius -- this will kill all exposed living things.

In its report titled Department of Homeland Security Report on Radiological Dispersal Device (RDD) Preparedness: Medical Preparedness and First Responders Sub-Group, the US government states that once first responders reach the site it will take 2-24 hours to test for presence of all 6 sub-group types of typical radioactive materials. All you need to know is that a 10-minute delay is much too long.

There are 3 types of appropriate responses to such a blast. The first would be for persons in the fallout area. The second would be for those at, or very near, the blast site who have direct contamination. The third category would be those outside the potential fallout area and away from any contamination.

Steps to Take if You're in a Fallout Zone

For those in the first category (within the potential fallout area), as might be possible with the March, 2011, catastrophe in Japan, take the following steps:

- 1. If outdoors, come inside immediately.
- 2. When in your home or apartment, close all windows and doors quickly.
- 3. Turn off any outside air source. You may leave on air conditioning or heat if it can be set to utilize re-circulated air from inside the home.
- (Note: The purpose of steps 1 3 is to effectively close your home to possible contamination from the air outside. It could be only seconds before the blast contamination is at your doorstep.)
- 4. Go to an area of your home that has been set aside for such an emergency and strip off all of your clothing. Secure your clothes and shoes in a plastic bag and put them outside until you can wash them with clay.
- 5. Get in the shower and dip your hands into prepared hydrated calcium Bentonite clay. Quickly apply the clay over every inch of your body (with the exception of in your eyes). Cover your hair and all nooks and crannies. Scrub your body thoroughly with the clay. Leave it on for 10 minutes. Next, wash off, while continuing to scrub.
- 6. After drying off, apply another thin film coating of clay and stand with your arms away from your sides and feet slightly apart. In 5-15 minutes the clay will dry on your body.
- 7. After the clay has dried, put on a disposable pull-on garment, a surgical-type face mask, and disposable shoe covers on your bare feet.
- 8. Using a prepared liquid calcium Bentonite clay and a jar of potassium iodine (KI) tablets, go into the kitchen and set them on the counter by the sink. Drink 4 ounces of the liquid calcium Bentonite clay and take 2 potassium iodide (KI) tablets or as directed on the label. Periodically every 2-3 hours drink another 2 ounces of the liquid clay.
- 9. If service is available, stay tuned to your TV or radio to stay informed.

Note: Get as comfortable as possible because this will be your repetitive treatment and mode of dress for several days to come. You will sleep well knowing you are being protected from radiation.

- 10. Take a clay bath daily using 1-2 cups of dry clay until danger has passed. You can also give your pets a clay bath.
- 11. Wash your clothes by adding ¼ cup liquid clay per load.
- 12. When it is safe to go outside, get a clean new garden sprayer and add ½ cup of liquid clay to a gallon of water and spray your lawns and gardens.
- 13. Rinse fresh vegetables in clay water.

For those fortunate enough to not have been in a fallout area, please remain out of the areas affected with radioactive fallout. Drink 2 ounces of clay twice daily, take 1 Potassium lodide tablet every morning and take a weekly clay bath. These are precautionary maintenance doses that are healthy for all of us. Simply stay away from contaminated areas until the cleanup has been certified.

(Along with disposable garments, surgical masks, and shoe covers, it is suggested to keep calcium Bentonite clay and potassium iodide tablets on hand as a preparedness precaution for radiation emergencies.)

These are relatively easy steps that can be taken for less severe exposure and the materials necessary are relatively inexpensive. It is important to take these steps immediately.

## The Magic of Calcium Bentonite Clay

As you learned earlier, radioactive material is of a positive-charged ion. Calcium Bentonite clay is a negative-charged ion. Simply put, calcium Bentonite clay adsorbs and absorbs positive-charged ions, and you wash them off or pass them through your body. Unlike other clays, only Smectites (Bentonites) can absorb and adsorb. It is characterized by its expandable properties.

Radiation is a real health problem. Calcium Bentonite clay is the real solution. Living Clay, Nature's Own Miracle Cure by Perry A~ is the definitive guide for using and understanding the multiple benefits of calcium Bentonite clay. This natural mineral will do more than any other substance (natural or pharmaceutical) to remove radioactive isotopes from our bodies and to assist in returning to a state of good health. However, all clays are not alike. It is important to know your clays and to find a pure clay. Go to <a href="https://www.AboutClay.com">www.AboutClay.com</a> to read the article Criteria for Selecting a Quality Healing Clay. Protect your family and yourself from inevitable exposure to radiation by learning about using calcium Bentonite clay.

The information for this article was researched and compiled from a variety of sources by Perry A~, author of Living Clay: Nature's Own Miracle. Perry is also our supplier of Living Clay. She has been an ongoing student in the study and research of Bentonite Clays since the early 1990s. It was then that she was first introduced to a green healing calcium Bentonite clay that captured her fascination because of the amazing healing potential of dirt. She has been an advocate for Bentonite clays ever since. She is available for radio interviews and for questions about clay. She can be reached at 1-866-262-5611.

## **Danger to the Great Outdoors from Radioactive Fallout**

Animals and plants are just as susceptible as humans. They can both become carriers of radiation as noted with the situation after Chernobyl when the cows ate the

contaminated grasses and feed that was exposed to the radioactive fallout and carried it through their milk to children and years later all these children from that era and location started coming down with thyroid cancer.

## Being Prepared

What can we do to protect our outdoors, pets, livestock, gardens, crops and lawns? It is a known fact that calcium Bentonite clay, a living clay, does and will absorb and adsorb nuclear radiation as these clays carry a strong negative electromagnetic ionic charge and nuclear radiation has a positive ionic charge. Simply put, calcium Bentonite clay adsorbs and absorbs, capturing positive-charged ions, and you wash them off or pass them through your body. Unlike other clays, only Smectites (Bentonites) can absorb and adsorb and are characterized by its expandable properties.

If possible, put your livestock in a barn or under a shed. As soon as it is possible to be outside, gather your livestock and spray them by adding 1 cup of liquid clay to a gallon of water in a clean, chemical-free sprayer. Put clay in their water supply at the same ratio. Add hydrated clay to their feed. Stir a generous ½ cup into the feed for large animals and less for the smaller ones. Check with your vet to get potassium iodide in the correct amount for the size of your animal.

Spray your pastures, lawns and gardens with  $\frac{1}{2}$  cup of liquid clay per gallon of water. Be sure to use a clean sprayer free of chemical residues. Take these actions until radioactive readings are in the safe levels.

If possible take small pets inside and bathe them in clay water. Add 1 tablespoon of hydrated clay to their food. Pour liquid clay into the water to make a cloudy solution. You will have to stock up on kitty litter until it is safe to turn them outside on a well-sprayed lawn.

For a long time to come rinse fresh vegetables and fruits in a pan of water with enough liquid clay to make a slightly cloudy solution. Rinse for five minutes and allow to dry. This should be a regular process. We don't always know where our vegetables come from and if they have been treated with pesticides.

Keep taking liquid clay internally. It is a safe daily preventative that will keep you healthy and out of the doctor's office. -Perry A~

You can also access a pdf entitled "Surviving a Dirty Bomb" at <a href="http://www.aboutclay.com/info/Articles/Surviving%20A%20Dirty%20Bomb%20Attack.">http://www.aboutclay.com/info/Articles/Surviving%20A%20Dirty%20Bomb%20Attack.</a> pdf.

#### **Prussian blue**

Facts About Prussian blue

Prussian blue can remove certain radioactive materials from people's bodies, but must be taken under the guidance of a doctor.

People may become internally <u>contaminated</u> (inside their bodies) with radioactive materials by accidentally ingesting (eating or drinking) or inhaling (breathing) them, or through direct contact (open wounds). The sooner these materials are removed from the body, the fewer and less severe the health effects of the contamination will be. Prussian blue is a substance that can help remove certain radioactive materials from people's bodies. However, small amounts of contamination may not require treatment.

Doctors can prescribe Prussian blue if they determine that a person who is internally contaminated would benefit from treatment.

What Prussian blue is

Prussian blue was first produced as a blue dye in 1704 and has been used by artists and manufacturers ever since. It got its name from its use as a dye for Prussian military uniforms. Prussian blue dye and paint are still available today from art supply stores. People **SHOULD NOT** take Prussian blue artist's dye in an attempt to treat themselves. This type of Prussian blue is not designed to treat radioactive contamination and is not made for that purpose. People who are concerned about the possibility of being contaminated with radioactive materials should go to their doctors for advice and treatment.

Use of Prussian blue to treat radioactive contamination

Since the 1960s, Prussian blue has been used to treat people who have been internally contaminated with radioactive <a href="cesium">cesium</a> (mainly Cs-137) and nonradioactive thallium (once an ingredient in rat poisons). Doctors can prescribe Prussian blue at any point after they have determined that a person who is internally contaminated would benefit from treatment. Prussian blue will help speed up the removal of cesium and thallium from the body.

How Prussian blue works

Prussian blue traps radioactive cesium and thallium (mainly TI-201) in the intestines and keeps them from being re-absorbed by the body. The radioactive materials then move through the intestines and are excreted (passed) in bowel movements. Prussian blue reduces the biological half-life<sup>1</sup> of cesium from about 110 days to about 30 days. Prussian blue reduces the biological half-life of thallium from about 8 days to about 3 days. Because Prussian blue reduces the time that radioactive cesium and thallium stay in the body, it helps limit the amount of time the body is exposed to radiation. Who can take Prussian blue

The drug is safe for most adults, including pregnant women, and children (2 –12 years). Dosing for infants (ages 0 –2 years) has not been determined yet. Women who are breast feeding their babies should stop breast feeding if they think they are contaminated with radioactive materials and consult with their doctors. People who have had constipation, blockages in the intestines, or certain stomach problems should be sure to tell their doctors before taking Prussian blue. Before taking Prussian blue, people also should be sure to tell their doctors about any other medicine they are taking.

How Prussian blue is given

Prussian blue is given in 500-milligram capsules that can be swallowed whole. People who cannot swallow pills can take Prussian blue by breaking the capsules and mixing the contents in food or liquid. Breaking open the capsules will cause people's mouths and teeth to be blue during the time of treatment.

The dose of Prussian blue depends on the person's age and the amount of contamination in the body. Prussian blue usually is given 3 times a day for a minimum of 30 days, depending on the extent of the contamination.

Side effects of Prussian blue

The most common side effects of Prussian blue are upset stomach and constipation.

These side effects can easily be treated with other medications. People may have blue feces (stool) during the time that they are taking Prussian blue.

Where you can get Prussian blue

Prussian blue is available only by prescription. The CDC has included Prussian blue in the <u>Strategic National Stockpile (SNS)</u>, a special collection of drugs and medical supplies that CDC keeps to treat people in an emergency.

Where you can get more information

More detailed information on Prussian blue can be found at the <u>U.S. Food and Drug</u> Administration Web site.

You may also call the CDC Public Response line at 1-800-311-3435 or visit <a href="http://www.cdc.gov/netinfo.htm">http://www.cdc.gov/netinfo.htm</a> to request more information.

<sup>1</sup>Biological half-life is the time that it takes a substance in the body to be reduced by ½.

http://www.bt.cdc.gov/radiation/prussianblue.asp